



# WE INSIDE THE SCOOP

## BIWEEKLY INFO

We have a lot of exciting things planned for you!  
Scroll and see.

## ON THE RADAR!

AUGUST 21



**Right Arm Nights** are a great way to build camaraderie and esprit de corps with your battle buddies. Enjoy free appetizers and giveaways on August 21 starting at 4 p.m.

### INFANTRY BAR

**7611 Sightseeing Road, Building 2784**

Right Arm Nights are sponsored by Ranger Joe's, Headquarter Nissan, the Gary Sinise Foundation and Flint Energies.

*\*Sponsorship does not imply federal endorsement*

LEARN MORE



Join us for the next **Fort Benning CG Golf Scramble** sponsored by Headquarter Nissan on August 22! Show off your skills and enjoy the beautiful weather with some friends. There will be two shotgun starts at 8 a.m. and 1 p.m. The \$40/person fee includes the greens fee, single cart and prizes. Day-of registration increases to \$45/person.

LEARN MORE







## CG GOLF SCRAMBLE

Fort Benning Golf Course

**\$40/person**

includes the green fee, single cart, and prizes.  
Fee increases day of event  
Carts are double rider; maximum of 25 teams per start time.

**August 22**

Shotgun 8 a.m. & 1 p.m.

For more information or to register, call 706-545-0397.

Sponsored by: 

Scan for more details 

AUGUST 22





AUGUST 22



RECREATIONAL SHOOTING COMPLEX

# PISTOL SHOOT

## Ladies Nights

**\$25 PER PERSON**

**June 27**  
**July 11 & 25**  
**August 8 & 22**  
**4 - 6 P.M.**

Price includes pistol rental, box of 50 rds 9mm ammo and shooting steel targets. (does not include ear & eye protection)

706-545-6158  
benning.armymwr.com

U.S. ARMY MWR  
OUTDOOR RECREATION

Join us August 22 at the Rec Shooting Complex for Ladies Night from 4 - 6 p.m. for only \$25 per person! Price includes a pistol rental, 50 rounds of 9mm ammo and one hour on the steel targets. *Ear and eye protection is required.* Bring your own or purchase at our Pro Shop! Our professional Range Safety Officers are onsite to assist in shooting techniques.

LEARN MORE



We're hosting a **3D Archery Tournament** on Saturday, August 23 at the Recreational Shooting Complex! The tournament takes place on the 20-Lane 3D Archery Course from 10 a.m. - 4 p.m.

Participation is \$25 per archer - register today by visiting or calling the Rec Shooting Complex.

LEARN MORE




RECREATIONAL SHOOTING COMPLEX

# 3D ARCHERY TOURNAMENT

**AUGUST 23** 10 A.M. - 4 P.M.

**\$25 per archer** (includes bow rental, arrows, and target)

**3 SHOOTING CATEGORIES:**  
Hunter Shooters, Recurve and Competition Shooters

Judges will use ASA scoring: archers will shoot 1 arrow on each lane; targets are 3D animal figures. Archers receive a score at each lane; distance varies between 10 to 60 yards.

To register, visit or call the RSC at 706-545-6158. Space is limited.

U.S. ARMY MWR  
OUTDOOR RECREATION

AUGUST 23

AUGUST 25



# COUCH TO 5K

TRAIN FOR THE 2025 OKTOBERFEST 5K DIRNDL DASH

**PERFECT FOR BEGINNERS** Mondays 8.25-10.13 doughboy stadium

TAUGHT BY A CERTIFIED RUNNING COACH!

REGISTER ONLINE OR IN PERSON @ SMITH FITNESS CENTER, BLDG 2074  
benning.armymwr.com

U.S. ARMY MWR

Our **Couch to 5K** running series kicks off on August 25, and it's specifically designed for first-time runners! Over the course of 8 weeks, you'll receive expert guidance from a certified running coach who will help you build your endurance and confidence as you prepare for your first 5K - the Oktoberfest Dirndl Dash 5K on October 18!

We're meeting on Mondays at 5:30 p.m. at Doughboy Stadium. Register online via WebTrac or in person at Smith Fitness Center for \$100 per person - that's less than \$15 per session!

LEARN MORE



Active Duty Soldiers! Last chance to earn your points to win this year's **Commander's Cup Award**! **Flag Football** returns and the **Coaches Meeting** will be held on August 26 at 1 p.m. at Doughboy Stadium. Teams will be comprised of 9 players, and the complete bracket will be released after the coaches meeting. The pre-season tournament takes place on September 4 and the season runs through October.

LEARN MORE




**Commander's Cup**

# FLAG FOOTBALL

Season: August-October

**Coaches Meeting**  
August 26, 1 pm  
Doughboy Stadium

For details ☎ 706-984-1994

U.S. ARMY MWR  
OUTDOOR RECREATION

AUGUST 26





AUGUST 30

RECREATIONAL SHOOTING COMPLEX

# HUNTER'S ZERO DAY

AUGUST 30  
9a.m. - 1p.m.

Enjoy zeroing your  
weapon for FREE before  
hunting season starts!

Need help? Specialists will be onsite to  
help you with zeroing your weapons.

706-545-6158



Join us at the Rec Shooting Complex for **Hunter's Zero Day** on August 30 from 9 a.m. - 1 p.m.! Members of the Army Marksmanship Unit will be onsite to help you to zero your rifle for FREE just in time for hunting season - just be sure that your firearm is properly registered on the installation before attending.

LEARN MORE



Join us for a **Paint and Sip** event on Thursday, September 4 at either 4 or 8 p.m. at the Infantry Bar and create your own canvas masterpiece! We have two painting options available to choose from.

The fee is \$15 per person and includes an 11x14 canvas, supplies, a professional art instructor, and your choice of beverage (glass of wine, mocktail or cocktail). Additional food or beverages are available for purchase onsite.

LEARN MORE



**MISSION: MASTERPIECE**  
**PAINT and SIP**

An Immersive  
Paint & Sip Experience

  
**\$15**

**September 4**  
Infantry Bar • 4 p.m. & 8 p.m.

Informal Painting Class • Professional Art Instructor  
Connect with Other Folks • Adult Beverage  
Two Painting Options

**REGISTER TODAY!**  
706-545-7978



SEPTEMBER 4

## FOR THE KIDDOS

AUGUST 25

Milton E. Long Library



TUMMY TIME  
August 11+25 | 10 - 11 AM

**Tummy Time** is a program designed for new parents or caregivers and pre-walking babies from 10 - 11 a.m. at the Milton E. Long Library! Tummy Time will give babies time and space to develop their muscle strength and coordination, as well as increased socialization. Babies and parents will be led in fun, interactive songs that will incorporate bouncing, dancing, and movement. All toys, mats, and materials will be provided, but parents are welcome to bring blankets or toys from home if desired. No registration required, no fees.

LEARN MORE



The Middle School & Teen Center offers the **FREE** driving program **UPS Road Code** based on the company's safe-driving methods. The program is available to teens between the ages of 13-18 and other novice drivers. It provides teens with much of the same protocol required by UPS drivers who are known for their safe driving techniques.

The next class is coming up on September 20 and registration is open until September 17.

LEARN MORE



The Middle School & Teen Center Presents

**UPS ROAD CODE**  
safe driving for teens

**Ages 13 - 18**

**FREE ONE DAY COURSE**

Saturday Classes | 10 a.m. - 1 p.m. | At MS&T, Bldg. 1055

Class Dates	Register By
September 20	September 17
October 4	October 1
November 1	October 29
December 6	December 3
January 17	January 14
February 21	February 18
March 21	March 18
May 16	May 13

Register at Parent Central, building 104 or online via WebTrac.  
For more information, call MS&T at 706-545-3070.

**REGISTRATION OPENS  
SEPTEMBER 2**

## VOLLEYBALL CAMP!

SCAN FOR MORE!

**VOLLEYBALL CAMP**

**SEPTEMBER 13 & 27**  
9 - 11 A.M. | CYS GYM, BLDG. 1055

REGISTRATION: AUGUST 4 - SEPTEMBER 11

\$20 / CHILD | AGES 8-10 | MUST BE ENROLLED WITH CYS

CALL CYS YOUTH SPORTS TO REGISTER!

706-545-0522

7110 MCIVER STREET, BLDG. 1056

BENNINGARMYMWR.COM

CYS Youth Sports has a **Volleyball Camp** for 8-10 year olds on September 13 & 27 from 9 - 11 a.m.! Our experienced coaches will help you elevate your child's game to the next level. Whether they're a beginner looking to learn the basics or a seasoned player, this camp is the perfect opportunity to develop skills and grow as an athlete. Registration is open through September 11.

LEARN MORE



# ARMY COMMUNITY SERVICE

Join the Family Advocacy Program for a **Child Abuse Prevention Seminar** on August 22 from 8:30 a.m. - 4:30 p.m. online or in person at the ACS Auditorium in Building 7. This seminar is a crucial opportunity to engage in discussions, acquire valuable insights, and reinforce our shared dedication to supporting and safeguarding families in our community. Participants have the opportunity to earn 6.0 CEUs by providing their professional license number when registering!

LEARN MORE



FORT BENNING  
FAMILY ADVOCACY PROGRAM

**CHILD ABUSE PREVENTION SEMINAR**

**AUGUST 22**  
8:30 AM - 4:30 PM  
ACS AUDITORIUM, BUILDING 7  
*\*Attend the seminar online or in person\**

**EARN 6.0 CEU'S**  
PRE-REGISTRATION REQUIRED

SCAN FOR MORE INFO & TO REGISTER

**AUGUST 22**





AUGUST 28



The ACS New Parent Support Program invites you for **Coffee & Conversation** on August 28!

New parents are invited to connect, share, chat, and enjoy a cup of coffee at the Main Post Java Cafe from 9:30 - 10:30 a.m.

LEARN MORE



Join us on September 2 for the monthly **Community Information Exchange**! We encourage everyone in the community to attend - especially this one!

Meet us at ACS, Building 7, at 10 a.m. as we get a quick update from garrison agency panel members - then attendees will have the chance to meet with agencies from across the installation and community.

LEARN MORE



SEPTEMBER 2

SEPTEMBER 3



FORT BENNING FAMILY ADVOCACY PROGRAM



## NOVA TRAINING

### TEEN SUICIDE PREVENTION

SEPTEMBER 3

2:00 - 3:30 P.M.  
ZOOM WEBINAR

PARTICIPANTS  
WILL EARN  
1.5 CEUs!

- License number is required to receive CEUs.
- Live recording will be available for 30 days.
- Registration is mandatory to attend and access the recording.

Designed for service providers, advocates, and professionals committed to supporting and protecting survivors.



SCAN TO REGISTER &  
RECEIVE ZOOM LINK



706-544-7233 (SAFE) 7131 RICHARDSON CIRCLE, BLDG. 36

Join the ACS Family Advocacy Program for an informative NOVA training seminar on **Teen Suicide Prevention** on September 3, from 2 - 3:30 p.m. via Zoom.

This comprehensive session will delve into the critical aspects of understanding, identifying, and responding to signs of suicide in teens.

LEARN MORE



The Financial Readiness Program offers a free online class on **Setting and Meeting Financial Goals** on September 4! This class will discuss how setting financial goals inspires purpose, focus, and direction for individuals. It will also discuss how to avoid some of the pitfalls of failing to set SMART goals. Don't miss this opportunity!

LEARN MORE



SEPTEMBER 4





## Honor & Remember

Each year we honor and remember the 343 firefighters who made the ultimate sacrifice on September 11, 2001. Join us for this year's 9/11 Challenge on Thursday, September 11 at Doughboy Stadium from 6 a.m. - 4 p.m. - or do it on your own time on Friday, September 12 or Saturday, September 13. Choose the traditional stair climb or the 9-station challenge consisting of 9 bodyweight challenges on the field.

LEARN MORE



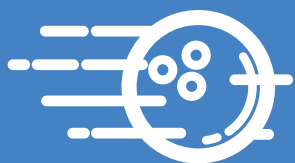
# SEE YOU NEXT TIME!

Visit us online for the latest  
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#BENNINGMWR  
#EXPLOREFORTBENNING  
#ADVENTURESATBENNING



## EXPLORE MORE DEALS



**BOWLING**



**DINING**



**TICKETS &  
TRAVEL**



**OUTDOOR  
RECREATION**

Forward the fun to your friends! [Sign up for email updates from Fort Benning MWR!](#)  
We hate to see you go, but we know the drill. [Click here to unsubscribe.](#)

