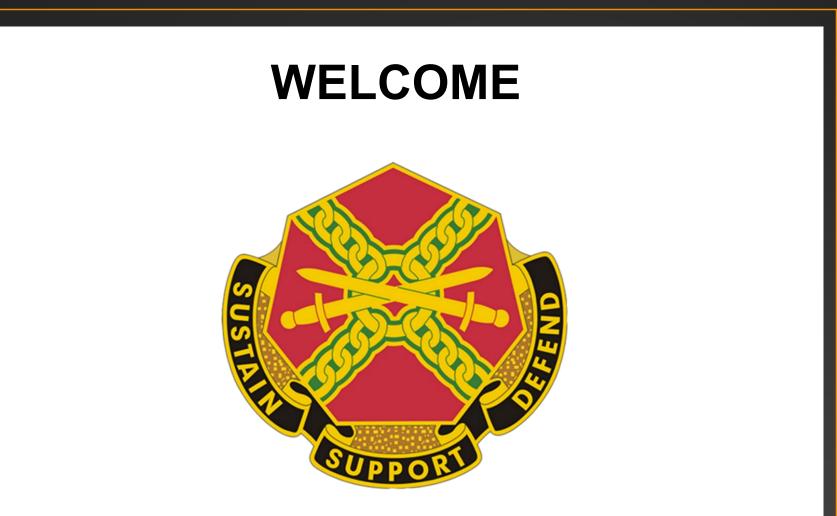
Welcome to April's

Community Leaders Information Forum (CLIF)

National Awareness Month



FORT BENNING GARRISON COMMAND



COMMUNITY CALENDAR UPDATE

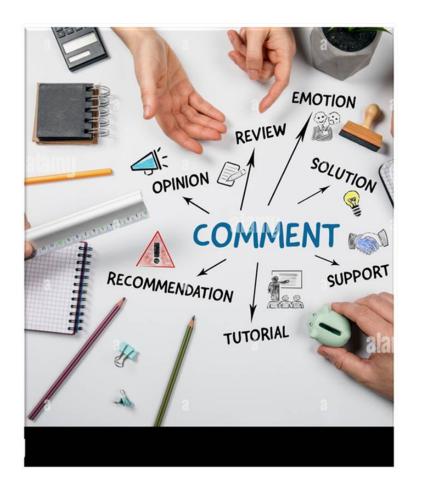


Community Calendar



https://benning.armymwr.com/calendar?date=4/1/2023

https://mec.high.powerappsportals.us/community-calendar/



DISCUSSION





Family Advocacy Program

7131 Richardson Circle Fort Benning, Georgia 31905 Building 36, Lewis Hall 706-544-SAFE (7233)

Beatriz Seales-Tealdi, LCSW Family Advocacy Program Manager



Family Advocacy Program (FAP) Domestic Violence Victim Advocates Nicole Ceterski, LCSW, CLC Supervisory Social Worker Patricia Cunningham Qundia Ragland Domestic Abuse Victim Advocates **FAP-Training**

Theresa Sanchez

Oskar Schlomer

Corinne Harang FAP Specialists

Site Coordinator

Catlain Lansing, LMSW







New Parent Support Program (NPSP)

Darlene James-Richardson, MSN, RNC, CLC NPSP Supervisory Nurse Specialist Kim Foster, BSN, RN Kristin Palmore, RN NPSP Nurse Specialist Carolyn Harris NPSP First Steps Coordinator



To Report Child Abuse

- Family Advocacy Program-Clinical (FAP-C)
 - 762-408-4076
 - Law Enforcement
 911
- Division of Family & Children Service (DFCS) 1-855-422-4453 or 888-442-7735 https://dfcs.georgia.gov/

Where to get Counseling On-Post

Martin Army Community Hospital Family Advocacy Program 4th floor 762-408-4076

Off-Post Military OneSource 800-342-9647 https://www.militaryonesource.mil/



Family Advocacy Program Child Abuse Prevention Month



Events

- 3 April, 1000 1100, Pinwheel Parade, Santa Fe Child Development Center (CDC)
- 4 April, 0900 1200, Proclamation Signing, ACS Auditorium, Building 7, during CLIF meeting
- 13 April, 1100 1300, Child Abuse Prevention Month (CAPM) Awareness Table, Building 4 next to Green Bean Coffee
- 18 21 April, Gizmo D. Robot Presentations, CDCs and DoDEA Schools
- 19 April, Educational Read Aloud, First Division CDC
- 22 April, 1200 1400, "Strike Out Child Abuse" Bowling, Mall Bowling Center, Building 9232
- 27 April, 0900 1200, Ethics for Professionals, Army Community Service Auditorium, Building 7

Trainings

• **6 April, 1300 - 1430, Neurobiology of Childhood Trauma,** presented by National Organization for Victim Assistance (NOVA). Training conducted through Zoom (1.5 CEU)



• **13 April, 1300 - 1430, Communicating with Families,** presented by NOVA. Training conducted through Zoom (1.5 CEU)



Scan to Register

DON'T FORGET <u>April 18th is Wear Blue Day</u>! Wear your Blue in support of

CAPM



EXCEPTIONAL FAMILY MEMBER PPROGRAM

Autism Awareness Month



7021 Ingersoll St Building 359 Fort Benning, GA 31905 706-545-2989, 706-545-6545







UNCLASSIFIED//FOUO **EXCEPTIONAL FAMILY MEMBER PROGRAM**



Information Processing

Sensory Processing

Verbal & Nonverbal Communication

Autism Spectrum Disorder

Social Awareness

Motor Skills

Repetitive

Behaviors

Perseverative Thinking

Autism affects an estimated **1 in 54** children

in the U.S.

Resources:

- ✓ OAR: https://operationautism.org/base-post/fortbenning/
- ✓ Autism Hope Center: https://www.autismhopecenter.com
- ✓ Autism Speaks: www.autismspeaks.org
- ✓ EFMP: www.facebook.com/groups/FortBenningEFMP
- ✓ EFMP & Me: https://efmpandme.militaryonesource.mil
- ✓ CDC: https://www.cdc.gov/ncbddd/autism/facts.html





EXCEPTIONAL FAMILY MEMBER PPROGRAM

□<u>EFMP Events:</u>

□EFMP/FAP Special

Connections Social: April 13, 2023, 6-8PM at Xanadu Skate Center. Call 706-545-6545/1695 for more information

□Autism Awareness /Acceptance

Information/Resource table at MACH April 10, 2023

□Annual EFMP Field Day:

April 21, 2023, from 9am-1pm at York Field, Fort Benning

□<u>Community Events:</u>

- □Sensory Friendly Sundays at Chuck E Cheese. Call for more information at 706-568-1813
- Eggstravaganza: Designated EFMP Hunt area at Riverside Lawn April 1, 2023

□Tri-Community Annual Field

Day, the community's exceptional children to experience a day of fun, food and interactive sporting events and activities

□Autism Hope Center Resource and Fun Day at Cascade Hills April 29^{th,} 2023





EFMP STAFF CONTACTS

MEDDAC EFMP:

MACH, 1st Floor, Upatoi Clinic, next to Pediatrics

(762) 408-2423

Enterprise EFMP (army.mil)

https://efmp.army.mil/EnterpriseEfmp/

- CPT Nicholas Lawson, EFMP Medical Director, <u>nicholas.b.lawson3.mil@mail.mil</u>.
- Madera, Teracita, Registered Nurse, <u>teracita.m.madera.civ@mail.mil</u>.
- Kenya Spencer, Case Coordinator/Special Needs Advisor,

kenya.m.spencer2.civ@mail.mil.

ACS EFMP:

Building 359 7021 Ingersoll St, Fort Benning GA

(706) 545-2989

- Karoushia Jordan, Program Coordinator, 706.545.2989 or <u>karoushia.t.jordan.civ@army.mil</u>
- Keisha McNeal, Program Specialist, 706.545.1695, or <u>lakeisha.a.mcneal.civ@army.mil</u>
- Taylor Nowlin, System Navigator, 706.545.6545, or <u>nowlint@magellenfederal.com</u>





April is FINANCIAL CAPABILITY MONTH 2023

What is financial capability?

The ability to make sound money decisions, day-to-day and through significant life events like having a baby, getting married or moving. Financial capability also means you can handle life's challenges, such as an unexpected expense or divorce.

#FinancialFuture2023

Fort Benning Financial Readiness Program (FRP)



National Financial Capability Month...

JumpStart History April **Coalition for** designated as Personal Financial **"Youth Financial** "National Literacy found Literacy Day" **Financial High School** introduced by the Capability Seniors knew less National Month" about personal Endowment for (FINCAP) by finance basics than Financial President HS Seniors 5 years Education (NEFE) Obama earlier 20 2004 2021 12 **President Biden** Survey by April designated signed latest National **National Council** as "Financial **Financial Capability** Literacy Month" on Economic Month proclamation, Education with the passing highlighting the value Found decreasing of Senate of high-quality number of States Resolution 316, financial education to included Personal sponsored by improve Americans' Finance in K-12 Senator Daniel financial capability Akaka of Hawaii. education standards

Join us...

Each year we strive to raise public awareness about the importance of financial education in the U.S. and the serious consequences suffered from the lack of understanding personal finances.

- Fort Benning FRP will conduct classes, briefings & outreach events designed to educate Service members, their Spouses & Families about the financial basics with the aim of increasing personal economic security.
- Throughout the month, we will share tips and resources on topics to include budgeting, emergency funds, debt management, teaching kids about money, and a Financial Well-Being Self-Assessment Tool.





Financial Well-Being Assessment



Scan the QR Code or visit https://finred.usalearning.gov/FWBA/DigitalTool to take the Assessment

Fort Benning Financial Readiness Program 7117 Baltzell Ave, Bldg 7 Ph: (706) 545-4043



Child & Youth Services



Parent Central Services

6880 Marchant Street, Bldg 104 706-545-2079

Monday, Tuesday, Thursday, Friday 0800-1700

> Wednesday 0800-1800





April Month of the Military Child



MONTH OF THE MILITARY CHILD 2023

HONORING the Past, TREASURING the Present, SHAPING the Future.

SCHEDULE OF EVENTS

WALL OF FAME

at Parent Central!

April 3-28 Snap a family photo in front of our MOMC backdrop at Parent Central!

PROCLAMATION SIGNING April 4-28 Sign this year's MOMC proclamation PURPLE UP DAY! April 14, 10 a.m. - 2 p.m. Enjoy bounce houses, music, games, face painting & more! Don't forget to wear purple!

KIDS FEST & FORT BENNING

CHILDREN'S BOOK

April 17-21 Pick up a free children's book at Parent Central while supplies last!



評評書 #ArmyMOMC2023

Scan to continue the convo with us





World Autism Month







UNITED STATES ARMY INSTALLATION MANAGEMENT COMMAND ArmyMWR.com/MOMC



Sexual Assault Awareness and Prevention Month (SAAPM)



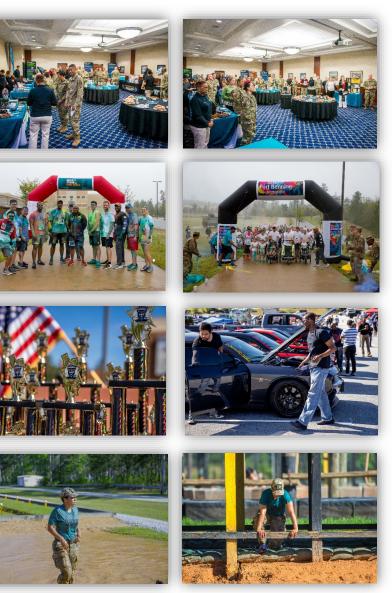
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Sexual Assault Awareness and Prevention Month (SAAPM)





WHO: All MCoE personnel (Soldiers, Department of the Army Civilians, and Family members)

WHAT: Sexual Assault Awareness and Prevention Month (SAAPM)

WHERE: Throughout DoD and observed nation-wide

WHEN: Activities scheduled throughout - 1-30 April

WHY: MCoE observes SAAPM by focusing on creating the appropriate culture to eliminate sexual assault and sexual harassment at Fort Benning







"Intervene We Are A Team"

The 2023 SAAPM theme is "Intervene We Are A Team There is an US in trust. Can they trust in you?

"This theme focuses on prevention, and challenges individuals to intervene to prevent sexual harassment and sexual assault. "It also focuses on building trust within your unit (team) and is a call to action for Soldiers to intervene."





Maneuver Center of Excellence - Team of Soldiers, Families, and Civilians from the Best Army in the World!





Fort Benning, Home of the MCoE

"Step. Forward. Report. Advocate."

The 2023 SAPR theme is "Intervene We Are A Team."

Our new theme is a call to action for individuals at all levels of the Department to use their personal strength to advance positive change in preventing sexual violence. We ask that you join us in taking a *"Step Forward"* and highlight the power of acts that can bolster prevention, increase reporting, and promote advocacy for a safer DoD Community.







Sexual Assault Awareness & Prevention Month (SAAPM)

2023 Army Theme:

"Intervene. We Are A Team."

| Date | Time(s) | Event | Location | Unit |
|----------------|-------------|---|--|-----------------------------------|
| 01-29 Apr | 0900-1700 | Static Display | Brigade DFAC | ARTB |
| 03-07 Apr | 1100-1300 | Sharp Easter Egg Hunt | BMACH Atrium, Bldg. 9250 | BMACH |
| 03-07 Apr | 0900-1700 | SHARP Week (Training & Poster Contest) | Harmony Church | 194 th AR |
| 06 Apr | 0930-1130 | Teal Ribbon Kick-Off/ Proclamation Signing/Announcement of Poster contest Winner | MWH, BLDG 4 Rm E-106 | MCoE |
| 14 Apr | 1000-1300 | 1 st SFAB SAAPM Fitness Challenge | 9195 Kelley Hill | 1SFAB |
| 10-21 Apr | 1200-1500 | Umbrella Painting | BMACH Atrium, Bldg 9250 | BMACH |
| 13 Apr | 0900-1130 | 5 Mile Chalk The Walk (Ruck Walk) | 5241 23 rd IN Regiment Street Bldg. 3410 | $197^{th}\mathrm{IN}\mathrm{BDE}$ |
| 12 & 19 Apr | 0730-0900 | SIP and Paint Breakfast | Sand Hill BLDG 5469 | 198 th IN BDE |
| 25-26 Apr | 0900-1130 | Chalk The Walk | 199 th IN BN | 199th IN BDE |
| 28 Apr | 1130-1300 | SHARP/Safety Stand-Down Day | 316 th Cav BDE, Bldg. 5118 | 316 th CAV BDE |
| 28 Apr | 1200-1300 | Karaoke Cafe | BMACH Atrium, Bldg. 9250 | BMACH |
| 29 Apr | 1800-200 | Shine Your Light 5K | Watson Stewart Field | USAG |
| 29 Apr | 0800 & 1300 | CG's Gold Scramble | Fort Benning Gol Course | 75 th RGT |



enning, Home of the MCoE



Contact your brigade SARC/SHARP VA or the MCoE SHARP Program Office for additional information: 706-545-2305 or 706-566-1345



Maneuver Center of Excellence - 1



PANEL MEMBERS REPORT

Directorate of Emergency Services



Martin Army Community Hospital



https://martin.tricare.mil







National Awareness Month Brief

Department of Primary Care April 04, 2023

COVID-19 Vaccination



- Available during routine or nurse appointments
- Primary series and booster dose:
 - 6 mos. 4 yrs. primary
 - 5-12 yrs. primary and booster
 - >12 yrs. primary and booster





Wellness Exam

- This exam should take place once a year
- Components of this exam include:
 - Height, weight and BMI
 - Blood pressure, heart rate
 - Listen to your heart and lungs for abnormal sounds
 - Sleeping habits, diet, exercise
 - Stress levels
 - Smoking and alcohol effects on your health
 - Lab Testing

- Time to review other preventative health screenings needed such as vision, hearing, skin cancer screening, foot exams.
- Time to review socioeconomic factors affecting your health such as housing insecurity, food insecurity or difficulty paying bills.







Survey of Well-being of Young Children (SWYC)



- Enhanced comprehensive screening instrument for children under 5 years of age
 - Developmental
 - Autism
 - Emotional/Behavioral
 - Family





Breast Cancer Screening



- 1 out of 8 women will get diagnosed with breast cancer (seeing earlier ages diagnosed with breast cancer)
- 1 out of 100 men will get diagnosed with breast cancer
- MACH offers 3D mammography technology
- Women age 40-74 with <u>no</u> previous history or surgeries can self refer
- Call (762) 408-2079 to schedule no referral required!





Colon Cancer Screening

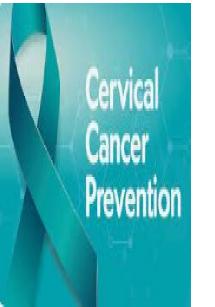


- On average lifetime risk is about 1 to 24
- Anyone, any age can be diagnosed with colon cancer
- New screening age of 45
- Types of testing MACH offers
 - Colonoscopy (referral needed from provider)
 - Cologuard screening
 - FITDNA testing
 - Occult stool testing
- Book an appointment to discuss with your provider





Cervical Cancer Screening



- In the U.S each year about 13,000 new cases of cervical cancer are diagnosed and about 4,000 women die of cervical cancer.
- Five main types of GYN Cancers: cervical, ovarian, uterine, vaginal and vulvar. Sixth which is rare is fallopian tube cancer.
- Screening age 21-65.
- Human Papillomavirus (HPV), HIV, and Tobacco use have a role for increased risk factors. Additionally, previous abnormal cervical testing can place you at a higher risk.
- Women between the age of 16-24 who are sexually active and/or prescribed birth control it is recommended for an urine chlamydia test to be done annually.
- Schedule an appointment to discuss with your provider.





Integrated Health Services in Primary Care

- Immunizations may call to book nurse appointment
- Outpatient Lab
- Behavioral Health requires referral
- Sports Medicine requires referral
- Physical Therapy requires referral
- Nutrition requires referral
- Clinical Pharmacist requires referral
- Diabetes Self Management Education Class
 - Referral required for face-to-face or virtual
 - F2F-1st and 2nd Wednesdays of the month
 - Virtual-Thursdays, 2p-4p





Other Care Services at MACH

- Quic Care Clinic provides compassionate and quality treatment for acute minor illness and injury.
 - Ages: 3 mos. and older
 - Open Monday Friday
 - Please call (762) 408-2273 to schedule your appointment
- Army Wellness Center provides integrated and standardized primary prevention programs and services that promote enhanced and sustained healthy lifestyles to improve the overall well-being of Service Members, their Families, Civilians, and Retirees.
 - Referral needed for minors
 - Please call (706) 544-9142 to schedule





- The MHS GENESIS Patient Portal is a secure web site for 24/7 access to your health records from any internet-connected device. It allows you to:
 - REVIEW your health record
 - SECURELY SEND a message and documents to your doctor
 - REQUEST prescription refills
 - **REQUEST** an appointment
 - ACCESS educational content





Conclusion

- Thank you for trusting Martin Army Community Hospital to care for you and your family
- Please Call (762) 408-2273 to schedule your appointment







USO Fort Benning

What we offer!



Free Programs/Events

Keep up to date on our Fort Benning Facebook page where we post our event calendar each month!

<u>Upcoming Events:</u> April 14th : Month of the Military Child CELEBRATION! Over at Indianhead Village, check out our flyer on Facebook!

> April 20th : Coffee Connections



Unit Assistance

Does your unit or company need a boost of morale? Do you need assistance for an upcoming family day? If so, the USO may be able to support!



Scan here to request unit support!



Transition Services The USO Pathfinder® Transition Program extends the USO experience to active duty, Reserve, National Guard and military spouses by offering professional development services throughout the duration of military service as well as in preparation for life post-military.

USO Transition Specialists can help develop a personalized Action Plan and help you take full advantage of services and resources that are the best fit for you and your spouse in your new community. For more information, contact one of our Fort Benning Transition Specialist today!



Volunteer Opportunities

There are countless ways volunteers support the USO, but they all share an abiding dedication to our troops and their families. Here at the USO Fort Benning we have several volunteer opportunities!



Scan here to start volunteering!



Fort Benning

<u>Email us:</u> usofortbenning @uso.org

<u>Follow us:</u> <u>www.facebook.com/</u> USOFortBenning







https://www.villagesofbenning.com/

of 1 př 0 . P! **EVERY FRIDAY IN APRIL**

THE MILITARY CHILD

April 14, 2023 4p -6pm

•

Indianhead Community Center

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ration of



FUN FOR KIDS OF ALL AGES

GAMES * BOUNCY HOUSES COTTON CANDY * POPCORN * SNOW CONES









2023 SPRUCE

Community Pride Event MONTH LONG EVENT SCHEDULE

APRIL 11-13 GARDENING TIPS / DEMONSTRATIONS / Q&A

- 30min @ each Community Offices
 - Tuesday 4.11.23 Evening
 Patton 6p- 6:30pm / McGraw 6:45p- 7:15pm
 - Wednesday 4.12.23 Early Afternoon
 Custer 12p- 12:30pm / Button 12:45p- 1:15pm
 - Thursday 4.13.23 Late Afternoon
 East Main 4p -4:30pm / Indianhead 4:45p- 5:15pm

APRIL 19TH KIDS CRAFT EVENT

- Pottery Painting
 - Custer Community Center 4p-6pm

2023 SPRUCE

Community Pride Event MONTH LONG EVENT SCHEDULE

FREE & DISCOUNTED FLOWERS / GRASS SEED / MULCH

- April 10- 17th Signup for Materials
 - 1st 200 Residents to signup Get (1) FREE Flat of Flower
 - 1st 100 Residents to signup Get (1) Bag of Grass Seed
 - Mulch Available for \$2/bag. Signup guarantees quantities
- April 21st 11a-5pm Pickup Flowers & Grass Seed (Welcome Center)
- April 21st 11a-5pm Pickup Mulch (Self Help)



Community Pride Event MONTH LONG EVENT SCHEDULE

APRIL 22ND SPRUCE UP DAY

- Residents should be planting and working in yards 9a-11am
- Organizing a Community Cleanup Event for those not interested in gardening or who have already Spruced up yard. 8a -10am
- Spruce Up Party: Event celebrating everyone hard work and welcoming in Spring. 10a -12pm (Welcome Center)
 - Hot Dogs Chips & Drinks
 - Music
 - Bouncy House & Face Painting
 - Raffle: Gift Baskets for all ActiveBuilding (Link the Activity Building)

1ST 2023 YARD OF THE MONTH: APRIL

 1 Winner per Village: Judged by Garrison Command & VOB Management



Fort Benning Commissary Holiday Hours



Easter: Sunday, 9 April 2023 Regular Hours: 0700-2000

Produce Holiday Door-Buster Specials! Specials Run 7-9 April



Asparagus and Pineapple!



Your Commissary...It's Worth the Trip!



The DoD expanded commissary shopping privileges in the US effective 1 January 2020 as part of the Purple Heart and Disabled Veterans Equal Access Act of 2018.

Access was expanded to include:

- Veterans with any service-connected disability
 - Purple Heart recipients
 - Former Prisoner of War
- Individuals approved and designated as the primary caregivers of eligible Veterans under the VA's Program of Family Caregivers







Commissary Business Hours



Monday-Saturday 0700-2000 Sunday 1000-2000

Holiday Hours

All Federal Holidays 0900-1700

Closed on Thanksgiving Day, Christmas Day, New Year's Day

<u>www.commissaries.com</u> 706-544-3965/3966

2023 Unilever NASCAR Military Program



Monday, 17 April Commissary/ Parking Lot

Photos, NASCAR Giveaways Including: Hats, Decals, Lanyards, Koozies, T-shirts, Tote Bags and Race Tickets!



2022

Month of the Military Child

Announcing Deca's Military Child Drawing Contest!



- A double sided activity sheet is available at the Customer Service Desk.
 - Contest Runs 1 30 April
- One winner will be selected from each age group:
 - PreK-4th
 - 5-8th
 - 9-12th
 - Entries must include first and last name of the artist, grade, contact email and phone number, and photo release for the winner!

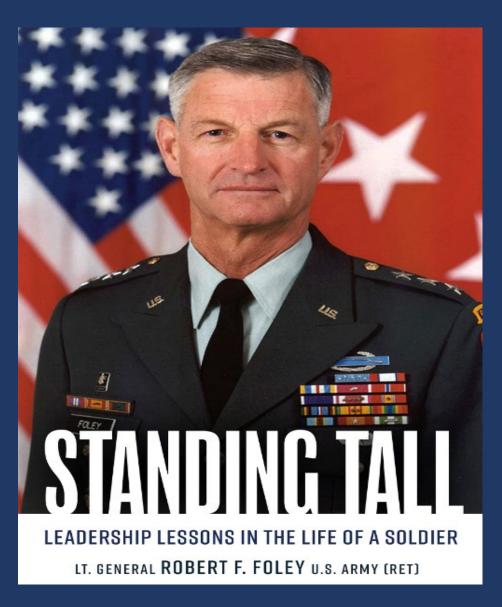
Full Rules And Entry Available At: <u>www.commissaries.com</u>



EXCHANGE ARMY & AIR FORCE EXCHANGE SERVICE



https://www.shopmyexchange.com/company/storeDetails.jsp?storeId=1031212



LT. GENERAL ROBERT F. FOLEY (US ARMY RET)

BOOK SIGNING

WEDNESDAY 5 APRIL 1100-1400

FT. BENNING MAIN EXCHANGE



MONTH OF THE MILITARY CHILD PURPLE UP CELEBRATION SATURDAY - 15 APRIL 1100-1400 FT. BENNING MAIN EXCHANGE

CHILDRENS CRAFT ACTIVITIES

FACE PAINTING

HOT DOGS / HAMBURGERS

FOOD TRUCKS

COTTON CANDY





FT. BENNING DOCS DENTAL MONTH OF THE MILITARY CHILD COLORING CONTEST 1-28 APRIL





Find us on Facebook





Facebook.com/FortBenningExchange

Instagram@benningexchange





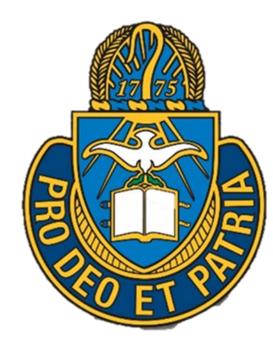
THANK YOU!

QUESTIONS ?





Garrison Chaplain



SPRING RELIGIOUS SCHEDULE

FORT BENNING, GEORGIA



Easter





Christian Services

| . . | | |
|-----------------------------------|------------------------------|---------------------------------|
| Service | DTG | Location |
| Ash Wednesday (P) | 22 Feb, 10am | Building 4, Rm 1504 |
| Ash Wednesday (P) | 22 Feb, Noon | TIC (Bldg 101) |
| Ash Wednesday (C) | 22 Feb, Noon | MPC (Bldg 1680) |
| Ash Wednesday (C) | 22 Feb, 5:30pm | TIC (Bldg 101) |
| Stations of the Cross (C) | Lenten Fridays, 5:30pm | MPC (Bldg 1680 |
| Holy Thursday (C) | 6 Apr, 5:30pm | MPC (Bldg 1680) |
| Maundy Thursday (P) | 6 Apr, 5pm | TIC (Bldg 101) |
| Good Friday (P) | 7 Apr, 5pm | TIC (Bldg 101) |
| Good Friday (C) | 7 Apr, 3pm | MPC (Bldg 1680) |
| Good Friday (P) | 7 Apr, 7pm | MPC Bldg 1680) |
| Ea <mark>ste</mark> r Vigil (C) | 8 Apr, 8pm | MPC (Bldg 1680) |
| Easter at the NIM (P) | 9 April, 11am | National Infantry Museum |
| Note: Unless indicated above, Pal | m Sunday and Easter Sunday w | orship services will be held at |

normal time/location

Jewish Services

| Service | DTG | Location |
|----------------------------|-----------------|-----------------|
| Purim | 6 March, 7-9pm | MPC (Bldg 1680) |
| 1 st Seder Meal | 5 April, 8-10pm | TBD |
| 2 nd Seder Meal | 6 April, 8-10pm | TBD |

Islamic Services

| Service | DTG | Location | | |
|-------------|-----|----------|--|--|
| Eid al Fitr | TBD | TBD | | |

VACATION BIBLE SCHOOL - 2023

FORT BENNING, GEORGIA



24-28 July 2023

WORSHIP SERVICES

Weekly worship services are the heartbeat of religious support across the installation!

We currently offer weekly worship services for a variety of **Protestant** Christian traditions, **Roman Catholic** (English and Spanish), **Muslim**, **Jewish**, and are in the process of adding additional religious services to the Main Post, permanent party community.

If you have questions about our current services or if you have a specific need that we aren't currently meeting, please reach out to discuss how we can best support either on post or through our community partners.

| Chapel Directory | | | Sunday Mass | PRO | PROTESTANT WORSHIP | | |
|--|-------------------|----------------------------|---|--|--|----------------------|--|
| | | Main Post | | | SUNDAY | r - | |
| Religious Support Office (RSO) 706-545-2289 Bldg. 974 (behind Benning Club) | | 0900 | Main Post Chapel | Main Post | | | |
| | | 1430 (Spanish) | The Infantry Center Chapel | 0830 | Contempor | ary Airborne Chapel | |
| Main Post Chapel Bldg. 1680 | 706-545-7059/0938 | Sand Hill | | 1030 | Gospel Sig | htseeing Road Chapel | |
| | | 1245 | Regimental Chapel | 1100 | Contempor | ary Main Post Chapel | |
| Infantry Chapel Bldg, 101 | 706-545-2050 | Harmony Chure | h | 1100 | Traditional The Infantry Center | | |
| • | 704 616 2140 | 0800 | Tedford Worship Center | Chapel | | | |
| Sightseeing Road Chapel Bldg. 2820 | 706-545-2169 | Faith Formation | | Sand Hill 0800 30 th AG BN | | | |
| Airborne Chapel | 706-545-1314 | 1030 (Sept-May) | Bldg. 102 Chapel Annex | 0800 | | | |
| Bldg. 2766 | | Confession | | 0800 | Regimenta | | |
| Martin Army Community | 762-408-3185/3103 | 0800 | Sunday Main Post Chapel | 0900 | Regimenta | | |
| Hospital Chapel Bldg, 9200 | | 1345 | Regimental Chapel | 1000 | Regimenta | - | |
| 5 | 706-544-8132/9764 | 0900 | Tedford Worship Center | 1100 | Regimenta | l Chapel | |
| | 100-544-0152/5104 | | Liturgical | | Harmony Church | | |
| Regimental Chapel | 706-544-9458/9601 | 0900 Sunday | The Infantry Center Chapel | 0800 | | orship Center | |
| Bldg. 3220 | | | Muslim | 0930 Tedford Worship Center | | | |
| Tedford Worship Center 706-626-1940 Bldg. 4205 | 706-626-1940 | 1330 Sunday 1400 Friday | Kelly Hill Chapel Juma Service RSO, Bldg. 974 | PROTESTANT BIBLE STUDY | | | |
| | | 1400 Friday | | 0900 Sunday | The Infants | y Center Chapel | |
| Religious Education Center Bldg, 102 | 706-545-0797 | | Jewish | | | | |
| Club Beyond (Youth Ministry) | 706 307 2006 | 1000 | 30th AG BN | | Cru Military Spiritual Fitness Classes | | |
| Bldg. 16 | 100-372-2770 | | LDS | 0845 Sunday | 1 | | |
| Chaplain Counseling Center | | 0900 | Kelly Hill Chapel | 1300 Sunday | 2-29 IN B? | Classroom | |
| Bldg. 974 (behind Benning Club |) | 0,00 | ice, in cape | 1900 Monday | | Classroom | |
| Battle Buddy Resource Center Bldg. 16 | 706-545-2289 | | BUDDHIST | 1900 Tuesday | 1-46 IN BN | V Classroom | |
| Sand Hill Recreation Center | 706-544-9458/9601 | 0845 | Pomeroy Field Sand Hill | ROMAN CATHOLIC | | | |
| Bldg. 3308 | | | | WEEKDAY MASS | | | |
| 30th AG In processing Center | 706-604-5836 | | Pagan | 1200 (Duty | Days only) | Main Post Chap | |
| Bldg. 3010 | | 1100 | 1/81 BN Classroom | | | | |
| Kelley Hill Chapel Bldg. 9023 | 706-544-3070/1692 | | | | | | |
| AFTER DUT | Y HOURS | | | | | | |
| Staff Duty Chaplain | 706-545-2218 | | | | | | |
| | | for Chapels lis | y times and locations of services sted on the <u>reverse side</u> of this <u>Watch Care</u> is provided for | | | | |



OFFICIAL WEBSITE



FACEBOOK



Directorate of Family and Morale, Welfare and Recreation





https://benning.armymwr.com/

SOLDIER AND FAMILY READINESS GROUP

Soldier and Family Readiness Group is a command sponsored organization of family members, volunteers, soldiers, and civilian employees belonging to a unit, that together offer a corridor of mutual support and assistance. All classes are 10 a.m. - Noon.

SFRG Foundations Training: every 1st Thursday of each month

Informal Funds Custodian: every 2nd Thursday of each month

Command Family Readiness Representative : (CFRR) every 3rd Thursday of each month



Key Contact Training: every 4th Thursday of each month *by request only*

Register with Yoselin Doyle at yoselin.doyle.civ@army.mil or 706-545-4485.

Classe are free and registration required 3 days before each class.

MONTH OF THE MILITARY CHILD Indiana Contract of the second secon

April 6 - Easter Peeps House (gingerbread house) April 13 - Paint & Sip (kids; no alcohol - Capri-Sun) April 20 - Lego Car Challenge April 27 - Kites

Enjoy free crafts and activities!

Register for each craft night, call Outdoor Recreation at 706-545-7978.



FAMILY FISHING NIGHT AT RUSS POND, 5 - 6 P.N.

March 1 » May 17 » July 19 August 16 » September 13

JOIN OUTDOOR RECREATION FOR AN EVENING OF FREE FAMILY FISHING AT RUSS POND!

Open to young anglers ages 15 and younger – no fishing license required!

Fishing poles and bait provided.

For more information, visit benning.armymwr.com or call 706-545-7978.





ACS Financial Readiness Program

Thrift Savings Plan for Civilians







Come hang out with us for a day of kayaking, games, fishing and camping for free, 2 - 9 p.m. Enjoy Kings Pond's natural beauty and play with us for just the afternoon, or bring your own food and camping supplies to stay overnight!

Need camping gear? MWR Equipment Checkout has all the gear you need! Visit benning.armymwr.com for more info and price list.

WITH OUTDOOR RECREATION 5:30 P.M. • START AT RUSS POND EVERY 2ND TUESDAY **OF EACH MONTH**

excludes the months of June, July & September

Ages 16+ can meet up at Russ Pond and travel to the Naval Museum and back!

Free if you bring your own bike • Rentals available \$5 Mountain Bike • \$10 Electric Bike Limited quantities, first come first serve for Electric Bike Registration required for bike rental ONLY!

For more info, call 706-545-7978



CONTRACTORS AND A REAL PROVINCIAL REAL PROVINC

We offer a 2-year lifeguard certification, which includes the American Red Cross Certification, lifeguarding, First Aid, CPR and AED, for MWR patrons ages 15 and older.

Planning to be certified before the Summer Pool Season? Take our February, March & April classes to ensure you're on board before the pools open!

4-Day Courses | 9 a.m. - 5 p.m.

February 4 & 5 and 11 & 12 March 4 & 5 and 11 & 12 March 20-24 (Spring Break Russell County) April 3 - 7 (Spring Break) April 22 & 23 and 29 & 30

MWR

To register email annerose.whitehead.naf@army.mil.

UPIN | ALD FIRST ADD \$100 PER PERSON BREEZEWAY COMPLEX, BUILDING 117 9 A.M. - 3 P.M. | MONTHLY DATES

CLASSES ARE JUST 1 DAY

October 12 • October 26 November 16 • December 7 January 11 • January 25 February 15 • March 15 April 12 • May 17 August 16 • September 13

After completion you will earn a 2 year certificate in Adult, Child, Infant CPR/AED/ First Aid from the American Red Cross.

To register, email at annerose.whitehead.naf@army.mil.

MWR EXCESS PROPERTY SALE Child Furniture, Log Furniture, Chairs, Tables & More!

APRIL 11 & 12 BUILDING 2384

MWR EXCESS

PROPERTY SALE

Childcare & Bedroom Furniture, Chairs, Tables & More!

APRIL 18 & 19 BUILDING 2074



For more info and to register, please call ACS at 706- 545-4485 or email Yoselin.doyle.civ@army.mil





INSTRUCTOR TRANSPORT

APRIL 17-19 8:45 A.M. - 1 P.M. | BUILDING 7, ROOM 111

This three-day course will teach you how to become a proficient instructor as a volunteer for Army Community Service. Training will include: Platform Skills, Adult Learning and Methods of instruction to name a few. Are you are interested in becoming an ACS instructor?

REGISTER NOW UNTIL APRIL 13



Email leslie.s.peters.civ@army.mil or call 706-545-6971/4043.



HOMESCHOOL CONNECTIONS

at the BOWLING ENTERTAINMENT CENTER

EVERY 3RD TUESDAY OF THE MONTH • 11 A.M.

HOMESCHOOLERS CAN:

Mingle • Socialize Meet other homeschooled children

Parents can meet other parents to discuss school related issues

ENJOY:

Indoor Playzone • 12 Bowling Lanes Monthly Specials Eat, Drink and Play Specials For more info, call 706-545-3062





These workshop will teach you how to write and prepare the perfect résumé, as well as assess your current résumé to get you ready for near and future career and employment opportunities. Registration is not required and space is limited. Call 706-545-4043/7517

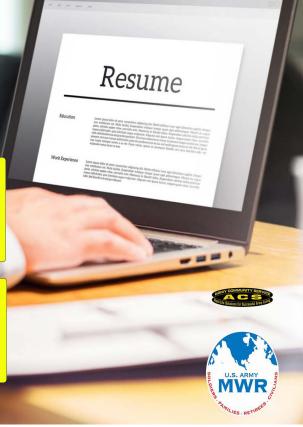
for more information and to sign up today!

<u>CIVILIAN RÉSUMÉ WORKSHOP</u>

March 9 | April 11 | May 11 | June 15 • 10 - 11 a.m. ACS, Patch Hall, Baltzell Avenue, building 7, ACS Auditorium

10 STEPS TO A FEDERAL JOB WORKSHOP

March 16 | April 20 | May 18 | June 22 • 10 - 11 a.m. ACS, Patch Hall, Baltzell Avenue, building 7, Training Room



ACS Financial Readiness Program

Investing & Retirement Basics





AGES 12-18 (GRADES 6 AND UP) Registration opens two weeks before the class via WebTrac. Students learn about safety.

CHILD&YOUTH SERVICES

first aid, CPR, nutrition, child development principles, entertaining children, diapering, business of babysitting and much more. Please bring a lunch.

The training takes place at the Youth Sports building, 1056, starting 8:30 a.m. until 5 p.m.

October 1, 2022 January 28, 2023 April 22, 2023 JUIY 1, 2023 8:30 a.m. - 5 p.m. | Cys complex



ARMY FAMILY CHILD CARE (FCC)

U.S. ARMY

HOUSE

Meet other FCC Providers & learn the benefits of owning your own business while making a difference!

April 29, 12 - 2 p.m. Building 1056

Benefits:

- Expedited background check clearance process
- Paid training & food cost reimbursement
- Access to the Lending Library full of resources to furnish your FCC home
- Business that moves when you move
- · Stay at home with your children & earn a salary at the same time



Your Child's Home Away from Home.

A career in Family Child Care awaits you! Contact your local FCC Office at 706-545-4368 for more information.

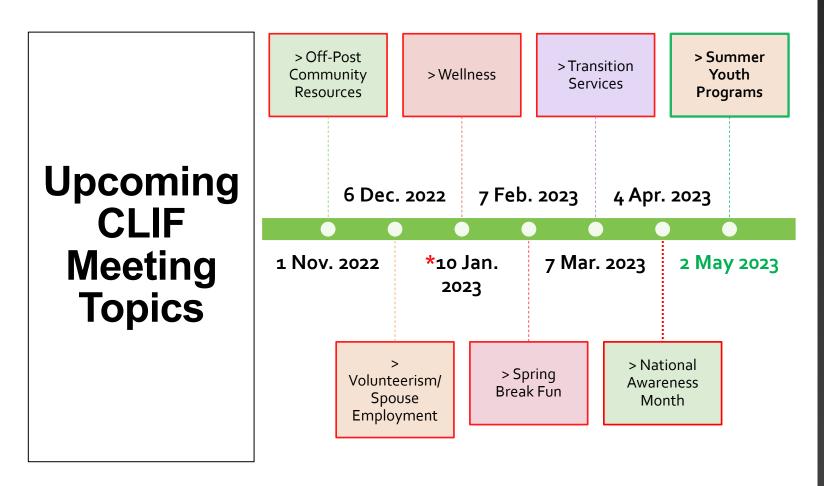
CLOSING REMARKS



FORT BENNING GARRISON COMMAND



THE NEXT CLIF IS TUESDAY, 2 MAY 2023!



*Meeting conducted 2nd week of the month *

No CLIF's are scheduled June - August 2023 due to school summer break.