

OTG

ON THE GO | Fort Benning

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MOTHER SON BALL
5K RUN SERIES
BINGO SPECIALS



January | February
2020



INSTALLATION MANAGEMENT COMMAND

Ft. Benning Family and MWR



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Fort Benning's Family and MWR mission is to provide exceptional Family and MWR programs and services to Soldiers and Families supporting a quality of life commensurate with their sacrifice and service.

benning.armymwr.com



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SOCIAL MEDIA
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[@benningmwr](https://www.instagram.com/benningmwr)

MOTHER & SON BALL



February 21 at the Benning Club, Supper Club
Stay tuned for more information on benning.armymwr.com or facebook!



A new year means a new opportunity to focus on fitness for the whole family. More and more, forward thinking parents are adopting a holistic approach to family care by choosing smart dietary practices and sustainable fitness goals. Fun fitness is sustainable fitness, and choosing activities that are fun and healthy leads to life-long healthy habits. They say an ounce of prevention beats a pound of cure, and we think a trip to the gym beats a trip to the doctor any day!

At MWR, it is our mission to offer you a wide range of opportunities and options for the health and welfare of your family. Spend a few minutes on our website at benning.armymwr.com, and you'll find a great variety of healthy food options, activities for all ages, and educational opportunities for the whole family.

Here are a few things we'd like you to know.

- Child & Youth Services offer classes, individual and team and sports, camps, and child care options that give the children the chance to make memories – and friends! – that will last a lifetime. CYS Sports is registering now for Spring Sports, including baseball, softball, soccer and kickball. The newly developed Youth Instructional Program will offer martial arts, tumbling, Zumba and more. For information about any of these opportunities, call 706-545-2079.

- For adults, we have a number of fitness centers to help you keep your New Year's resolutions. At benning.armymwr.com, you'll find information on our five free fitness centers, including Smith Fitness Center Audie Murphy Athletic Performance Center, Whittington High Performance Fitness Center on Harmony Church and Santiago on Sand Hill. The Breezeway Fitness Center, part of the Breezeway Recreation and Fitness Complex, is our only fitness center open 24 hours a day, 7 days a week. It's also our only facility that requires membership, which starts at \$18 per month for an individual with unlimited access.

- To help you in your efforts to develop a healthy, active lifestyle for the whole family, we have a number of parks, trails and tracks all across post. Make this the year you teach the kids to enjoy the great outdoors. At Russ Park on Main Post, they'll run and climb and swing and fish. You might try your hand here at Disc Golf. Russ Park is the location of the free Family Fishing Night event, held in the spring and fall when the weather cooperates. We partner with the folks from the Conservation Branch to foster a healthy harvest of fish at Russ Pond. One good catch, and the kids will be hooked! Across post, at Twilight Pond, we host the free Family fun, and your family will enjoy free opportunities to kayak, camp, and more. Check out all the parks, ponds, trails and tracks at benning.armymwr.com.

- Our family fun 5K fun Run Series is perfect for your to run, by yourself, with the family or even with your foul legged friend. All the course are stroller friendly and are not chipped. You should be training now for the annual Chesty Puller Trail Run March 14. We offer 1- and 2-mile options for the kids. Check out the calendar on our website for more information about the Chesty Puller, the Sprint Triathlon, the Oktoberfest 10K and more.

- Though we occasionally host competitive sports for all MWR adult patrons, the Commander's Cup Intramural Sports program, All Army Sports, and post teams are reserved for active duty service members, who enjoy softball, basketball, football, volleyball, soccer, rugby, golf and more. You will find details and schedules under the Sports & Fitness tab at benning.armymwr.com.



- All our dining facilities offer healthy options. The Java Café serves incredible fresh wraps and salads, and the Benning Club's Lexington Room menu includes a delicious seared salmon salad, grilled chicken, smoked turkey and more. You'll find information about all our restaurants and dining facilities on our website.

There you have it, an abbreviated list of ways we can help you start your new year on a healthy note.

You'll find much more information on our website, where you'll find a helpful events calendar, and on our Facebook page at [BenningFMWRfans](https://www.facebook.com/BenningFMWRfans). Join us there, and let's explore new opportunities together!



\$3

CLASS

\$25

MONTH

We offer a variety of fitness classes. The cost is \$3 per class or \$25 per month for unlimited classes. We'll be happy to send you a calendar of classes each month. To request a class schedule, email benningmwr@gmail.com.

LETTER FROM DIRECTOR



AL GELINEAU

Director of Family and Morale, Welfare and Recreation

The New Year can be an exciting time, with the promise of fresh starts and new beginnings. As we find ourselves at the start of a New Year, the MWR team and I have planned many quality of life programs and services to continue our mission of supporting our Soldiers, their families, retirees and civilians.

You've heard the advice - eat better, exercise often, drink more water, get more rest and manage stress by participating in healthy activities that are good for your body and soul. The New Year is a great time to heed this advice and commit to a healthier lifestyle. MWR can help get you and your family get on track.

To start, MWR can help you to eat better with easier access to healthy foods. Make food choices from our Healthy Army Community menus and save a few calories! Just look for the green apple logo on our new digital menus at the Java Cafes, the Benning Club, Jack's 19th Hole at the Golf Course and our snack bar at the Mall Bowling Center.

Let's get moving! Take a fitness class at Smith Fitness Center; take a swim at Smith or Bryant Wells swimming pools; train up for the annual Fort Benning Chesty Puller Challenge, a 10 mile trail run; and don't forget the Commander's Cup sports for Active Duty. Get the whole family involved by running in our 5K Fun Run Series. Child and Youth Services offers Functional Fitness and youth sports programs for school age children. Enroll your children in swimming lessons, now available for kiddos 18 months to 17 years old.

The MWR Team and I never forget that the strength of our Army is our Soldiers. The strength of our Soldiers is their families. Family readiness impacts Army readiness. Taking care of our Soldiers, their families, retirees and civilians is MWR's top priority! MWR is here to help motivate you to stay on the path of healthy living not just for the New Year, but throughout 2020!

BE STRONG

POWERED BY **healthyarmy**
COMMUNITIES 

Fort Benning is a Healthy Army Community!

When visiting one of our dining facilities, look for the green apple to show what healthy food options they have.



indicates a Healthy Army Community (HAC) approved menu item
= or < 500 calories, 40% total fat, 10% saturated fat



ON THE GO MAGAZINE JANUARY/FEBRUARY 2020 Printed by Marcoa Media, LLC. Published 6 times a year with combined issues in January/February, March/April, May/June, July/August, September/October, November/December by the Directorate of Family and Morale, Welfare and Recreation. On the Go magazine provides information about DFMWR programs, activities and services. Per issue circulation: 10,000. To advertise in publication, call 706-325-0758.

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GILLIAN POBBIG
IT Specialist

Gillian Pobbig is the 2019 DFMWR team member of the year! She works for Support Management Division, IT/Automation Branch and is the subject matter expert for the MWR point of sale's system known as RecTrac. She trains end-users, from clerks to managers, to utilize RecTrac to provide MWR customers with the best experience possible from a technical standpoint. She received commendation from IMCOM Training Directorate for the technical assistance she recently provided to Carlisle Barracks. Gillian has been a member of the MWR Team for eight years. Gillian started with MWR as a barista at the Java Cafés until she was hired in the IT Automation Branch. Gillian says "What I enjoy most about my job is simply helping people! I like to feel I've made someone else's life a little easier at the end of the day."

She said the best part about working for Fort Benning MWR is being part of a large installation, and working in a fast-paced workforce. She also enjoys the training holidays! Gillian was born and raised in Columbus, Georgia. She comes from a small, hardworking family. She said she is blessed with a group of inspiring, talented friends. Her professional goals are to further develop her knowledge and skills in the tech industry. Personally, Gillian wants to travel as much as possible.

Meet the Team

MAIN POST REC CENTER



Front row, left to right: Comilla Ward, Rebecca Holloway, Jeanette Richardson, Diana Meziere

Back row, left to right: Derick Spellers, Rebecca Harper, Kim Raker, Annika Brown, Annette Tillotson

ON THE GO

FAMILY AND MWR

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School Support Services

A Driving Force for Student Success



Army-Wide School Support Initiatives provide direction for educational support, assistance, and transitions

School Liaison Officers (SLOs) assist with transitions associated with military life and facilitate communication among schools, parents and installation leaders

Facilitates understanding of the **Interstate Compact on Education Opportunity for Military Children** and liaisons between the parent and the school as needed to ensure compliance and develop solutions

Provides information about **post-secondary opportunities** from college and vocation school applications to scholarships and career choice

Provides **parent and educator workshops** on a variety of transition issues

Youth Sponsorship facilitates transition from installation to installation and school to school by providing

information, a sense of belonging and the opportunity to make friends in both youth centers and schools

Delivers the **Army Ready and Resilient** program for teens is aligned, through experiential and outreach activities, with the training Soldiers and Army Spouses receive creating a common language around resilience between parents, youth and educators



Facilitates the **Adopt-A-School** program fostering relationships between units and local schools and encouraging parent involvement

In/Out Processing Protocol provides Soldiers with children an overview of available CYS options and educational support

Army High School Senior Stabilization supports college and career readiness by allowing Soldiers to delay PCS so students can complete their senior year of high school

Tutor.com, through the military, provides **no cost online 24/7 tutoring**

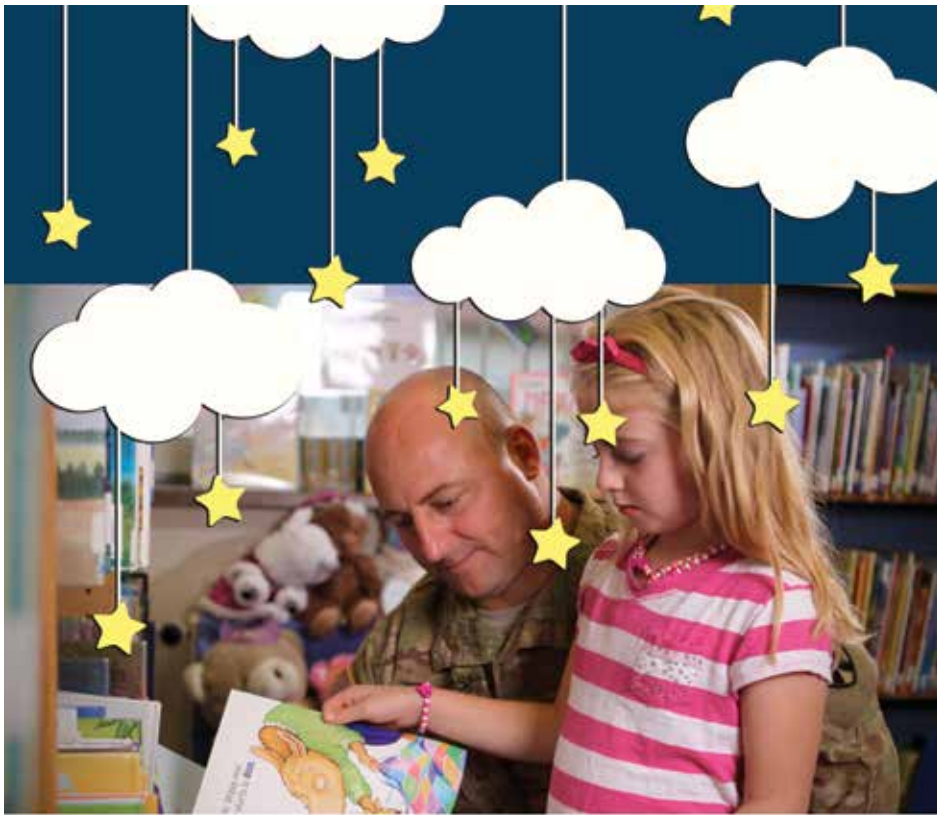
Contact your Local School Liaison Officer at:

Ethan Branch or Marcus Debose, 706-545-3062



COMMUNITY SERVICES

MILTON E. LONG LIBRARY



NEW YEAR, SAME GREAT PROGRAMS!

- Pre-School Story Time – 10:30am every Wednesday
- Movies and Munchies – 1pm second and fourth Saturdays
- Teen FRI-YAY – 4pm second Friday each month
- American Girls Book Club – 6:30pm first Wednesday in February
- Crafts Galore – 10:30am first Saturday each month
- Board Game Night – 6pm fourth Thursday each month
- Super Heroes Book Club – 6:30pm third Wednesday each month
- Move & Groove 10:30am fourth Saturday each month

Check out Universal Class for 500+ online courses facilitated by professional instructors in over 30 subject areas from computer training to yoga. Available with a library account - just ask at the front desk. Your library card is your military issued ID card.



WHAT IS THE SOLDIER'S ROLE IN BOSS?

Without Soldiers, there is no BOSS program. Every company, battalion, regiment and brigade will have a primary and alternate representative on orders for this additional duty. These Soldiers should be highly motivated with leadership potential and willingness to work for their fellow Soldiers. In addition, every company in each major subordinate command, will have a primary and alternate company representative. Representatives act as liaisons, passing information to the Soldier and relaying questions, comments and concerns from the Soldier to BOSS Council members and the chain of command.

WHAT DOES BOSS DO?

Every Army installation is authorized a BOSS program, with a president, representatives from each major subordinate command, a senior military advisor (usually the Post Command Sergeant Major or Garrison Command Sergeant Major) and advisor from MWR, who assists with financial planning, marketing and guidance.

Our socials are held monthly during the last week of the month. Fort Benning's BOSS program headquarters is located in the Main Post Recreation Center. For more information, call 706-577-1054 or 706-527-1597.



fortbenningboss



/FortBenningBOSS/



MAKING THE MOST OF YOUR TAX REFUND

Are you already anticipating that January income tax refund? Has the latest gadget already caught your eye, or are you tempted by those car dealership ads offering to do your taxes for free if you use your refund as a down payment on a new car? An option you should probably consider is one that improves your overall financial situation or fits into your overall financial plan.

One way to make the most of your tax refund is to use it to pay down some of your current debts. Debt can take a significant chunk out of your monthly budget, and it's no secret that high interest rates can cost you a significant amount of money in the long run. You may even be able to pay off some debts in full, which can improve your overall cash flow and help prevent you from creating additional debt.

Another productive way to use your refund is to start an emergency fund which you can continue to build, keeping in mind that putting money in savings and taking it right back out to spend is not really a true "emergency fund." An emergency savings is one of the most important factors for financial success and well-being. Your emergency fund can help pay for things like those unexpected and often costly vehicle repairs or emergency travel if a loved one is sick or needs assistance. Let's not forget the dreaded "no pay due," if there has been a DFAS error!

Savings can also be used to plan ahead for irregular or periodic expenses, such as back-to-school clothes and supplies, travel and gifts for the holidays, and the ever expensive PCS move. Having funds on hand instead of using credit to pay for periodic expenses costs a lot less money and future stress.

If your tax refund is large enough, one way to allocate it is using a 40-40-20 approach. Consider using 40% to pay down debt, 40% toward your emergency fund, and 20% on a "fun" purchase you've been wanting to make. This approach allows you to improve your financial well-being and to have a little fun.

Whatever you decide, keep in mind that if you don't make a plan for your tax refund, it will probably spend itself without you even realizing where it all went. Be intentional about your personal finances, and you will experience the benefits of your planning! The ACS Financial Readiness Program is here to help with a variety of classes and individual assistance from our financial counselors. Call (706) 545-4043 for more information.

SURVIVOR OUTREACH SERVICE



Survivor Outreach Services (SOS) demonstrates the Army's commitment to the Families of the Fallen. SOS provides services to these families through a holistic and multi-agency approach at the garrison and communities closest to where your family lives. SOS helps the Army identify the needs of those touched by the loss of a Soldier. Our mission is to provide education on the roles and responsibilities of all agencies within your community and improve responsiveness and streamline the assistance process for your family.

Our Fallen Soldiers have paid the ultimate sacrifice. Their Families deserve our respect, gratitude, and the very best we can provide. If you're a surviving Family member, SOS offers you access to support, information, and services, closest to where you live, when you need it and for as long as you need it.

Survivor Outreach Services is part of the Army Casualty Continuum of Care. It's designed to provide long-term support to surviving Families of Fallen Soldiers. Our goal is to reassure Survivors that they remain valued members of the Army Family.

For more information about Army SOS, or to locate your nearest SOS Coordinator, call toll-free +1 (855)707-2769.

To learn about the symbols of honor surviving military Families wear, visit www.GoldStarPins.org.



ACS RELOCATION PROGRAM

We are located in Building 7, 7117 Baltzell Avenue. Our office hours are Monday – Thursday 8am – 4:30pm and Fridays 10am – 4:30pm. You can reach us at 706-545-0403/4485. Stop by our office and pick up a Welcome Packet. Our Program provides the following services:

NEWCOMERS ORIENTATION

Welcome to Fort Benning! If you are new to the installation, join us for the weekly Newcomers Orientation **9-11am Wednesdays** at ACS Auditorium in Building 7 on Baltzell Avenue. All military personnel, family members and civilians are invited. Here you will learn about resources, programs, activities and organizations on post and all across the Chattahoochee Valley. Spouses are encouraged to attend, and children are welcome. Breakfast refreshments are provided.

LENDING CLOSET

Are your household goods in route or in storage? The Lending Closet loans a variety of household items, including basic kitchen equipment, tables and chairs, sleeping mats, microwaves, irons and ironing boards, high chairs, car seats, pack-n-plays and alarm clocks. You may borrow up to 30 days when you present your orders to Fort Benning, an ID card and a unit POC. The Lending Closet is open **8am-4pm Monday – Thursday and 10am-4pm Fridays**.

SPONSORSHIP TRAINING

The Total Army Sponsorship Program helps Soldiers, civilian employees and family members during the relocation process. Attendees learn the various elements of the sponsorship program, including how to be an effective sponsor and where to find information for incoming personnel.

PCS BRIEF

PCSing? How exciting! ACS Relocation offers a monthly PCS briefing and we want to help you make this transition smooth and enjoyable. Our briefings are held on the 4th Thursdays, January 23 & February 27 from 8:30 – 11am at ACS Auditorium, Building 7. Please call ACS Relocation to reserve your spot. 706-545-4485/0403.

RELOCATION COUNSELING

If you cannot attend a PCS Brief, call 706-545-4485 to schedule an appointment with one of our counselors and get helpful information about your next duty station.

MULTI-CULTURAL

Interested in Citizenship Study Group or English as a Second Language Classes? We offer a U.S. Citizenship Study Group on Mondays 9-10:30am and Thursdays 1-2:30pm. Contact ACS Relocation office for more information at 706-545-4485/0403.

HEARTS APART

Is your Soldier deployed, or on an Unaccompanied Tour? The Hearts Apart goal is to create a strong group that we can turn to for advice and support. Everyone handles deployments differently; however, we are always stronger in groups. For more information call 706-545-4485/0403.



COMMUNITY ACTIVITIES RESOURCE EXCHANGE

The Community Activity Resource Exchange (CARE) provide information on upcoming events and items of interest within the surrounding communities to Command Spouses, FRsAs, SFRG leaders, volunteers and civilians. Guest speakers brief and entertain questions on various topics. CARE takes place every 1st Tuesday of each month **9:30 – 10:30am at ACS Auditorium**, Building 7, Patch Hall, except in January.

CARE meetings are open to the general Fort Benning community, specifically targeting spouses and family members.

January 7- (2nd Tuesday due to the Holiday) - Wellness

Martin Army Services: Relay Health, Pharmacy, VA Clinic, Tricare, Bariatrics, Healthcare Data Information (HEDIS)
Army Wellness Center
ACES – School and Tuition Assistance Info

February 4- Spring Break Fun (Spring Break is 30 March – 3 April)

School Age Care
CYS Instructional Program
MWR Tickets & Travel,
MWR Youth Sports
Springer Opera House
River Center
Columbus Museum
Kids Camp Fair Event at the NIM –
Charlotte Bowman



Turkey Burger

BETTER CHOICES BETTER LIFE BETTER AT BENNING





THE FAMILY ADVOCACY PROGRAM

February is Teen Dating Violence Awareness Month! Teen DV Month is a national effort to raise awareness about abuse in teen and 20-something relationships and promote programs that prevent it.

Dating violence is more common than many people think. One in three teens in the U.S. will experience physical, sexual or emotional abuse by someone they are in a relationship with before they become adults. Violent behavior often begins between 6th and 12th grade, 50% of young people who experience rape, physical or sexual abuse will attempt to commit suicide. Teens who suffer dating abuse are subject to long-term consequences like alcoholism, eating disorders, promiscuity, thoughts of suicide, and violent behavior. Help us spread awareness and stop dating violence before it starts!



THE FAMILY ADVOCACY PROGRAM - NEW PARENT SUPPORT PROGRAM

The Family Advocacy Program - New Parent Support Program (FAP NPSP) Play and Learn Playgroup provides structured activities during play to allow parents the opportunity to work with their children and encourage the use of their imagination, develop social and motor skills, and enhance parental bonding. Playgroup provides an avenue for parents to communicate with FAP NPSP Support Staff about any questions or concerns they may have regarding their child's growth and development or parenting practices. It also assist families in developing support systems within the military community.

FAP NPSP Play and Learn Playgroup is open to parents and children 0-3 years of age and occurs on the 1st, 3rd, and 5th Thursday of the month (excluding federal holidays). Each playgroup will have a different theme, families will receive a book to take home (free of charge, provided by the FAP NPSP) to encourage early literacy and family story time as well as a craft to complete and take home. Parents must remain with their children throughout playgroup. For more information call 706-545-6316/9358 (no registration needed).



ARMY EMERGENCY RELIEF

The Army conducts its annual AER Fund Raising Campaign during the period March 1 through May 15. Fort Benning will start its annual fund raising campaign with a Kick-off Rally during the first week of March 2020, open to the community. Fort Benning contributions for 2019 were approximately \$195,839. AER provided in 2018 total assistance of \$67.2 million to 40,413 Soldiers and Families. With an increase in support from the community, we can easily exceed 2019 contributions. AER is an Army wide program where Soldiers take care of Soldiers.

THE LEGACY – DID YOU KNOW?

Since incorporation in 1942, AER has faithfully helped the Army take care of its Own by providing emergency financial assistance to Soldiers, retired Soldiers and their Families.

Financial assistance is provided through interest-free loans or grants, or a combination of both to assist in areas such as:

- Emergency Travel
- Rent/Utilities
- Essential POV Repair
- Non-Receipt of Pay
- Advance Travel Funds for PCS
- Dependent Dental Care
- Rental Vehicles
- Minor Home Repair
- Initial Purchase of Furniture
- Replacement Vehicle

AER's Scholarship Program is a secondary mission to help Army Families with education costs at the undergraduate level. AER offers two scholarships:

- Spouse Scholarship
- MG James Urano Children's Scholarship

AER is located at 7117 Baltzell Avenue, Building 7. Call 706-626-0290 or 706-545-4043.

JAVA CAFÉ

NEW YEAR - NEW YOU



chicken caesar wrap



7"buffalo chicken flatbread

Keep to your healthy eating and try one of our healthy menu options. Don't forget we offer hot breakfast items to include a bagel with egg, cheese and a choice of meat. Bagels not in your healthy eating, try in a burrito instead? All eggs can be substituted for egg whites!

KETO DIET

■ - CARBS ■ - PROTEIN ■ - FATS



NOW OFFERING KETO FRIENDLY ITEMS!

We can make your favorite sandwich, "Chaffle" style. What is a Chaffle? Come see us to find out. It's delicious and a game changer!

Destiny Dogs
With A King's Touch!

JANUARY & FEBRUARY Special

DOUBLE CHEESEBURGER, FRIES AND DRINK FOR ONLY

\$7.99

BENNING CLUB

Building 128, 7010 Morrison Avenue
706-545-0935
Weekdays: 11am-1:30pm
Weekends/Training/Federal Holidays: Closed

DESTINY DOGS

Building 2785, 6530 Eckel Avenue
(inside the Bowling and Entertainment Center)
706-685-4466
Sunday: Closed
Monday - Tuesday: 11am-2pm
Wednesday - Thursday: 11am-6pm
Friday - Saturday: 11am-8pm

EL ZAPATA

Building 2784, 7611 Sightseeing Road
706-689-9009
Catering available
Weekdays: 11am-2:30pm & 5-9:30pm
Saturday: noon-9:30pm
Sundays: Closed

JACK'S 19TH HOLE

Building 390, 390 Baltzell Avenue
located at Fort Benning Golf Course
706-545-0397
Thursday - Sunday: 11am-3pm

JAVA CAFE

MAIN POST
Building 1685, 1685 Gaudette Street
706-626-0232
Weekdays: 7am-3pm
Saturday: 9am-2pm
Sunday: Closed
Federal Holidays: Closed

HARMONY CHURCH


Building 4102, Jamestown Road
706-626-2971
Weekdays: 6am-2pm
Weekends: Closed
Federal & Training Holidays: Closed

INSIDE BUILDING 35

Ridgway Hall, Building 35, 35 Ridgway Loop
Weekdays: 7:30am-2pm
Weekends/Training/Federal Holidays: Closed

MALL BOWLING SNACK BAR

Building 9232, 8140 Marne Road.
706-682-7781
Monday-Thursday: 10am-0pm
Friday: 10am-11pm
Saturday: 11am-10pm
Sunday: 1pm-7pm
Federal Holidays: 1pm-9pm



ROZ'S CAFE
& CATERING SERVICES

**COMING TO
FORT BENNING
JANUARY 2020**

390 BALTZELL AVENUE FORT BENNING, GEORGIA
ROZCATERINGSERVICES@GMAIL.COM

STOP BY THE FORT BENNING GOLF COURSE FOR THE OPENING OF ROZ'S CAFÉ & CATERING ON JANUARY 10 FROM 10AM - 2PM. ENJOY SAMPLES OF ROZ'S FAMOUS SOUTHERN COOKING INSIDE THEIR NEW, WARM AND WELCOMING LOCATION.

ROZ'S CAFE

Building 390, 390 Baltzell Avenue
Located inside Fort Benning Golf Course
Monday - Wednesday 11am-2pm
5-8pm
Thursday - Friday: 11am-8pm
Weekends: 11am-6pm

SMOOTHIE KING

Building 2874, 6835 Dixie Road
Located inside Smith Fitness Center
706-685-8200
Weekdays: 7am-8pm
Saturday: 10am-4pm
Sunday: 11am-3pm

SUBWAY

Building 2502, 7308 Anderson Street
next to Drop Zone
706-687-8274
Weekdays: 7am-10pm
Saturday: 8am-10pm
Sunday: 9am-10pm

Located inside Sand Hill Rec Center
Building 3308, 41st Infantry Regiment Street
706-687-4919
Weekdays: 8am-8pm
Saturday: 8am-8pm
Sunday: 9am-8pm

ZAXBY'S

Building 1692, 7290 Ingersol Street
Next to Wynnsong Theater
706-683-0066
Open 7 days a week

DINING

BENNING CLUB



CATERING SPECIAL!

During January and February enjoy 50% off a room rental during the week (Monday through Thursday). Wondering if you are able to book at the Benning Club? If you're a member of the Fort. Benning community, you're a member of the Benning Club! We host many events every year, including weddings, dress rehearsals holiday brunches, mother-and-son and father-and-daughter formal balls, concerts, receptions and so much more. We have meeting space suitable for groups of 6 to 600. Rent a room or rent the whole club!

Let our Catering and Event Planning staff help you design a great event. You'll find more photos of the Benning Club at benningmwr.smugmug.com. Below are the rooms we offer and the configuration of the table set up for each space.

ROOMS	TABLE CONFIGURATION			COST
	BANQUET STYLE	RECEPTION STYLE	THEATER STYLE	
SUPPER CLUB	450	700	700	\$700
REGIMENTAL ROOM	250	400	350	\$350
LEXINGTON ROOM	160	N/A	N/A	\$150
BENNING ROOM	70	100	80	\$100
CONDOR LOUNGE	N/A	100	N/A	\$100
CORREGIDOR ROOM	70	100	80	\$75
FIDDLERS GREEN	As-is	100	N/A	\$75
NORMANDY ROOM	As-is	Conference U	N/A	No Cost



TRIVIA NIGHT

Starting in February, every Thursday at 6pm, join us for Trivia Night in the Fiddler's Green. Form a group to sign up. Winner will receive a free appetizer for the group.



Choose from any of your Zaxby's favorites like the Nibblerz Platter, Chiecken Fingerz™ Platter or Zalad Bar Platter. Our delicious party-sized portions will make any gathering a tateful event.



ZAXBY'S



Building 1692, 7290 Ingersol Street
Next to Wynnsong Theater
706-683-0066
Open 7 days a week
Lobby, 10:30am-9pm
Drive-thru, 10:30am-10pm

MALL BOWLING CENTER



Spend more, win more! Try our electronic 24# games on the Champ-E tablets and Quickshot paper games playing daily at the MWR Bingo Hall, Mall Bowling Center and the Fort Benning Bowling & Entertainment Center. B-I-N-G-O and win cash at our 3 MWR locations!

Join us any Sunday and purchase \$10 in Bingo and enjoy UNLIMITED bowling for just \$8. Don't miss this chance to win up to \$4,000! Shoes are included. Contact Mall Bowling at 706-682-7781 for more details.

Play \$20 in Bingo at the Mall Bowling Center this holiday season and enter your name in a raffle for a prize valued at \$200. Name can only be entered once per day. Raffle Drawing will be held March 1.



Bowling is fun and exciting for all ages. The Fort Benning Mall Bowling Center offers a first class bowling experience, a Pro Shop, Bingo Room, snack bar and lounge, bumpers for children, a variety of leagues for adults and children and great specials and discounts throughout the year. We are located at Building 9232, 8140 Marne Road.

Sunday is Funday at the Mall Bowling Center. Bowl all you like for \$12 per person, and that includes the cost of shoes!

The Mall Bowling Center offers a daily lunch special, \$2 per game and \$2 shoes, weekdays from 11am-1pm.

Our USBC-certified coach offers private lessons: \$35 per hour for beginners, \$50 per hour for intermediates and \$75 per hour for advanced bowlers. Beginner groups up to four pay \$110 per hour.



Join Fort Benning's Youth Bowling League designed for ages 6-19. Register at the Mall Bowling Center, Building 9232, on Marne Road. The Youth League runs through May. Participants bowl at 10am every Saturday at the Mall Bowling Center. The \$25 registration fee covers the cost of a bowling shirt, USBC membership and awards. There is a weekly fee of \$7, which covers practice, three games and shoe rental. For more information, call 706-682-7781.



NOW OPEN AT THE HARMONY CHURCH AND SAND HILL RECREATION CENTERS!

Featuring state-of-the-art self-service gaming pods with 4K monitors, Xbox One X consoles with 100+ games, custom gaming PCs, and high-bandwidth business class internet connections. Prices range from \$5 - \$9 per hour and any unused time can be saved for future use. Game on!

Also located in Building. 2502, 7308 Anderson Street

BOWLING AND ENTERTAINMENT CENTER



NAME CHANGE

We have changed the name of the Family Entertainment Center to the Bowling and Entertainment Center. We still offer 12 bowling lanes, an indoor playground with a rock climbing wall, an interactive game floor, toddler area, party rooms and much more! We are located on Main Post at Building 2785, 6530 Eckel Avenue (across from Milton E. Long Library).

INFANTRY BAR

Football playoffs are here and what better way to watch than with your friend, a beer and some “bar food!” Have you tried our newly brewed beers? Stop by the bar Thursday-Saturday and taste some of the best beer on Fort Benning. We also have your favorites, Bud Light, Miller Lite, Samuel Adams, wines and more.

Hungry? We also offer food items to satisfy your appetite, hot wings, burgers, pizzas and even some healthy options like fruit and granola bars.



JOIN US FOR FREE POOL EVERYDAY!

January Specials

After the New Year Specials

Every weekend in January (Friday – Sunday), \$3 play zone, \$12 unlimited cosmic bowling and shoes.

Every Wednesday

\$1 bowling games and \$1 shoes all day

Ladies' Night

January 16, \$10 unlimited cosmic bowling and shoes

February Specials

Every Wednesday

\$10 unlimited bowling and shoes and \$3 play zone

Ladies' Night

February 7, \$10 unlimited cosmic bowling and shoes

Valentine's Day Special

February 14, \$14/ per couple unlimited cosmic bowling and shoes

Gilman-McCain Scholarship

for Undergraduate Children of Active Duty Military Personnel

Overview

The U.S. Department of State's Gilman-McCain Scholarship provides awards of \$5,000 for undergraduate child dependents of active duty service members to study or intern abroad on credit-bearing programs. Developed under the framework of the State Department's Benjamin A. Gilman International Scholarship Program, the John McCain International Scholarship for the Children of Military Families (Gilman-McCain Scholarship) is open to eligible students enrolled at accredited U.S. colleges and universities who receive any type of Title IV federal financial aid.

The Gilman-McCain Scholarship is a congressionally funded initiative of the Bureau of Educational and Cultural Affairs at the U.S. Department of State and named after the late Senator John S. McCain from Arizona. With the support of the U.S. Congress, this scholarship honors Senator McCain's legacy of public service by enabling undergraduate children of active duty military to develop the leadership and career readiness skills and global perspective to pursue careers of service and contribute to preserving the principles and alliances that are critical to an international order based on the rule of law, human rights, and democracy.

Eligibility Requirements:

- ★ U.S. citizen
- ★ Undergraduate student in good academic standing
- ★ Dependent child of an active duty military member(s) during the time of application in one of the following branches: Air Force, Army, Marine Corps, Navy, and Coast Guard
- ★ Recipient of any type of Title IV federal financial aid
- ★ In the process of applying for, or accepted to, a credit-bearing study abroad or internship program in a country with an overall Travel Advisory of 1 or 2, according to the U.S. Department of State Travel Advisory System

Award Amount

The Gilman-McCain Scholarship recipients are awarded \$5,000 to be used toward the cost of study abroad or international internship programs.

Application Deadlines:

Students have multiple application dates to apply for the Gilman-McCain Scholarships. Students are highly encouraged to apply as early as possible so that they can receive their scholarship payment in time for their departure. All applicants are notified of their status by email.

For students studying or interning abroad during the following date ranges	Student Application Deadline	Notification
December 2019 - October 2020	October 1, 2019	November 2019
January 2020 - October 2020	November 1, 2019	December 2019
February 2020 - October 2020	December 1, 2019	January 2020
March 2020 - October 2020	January 1, 2020	February 2020
May 2020 - April 2021	March 3, 2020	April 2020

For additional information and to apply, please visit gilmanscholarship.org and contact your study abroad office.

- ★ Complete the application at GilmanScholarship.org
- ★ Contact your campus study abroad advisor as early as possible to inform them you are applying for the scholarship. They are a great resource!

Contact us at Gilman@iie.org or visit gilmanscholarship.org for additional information.

The Benjamin A. Gilman International Scholarship Program is a program of the U.S. Department of State with funding provided by the U.S. Government and supported in its implementation by the Institute of International Education (IIE).



KIDS ZONE (CYS)

MIDDLE SCHOOL & TEEN



Fort Benning Child and Youth Services (CYS) Middle School and Teen (MST) provides free activities for youth in grades 6-12. The facility includes a gymnasium, a computer lab, game room, art and craft room, music lab and other activity rooms. Organized activities such as club meetings, cooking, sports and games are facilitated by trained Child and Youth Program Assistants and led by youth leaders.

Through formal partnerships with nationally-recognized youth-serving organizations such as 4-H and Boys & Girls Clubs of America (BGCA), youth have access to programs, standardized curricula, special events, camps, scholarships, and more. Computer labs and homework assistance are available to provide interaction and supervision with youth during Open Recreation hours. Youth and teens must be registered with CYS to participate.

The Youth Center recently received a \$10,000 Installation Management Command grant to institute an Army Ready Resilient Teen Resilience program.

CHILD DEVELOPMENT CENTERS (CDC)



Main Post will host the following events:

Dr. Martin Luther King Birthday January 18 at 3:30pm activities for the children

Valentine Ball - February 14 at 4pm at Main Post, children will dress in their Sunday best (music and surprises).

Join your child at these events and spend the afternoon with your kids' caregivers and the main post staff!

YOUTH SPORTS



Baseball

Registration: December 2 - January 17

Ages: 4 - 13

Cost: \$45

Season: March 9 - May 16



Softball (females only)

Registration: December 2- January 17

Ages: 7 - 11

Cost: \$45

Season: March 9 - May 16



Soccer

Registration: December 2 - January 17

Ages: 4 - 13

Cost: \$45

Season: March 9 - May 16

WE NEED YOU! Coaches are needed for all age groups – if interesting in coaching, please contact the Youth Sports office at 706-545-0522.

KIDS ZONE (CYS)

INSTRUCTIONAL PROGRAMS



DRAMA EXPLORERS

CYS Youth Sports/Instructional Program offers DRAMA Explorers! classes through the Springer Opera House, the State Theatre of Georgia! The Southeast's premier theatre training program offers classes for students to explore creative play, improvisations and character work to reinforce what they are learning in school. Teachers will use the tools of drama and movement to explore topics such as the Solar System, the Life Cycle and Fractions. The last class will include an informal presentation for family and friends. Join us!

All classes, \$80 session, will be held at the CYS Youth Sports/Instructional Program Building, 1056, 7110 McIver Street, Fort Benning, 706-545-0522. The following sessions are offered:

Theme: Moving through the Solar System

Registration: December 1 – January 10, 2020

Ages: Grades 3 and 4

Session: January 14 - February 19, 2020

Days/Times: Tuesday, 4 – 5pm, (1 hour sessions weekly, 6 week sessions)

Theme: The Music of Fractions

Registration: January 27 – February 28, 2020

Ages: Grades 4 - 6

Session: March 3 - April 14, 2020 (no classes during Spring Break)

Days/Times: Tuesday, 4 – 5pm, (1 hour sessions weekly, 6 week sessions)

Limit to 24 students, minimum of 6 students registered for class to be viable. Students must register for entire session – no drop-ins allowed.

YOUTH BABYSITTING CLASSES

To teach and certify youth ages 12 and up. Babysitting training includes learning about safety, first aid, CPR, nutrition, child development principles, entertaining children, diapering, business of babysitting and much more.

Classes will be held at Building 1056, Youth Services Campus, fee per class/student: \$30. Each class will start at 8:30am and end at 5pm. Please bring a sack lunch. Registration will open 3 weeks before the class. For more information and to register, please call 706-545-0522 or Parent Central at 706-545-2079.

January 7 (High School students only)

February 7 (Middle School students only)

March 30 (Middle School students only)

May 26 (High School students only)

INSTRUCTIONAL PROGRAMS



CYS Sports & Fitness/Instructional Programs offers a number of healthy activities and classes for your children. Register at Parent Central for the following classes:

Parents & Tots, 45 minutes once a week for \$40 per month for 11 months-3 years

All levels of **Tumbling**, beginner to advanced, 45 minutes a week, \$45 per month

Cheerleading, 45 minutes a week, \$45 per month, ages 3 and older

Functional Fitness is free for ages 3 and 4

Tae Kwon Do, Mondays and Wednesday, 45 min, \$50 a month

Dance, Wednesday, 45 minutes, \$50 a month

STAY AND PLAY

DESTIN ARMY RECREATION AREA



Come out and rent a pontoon boat, jet ski or kayak. Call 850-837-6423. We sell fuel every day 8am-4:30pm. When the weather cooperates, we offer chartered fishing trips.

Here are some of Destin Army Recreation Area's other spectacular amenities:

FISHING PIER – a Florida fishing license is required to use our 300' fishing pier. Crabbing off the pier is popular, although seasonal restrictions apply. Crabbing and fishing are prohibited in the marina basin.

SWIMMING POOL AND SPLASH PARK – 2,500 square feet of fun, with playgrounds and picnic areas along the waterfront.

FITNESS FACILITIES AND RECREATION EQUIPMENT – includes treadmills, TVs, kayaks and paddle boards. The roads surrounding the recreation area are safe for running and limited mostly to local residents.

INTERNET SERVICES – a free internet hotspot is located at the Conference Center.

BEACH PARK ACCESS - our resort is located near the Eglin Air Force Base Beach Park on Highway 98. This park is reserved for military ID cardholders. Hours vary by season. For information, call 850-882-5058.



Come and stay in our updated RV Park! Below are the winter prices:

RV STD 32', \$26 a night • RV DX 38', \$28 a night
RV PRM 40', \$30 a night • Pull Thru 40'+, \$40 a night



Spring Break is right around the corner. Holidays and weekends book up quickly. Call today to reserve your spot!



MARINA TOYS

Waverunner:

\$60, 1 hour | \$205, 4 hours

Kayak:

\$15, 1 hour | \$40, 4 hours
\$60, 8 hours

Paddle Board:

\$15, 1 hour | \$40, 4 hours
\$60, 8 hours

Pontoon Boat:

\$165, 4 hours
\$235, 6 hours

calendar

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FEDERAL HOLIDAY
New Year's Day

January 4
Super Bingo
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January 4
Lifeguard Class
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January 17
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January 20
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January 27
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Tuesdays/Thursdays
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Pre-school Story Time
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Wednesdays
Newcomer's Orientation
benning.armymwr.com

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Dance
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\$1 Bowling
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1st Thursday
Crafts Galore
Milton E. Long Library, pg 10

2nd & 4th Saturday
Movies & Munchies
Milton E. Long Library, pg 10

2nd and 4th Saturday
Pool Tournament
Harmony Church Rec Center pg 29

4th Saturday
Move & Groove
Milton E. Long Library, pg 10

JANUARY	S	M	T	W	T	F	S
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	12	13	14	15	16	17	18
	19	20	21	22	23	24	25
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calendar

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February 4

CARE
Building 7, pg 12

February 7

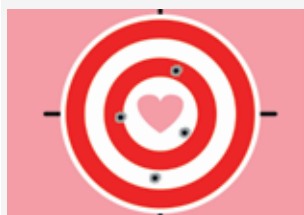
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February 8

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TRAINING HOLIDAY

February 14

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February 18

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Wednesdays

Newcomer's Orientation
benning.armymwr.com

Wednesdays

Dance
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Wednesdays

\$10 Unlimited Bowling
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1st, 3rd & 5th Thursday

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2nd Thursday

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1st Thursday

Crafts Galore
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2nd & 4th Saturday

Movies & Munchies
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2nd and 4th Saturday

Pool Tournament
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Move & Groove
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FEBRUARY	S	M	T	W	T	F	S
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	9	10	11	12	13	14	15
	16	17	18	19	20	21	22
	23	24	25	26	27	28	29



STAY AND PLAY

UCHEE CREEK CAMPGROUND & MARINA



MINUTES FROM MAIN POST... BUT WORLDS AWAY

Nestled along the banks of the Chattahoochee River is Fort Benning's best unkept secret: Uchee Creek Campground and Marina. At Uchee Creek, you will discover a 385-acre park equipped with both RV and tent sites, cabins and chalets, recreation areas, rental facilities, a fishing and boating marina, trails, and more. The newest addition to the park is a nature playground. The playground blends in with the surrounding trees which also provide shade from the blistering hot summer sun, and is located right across from the Uchee Creek pool. Guests will enjoy a new tree trunk slide, ladder rope climb, mushroom steps, chipmunk climb, and tree burrow. The most exciting feature is the scavenger hunt the playground holds. Hidden on each playground piece is a cute creature, such as a ladybug, blue jay, butterfly, and more! Make a game out of who can identify the most creatures for great outdoor fun.

Uchee Creek is open to military ID cardholders and families visiting Fort Benning for a military graduation or family day. The park offers full hook-up RV sites, tent camping and a variety of cabins/chalets. Inside the campground are four comfort stations, three laundry facilities and a full-service marina for eligible patrons.



MCIVER SUITES



THE MCIVER SUITES IS CLOSED FOR RENOVATIONS DURING 2020 to help make your stay better. Stay tuned to our Facebook page for updates. We apologize for any inconvenience.

McIver Suites offer accommodations perfect for your short or long term visit and great extended stay value for leisure travel, with the comforts of home and the convenience of the office. We offer 1-bedroom suites for \$90 and 2-bedroom suites for \$110, with kitchens, screened porches and sunrooms. The historic McIvers Suites are a golfer's delight, located minutes from the Fort Benning Golf Course and Jack's 19th Hole.





FAMILY CHILD CARE PROVIDER

Self employment – be your own boss!

Stay at home with your child and
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credits are available.

Professional resources are available

Job mobility. You may serve as an FCC
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FCC provider, call 706-545-7945.

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Fort Mitchell

Beautifully Restored Historic
Tuckabatchee Masonic Lodge

View the Sacred Fire Sculpture
at the Indian Heritage Center

FORT BENNING TELEVISION

Army News and Information
FT. BENNING TV

FORT BENNING'S NEWS AND INFORMATION STATION

Available on:

Facebook.com/ftbenningtv

YouTube.com/benningTV



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TOGETHER, THIS WE'LL DEFEND.

*Joint Ethics Regulation, DODD 5500.7-R, Chapter 12, Sections 3.4.5.

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WWW.SAFEHELPLINE.ORG

RECREATION

FORT BENNING GOLF COURSE



ABOUT THE GOLF COURSE

The Fort Benning Golf Course, first established in 1923, is rich in military history. In the fall of 2019, the course underwent a project to improve the playing conditions of the courses. Significant changes occurred which included the closing of the Patton 9 hole course. This spring, you should start to see new growth on the course as well as better maintained greens. Our focus on the Bradley and Marshall courses allows us to provide a more challenging and pleasant golfing experience and continue to offer golfers a chance to use every club in the bag!

The course is located on Main Post, about one mile from I-185, and is a full-service facility open to the public.



COMMANDING GENERAL'S GOLF SCRAMBLE

Form your best team and test your golf game in the monthly CG's Golf Scramble, **January 31 and February 28**. Register your team of four by calling 706-545 0397. Entry fee is \$40 per player and includes cart fee, greens fee and lunch. Start times are at noon.



A great place to have a get-together after work. The 19th Hole can easily handle 60-80 people and there is no charge until 3pm. After that, the charge is \$50 per hour as long as the 19th Hole is patronized. We also have the clubhouse and pavilion that can be rented for larger and more private functions. Call Lenard Patrick at 706-545-0397 for more information.



PATTON RECREATION AREA

Introducing the new Patton Recreation Area! Walking and running trails, an 18-hole disc golf course, and an 18-hole foot golf course- all new this fall at Fort Benning! These new facilities will encompass the golf course lake (which will soon offer new fishing opportunities). Plans for Patton Recreation Area will continue to expand as adding park benches, picnic tables and pavilions are in the works for the future. Swing by the new Patton Recreation Area to pick up a round of disc golf or to explore the newly marked running trails!

RECREATION

MWR BINGO



MADLY IN LOVE

Swing by the MWR Bingo Center for a game of Bingo with your loved one on **February 14** for just \$3. Customers will play a game of four cards on one sheet. Play is available either on paper or electronically. Must form the letters L-O-V-E to bingo! Prize is a dinner for two to the newest restaurant in Uptown Columbus, Saltcellar or a Dinner for two at Epic. Dinner for two is valued at \$250.



BIRTHDAYS

Purchase a Regular Admission Pack for \$9, receive a free Birthday Pack. Birthday packs must be used the day before your birthday, day of or day after. No exceptions.

WEEKLY PROMOTIONS

Join us on Tuesdays to receive a free Regular Admission Pack of 8 games and join us on Half Off Fridays to receive half off on your Electronic Machine game packs.

REGULAR BINGO SESSIONS

Guests must be 18 years or older to play. A Regular Admission Pack for \$9 must be purchased in order to play. All guests must have a VIP Players Club Card in order to play.

First time? Don't worry. After initial purchase, a VIP card will be issued to you at no additional cost. Cards lost will have a \$5 cost associated with your purchase to replace it. Players who have forgotten their cards, will be issued a new one and charged \$5. First-time players will receive a free Regular Admission Pack with initial purchase. Offer is not valid on Super Bingo Sessions. Already a VIP Players Club Member? Bring a first-time guest, you and your guest will receive a Free Regular Admission Pack with your purchase on paper or on an electronic machine. Not into playing with the traditional paper cards? Well try your luck at our Electronic Machines. We have a wide range of Electronic Machine packs to choose from, ranging from \$24 to \$115.

SUPER BINGO SESSIONS

Join us the **1st Saturday of every month** to play in the largest bingo of the month! Come out on January 4th and February 1st for a chance to win a guaranteed payout of \$5000 and two payouts of \$1199. Presales will be held on Saturday morning from 9:30-11:30 am. During this time you will be able to purchase all games, including specialty jackpots. Everything purchased will be bundled for you. All presales are final and you must keep your receipt and pick-up your games at the table upon arrival.

Doors open at noon and games begin at 1:30 pm. A minimum purchase of a Regular Admission Pack of \$18 is required in order to play. Regular Admission Packs include 8 games of 6 cards per sheet. Additional specialty cards can be purchased on the floor for cash only. Not into the traditional paper cards, well try your luck at our Electronic Machines. We have a wide range of Electronic Machine packs to choose from, ranging from \$54 to \$250. Players will also receive a free ticket to enjoy a free buffet and as long as you are a VIP Player Club Member, you will automatically be entered into the drawing to receive door prizes. DON'T FORGET TO CALL OUT BINGO!

RECREATIONAL SHOOTING COMPLEX



SWEETHEART SHOOT

Join us for the annual Sweetheart Trap Shoot from **10am – 12pm on February 8** at the Recreational Shooting Complex (RSC). It is \$25 per couple, and winners will go home with prizes. All skill levels are welcome. For more information, call 706-545-7978.

INFORMATION ON RSC

The RSC includes 2 trap and skeet ranges, 5 stand ranges, a 50-yard handgun range, a 300-yard rifle range and a store that sells ammunition and supplies.

Annual memberships and daily user passes are available. Members are permitted to store firearms at the facility because MCoE 190-11 does not allow for temporary storage of weapons in vehicles.

Rent shotguns, spotting scopes, pistols, gun vests and vices on site!

Military ID cardholders may transfer firearms through the RSC's Federal Firearms License for \$25.

Registration of firearms is required before a weapon is brought onto post. Submit a FB Form 190-11-R to the Military Police Station in Building 215 on Wold Avenue. This document must be kept with the firearm at all times.

To save time, take a minute to review range rules and print this waiver before your visit. We look forward to seeing you!

*We take coffee
breaks seriously.*



We Proudly Brew
STARBUCKS COFFEE

Main Post, Building 1685, 1685 Gaudette Street
Harmony Church, Building 4102, Jamestown Road
Main Post, Ridgeway Hall, Building 35



RECREATION

EQUIPMENT RENTAL

To rent a boat from ODR, you must have a boater safety card, watch a video in our facility or take an online boater safety course. Be sure to bring the certificate with you at the time of rental.



TRAIL RUNNER 18SLE
\$100 a day



RETRO 26 FOOT CAMPER WITH SLIDE
\$80 a day



COOSA FD KAYAKS
\$25 a day

OUTDOOR RECREATION (ODR)



DAY HIKE

Join ODR for a leisurely day hike at Providence Canyon **9am-2pm on January 25**. \$20 fee includes park fees, a snack, guide, and transportation there and back. Open to military ID cardholders only. To register, call 706-545-7978.

STORAGE LOCKERS & POV STORAGE

at Outdoor Recreation

Low monthly rates
Convenient 24-7 access
Fully fenced, keypad entry
24-hour surveillance
Moving trucks and equipment
available at affordable rental
rates

Storage Lockers

5 x 10	- \$45
10 x 10	- \$61
10 x 15	- \$72
10 x 20	- \$82

Outdoor POV Storage Spaces

20 x 10	- \$24
20 x 12	- \$27
30 x 12	- \$32
40 x 10	- \$34
40 x 12	- \$37

To rent, call 706-545-7979

RECREATION

RECREATION CENTER

MAIN POST RECREATION CENTER



Now open at Main Post Recreation Center: Topgolf Swing Suite! The Topgolf Swing Suite features 2 simulator bays and a variety of virtual games – including the popular Topgolf target game, Zombie Dodgeball, Hockey Shots, Baseball Pitching Carnival Classic and more – paired with comfortable lounge seating, HDTVs and snack bar service.



The Main Post Recreation Center is conveniently located on Sightseeing Road., within walking distance of Airborne School, 75th Ranger Regiment and Task Force 1-28. We offer a computer lab with 20 computers, a movie room, two game rooms, pool tables and a snack bar. Hours of operation are Monday-Thursday, 11am - 10pm , Friday-Saturday, noon - 11pm and Sunday, noon - 9pm.



RECREATION CENTER



SAND HILL RECREATION CENTER

Join us at the Sand Hill Recreation Center. Bring the family! We have free WiFi, movie rooms, eight billiard tables, foosball, air hockey, table tennis, board and video games. We have a free computer lab with 29 computers. More than 400 movies to watch in our 3 movie rooms or on the big screen in our auditorium. Got a craft you would like to volunteer to teach? Give us a call and your suggestion. Look for us on MWR Facebook for upcoming craft classes. Use our large screen and projector for family day activities, classes, briefings or parties. Eat on site at SUBWAY for a healthier food selection. Soldier Photos, LLC is also located on site. Recon Sports Wear on site Wednesdays and Thursdays 11am - 2pm.

HARMONY CHURCH RECREATION CENTER

We also host a free **pool tournament** at 2pm the second and fourth Saturday of each month. These are open to all MWR patrons, but participants must register by 12:30pm. For more information, call 706-626-1265.

We offer

- Free Wi-Fi, PS3, PS4, XB1, XB360 and weekly theater night with more than 800 titles.
- Flat breads and wraps in our snack bar!
- Movies at 6pm Fridays.

The Harmony Church Recreation Center is located in Building 4203 on Old Cusseta Highway (turn into the Troop Medical Center parking lot, the recreation center is on the left.) The center is open to all MWR patrons, and there is no admission fee.



WARRIOR ADVENTURE QUEST

Promotes Resiliency and
Unit Cohesion

High Adrenaline

FREE program for Active Duty Units

Post-Deployment OR
Once Every 2 Years

Activity Options:
Whitewater Rafting | Zipline
Paintball | Target Shooting
Opportunities are endless!

Contact: Outdoor Recreation 706-366-3338
benning.armymwr.com



BREEZEWAY COMPLEX

The Breezeway Fitness Center is the only 24 hour gym on Fort Benning. We offer memberships that range from a single's deal to a family deal for 4 or more. For a monthly payment, you will receive controlled 24 hour access to the indoor fitness center ' as well as the outdoor fitness park.

OUR SERVICES:

Unlimited Gym Use ▪ Resistance Machines
Cardiovascular Machines ▪ Free Weights
Functional Equipment ▪ Lockers & Changing Facilities ▪ Sauna

MONTHLY MEMBERSHIP PLANS

▪ Single Membership | \$18

▪ Couple Membership | \$30
(must show proof for spouse)

▪ Family Package | \$50
(Up to 4 Family members; must provide a copy of your orders)

Additional Key Cards | \$5

Bldg 117, Muir Street (via Lincoln St.)
Fort Benning, GA 31905 | 706-545-1687



RENTAL VENUES

on Fort Benning



MWR's goal is to offer Soldiers and their Families desirable social and recreational opportunities. Our facilities are available to support mission-related functions when their use does not preclude authorized MWR patronage.

We offer many locations to host your next Soldier and Family Readiness Group meeting, unit function, hail and farewell and more! Our event planner will make all your special events memorable and affordable. Whether you are planning for 10 guests or 1,000, our planner will find a suitable location, formal or informal, indoors or out, and arrange for entertainment, food and lodging. Call our Catering Office for availability and pricing at 706-545-0935 or 706-325-9490.

No rental fees required for the following facilities:

Patch Hall • Twilight Pavilion
Milton E. Long Library
Harmony Church Recreation Center
Russ Pond Pavilion
Kings Pond Pavilion
Bouton Heights/Davis Hill Outreach Center
Survivor Outreach Services Building
*Please Note: For non-military events, call our
Catering Office at 706-325-9490.*

Rental fees required for the following facilities:

Bowling and Entertainment Center
Benning Club • Mall Bowling Center
Infantry Bar • Supper Club
Golf Course (*Pavilion*)
Sand Hill Recreation Center
Sand Hill Clubhouse
Uchee Creek Campground & Marina
Destin Army Recreation Area
Breezeway Complex (*Bar & Lounge, Patio or Pool*)
Wetherby Field

Guidelines for Venue Rental

1. Contact the DFMWR facility you want to use to verify cost and availability of service/space and rental fees, if applicable.
2. Deposit required for room and equipment fees at time of booking.
3. Payment required for food/beverage (meals) due at least 7 days prior to function.
4. Units needing assistance with Unit Funds may contact our Financial Management Branch at 706-545-2448.

SERVICES

AUTO SKILLS CENTER



ABANDONED VEHICLE AUCTION

Deals on wheels! We will auction a variety of used and abandoned vehicles at 10am **February 25** at the impound lot on Main Post at the intersection of Kilgore and Marchant. You may preview the merchandise from 1-3pm February 21 and 24. Bidders who do not attend a preview day are encouraged to arrive early on auction day to obtain a bidder's card. We accept cash, VISA, Mastercard, American Express, or Discover. Vehicles must be picked up by close of business February 28. Must show paid receipt to remove vehicle.

The Fort Benning Auto Skills Center is one of the Army's largest auto repair centers with 42 bays and employs certified mechanics and training instructors who stand ready to help you repair or customize your car. You-do-it customers have on-site access to a free computer program that provides easy-to-read, step-by-step instructions on every kind of repair imaginable. It will also tell you what parts you may need to purchase and what you should expect to pay for them. You'll likely find them in stock at the Auto Skills Center, priced less than you'll find off post, and tax free!

For those without the time or inclination to make repairs themselves, the Center offers the same mechanical services one might find off post, such as tune-ups, around the clock towing, brake inspections and repairs, tire services, air conditioning checks and charges and so much more, at prices less than you would pay elsewhere.

The staff at the Center makes themselves available by appointment for classes and demonstrations for Scout groups, SFRGs and more. To schedule a class, a free vehicle safety inspection or a pre-purchase inspection, call 706-545-2337.



Take 10 years off your vehicle. Fort Benning's Auto Skills Center offers a service to remove the 'cataracts' from your headlights and restore their luster for only \$40. Replacing your headlights costs more than \$300. Why spend that much money if they work perfectly fine? Unlike those spray

applications folks offer at your local shoppette or gas station, restoration removes the damage, it doesn't cover it up. Your like-new headlights will last for years. Call 706-545-2337 for more information.

CAR WASH



The \$9 option at the MWR car washes on Fort Benning includes treatments for the undercarriage, windshield and sidewalls and a hot wax. MWR car washes are located on Main Post beside the Auto Skills Center on Marchant Avenue, "under" the water tower in Harmony Church and next to the Commissary on Marne Road.



**AMERICAN
AIRBORNE**

SUPERIOR SPORTSWEAR, GIFTS & STYLES

Building 2502, 7308 Anderson Street
706-689-9777

Monday - Closed • Tuesday - Thursday - 5 - 9pm
Friday - 10am - 6pm • Weekends - Closed



We have everything you need for customized needs!
3270 2nd Infantry Division Road • 706-682-0730

SERVICES

TICKETS & TRAVEL



EXTRA EXTRA READ ALL ABOUT IT!

We're saluting U.S. military personnel by offering Walt Disney World Resort promotional theme park tickets!

Choose between a 4-day, 5-day or 6-day Disney Military Promotional Ticket. The Park Hopper option is included, so you can visit multiple theme parks in a single day! If you're looking for a little extra magic, add the Park Hopper Plus option for \$50 more, plus tax. With this ticket, you'll get all of the benefits of the Park Hopper option, plus you can enjoy a certain number of visits to a Disney water park and other Walt Disney World fun. The promotional tickets below are available for purchase:

6-Day Military Promotional Tickets

Purchase now through December 13, 2020

With the Park Hopper Option: \$301 plus tax

With the Park Hopper Plus Option: \$351 plus tax

5-Day Military Promotional Tickets

Purchase now through December 14, 2020

With the Park Hopper Option: \$283 plus tax

With the Park Hopper Plus Option: \$333 plus tax

4-Day Military Promotional Tickets

Purchase now through December 15, 2020

With the Park Hopper Option: \$265 plus tax

With the Park Hopper Plus Option: \$315 plus tax

Disney Military Promotional Tickets may be purchased at participating U.S. military sales outlets by Eligible Service Members (defined below) or their spouses (but not both), for use by themselves and family members and friends, as provided herein. These Tickets may not be otherwise transferred, distributed or resold.

"Eligible Service Members" are active or retired members of the U.S. Military, including the National Guard, Reservists, the U.S. Coast Guard, the Commissioned Corps of the Public Health Service (PHS), and the Commissioned Corps of the National Oceanic and Atmospheric Administration (NOAA). Spouses of Military Service Members also qualify if they are able to present valid and active U.S. Military IDs in the absence of active or retired Military Personnel or Commissioned Corps Members.

LAUNDROMAT



You can clean just about anything, including your TA-50, at the Main Post Laundromat, with 29 heavy duty washers, up to 80 pounds capacity, 51 single load machines and 44 commercial dryers.

Unit laundry parties can be facilitated between 10pm and 8am by appointment. More more information, call 706-545-3398.

DOG WASH

Attached to the Main Post Car Wash, our do-it-yourself, climate controlled dog wash is the first of its kind on a U.S. military installation. You may use your credit card or the reloadable MWR Car Wash Card for washing, drying and, flea and tick bathing options. Open 24/7.

SOLDIER PHOTOS

WE ARE A FULL SERVICE PHOTOGRAPHY BUSINESS, PROUDLY DOCUMENTING THE ACHIEVEMENTS OF FORT BENNING'S SOLDIERS AND THEIR FAMILIES.



Located in the Sand Hill Recreation Center
41st Infantry Regiment St. Building 3308, Ft. Benning, GA 31905
Weekdays, 9am - 2pm

OUR APPROACH
FIRST AND FOREMOST, IT IS IMPORTANT TO US THAT WE CONVEY PROFESSIONALISM IN ALL ASPECTS OF OUR BUSINESS, OPERATING IN A HIGHLY-EFFECTIVE AND EFFICIENT MANNER, AT ALL TIMES.

WHAT TO EXPECT
YOU WILL BE PAIRED WITH A QUALIFIED, PREPARED, AND KNOWLEDGEABLE PROFESSIONAL PHOTOGRAPHER. OUR STAFF WILL ALWAYS BE COURTEOUS AND FRIENDLY.

WHAT WE DO
MILITARY GRADUATION PORTRAITS
MILITARY BILLS
CADRE PHOTOS
BATTALION PHOTOS
RANGER PHOTOS
YOUTH DANCE AND SPORTS
SCHOOL PORTRAITS
FAMILY PORTRAITS STUDIO AND ON-LOCATION
WEDDINGS AND MORE!!

Call for an appointment

706-685-2222
www.soldier-photos.com



SURVIVOR OUTREACH SERVICES

OUR PURPOSE is to deliver on the Army's commitment to Families of the Fallen.

Survivor Outreach Services (SOS) connects you with people who can help you find the right support.

SOS provides support services for Active, National Guard and Reserve Families.

To contact your local Survivor Outreach Services Support Coordinator:

ALONZO STEWART
706-545-2989



Survivor Outreach Services is an ARMY FAMILY COVENANT COMMITMENT: Keeping the Promise

ARMYOneSource.com

facebook.com/pages/Survivor-Outreach-Services/158209674207883

2011.06

MWR CARWASH



Carwash



HARMONY CHURCH CAR WASH

Building 4101 on Jameston Road, by the Java Cafe

MALL CAR WASH

Building 9231 on Marne Road, next to Commissary

MAIN POST CAR WASH

Building 105, Marchant Avenue, next to Auto Skills



Get your car wash
card today!

For more information, call 706-545-7298

5K RUN SERIES



4 LEGGED LOVE RUN

Join us for the 4 legged love run, part of the 5K Run Series, on **February 8 at 10am** at the Dog Park by Blue and French Field.

For each race, participants will earn one part of a five-medal set. The cost is \$15 per race for adults and \$10 for kids 5 and younger. Mom and Dad can run with kids for free, or kids can run with parents free. No medal will be issued for participants who do not register. Courses are stroller friendly.

Register for each race individually at webtrac.mwr.army.mil. For more information, contact hailey.c.ryan.naf@mail.mil. Registration on morning of each race goes up to \$20 for adults and \$15 for ages 5 and under. The first 250 to register for each race will receive a T-shirt.



COMMANDER'S CUP VOLLEYBALL

Coaches Meeting will be at 1pm on **February 18** at Doughboy Stadium, Tower 2. Please bring your AAA-162 to the meeting. For more info, call 706-984-1994 or email willie.j.spann6.naf@mail.mil.

AQUATICS



LIFEGUARD CLASSES

We are offering a 2-year lifeguard certification, which includes the American Red Cross Certification, lifeguarding, first aid, CPR and AED, for MWR patrons 15 and older.

Classes will be held **January 4 – 5, and 11 – 12 or February 22 – 23 and February 29 – March 1**. Classes are 32 hours/4 days course, start is at 9am until 5pm each of the 4 days at Briant Wells Indoor Pool.

American Red Cross lifeguarding students must be at least 15 years old by the last day of class, and pass a pre-course swimming skills test prior to taking our course. Once students are enrolled, they'll receive the latest science-based training from experienced instructors, and develop skills they'll use for a lifetime.

A prerequisite skill evaluation will occur on the first day of training. Please bring a swimsuit and a towel for the skills evaluation and for every class. Classes are subject to cancellation with notice. For more information, call the aquatics team at 706-545-1400.

CPR CLASSES

We offer a 2-year American Red Cross Certification (valid from the date of course completion) **January 15 and February 12**. This is a 7 hour class, 60 min lunch break for \$90. Upon successfully participating in all course activities and passing the Final Written Assessment with at least an 80%, the participant will receive their certificate. Certification is for Adult, Child and Infant CPR, First Aid and AED.

Classes are subject to cancellation with notice. For more information, call the aquatics team at 706-545-1400.

myARMYOneSource.com

Army Family Programs • eLearning Center • Family Readiness Groups • Home and Family Life Library Resources • National Guard Family Management • Exceptional Family Member Program



Army Reserve Family Programs • Family Readiness Groups • Home and Family Life Library Resources • Survivor Outreach

A large image of a soldier in camouflage uniform and a woman with long brown hair, both smiling and looking at a laptop. The soldier is pointing at the screen. The woman is wearing a green t-shirt. The background is a plain, light-colored wall.

**HEALTHY FAMILIES MAKE
Strong Soldiers.**

Strong Soldiers make a successful Army. And that's what **ARMYOneSource** is all about.

ARMYOneSource provides easy access to information, resources and services that are designed to support Soldiers and Families.

From deployments to relocations, **ARMYOneSource** can help manage these changes.

To learn more, visit **myARMYOneSource.com**

ARMY COMMUNITY SERVICE

Army Community Service	706-545-4043
Patch Hall, Building 7, 7117 Baltzell Avenue Exceptional Family Member, Financial Readiness, Information and Referral, Relocation, Army Emergency Relief	
Army Community Service	
Building 359, 7021 Ingersoll Avenue	
Survivor Outreach Services	706-545-2989
Family Advocacy Program	706-545-3202
Lewis Hall, Building 36, 7131 Richardson Circle	
Military Family Life Consultants	706-566-1033
Building 359, 7021 Ingersoll Avenue	

CHILD & YOUTH SERVICES

CHILD DEVELOPMENT CENTERS (CDC)

1st Division CDC	706-545-6656
Building 1051, 7191 1st Division Road	
Indianhead CDC	706-626-0673
Building 2389, 6351 Indianhead Road	
Main Post CDC	706-545-3732
Building 1366, 7000 Yeager Avenue	
McGraw CDC	706-544-1758
Building 11306, 8220 Custer Road	
Sante Fe CDC	706-544-2339
Building 9242, 7151 Hoff Street	
Family Child Care	706-545-4868
Building 9257, 7919 Marne Road	
Middle School & Teen	706-545-3070
Building 1055, 7110 McIver Street	
Parent Central Services	706-545-2079
Building 104, 6880 Marchant Avenue	
School Age Care	706-545-3605
Building 2653, 7502 Ingersoll Street	
School Liaison Officer	706-626-8625
Building 85, 6850 Barron Avenue	
Youth Sports	706-545-0522
Building 1056, 7110 McIver Street	

DINING & PUBS

Benning Club Catering	706-545-0935
Building 128, 7010 Morrison Avenue	
Destiny Dogs	706-685-4466
Building 785, 6530 Eckel Avenue	
El Zapata	706-689-9009
Building 2784, 7611 Sightseeing Road	
Infantry Bar	706-545-8426
Building 2784, 7611 Sightseeing Road,	
Jack's 19th Hole	706-545-0397
Building 390, 390 Baltzell Avenue	

JAVA CAFÉS

Main Post	706-626-0232
Building 1685, 1685 Gaudette Street	
Harmony Church	706-626-2971
Building 4102, Jamestown Road	
Ridgway Hall	706-545-3938
Ridgway Hall, Building 35, 35 Ridgway Loop	

Mall Bowling Center Snack Bar	706-682-7781
Building 9232, 8140 Marne Road	
Smoothie King	706-685-8200
Building 2874, 6835 Dixie Road	

SUBWAY

Main Post	706-687-8274
Building 2502, 7308 Anderson Street	
Sand Hill	706-687-4919
Building 3308, 5300 41st Infantry Regiment Street	
Zaxby's	706-683-0066
Building 1692, 7290 Ingersoll Street	

DFMWR ADMINISTRATION

Business and Recreation Division	706-545-7357
Building 85, 6850 Barron Avenue	
BOSS	706-604-7675
Child & Youth Services	706-545-6811
Building 85, 6850 Barron Avenue	
Director	706-545-1511
Building 85, 6850 Barron Avenue	
Deputy Director	706-545-6701
Building 85, 6850 Barron Avenue	
Marketing & Sponsorship	706-545-3328
Building 85, 6850 Barron Avenue	
Support Management Division	706-545-4937
Building 85, 6850 Barron Avenue	

FITNESS CENTERS & AQUATICS

Aquatics	706-545-1400
Building 394, Lauber Street	
Audie Murphy	706-545-1940
Building 2818, 6561 Way Street	
Breezeway	706-545-1687
Building 117, 7190 Muir Street	
Kefurt	706-544-4511
Building 9001, 8710 Watkins Street	
Santiago	706-544-9486
Building 3350, 5310 23rd Infantry Regiment Street	
Smith	706-545-4388
Building 2874, 6835 Dixie Road	
Whittington High Performance Center	706-544-7528
Building 4303, 7098 Old Cusseta Highway	

RECREATION

Destin Army Recreation Area	850-837-6423
557 Calhoun Avenue, Destin, Florida	
Bowling and Entertainment Center	706-545-4272
Building 2785, 6530 Eckel Avenue	
Fort Benning Golf Course	706-545-0397
Building 390, 390 Baltzell Avenue	
Drop Zone	706-587-4040
Building 2502, 7308 Anderson Street	
Harmony Church Recreation Center	706-626-1265
Building 4203, 6986 Old Cusseta Highway	
Main Post Recreation Center	706-545-8205
Building 2784, 7611 Sightseeing Road	

Mall Bowling..... 706-682-7781
Building 9232, 8140 Marne Road

Mclver Suites..... 706-545-4053
Mclver Street

MWR Bingo..... 706-544-1964
Building 93, 6870 Wold Avenue

Outdoor Recreation..... 706-545-7978
and Equipment Resource Center
Building 1707, 7310 Gillespie Street

Recreational Shooting Complex..... 706-545-6158
Building 2975, 7839 1st Division Road, Coursen Range

Sand Hill Recreation Center..... 706-544-9161
Building 3308, 5300 41st Infantry Regiment Street

Uchee Creek Campground & Marina..... 706-545-4053
7 Uchee Creek Road

Soldier Photos..... 706-685-2222
Building 3308, 5300 41st Infantry Regiment Street

Tickets and Travel..... 706-626-7644
Building 9230, 9230 Marne Road

OTHER AGENCIES

Lodging, Abrams Hall.....877-711-8326

Military Police.....706-545-5222

Post Operator 706-545-2011

Recon Sportswear 706-682-0730

Veterinary Services 706-545-1127

SERVICES

Auto Skills Center706-545-2337
Building 111, Marchant Avenue

Car & Dog Wash Facilities.....706-545-7298
Dog Wash, Building 105, Marchant Avenue
Harmony Church Car Wash, Building 4101, Jamestown Road
Mall Car Wash, Building 9231, Marne Road
Main Post Car Wash, Building 105, Marchant Avenue

Laundromat..... 706-545-3398
Building 1683, 6900 Gaudette Avenue

Milton E. Long Library..... 706-545-4911
Building 2783, 6529 Eckel Avenue

NAF Property..... 706-545-3751
Building 2384, 7701 Prussman Street



FEEDBACK



**Interactive
Customer
Evaluation**

LET US KNOW HOW WE ARE DOING!
Good or bad, let us know how your experience was at our facilities. Your feedback is greatly appreciated and taken serious.
Visit benning.armymwr.com and look for the ICE logo at the bottom.

Fort Benning Recycles

The Installation Qualified Recycling Program has placed large **blue** recycling containers in central locations around post.

For more information, call 706-544-9870 or visit benning.armymwr.com



Recycling Items Accepted at Central Bins

Office Paper	Steel Cans
Brown Bags	Cardboard
Aluminium Cans	Shredded Paper
Magazines	Manila Folders
Manuals	(1-7 Containers) Plastic
Colored Paper	Newspapers
Junk Mail	Phone Books

Cardboard can also be empty pizza boxes (no grease), cereal boxes, snack boxes, etc.

Trash Items Not Accepted

please place in your trash containers, not in or around the centralized recycling bins

Styrofoam	Glass
Chip Bags	Textiles
Food Items	Paper Towels
Garden Hoses	Snack Wrappers
Hygiene Products	Plants/Dirt
Napkins	Wood
Candy Wrappers	Diapers
Cigarette Butts	Used Toner
Cartridges	

The Villages of Benning provides weekly bulk trash pickup of items such as mattresses and furniture. For more information, please call 706-685-3939.



Ft Benning's Premier Atlanta Airport Shuttle Service



Call or go online to schedule Pick-ups on Ft Benning.

Departing Columbus approximately every 30 minutes.

Offering the most frequent, economical, daily connections between
Ft Benning GA and the Atlanta Hartsfield/Jackson International Airport.

One-way Fare \$43, Round Trip \$86

Pick-up locations on Ft Benning:

Sand Hill Rec. Bldg. 3308; 30th AG Sand Hill Bldg. 3010; WTC Harmony Church Bldg. 4159;

Harmony Church PX Bldg. 4308; CRC Harmony Church Bldg. 4747;

Kelly Hill Shopette Bldg. 9177; Dixie Rd. Shopette Bldg. 2650, WTB Bldg. 2644;

Subway – Airborne School Bldg. 2502; RASP Parking Lot Sightseeing Rd. Bldg. 2821;

Ranger HQ Bldg. 2831 (inside Brown Fence); Custer Rd. Shopette Bldg. 10598;

Gavin Hall Bldg. 96; Harmony Church Rec. Bldg. 4303; WHINSEC Bldg. 396;

Main PX Refill Pharmacy Entrance Bldg. 9220; New MACH Main Hospital Entrance;

National Infantry Museum (NIM) Main Entrance; Abrams Hall Ingersoll St. Bldg. 1670

706-324-3939

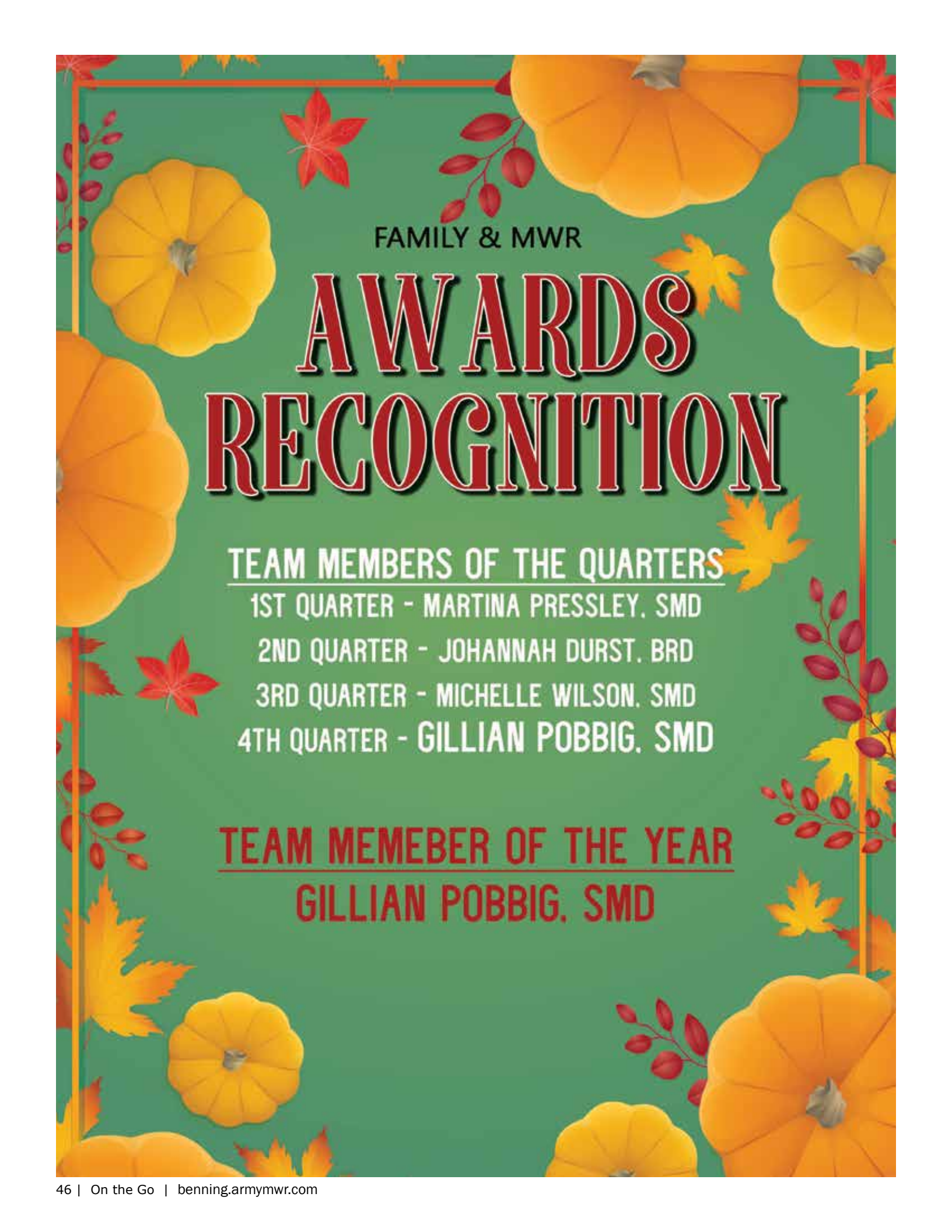
For details, call or visit our website at

www.groometransportation.com/ft-benning

2800 Harley Court, Columbus GA 31909

A portion of all Ft Benning sales are donated to Ft Benning's Department of Morale, Welfare and Recreation.

All schedules subject to change without notice, limited services on Christmas Day, contact local agent for details.

The background is a solid teal color. It is decorated with several large, stylized orange pumpkins and smaller yellow and red autumn leaves. The leaves are scattered throughout the page, some appearing to be part of a branch with small red berries. The pumpkins are also stylized, with some showing their stems. The overall theme is autumn or fall.

FAMILY & MWR

AWARDS RECOGNITION

TEAM MEMBERS OF THE QUARTERS

1ST QUARTER - MARTINA PRESSLEY, SMD

2ND QUARTER - JOHANNAH DURST, BRD

3RD QUARTER - MICHELLE WILSON, SMD

4TH QUARTER - GILLIAN POBBIG, SMD

TEAM MEMEBER OF THE YEAR

GILLIAN POBBIG, SMD



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MAIN POST RECREATION CENTER

BUILDING 2784, 2711 SIGHTSEEING ROAD



featuring our



TOPGOLF SWING SUITE

AND

VIRTUAL REALITY CONSOLES

We also offer computer lab with 20 computers, a movie room, two game rooms, pool tables and a snack bar.