ON THE GO | Fort Benning

IN THIS ISSUE:

Santa at Riverside Trees for Troops Bowling New Year's Eve Blowout



November | December 2019

Looking for Housing in Your New Military Community?

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All of your housing options and moving resources in one place:

TYPES OF HOUSING

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- Temporary Lodging
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EASY SEARCHING

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- BAH Rates Specific to You
- Community Details
- Rent Smart Tool & More

PCS RESOURCES

ARN

Buy, Rent. List.

- PCS Toolkit
- Military Spouse Blogs & Tips
- VA Loan Resource Center
- Installation Info & More





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Customer

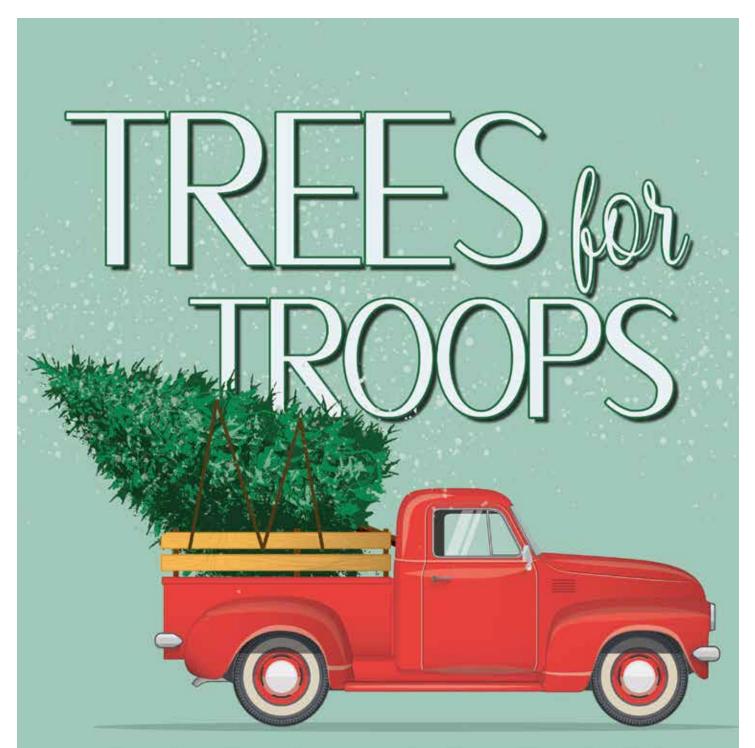
Evaluation

Good or bad, let us know how your experience was at our facilities. Your feedback is greatly appreciated and taken serious. Visit benning.armymwr.com and look for the ICE logo at the bottom.

Santa pays a visit every year during December to Riverside, the home of Fort Benning's Commanding General. Join us **5:30-8:30pm December 12** for this popular free event, which includes prizes, games, face painting, cookies and cocoa, and a chance for your children to meet Santa Claus, climb on his lap, and share their hopes and dreams for world peace, an end to hunger and a viable alternative energy source — or an iPhone X. Dress warmly and expect long lines. Riverside is at the intersection of Vibbert Avenue and Lumpkin Road. For more information, call 706-545-1853.

Santa AT RIVERSID

and Tree Lighting *Ceremony



HELD EARLY DECEMBER 10:30AM, WETHERBY FIELD

Active duty Soldiers (or their spouses) will receive one FREE live Christmas tree while supplies last. Only one tree per household. Must show military ID.

LETTER FROM DIRECTOR



AL GELINEAU Director of Family and Morale, Welfare and Recreation

This has been another busy year for Family and MWR. The MWR team and I have worked hard all year to deliver first-class programs and services to you, our extended family.

The holidays are about food, family activities, and traditions. For me, the smells, tastes and decorations bring back many fond memories. They remind me of things I did as a child, and now do with my family to keep traditions alive and to create new ones.

Family is not just relatives, but also the people we meet or work with, the bonds we create, the Army is a family. We are all part of the Army family. The strength of our nation is our Army. The strength of our Army is our Soldiers. The strength of our Soldiers is their families. Serving the needs and interests of our Soldiers, families and civilians is MWR's mission. Throughout the year, members of our Army family sacrifice time away from their loved ones during deployments, they sacrifice friendships and a stable home life each time they must relocate, and they sacrifice peace of mind because they love someone in a dangerous occupation or place. Our hearts are full of love, joy, and respect for the sacrifices our military families make and endure.

So, at this time of the year, no matter your religious or spiritual beliefs, the holidays for most people involve some understanding that we should be celebrating something very special and sharing time with family and friends. The holidays are a time to reflect, to take a good look around. They are about finding something spiritual and wonderful about ourselves, our lives, and the people who fill them. During this

time of the year we give thanks and show appreciation for our families; most importantly the men and women who give so freely to allow us continued freedom.

Your Fort Benning MWR Family will be here every step of the way to continue support for you and your Army family. The year may be drawing to a close, but we're not done yet. In this issue of On The Go you'll find many holiday activities, promotions and specials. I hope you are able to enjoy them and enjoy time with your family! Happy Holidays





ON THE GO MAGAZINE NOVEMBER/DECEMBER 2019

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BENNING.ARMYMWR.COM

IN THE SPOTLIGHT | CHRISTE LATTIMORE-STAPLE



MWR Publicity Specialist

Fort Benning community meet our new MWR Publicity Specialist, Christe Lattimore-Staple, Christe is a published journalist and TV news broadcast professional.

Christe comes to us from WLTZ NBC Channel 38 here in Columbus, where she worked as a reporter and TV Newscast Producer. Christe covered stories on immigration and homeless veterans, in Georgia and Alabama. She also covered stories on pay equality for women in the workplace. Christe has worked as Executive TV Producer at WTVM ABC Channel 9, also here in Columbus and for WTJX PBS in the U.S. Virgin Islands.

As a journalist, Christe has worked for the NCO Journal Magazine at the United States Army Sergeants Major Academy, Fort Bliss, Texas. While there, Christe covered stories on NCO instructors who teach and lead at the CHRISTE LATTIMORE-STAPLE United States Military Academy at West Point; and the

Asymmetric Warfare Adaptive Leader Program at Fort A.P. Hill, Virginia. Christe has also covered stories on the Army Sniper School at Fort Benning and she was one of the first journalists to cover NCO training on the new UH-60M helicopters at the 10th Combat Aviation Brigade at Fort Drum, New York.

As a journalist, Christe has also worked for several magazines and newspapers at the Department of Defense in Europe.

Christe is currently a film student at Columbus State University and is earning her certification in Spanish Conversation to work as a bilingual journalist. Christe loves spending time with her husband and children.



SCHOOL AGE CARE



Left to right: Travis Washington, Jackie Crumpler, Jeanne Hatten, Traci DeNoma, LaShawnda Thomas, Tawanna Brown, Jill Grant

ON THE GO

FAMILY AND MWR

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You serve your country.



As a servicemember, your life of service is just beginning. Help your community, your country and veterans. And have a good time making differences with people who get you.

Be part of the legacy. Share the vision.



THE AMERICAN LEGION www.legion.org

COMMUNITY SERVICES

MILTON E. LONG LIBRARY



Come to the library and bring your friends for the following events:

- Pre-School Story Time 10:30am every Wednesday
- Movies and Munchies 1pm November 9, 23 & December 14, 28
- Teen Friday 4pm November 8 & December 13
- American Girls Book Club 6:30pm November 6 & December 4
- Board Game Night 6pm December 26
- Family Movie Matinee 1pm November 2, 16 & December 7, 28
- Super Heroes Book Club 6:30pm November 20 & December 18
- Move & Groove 10:30am November 23 & December 28



Check out Universal Class for 500+ online courses facilitated by professional instructors in over 30 subject areas from computer training to yoga. Available with a library account - just ask at the front desk. Your library card is your military issued ID card.



WHAT IS THE SOLDIER'S ROLE IN BOSS?

Without Soldiers, there is no BOSS program. Every company, battalion, regiment and brigade will have a primary and alternate representative on orders for this additional duty. These Soldiers should be highly motivated with leadership potential and willingness to work for their fellow Soldiers. In addition, every company in each major subordinate command, will have a primary and alternate company representative. Representatives act as liaisons, passing information to the Soldier and relaying questions, comments and concerns from the Soldier to BOSS Council members and the chain of command.

WHAT DOES BOSS DO?

Every Army installation is authorized a BOSS program, with a president, representatives from each major subordinate command, a senior military advisor (usually the Post Sergeant Major or Garrison Sergeant Major) and advisor from MWR, who assists with financial planning, marketing and guidance.

Our socials are held monthly during the last week of the month. Fort Benning's BOSS program headquarters is located in the Main Post Recreation Center. For more information, call 706-577-1054 or 706-545-1926.



fortbenningboss



FortBenningBOSS/

COMMUNITY SERVICES



When is the best time to plan for the holidays? The day after, but most of us are still cleaning up wrapping paper, enjoying the extra time to sip our coffee, and recovering from a food coma.

Before you break the bank buying multiple gifts for each child, loved ones, and family member, let us look at some numbers that might change your mind. Did you know that 25% of people with a 2-car garage do not use it for their car? And 34% only put one car in there. What does that mean? We have too much stuff!! Seriously. Think about giving one meaningful gift that will be useful and not just take up space starting on December 26.

Perhaps you do something completely different this year and consider the people you are shopping for and how you can support their future with your gift. My love language is quality time. Being present in the moment, making good eye contact, and being "all in" during a conversation or family gathering, as well as, engaging in active listening (and putting your phone away), is our favorite gift. Perhaps you could even offer to spend one-on-one time together, doing something you both enjoy.

Others may resonate with tangible gifts. How do you give gifts without breaking the bank? BUDGET. Some gift ideas for a family could be to wrap 24 different books and place them under the tree, the last day of November. Let one child pick one gift each night; unwrap it and read it together, doing so each night until Christmas Day! It could become a special tradition, would encourage reading, and be a great way to spend quality time together. Some other great gift ideas could be restaurant gift cards, offer to watch a person's pet if they leave town, or tickets to a concert, movie, etc. Calling all crafty DIYers; save some money and make your gifts. Check Pinterest for a ton of ideas to get your creative juices flowing. Don't guess what you can afford or deal with the debt afterwards! Schedule an appointment with an ACS Financial Counselor today at 706-545-7517 or visit us on Facebook at Fort Benning Financial Readiness. Remember that showing love does not mean going into debt!

FAMILY ADVOCACY PROGRAM



MILITARY FAMILY WEEK November 25-27

The Family Advocacy Program (FAP) salutes our military Family! We appreciate your dedication and we recognize the sacrifices you make every day in our community. We want to take this time to express our appreciation, dedication and the many sacrifices make Soldiers and their Families.

Many military Families serving around the world, and especially here at Fort Benning, on or off post are separated from their own hometowns, their families and their friends. We realize that many families are separated from each other because of deployments and military duties.

We want to take this time to show our appreciation and honor you. To show our appreciation the FAP will have a display of educational materials, awareness items and a free "awareness tote bag" available for you November 25-27. We are located at 7131 Richardson Circle Building 36. Please drop by and pick up the special items we have especially for you because of ALL you do.

We want to remind everyone that Military Family Week is celebrated during the Thanksgiving Holiday Season November 25-29, 2019.

For additional information on Military Family Week, contact FAP personnel at 706-545-3202, or 706-626-2614.

COMMUNITY SERVICES



ACS RELOCATION PROGRAM

Get a Fort Benning Welcome Packet at the Relocation Readiness office in Building 7, 7117 Baltzell Avenue Office hours are 8am – 4:30pm Monday – Thursday and 10am - 4:30pm Fridays. For information, call 706-545-0403/4485. Relocation Readiness provides the following services:

NEWCOMERS ORIENTATION

Welcome to Fort Benning! If you are new to the installation, join us for the weekly Newcomers Orientation **9-11am Wednesdays** at Army Community Service Auditorium in Building 7 on Baltzell Avenue. All military personnel, family members and civilians are invited. Here you will learn about resources, programs, activities and organizations on post and all across the Chattahoochee Valley. Spouses are encouraged to attend, and children are welcome. Breakfast refreshments are provided.

LENDING CLOSET

Are your household goods in route or in storage? The Lending Closet loans a variety of household items, including basic kitchen equipment, tables and chairs, sleeping mats, microwaves, irons and ironing boards, high chairs, car seats, pack-n-plays and alarm clocks. You may borrow up to 30 days when you present your orders to Fort Benning, an ID card and a unit POC. The Lending Closet is open **8am-4pm Monday – Thursday and 10am-4pm Fridays.**

SPONSORSHIP TRAINING

The Total Army Sponsorship Program helps Soldiers, civilian employees and family members during the relocation process. Attendees learn the various elements of the sponsorship program, including how to be an effective sponsor and where to find information for incoming personnel.

PCS BRIEF

PCSing? How exciting! ACS Relocation offers a monthly PCS briefing to make this transition smooth and enjoyable. Briefings are 8:30 – 11am every third Thursday (due to the holidays) November 21 and December 19 at ACS in Building 7. To register, call 706-545-4485/0403.

RELOCATION COUNSELING

If you cannot attend a PCS Brief, call 706-545-4485 to schedule an appointment with one of our counselors and get helpful information about your next duty station.

MULTI-CULTURAL

Interested in Citizenship Study Group or English as a Second Language classes? Call 706-545-4485/0403.

HEARTS APART

The Hearts Apart program is designed for military families whose deployed Soldier is not attached to a Fort Benning unit and those on an unaccompanied tour overseas. Without a local Soldier Family Readiness group, it's easy to feel isolated and lonely. Hearts Apart will help you survive and thrive during this difficult separation. For more information, call 706-545-4485/0403.



COMMUNITY ACTIVITIES RESOURCE EXCHANGE

The Community Activity Resource Exchange (CARE) is to provide information on upcoming events and items of interest within the surrounding communities to Command Spouses, FRSA's, SFRG leaders, volunteers and civilians. Guest speakers brief and entertain questions on various topics. CARE takes place every 1st Tuesday of each month **9:30 – 10:30am at ACS Auditorium,** Building 7, Patch Hall, except in January.

CARE meetings are open to the general Fort Benning community, specifically targeting spouses and family members.

November 5- School Resources

5 County School Districts Santa's Castle Information

December 3 - Community Resources

GA Visitors Center Columbus Visitors Bureau BBB Uptown Columbus Oxbow Meadows Columbus Chamber of Commerce Columbus Museum Callaway Gardens

Save the date: January's CARE date is January 7!

HOW TO ORGANIZE A COLLECTION DRIVE

Operation Gratitude sends 100,000+ Care Packages each year to deployed Troops and Wounded Warriors. We rely on donations to help us show our Soldiers, Sailors, Airmen, and Marines that they are not alone!

Holding a Collection Drive for Operation Gratitude is an active and fun way for your friends, neighbors, or organization to show support for our troops!

To begin your Collection Drive:

- Notify your constituency of the dates, times, and location of collection.
- Specify what items you will accept. (Some suggestions can be found in the Wish List to the right.)
- Encourage donors to include personal letters to the Troops. These are often the most cherished items in our care packages.
- Keep in mind that we only accept delivery of items during the following times:
 - PATRIOTIC DRIVE: March 15th thru May 5th
 - o HOLIDAY DRIVE: September 15th thru December 5th



Ship all donations to:

OPERATION GRATITUDE 17330 Victory Boulevard Van Nuys, CA 91406 Attn: Rich Hernandez: 262-674-7281

For more information visit us on the web at <u>www.OperationGratitude.com</u> on Facebook at <u>www.facebook.com/OperationGratitude</u> or send an email to <u>OpGrat@gmail.com</u>



WISH LIST

- Knit Hats & Scarves
- Cool Ties or Neck Gators
- Yarn
- Beanie Babies, Webkinz, Trolls, or other small plush toys
- Halloween or Easter Candy
- Socks (preferably black, brown, green, or tan – not white)
- Mini battery-powered fans
- Personal Electronics
 - o iPods,
 - o DVDs,
 - o CDs,
 - Video Games,
 Flash Drives
 - Headsets (Headphones & Microphones)
 - WebCams
- o Used cell phones/PDAs
- Gift Cards to chain stores,
- such as
- o Walmart,
- o Walgreens,
- o Target, o etc.
- o etc.
- Snacks, such as o Energy Bars
 - o Beef Jerky
 - o Trail Mix
 - o Nuts
 - o Sunflower Seeds
 - o Candy
 - Ready-to-eat Tuna or Chicken Salad kits
 - o Girl Scout Cookies
 - Single serving Powdered Beverage Mixes
 - Single serving boxes of cold cereal
 - Single serving packets of hot cereal
- Personal Care Products
 - o Lip Balm
 - o Toothpaste
- o Toothbrushes
 - Roll-on Deodorant
 Razors
 - o Individual packets of
- moist towlettes
- o Hand/Foot Warmers
- Foot powder (travel size)
 Blank greeting cards or
- stationery

SURVIVOR OUTREACH SERVICES

OUR PURPOSE is to deliver on the Army's commitment to Families of the Fallen. Survivor Outreach Services (SOS) connects you with people who can help you find the right support. SOS provides support services for Active, National Guard and Reserve Families.

To contact your local Survivor Outreach Services Support Coordinator:

MEGAN BAUMGARTNER OR ALONZO STEWART 706-545-2989



Survivor Outreach Services is an ARMY FAMILY COVENANT COMMITMENT: Keeping the Promise ARMYOneSource.com facebook.com/pages/Survivor-Outreach-Services/158209674207883

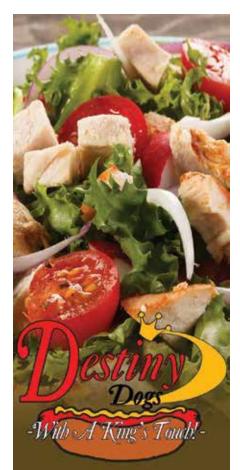
DINING

JAVA CAFÉ

do you even PUMPRINZ

During November, try our pumpkin flavored coffees or a holiday marshmallow frappuccino!







Purchase a grilled chicken salad, get half off any meal on the menu





Building 128, 7010 Morrison Avenue 706-545-0935 Weekdays: 11am-1:30pm Weekends/Training/Federal Holidays: Closed



Building 2785, 6530 Eckel Avenue (inside the Bowling and Entertainment Center) 706-685-4466 Sunday: Closed Monday - Tuesday: 11am-2pm Wednesday - Thursday: 11am-6pm Friday - Saturday: 11am-8pm



Building 2784, 7611 Sightseeing Road 706-689-9009 • Catering available Weekdays: 11am-2:30pm & 5-9:30pm Saturday: noon-9:30pm Sundays: Closed



Building 390, 390 Baltzell Avenue located at Fort Benning Golf Course 706-545-0397 Thursday - Sunday: 11am-3pm



Main Post Building 1685, 1685 Gaudette Street 706-626-0232 Weekdays: 7am-3pm Saturday: 9am-2pm Sunday: Closed Federal Holidays: Closed

Harmony Church Building 4102, Jamestown Road 706-626-2971 Weekdays: 6am-2pm Weekends: Closed Federal & Training Holidays: Closed

Inside Building 35 Ridgeway Hall, Building 35, 35 Ridgway Loop Weekdays: 7:30am-2pm Weekends/Training/Federal Holidays: Closed



Building 9232, 8140 Marne Road. 706-682-7781 Monday -Thursday: 10am-0pm Friday: 10am-11pm Saturday: 11am-10pm Sunday: 1pm-7pm Federal Holidays: 1pm-9pm



Building 2874, 6835 Dixie Road Located inside Smith Fitness Center 706-685-8200 Weekdays: 7am-8pm Saturday: 10am-4pm Sunday: 11am-3pm



Building 2502, 7308 Anderson Street next to Drop Zone 706-687-8274 Weekdays: 7am-10pm Saturday: 8am-10pm Sunday: 9am-10pm

Located inside Sand Hill Rec Center Building 3308, 41st Infantry Regiment Street 706-687-4919 Weekdays: 8am-8pm Saturday: 8am-8pm Sunday: 9am-8pm



Building 1692, 7290 Ingersol Street Next to Wynnsong Theater 706-683-0066 Open 7 days a week Lobby, 10:30am-9pm Drive-thru, 10:30am-10pm



OPENING SOON! MWR WOULD LIKE TO WELCOME ROZ'S CAFE AND CATERING TO THE FORT BENNING GOLF COURSE, BLDG. 390.

DINING

BENNING CLUB

" Unanksgiving Meals to Go

Need some help for Thanksgiving Day? Let us do the work for you! Thanksgiving dinner includes a choice of sliced turkey breast or ham, choice of sides and rolls. Prices start at \$90 for family of six and orders up to family size of 16 can be placed. Additional sides and meats can be ordered as well. For more information or to place an order please contact the Benning Club Monday - Friday 9am - 4pm at 706-325-9490 or 706-545-1588. Pre orders are available November 1 - 22 and must be prepaid. Orders can be picked up on Thanksgiving day, November 28, at either 10am, 11am or 12pm. Sorry, no refunds once orders are placed. Orders on Thanksgiving day not available.







If you're a member of the Fort Benning community, you're a member of the Benning Club! We host many events every year, including holiday brunches, mother-and-son and father-and-daughter formal balls, concerts and Comedy Night, receptions and so much more. We have meeting space suitable for groups of 6 to 700. Rent a room or rent the whole club! Let our Catering and Event Planning staff help you design a great event.

The Regimental Room is a popular venue for wedding receptions, military ceremonies such as promotions and retirements, dances, meetings and more.

The Supper Club is perfect for large events (without the military décor) making it ideal for receptions, balls and formal dinners.

Contact Heather at 706--325-9490, the Benning Club's Caterer for more information and to schedule a tour of our facility.

ENTERTAINMENT



Every day in November, bowl a "turkey" (3 strikes in a row), pay just \$1 for that game.

Sunday Funday offers unlimited bowling for \$12, including shoes from 1 - 8pm.

\$1 Mondays means \$1 for a game and \$1 for shoes...all day.

Mondays and Wednesdays: Enter your name when you come to bowl for a chance to win a free bowling ball. Drawing will be held December 23. Customers may only submit their name on the days they come to bowl.

Wednesdays, extend your lunch for \$2 games and \$2 shoes until 10pm.

Penny – a – Pin on Thursdays lets you pay a penny for each pin you knock down. For example, if you bowl a 154, your game would cost \$1.54. Regular shoe rental prices apply, from 2-10pm.

December Specials



All-You-Can-Bowl December 24 & December 26

Sunday Funday offers unlimited bowling for \$12, including shoes 1-8pm.

Mondays and Wednesdays: Enter your name when you come to

bowl for a chance to win a free bowling ball. Drawing will be held December 23. Customers may only submit their name on those days they come to bowl.

Mondays and Wednesdays, extend your lunch for \$2 games and \$2 shoes until 10pm.

Thursdays is unlimited bowling for \$8, including shoe rental



New Year's Eve Bowling Party

Come celebrate the New Year during our New Year's Eve Bowling Party: Unlimited bowling, party favors and a breakfast buffet 8pm to 1am, the night of December 31, 2019 to the morning of January 1, 2020. There will be raffles for various items throughout the night.

Reservations

- Rent a lane for \$165 (up to 6 guests per lane)
- \$55 for couples, \$30 for singles, \$10 for children under 10

Tickets can be purchased at the Mall Bowling Center and must be presented at event.



BOWLING AND ENTERTAINMENT CENTER



GET YOUR PLAYZONE PASS TODAY

Sunday Fundays is unlimited bowling and shoes for \$12, per person. Don't forget about our **Mad Games**! \$1 during the weekdays and \$1.50 on the weekends.

November Specials

All month BOGO Playzone!

Veteran's Day Weekend Special, November 8 - 10 we have unlimited bowling for \$12, per person, shoes included.

Ladies' Night is November 15! Enjoy unlimited bowling for \$10 person shoes included.

Thanksgiving Specials runs November 22 - 24 with unlimited bowling for \$10 per

person, shoes included.

Black Friday Special is on November 29 and patrons can enjoy \$1 bowling \$1 shoes.

December Specials

Every Wednesday half off Playzone

Couples' Date Night will be December 6 and you can enjoy unlimited cosmic bowling for \$16 per couple, shoes included.

Ladies' Night is December 13! Enjoy unlimited bowling for \$10 person shoes included.

Christmas Special will run December 18 - 22. We will have our 2 for 1 bowling games, \$1 shoes and \$3 playzone special.

INFANTRY BAR

Football playoffs are here and what better way to watch than with your friend, a beer and some "bar food!" Have you tried our newly brewed beers? Stop by the bar Thursday-Saturday and taste some of the best beer on Fort Benning. We also have your favorites, Bud Light, Miller Lite, Samuel Adams, wines and more.

Hungry? We also offer food items to satisfy your appetite, hot wings, burgers, pizzas and even some healthy options like fruit and granola bars.



JOIN US FOR FREE POOL EVERYDAY!



54 GAMING TERMINALS WITH THE NEWEST TECH

NOW OPEN AT THE HARMONY CHURCH AND SAND HILL RECREATION CENTERS!

Featuring state-of-the-art self-service gaming pods with 4K monitors, Xbox One X consoles with 100+ games, custom gaming PCs, and highbandwidth business class internet connections. Prices range from \$5 - \$9 per hour and any unused time can be saved for future use. Game on!

Also located in Building. 2502, 7308 Anderson Street. INSPIRED GIVING

At 1st Division CDC we are role modeling and encouraging our children to give. This opportunity encompassed an enlightening trip, on National Senior Citizen's Day to Orchard View Rehabilitation Center and Skilled Nursing Home where our Preschool class did just that. By collecting donations center-wide from all the classrooms, parents, and staff, we were able to take much needed items to donate to the residents at Orchard View Nursing Home.

Teaching children the importance of social awareness and giving back to the community is vital to ensure they grow to be empathetic, compassionate and caring. It is essential that we create and offer opportunities to the children in our care in an effort to support the understanding of why and how to help others. Children have a natural drive to be kind and generous, and it is on us to nurture their inner motivation for kindness. At 1st Division CDC, we begin by role modeling the behaviors we desire to see in the classroom and explaining why we are kind and generous to others throughout the process. In doing so, our goal is to help our children understand the "golden rule" to treat others as you want to be treated and that they themselves will begin to feel compelled to help others. First, it is important to recognize that their help is actually needed.

Giving nurtures a child's social/emotional skills, which is a part of the learning objectives included in our classroom curriculum. Encouraging giving taps into a child's strong tendency for empathy, something

ж

much needed in the world today. We helped them see the impact of their giving which allows this behavior to grow as they seemed to genuinely enjoy handing out goodies more than receiving goodies themselves. Because of the recipient's joy in response to their generosity, this creates a positive reactions to being kind to others. х

The children in our preschool class of whom are majority a part of a military family, often live separate from their grandparents related to the residents as grandmas and grandpas, much to the residents delight. The residents are always so thrilled by each visit that it has become a quarterly habit, and the children are always so excited to go back. The children amazed staff and residents by their enthusiasm and zeal towards giving to others. Some residents were so moved they wanted to offer something to the children, others simply patiently answered any and all questions asked by our children with a smile. We are always invited back, and eagerly look forward to going and giving more!



STON CDC

KIDS ZONE (CYS)

SCHOOL AGE CARE (SAC)

Kids are out of school, get ready for the big Turkey and Black Friday shopping and bring the kids to SAC for a full week of fun! **Registration September 30 through November 22** at Parent Central, Building 104, Marchant Avenue, or call 706-545-2079.



FALL CAMP: CAMPFIRE THEME

While our campers will experience the rustic camp life by going on nature walks, making s'more's, bird watching, singing and learning campfire songs. Camp Campfire will offer campers the opportunity to enjoy camping activities through art, science, and crafts, a way for children to express themselves and build confidence and self-esteem. Campers will enjoy a field trip to Stone Mountain Park where adventure awaits as they discover a wide variety of family-friendly activities and recreational options, plus many natural and historic sites.

And while you are at it, get ready for the big winter break!

Registration starts November 1 at Parent Central, Building 104, Marchant Avenue. Call 706-545-2079 for more information.



WINTER CAMP: THE POLAR EXPRESS THEME

Camp starts **December 23 through January 3**, hours are 5:30am – 6:30pm. CLOSED federal holidays. Ice skating trips, movies and tons of fun activities will make this winter camp super special. Fee is based on total family income. Sign up starting September 30! Don't miss this great camp!



MIDDLE SCHOOL & TEEN

Middle School & Teen (MST) program offers great entertainment for the older kids during fall and winter break. School is out – don't let the teens sit bored at home! Sports activities, arts and crafts and some fun camp activities provide the youth an amazing school break!

MST provides a **fall and winter camp** for ages 11 through 18, grades 6 through 12, registration at Parent Central starting September 30, Building 104, Marchant Avenue. (Fee is based on total family income). For more information on camp activities offered this year, check benning. armymwr.com.

Fall Break Camp

November 25-29, 7am - 6:30pm

Winter Break Camp

December 23 - 27 & December 30 -January 3, 7am - 6:30 • Closed on Federal holidays



KIDS ZONE (CYS)

YOUTH SPORTS



Basketball:

Registration, November 4 - 29 Ages 5 - 13 • \$45 Season, December 9 - February 27

Kilometer Kids: Registration, December 31 - January 17 Ages 7 - 14 • Free

Ages 7 - 14 • Free Season, February 4 - April 23

Spring Soccer: Registration, December 2 - January 17 Ages 4 - 14 • \$45 Season March 9 - May 16

Baseball and Softball: Registration, December 2 - January 17 Ages 4 - 13 • \$45 Season: March 9 - May 16 Softball ages: 7-11 (females only)

All participants in CYS Sports and classes must be registered at Parent Central and have a current sports physical on file. We need volunteer coaches for CYS Sports – all sports, all ages. No experience needed. For information, call 706-545-1853 or 706-545-0522.



CYS Sports & Fitness/Instructional Program will host a **Major League Baseball Clinic** on November 9 from 11:30am – 2pm. This is a FREE clinic for all children ages 6 13. The clinic takes place at the Youth Baseball Complex (across from Faith Middle School). Registration is mandatory, register starting October 1 until November 1 at Parent Central, Building 104, Marchant Avenue, Mondays – Fridays 8am – 5pm.

The first 200 to register will receive a free T-shirt! All attendees are asked to bring a baseball glove and wear their favorite team jersey. Attending children have to be registered with Parent Central and need to have a current sports physical on file.

CHILD DEVELOPMENT CENTERS (CDC)

MAIN POST CDC

November 4 - 8: Thanksgiving Giveaway (food drive collection non-perishable items)

November 15: 7-8:30am Thanksgiving Brunch for our parents at Main Post

December 13: Holiday Madness (entire center) door contest for all classrooms; children art work on display

Parents of Main Post CDC registered children are welcome to attend their children's events. Please check with the front desk for more information.

SANTE FE CDC

November 12: Career Day! Come dressed in what you want to be when you grow up!

November 13: Book Character Day! Show us your favorite character.

November 14: Mismatched Shoe Day!

November 15: Blast from the Past! Come dressed as your favorite decade from the past.

We're celebrating **Nikolaustag**. On December 6, a German tradition is to put your shoes outside so Saint Nikolaus can fill them with goodies. All our classrooms will be putting their shoes outside for management to fill.

December 16: Flannel Day!

December 17: Snow Day! Wear your blue/ white and sparkles along with your favorite hats & mittens.

December 18: Holiday Character Day. Show us your best elf, reindeer, snowman, etc.

December 19: Candy Cane Day. Wear red, white and stripes!

December 20: Holiday Pajamas!

Parents of Sante Fe CDC registered children are welcome to attend their children's events. Please check with the front desk for more information.

STAY AND PLAY

DESTIN ARMY RECREATION AREA



WINTER GETAWAY

Florida is known for its hot summer weather and endless days of sunshine. But sometimes you need to get away in the winter too! Our winter rates are low but the temperature is not. At the resort, you'll find an all new splash pad, sparkling swimming pool, and an endless ocean to beat the heat. Located just 220 miles south of Fort Benning, roughly a 4-hour drive, you'll find the popular Destin Army Recreation Area. The resort covers 15 acres of shoreline along the Choctawhatchee Bay, just minutes away from the Gulf of Mexico. Open year round and offering quality lodging at affordable rates, the area is open to active duty and retired military personnel, their families and DoD civilians. Visit benning.armymwr.com and search for Destin to make reservations.





STARS & STRIPES HOLIDAY OF LIGHTS REGATTA

Join us the first two weeks of December for one of our early sunset harbor cruises! Enjoy hot chocolate and holiday cookies, as you wrap up under quilts and tour the Choctawhatchee Bay and or Destin Harbor. Near shore in Joe's Bayou, let your eyes enjoy the spectacular homes that are decorated for the holiday season, \$100 for 2 hours.

DON'T WAIT, BOOK YOUR SPRING BREAK AND SUMMER VACATION!

Here are some of our spectacular amenities here at Destin Army Recreation Area:

FISHING PIER – a Florida fishing license is required to use our 300' fishing pier. Crabbing off the pier is popular, although seasonal restrictions apply. Crabbing or fishing is prohibited in the marina basin.

SWIMMING POOL AND SPLASH PARK – 2,500 square feet of fun, with playgrounds and picnic areas along the waterfront.

FITNESS FACILITIES AND RECREATION EQUIPMENT – includes treadmills, TVs, kayaks and paddle boards. The roads surrounding the recreation are safe for running and limited mostly to local residents.

INTERNET SERVICES – a free internet hotspot is located at the Conference Center.

BEACH PARK ACCESS - Our resort is located near the Eglin AFB Beach Park on Highway 98. This park is reserved for military ID card holders. Open season varies. For information, call 850-882-5058.

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Wednesdays Newcomer's Orientation benning.armymwr.com

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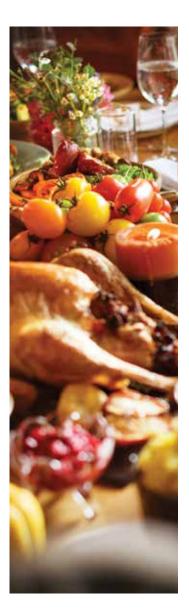
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STAY AND PLAY

UCHEE CREEK CAMPGROUND & MARINA



SPECIALS

Stay seven nights in one of the cabins and pay for only six nights.

Stay three nights in a cabin, pay for only two, when you check in Sunday and check out Wednesday.

For more information, call 706-545-4053.



UCHEE CREEK CAMPGROUND AND MARINA

Nestled on the banks of the Chattahoochee on the Alabama side of Fort Benning, our 385-acre park has RV and tent sites, cabins and chalets, recreation areas, rental facilities, a fishing and boating marina, a paintball park, trails and more.

Our Lodge is a great place to hold a holiday function, SFRG meeting or unit outing! Call 706-545-2063 to make a booking.

The facilities are open to military ID card holders and families visiting Fort Benning for a military graduation or family day. Reserve your stay today!

MCIVER SUITES



McIver Suites offer accommodations perfect for your short or long term visit and great extended stay value for leisure travel, with the comforts of home and the convenience of the office. We offer 1-bedroom suites for \$90 and 2-bedroom suites for \$110, with kitchens, screened porches and sunrooms. The historic McIvers Suites are a golfer's delight, located minutes from the Fort Benning Golf Course and Jack's 19th Hole.

Your stay includes discounts at the following locations:

• Buy one lunch buffet at the Benning Club and get one free (Mondays)

- One 18-hole round of golf for \$16 per day
- 10% off drinks at Java Cafés
- 10% off boat rental at Uchee Creek

• One free game of bowling at Mall Bowling Center or Bowling and Entertainment Center

To reserve your suite, call 706-545-4053.



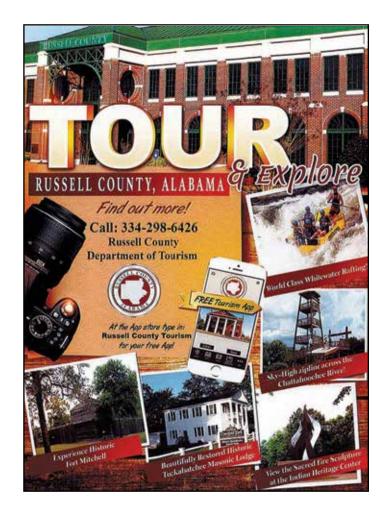


Fort Benning Store-Main Post Mini Mall 103 Ingersoll St. Ft. Benning, GA 31905

706.689.2175 Mon. – Sat. 9 AM – 6 PM Sun. 12:30 PM – 3 PM 2479 Airport Thruway Columbus, GA 31904 706.323.8070

Mon. – Fri. 8 AM – 6:30 PM Sat. 9 AM – 6 PM

30 Years Experience In Custom Shoe Making



REACHING OUT IS A SIGN OF STRENGTH

If you are coping with invisible wounds, you are not alone. There are resources and support available to you and your family. For tips and tools to help you cope with psychological health concerns and strengthen your resilience, visit www.realwarriors.net or call 866-966-1020.

> www.realwarriors.net 855-965-1020

REAL WARRIORS * REAL BATTLES





SEXUAL ASSAULT. SEXUAL HARASSMENT. NOT IN OUR ARMY.

As Army Civilians, we play a vital role in our Nation's defense and to the readiness of our Army. We are committed to upholding the Army Standards of Conduct* and supporting a positive work climate, free from sexual assault, sexual harassment and retaliation.

TOGETHER, THIS WE'LL DEFEND.

"Joint Ethics Regulation, DODD 5500.7-R. Chapter 12, Sections 3.4.5.

Join US: USArmySHARP FF > @ WWW.PREVENTSEXUALASSAULT.ARMY.MIL DOD SAFE HELPLINE: I-877-995-5247 WWW.SAFEHELPLINE.ORG

FORT BENNING GOLF COURSE

COLLEGE FOOTBALL GOLF TOURNAMENT

Come to the Fort Benning Golf Course **November 15** at noon and represent your team to win the tournament. This is a 2-person scramble, \$40 per player. Everyone is encouraged to decorate their cart with their favorite team and cheer them on! Register your team by calling 706-545-0397.





COMMANDING GENERAL'S GOLF SCRAMBLE

Form your best team and test your golf game in the monthly CG's Golf Scramble, **November 22 and December 13**. Register your team of four by calling 706-545 0397. Entry fee is \$40 per player and includes cart fee, green fee and lunch. Start times are at noon.



It's the perfect time of year to stock up on all your golf apparel. Stop by the Fort Benning Golf Pro-Shop December 1 – 20 for our Christmas Sale. Buy any apparel item in the shop for a chance to receive a special discount off your purchase.

A great place to have a get-together after work. The 19th Hole can easily handle 60-80 people and there is no charge until 3pm. After that, the charge is \$50 per hour as long as the 19th Hole is patronized. We also have the clubhouse and pavilion that can be rented for larger and more private functions. Call Lenard Patrick at 706-545-0397 for more information.



PATTON RECREATION AREA

Introducing the new Patton Recreation Area! Walking and running trails, an 18-hole disc golf course, and an 18-hole foot golf course- all new this fall at Fort Benning! These new facilities will encompass the golf course lake (which will soon offer new fishing opportunities). Plans for Patton Recreation Area will continue to expand as adding park benches, picnic tables and pavilions are in the works for the future. Swing by the new Patton Recreation Area to pick up a round of disc golf or to explore the newly marked running trails!

MWR BINGO



Purchase a Regular Admission Pack for \$9, receive a free **Birthday Pack**. Birthday packs must be used the day before your birthday, day of or the day after. No exceptions.



REGULAR BINGO SESSIONS

Guests must be 18 years or older to play. A Regular Admission Pack for \$9 must be purchased in order to play. All Guests must have a VIP Players Club Card in order to play. First time? Don't worry. After initial purchase, a VIP card will be issued to you at no additional cost. Cards lost will have a \$5 cost associated with your purchase to replace it. Players who have forgotten their cards, will be issued a new one and charged \$5. First-time players will receive a free Regular Admission Pack with initial purchase. Offer is not valid on Super Bingo Sessions. Already a VIP Players Club Member? Bring a first-time guest, you and your guest will receive a Free Regular Admission Pack with your purchase on paper or on an electronic machine. Not into playing with the traditional paper cards, well try your luck at our Electronic Machines. We have a wide range of Electronic Machine packs to choose from, ranging from \$24 to \$115.

SUPER BINGO SESSIONS

Join us on the **1st Saturday of every month** to play in the largest bingo of the month! Come out on November 2 for a chance to win a guaranteed payout of \$5000 and two payouts of \$1199. Join us for the last Super Bingo of the year December 7 for a chance to win \$10,000. Doors open at noon and games begin at 1:30 pm. A minimum purchase of a Regular Admission Pack of \$18 is required in order to play. Regular Admission Packs include 8 games of 6 cards per sheet. Additional specialty cards can be purchased on the floor for cash only. Not into the traditional paper cards? Well try your luck at our Electronic Machines. We have a wide range of Electronic Machine packs to choose from, from \$54 to \$250. Players will also receive a free ticket to enjoy a free buffet and as long as you are a VIP Player Club Member, you will automatically be entered into the drawing to receive door prizes.

WEEKLY PROMOTIONS

Join us on Tuesdays to receive a free Regular Admission Pack of 8 games and join us on Half Off Fridays to receive half off on your Electronic Machine game packs.

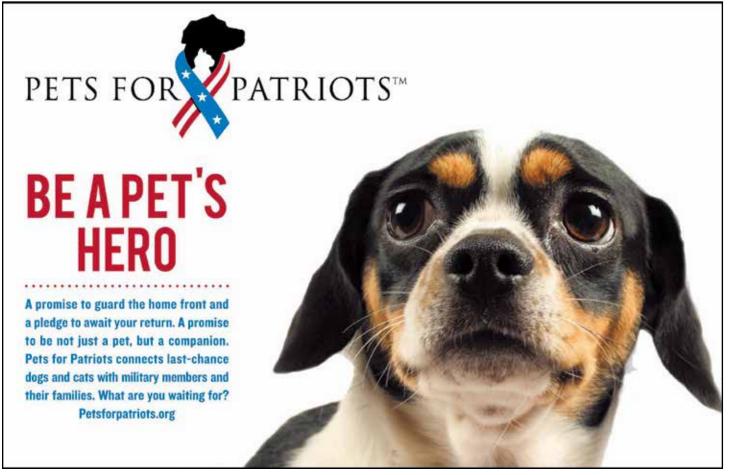
RECREATIONAL SHOOTING COMPLEX



TURKEY SHOOT

Join Fort Benning Recreational Shooting Complex 5 - 6pm on **November 9** for the Turkey Shoot. Participants, \$15 per person, may shoot up to 5 shots (per person) at a turkey target. Winner determined by closest shot to center.





OUTDOOR RECREATION (ODR)



HOWL-O-WEEN

This free event 4:30 - 6:30pm on **November 1** includes canine costume competitions and agility contests. The event will be held at Zuckerman Avenue. All dogs must be registered at the Vet Clinic. For more information, call 706-545-7978.



HELP THE HOOCH

MWR Outdoor Recreation and the Fort Benning Environmental Management Division have partnered to host Help the Hooch, 8am - noon on **November 7**. Volunteers are needed to help us clean the ponds, creeks, and rivers on Fort Benning. A "thank you" lunch and a T-shirt will be provided for volunteers but they must register for the program to receive. Register by visiting benning.armymwr.com.

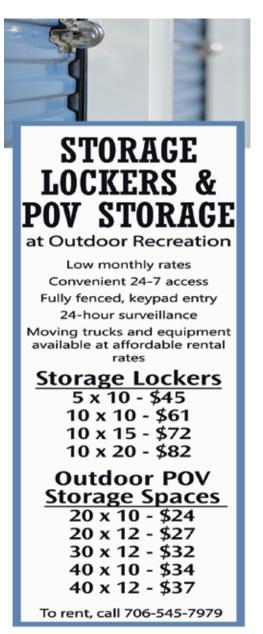


DAY HIKE

Join Outdoor Recreation for a leisurely day hike at Chewacla State Park 9am - 2pm, **December 7**. \$15 fee includes park fees, a snack, guide, and transportation there and back. Open to military ID cardholders only. To register, call 706-545-7978.

WARRIOR ADVENTURE QUEST

Warrior Adventure Quest (WAQ) is an Army RESET training tool designed to introduce Soldiers to activities that serve as alternatives to aberrant behaviors often associated with accidents involving recently re-deployed Soldiers. This tool presents coping outlets to help Soldiers realize their own new level of normal after deployment and "move on" with their lives. WAQ combines existing MWR Outdoor Recreation high adventure activities (paintball, zip lining, go karting, white water rafting, and trap shooting) with a leader-led after action debriefing tool developed by Army Medical Department Center and School. For more information, call 706-366-3338.



RECREATION CENTER

MAIN POST RECREATION CENTER



Coming this November to the Main Post Recreation Center: **TOPGOLF SWING SUITE!** The Topgolf Swing Suite will feature 2 simulator bays and a variety of virtual games including the popular Topgolf target game, Zombie Dodgeball, Hockey Shots, Baseball Pitching Carnival Classic and more - paired with comfortable lounge seating, HDTVs and snack bar service.

The Main Post Recreation Center is conveniently located on Sightseeing Road., within walking distance of Airborne School, 75th Ranger Regiment and Task Force 1-28. We offer a computer lab with 20 computers, a movie room, two game rooms, pool tables and a snack bar. Hours of operation are Monday-Thursday, 11am - 10pm , Friday-Saturday, noon - 11pm and Sunday, noon - 9pm.

SAND HILL RECREATION CENTER

Join us at the Sand Hill Recreation Center. Bring the family! We have free WiFi, movie rooms, eight billiard tables, foosball, air hockey, table tennis, board and video games. We have a free computer lab with 29 computers. More than 400 movies to watch in our three movie rooms or on the big screen in our auditorium. Got a craft you would like to volunteer to teach? Give us a call and your suggestion. Look for us on MWR Facebook for upcoming craft classes. Use our large screen and projector for family day activities, classes, briefings or parties. Eat on site at SUBWAY for a healthier food selection. Soldier Photos, LLC is also located on site. RECON (sports wear) on site Wednesdays and Thursdays 11am - 2pm.

HARMONY CHURCH RECREATION CENTER

We also host a free **pool tournament** at 2pm the second and fourth Saturday of each month. These are open to all MWR patrons, but participants must register by 12:30pm. For more information, call 706-626-1265.

We offer

- Free Wi-Fi, PS3, PS4, XB1, XB360 and weekly theater night with more than 800 titles.
- Flat breads and wraps in our snack bar!
- Movies at 6pm Fridays.

The Harmony Church Recreation Center is located in Building 4203 on Old Cusseta Highway (turn into the Troop Medical Center parking lot, the recreation center is on the left.) The center is open to all MWR patrons, and there is no charge for admission.

EQUIPMENT RENTAL



Need some help during the holiday season? Outdoor Recreation has what you need from ladders (to hang Christmas lights) to fire pits and catering equipment for holiday parties!

	Daily	Add. Day
6 ft - 10 ft Step Ladder	\$5	\$2.50
10 ft Extension Ladder	\$7.50	\$3.75
Log Splitter	\$50	\$25
Firepit (wood not included)	\$8	\$4
Chafing Dish	\$20	\$10
Beverage Insulated Cooler	\$8	\$4
Chiller Table	\$15	\$7.50
Chiller Table Topper	\$15	\$7.50



Join us at Fort Benning, Georgia for a unique multi-gun shoot. Fort Benning's Directorate of Family and Morale, Welfare and Recreation (MWR) and the United States Army Marksmanship Unit (USAMU) partner up for this first class event! USAMU Soldiers from all shooting disciplines serve as our range officials. Where else can you interact with World Champions and Olympians as they oversee the competition? No where else! 100% of the proceeds from this event help to keep Fort Benning's Recreational Shooting Complex an affordable option for Soldiers, their families and veterans. Come out and watch some great marksmanship.



For more information on the event, visit benning.armymwr.com/programs/fort-benning-mulit-gun-challenge.

RENTAL VENUES on Fort Benning



MWR's goal is to offer Soldiers and their Families desirable social and recreational opportunities. Our facilities are available to support mission-related functions when their use does not preclude authorized MWR patronage.

We offer many locations to host your next Soldier and Family Readiness Group meeting, unit function, hail and farewell and more! Our event planner will make all your special events memorable and affordable. Whether you are planning for 10 guests or 1,000, our planner will find a suitable location, formal or informal, indoors or out, and arrange for entertainment, food and lodging. Call our Catering Office for availability and pricing at 706-545-0935 or 706-325-9490.

No rental fees required for the following facilities:

Patch Hall • Twilight Pavilion Milton E. Long Library Harmony Church Recreation Center Russ Pond Pavilion Kings Pond Pavilion Bouton Heights/Davis Hill Outreach Center Survivor Outreach Services Building Please Note: For non-military events, call our Catering Office at 706-325-9490.

Rental fees required for the following facilities:

Bowling and Entertainment Center Benning Club • Mall Bowling Center Infantry Bar • Supper Club Golf Course (Ballroom, Club House or Pavilion) Sand Hill Recreation Center Sand Hill Clubhouse Uchee Creek Campground & Marina Destin Army Recreation Area Breezeway Complex (Bar & Lounge, Patio or Pool) Wetherby Field

Guidelines for Venue Rental

1. Contact the DFMWR facility you want to use to verify cost and availability of service/space and rental fees, if applicable.

- 2. Deposit required for room and equipment fees at time of booking.
- 3. Payment required for food/beverage (meals) due at least 7 days prior to function.

4. Units needing assistance with Unit Funds may contact our Financial Management Branch at 706-545-2448.

SERVICES

AUTO SKILLS CENTER



One of the Army's largest auto repair centers, with 42 bays, the Fort Benning Auto Skills Center employs certified mechanics and training instructors who stand ready to help you repair or customize your car. You-do-it customers have on-site access to a free computer program that provides easy-to-read, step-by-step instructions on every kind of repair imaginable. It will also tell you what parts you may need to purchase and what you should expect to pay for them. You'll likely find them in stock at the Auto Skills Center, priced less than you'll find off post, and tax free!

For those without the time or inclination to make repairs themselves, the Center offers the same mechanical services one might find off post, such as tune-ups, around the clock towing, brake inspections and repairs, tire services, air conditioning checks and charges and so much more, at prices less than you would pay elsewhere.



The staff at the Center makes themselves available by appointment for classes and demonstrations for Scout groups, SFRGs and more. To schedule a class, a free vehicle safety inspection or a pre-purchase inspection, call 706-545-2337.

Take 10 years off your vehicle. Fort

Benning's Auto Skills Center offers a service to remove the 'cataracts' from your headlights and restore their luster for only \$40. Replacing your headlights costs more than \$300. Why spend that much money if they work perfectly fine? Unlike those spray applications folks offer at your local shoppette or gas station, restoration removes the damage, it doesn't cover it up. Your like-new headlights will last for years. Call 706-545-2337 for more information.

CAR WASH



\$1 CAR WASH SPECIAL

December is \$1 car wash month! Enjoy this special at one of our three locations, Harmony Church (under the water tower), Mall Car Wash (next to Commissary) and Main Post Car Wash (next to Auto Skills).

No code is needed, just select "Express Wash" at the drive up.





We have everything you need for customized needs! 3270 2nd Infantry Division Road • 706-682-0730

SERVICES

TICKETS & TRAVEL



Contact Tickets and Travel 706-626-7644 to find out how you can unlock this amazing world beyond your imagination, Callaway Gardens Fantasy in Lights. Tickets and Travel is located at 9230 Marne Road Commissary Mall, your one stop shop for all your attraction and vacation needs.



DON'T MISS THIS GREAT DEAL!

We're saluting U.S. military personnel by offering Walt Disney World Resort promotional theme park tickets!

Choose between a Disney 4-Day Military Promotional Ticket or a 5-Day Military Promotional Ticket. The Park Hopper Option is included, so you can come and go as you please at all 4 theme parks each day of your ticket! If you're looking for a little extra magic, add the Park Hopper Plus Option for \$50 more, plus tax. The promotional tickets below are available for purchase:

Purchase 5-Day Military Promotional Tickets now through December 15, 2019 and 4-Day Military Promotional Tickets now through December 16, 2019. Receive admission for 5 days or 4 days when you visit by December 19, 2019.

LAUNDROMAT



You can clean just about anything, including your TA-50, at the Main Post Laundromat, with 29 heavy duty washers, up to 80 pounds capacity, 51 single load machines and 44 commercial dryers.

Unit laundry parties can be facilitated between 10pm and 8am by appointment. More more information, call 706-545-3398.

DOG WASH

Attached to the Main Post Car Wash, our doit-yourself, climate controlled dog wash is the first of its kind on a U.S. military installation. You may use your credit card or the reloadable MWR Car Wash Card for washing, drying and, flea and tick bathing options. Open 24/7.



RECOMMENDED WINTERIZING TIPS FROM AUTO SKILLS:

Climate changes don't affect just you—they also affect your car! The winter months, although mild in this region, can be hard on your vehicle. Cold temperatures, dirt, and residue can all cause problems. However, there are some simple checks and maintenance items you can do that will help your vehicle stay in top condition.

1. Good visibility. If your wipers are leaving streaks of water on the windshield, or if the wiper-blade rubber shows any signs of cracking or stiffness, replace them with a new set. Be sure to keep your windshield wiper fluid reservoir full with a washer solution that contains antifreeze agents to prevent it from freezing.

Check all the lights on your vehicle to ensure they are properly working and are cleared of snow and ice. This will optimize your visibility at night and other motorist's vehicles lights motorists will be able to see you.

2. Check your Cooling System. The antifreeze protects your engine from both freezing in cold weather and heating up on hot days and also helps to cut back on the corrosion in the cooling system. It is important to keep the cooling system full with equal parts 50:50 ratio of water/antifreeze mixture which is considered the norm and will keep the antifreeze from freezing at temperatures as low as -34 degrees Fahrenheit.

3. Check your Hoses and Belts. Extreme cold can cause rubber parts to become brittle and fail. Have your belts and hoses inspected. If something snaps or breaks while you're out on the road, a tow truck may be the only way to get moving again at that point.

4. Keep the Gas Tank Full. Running out of gas in freezing weather conditions would not be good. Not only is it helpful to have fuel in the case of bad weather but it helps to prevent moisture from building up in the fuel lines.

5. Keep the Battery in Good Shape. Car batteries typically last from 3 to 6 years. Winter months are harder on your vehicles engine and this puts an extra strain on the vehicles battery. Visually inspect the battery for a white or blue/green powdery substance

around the battery terminals this indicates corrosion, look at the terminals themselves, check to see if they are cracked loose or broken and repair or replace as necessary. A lot of batteries these days are known as maintenance free which means that they can only be cleaned/tested, other batteries have cell caps which can be removed and distilled water can be added if needed to bring the liquid level to full. Having the battery, starting and charging systems checked before the winter season begins is a good idea.

6. Check your Defrosting and Heating Units. When our windshield fog up in the winter time it is because moisture from inside the vehicle condenses on the glass and as you know makes it very difficult to see. Defrosters solve this problem by blowing warm, dry air over the glass. If the heater in the vehicle does not blow warm, there may be a problem with the heater core or climate control system and needs to be checked/repaired before winter.

7. Check Tires and Spare. Your Tires and their condition are always important but particularly during winter time driving, Ensure that the Tire Pressures are what the manufacture has recommended in the owner's manual, this info is usually also found inside the driver's door on a small sticker. The tread on deflated tires close up and significantly decrease traction, which can increase the likelihood of sliding on icy patches. If you live in areas that get significant amounts of snow/ice, purchasing snow or winter tires will offer improved traction, braking and control.

8. Keep an Emergency Kit. Always travel with an emergency kit in your vehicle as an emergency situation can happen at any time. The kit should include bottles of engine oil, washer fluid, antifreeze, an ice scrapper, flash lights, a flare, jumper cables, first aid kit a blanket, an extra pair of gloves, boots and maybe even an extra jacket and most important food and water.

Drop off repairs: Weekdays: 730am-330pm, closed holidays Do-it-yourself: Wednesday through Sunday: 11am-7pm, closed holidays

TICKETS FOR TROOPS

GIVE SOMETHING TO THOSE WHO GAVE

BECOME A MEMBER - DONATE - SPONSOR VETTIX.ORG

SPORTS & FITNESS

FITNESS CLASSES



The holidays are here which means extra food will be floating around the office and yummy treats. What better way to stay in shape than with Smith Fitness Center and Audie Murphy Athletic Performance Center We offer a variety of classes to help you get in shape and stay in shape! The cost is \$25 per month for unlimited classes or \$3 per class.

Some of our newer classes we offer are:

N2 Circuit: This full-body, high energy circuit training class incorporates functional movements for strength and cardio gains. Exercises will be performed in rotation with minimal rest while utilizing a variety of fitness tools such as battle ropes, barbells, and kettle bells, (to name a few). Workout changes every week!

Intro to Kettle-bell Lifting: Teaches the safe performance of the basic hard-style kettle bells lifts (swings, cleans, presses, squats, get-up) required to participate in the kettle bell strength & conditioning class.

Kettle bell Strength & Conditioning: A total body, low-to-no impact High Intensity Resistance Training workout to improve cardiovascular performance, strength, power, coordination and fat burning. Attending the Intro to Kettle-bell Lifting class is highly recommended for those new to kettle bells.



COMMANDER'S CUP BASKETBALL

Coaches Meeting will be at 1pm on **November 19** at Doughboy Stadium, Tower 2. Please bring your AAA-162 to the meeting.



5K RUN SERIES

MWR Sports hosts a 5K Run Series including five races: Ugly Sweater Run, 4 Legged Love Run, Bunny Run, Run to Remember and Summer Soaker.

Each race earns participants one part of a five-medal set. The cost is \$15 per race for adults and \$10 for kids 5 and younger. (Mom and Dad can run with kids for free, or kids can run with parents free, no medal will be issues for participants who do not register. Courses are stroller friendly.) Register for one race at a time by visit benning.armymwr.com. For more information, email haley.c.ryan.naf@mail.mil. The first 250 to register for each race will receive a T-shirt (size not guaranteed).

UGLY SWEATER 5K RUN

It's the merriest 5K of the year! The Ugly Sweater Run kicks off the 5k Run Series at 9am **December 14** at Doughboy Stadium. Dig out the best/ugliest/most original holiday sweater you can possibly find and get your friends and running shoes for a fun race! Registration will be at benning.armymwr.com. The cost is \$15 for ages 6 and up and \$10 for ages 5 and under.

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ARMY COMMUNITY SERVICE

Army Community Service	706-545-4043
Patch Hall, Building 7, 7117 Baltzell Avenue	
Employment Readiness, Exceptional Family Member, Finan	cial Readiness,
Information and Referral, Relocation, Army Emergency Relie	ef
Army Community Service	
Building 359, 7021 Ingersoll Avenue	
Survivor Outreach Services	706-545-2989
Family Advocacy Program	706-545-3202
Lewis Hall, Building 36, 7131 Richardson Circle	
Military Family Life Consultants	706-566-1033
Building 359, 7021 Ingersoll Avenue	

CHILD & YOUTH SERVICES

CHILD DEVELOPMENT CENTERS (CDC)

1st Division CDC	706-545-6656
Building 1051, 7191 1st Division Road	
Indianhead CDC	706-626-0673
Building 2389, 6351 Indianhead Road	
Main Post CDC	706-545-3732
Building 1366, 7000 Yeager Avenue	
McGraw CDC	706-544-1758
Building 11306, 8220 Custer Road	
Sante Fe CDC	706-544-2339
Building 9242, 7151 Hoff Street	
Family Child Care Building 1051, 7191 1st Division Road	706-545-7945
Middle School & Teen	706-545-3070
Building 1055, 7110 McIver Street	
Parent Central Services	706-545-2079

Building 104, 6880 Marchant Avenue	
School Age Care	
Building 2653, 7502 Ingersoll Street	
School Liaison Officer	
Building 85, 6850 Barron Avenue	
Youth Sports	706-545-0522
Building 1056, 7110 McIver Street	

DINING & PUBS

Benning Club Catering Building 128, 7010 Morrison Avenue	706545-0935
Destiny Dogs Building 2785, 6530 Eckel Avenue	706-685-4466
El Zapata Building 2784, 7611 Sightseeing Road	706-689-9009
Infantry Bar	706-545-8426
Building 2784 , 7611 Sightseeing Road,	
Jack's 19th Hole	706-545-0397
Building 390, 390 Baltzell Avenue	

JAVA CAFÉS

Main Post	706-626-0232
Building 1685, 1685 Gaudette Street	
Harmony Church	706-626-2971
Building 4102, Jamestown Road	
Ridgway Hall	706-545-3938
Ridgway Hall, Building 35, 35 Ridgway Loop	

Mall Bowling Center Snack Bar Building 9232, 8140 Marne Road	.706-682-7781
Smoothie King Building 2874, 6835 Dixie Road	706-685-8200
SUBWAY	
Main Post	.706-687-8274
Building 2502, 7308 Anderson Street	
Sand Hill	.706-687-4919
Building 3308, 5300 41st Infantry Regiment Street	t
Zaxby's	706-683-0066

DFMWR ADMINISTRATION

Business and Recreation Division Building 85, 6850 Barron Avenue	706-545-7357
BOSS	
Child & Youth Services	706-545-6811
Building 85, 6850 Barron Avenue	
Director	
Building 85, 6850 Barron Avenue	
Deputy Director	
Building 85, 6850 Barron Avenue	
Marketing & Sponsorship	
Building 85, 6850 Barron Avenue	
Support Management Division	706-545-4937
Building 85, 6850 Barron Avenue	

FITNESS CENTERS & AQUATICS

Aquatics	706-545-1400
Building 394, Lauber Street	
Audie Murphy	706-545-1940
Building 2818, 6561 Way Street	
Breezeway	. 706-545-1687
Building 117, 7190 Muir Street	
Kefurt	. 706-544-4511
Building 9001, 8710 Watkins Street	
Santiago	. 706-544-9486
Building 3350, 5310 23rd Infantry Regiment Stree	t
Smith	. 706-545-4388
Building 2874, 6835 Dixie Road	
Whittington High Performance Center	706-544-7528
Building 4303, 7098 Old Cusseta Highway	

RECREATION

Destin Army Recreation Area	850-837-6423
557 Calhoun Avenue, Destin, Florida	
Bowling and Entertainment Center	. 706-545-4272
Building 2785, 6530 Eckel Avenue	
Fort Benning Golf Course	. 706-545-0397
Building 390, 390 Baltzell Avenue	
Drop Zone	706-587-4040
Building 2502, 7308 Anderson Street	
Harmony Church Recreation Center	. 706-626-1265
Building 4203, 6986 Old Cusseta Highway	
Main Post Recreation Center	. 706-545-8205
Building 2784, 2784 Sightseeing Road	

Mall Bowling	706-682-7781
Building 9232, 8140 Marne Road	
McIver Suites	706-545-4053
McIver Street	
MWR Bingo	706-544-1964
Building 93, 6870 Wold Avenue	
Outdoor Recreation	706-545-7978
and Equipment Resource Center	
Building 1707, 7310 Gillespie Street	
Recreational Shooting Complex	706-545-6158
Building 2975, 7839 1st Division Road, Coursen Ra	ange
Sand Hill Recreation Center	706-544-9161
Building 3308, 5300 41st Infantry Regiment Street	
Uchee Creek Campground & Marina	706-545-4053
7 Uchee Creek Road	

SERVICES

Auto Skills Center
Car & Dog Wash Facilities
Dog Wash, Building 105, Marchant Avenue Harmony Church Car Wash, Building 4101, Jamestown Road Mall Car Wash, Building 9231, Marne Road Main Post Car Wash, Building 105, Marchant Avenue
Laundromat
Building 1683, 6900 Gaudette Avenue
Milton E. Long Library
Building 2783, 6529 Eckel Avenue
NAF Property 706-545-3751
Building 2384, 7701 Prussman Street

Soldier Photos	706-685-2222
Building 3308, 5300 41st Infantry Regiment Street	
Tickets and Travel	706-626-7644
Building 9230, 9230 Marne Road	

OTHER AGENCIES

Lodging, Abrams Hall	
Military Police	706-545-5222
Post Operator	706-545-2011
Recon Sportswear	706-682-0730
Veterinary Services	706-545-1127



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FORT BENNING RECYCLES

Acceptable Items **For Recycle**

- Office Paper
- Brown Bags
- Aluminium Cans
- Magazines
- Manuals
- Colored Paper
- Junk Mail

- Steel Cans
- Cardboard
- Shredded Paper
- Manila Folders
- Plastic (1-7 Containers)
- Newspapers
- Phone books

 All of the above items can be placed in your blue 8YD recycle container that is collected on Wednesday.

 Cardboard can also be empty pizza boxes (no grease), cereal boxes, snack boxes, etc.

44 | On the Go | benning.armymwr.com

Unacceptable Items **For Recycle**

- Styrofoam
- Chip Bags
- Food Items
- Garden Hoses
- Hygiene Products Plants/Dirt
- Napkins
- Candy Wrappers
 Diapers
- Cigarette Butts

 All of the above items are considered trash. Trash causes contamination to recycle loads.

Cartridges

- Glass Textiles
- Paper Towels
- Snack Wrappers
- Wood
- Used Toner



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Sand Hill Rec. Bldg. 3308; 30th AG Sand Hill Bldg. 3010; WTC Harmony Church Bldg. 4159;

Harmony Church PX Bldg. 4308; CRC Harmony Church Bldg. 4747;

Kelly Hill Shopette Bldg. 9177; Dixie Rd. Shopette Bldg. 2650, WTB Bldg. 2644;

Subway – Airborne School Bldg.2502; RASP Parking Lot Sightseeing Rd. Bldg. 2821;

Ranger HQ Bldg. 2831 (inside Brown Fence); Custer Rd. Shopette Bldg. 10598;

Gavin Hall Bldg. 96; Harmony Church Rec. Bldg. 4303; WHINSEC Bldg. 396;

Main PX Refill Pharmacy Entrance Bldg. 9220; New MACH Main Hospital Entrance;

National Infantry Museum (NIM) Main Entrance; Abrams Hall Ingersoll St. Bldg. 1670

706-324-3939

For details, call or visit our website at

www.groometransportation.com/ft-benning

2800 Harley Court, Columbus GA 31909

A portion of all Ft Benning sales are donated to Ft Benning's Department of Morale, Welfare and Recreation.

All schedules subject to change without notice, limited services on Christmas Day, contact local agent for details.



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