



Fort Benning, Home of the MCoE

MAY CARE SIGACTS



MAY



Fort Benning, Home of the MCoE

- **3 May** **St. George Ball**
- **8 May** **National Day of Prayer**
- **11 May** **Columbus Lions Military Appreciation Night**
- **12 May** **Mother's Day Brunch**
- **13 May** **1/50 IN CSM COR**
- **16 May** **4TH RTB COC**
- **18 May** **Run To Remember**
- **21 May** **SFAB 6xBN COC**
- **21 May** **Monthly Retirement Ceremony**
- **22 May** **199 IN BDE CSM ROR(T)**
- **23 May** **Columbus Chamber of Commerce Military Appreciation Breakfast**
- **23 May** **1/507TH CSM COR**
- **24 May** **Father Daughter Ball**
- **24-27 May** **Memorial Day TNG/FED Holiday**
- **27 May** **Memorial Day Ceremony**
- **27 May** **NIM Paver Ceremony**
- **28 May** **5-15 CAV CSM COR**
- **29 May** **1-46 IN CSM COR**
- **30 May** **194 AR BDE CSM AOR**
- **30 May** **Golf Scramble**
- **31 May** **5TH RTB COC**



JUN



Fort Benning, Home of the MCoE

- 2 Jun Braves Salute to Service
- 3 Jun 2-11 IN COC
- 4 Jun 30 AG COC
- 5 Jun GC COC
- 6 Jun 199 IN CSM AOR
- 8 Jun Gold Star Fathers Event
- 10-14 Jun Vacation Bible School
- 11 Jun 3-11 IN COC
- 11 Jun 5-15 CAV CSM AOR
- 12 Jun 2-19 IN COC
- 12 Jun 1-16 CAV CSM COR
- 14 Jun Maneuver Ball
- 17 Jun 199 IN COC
- 18 Jun 5-15 CAV COC
- 19 Jun NIM 10TH Anniversary
- 19 Jun 3-16 CAV COC
- 20 Jun 1-46 IN COC
- 20 Jun CID COC
- 20 Jun 6TH RTB COC
- 21 Jun RIA/GRAD
- 27 Jun 194 AR COC
- 27 Jun Hail & Farewell
- 28 Jun WHINSEC COC
- 28 Jun FB Gold Scrambel
- 29 Jun MCoE Independence Day Celebration

Family Fun

at Twilight Pond

March 23 | April 20 | May 18
1PM-7PM

A FREE family fun day!
Outdoor Recreation provides
FREE canoes, kayaks, games
& activities.

To register or for more
info, call (706) 545-7978.



FUN

5K RUN SERIES

HEALTHY ARMY COMMUNITY

UGLY SWEATER
RUN



Ugly Sweater Run
December 8, 9am at Doughboy Stadium

RUN WITH YOUR BEST
4 LEGGED
LOVE



4 Legged Love Run
February 16, 10am at Dog Park
by CYS fields

BUNNY
RUN



Bunny Run
April 13, 8am at Doughboy Stadium

**RUN TO
REMEMBER**



Run to Remember
May 18, 8am at Doughboy Stadium

BACK TO
SCHOOL
RUN



Back to School Run
August 3, 8am at Doughboy Stadium.

\$15
each race

\$15 for ages 6+ | \$10 ages under 5
No refunds

Register at Smith Fitness Center or on Active.com
register for each race individually

Finisher medal for all PAID entries

5 piece medal race series. each race you will receive 1 piece, collect them all to see final design

Stroller friendly course | No awards given

For more info, visit benning.armymwr.com
For questions, email lori.m.smith38.naf@mail.mil

healthy
army



CYS Sports &
Instructional Programs

Volunteer Coaches Needed



Youth Sports Coaches needed
for the following sports:

Wrestling
Basketball
Soccer
Baseball
Track

Ages 4-15
(depends on sport)

Practice twice a week and
games on Saturday morning.
Total commitment is no more
than 6 hours a week.

If interested, call the Youth Sports Office at
706.545.0522 or come in to building 1056.





IT'S WHAT WE DO

IT'S
WHAT
WE
DO

ARMY EMERGENCY RELIEF ANNUAL CAMPAIGN

MARCH 1 - MAY 15

Army Emergency Relief campaign is to ensure EVERY Soldier understands the types of assistance AER can provide. Funds are made available to assist soldiers (active and retired) and their dependents when there is a valid need.

Contact your Unit Project Officer, the Fort Benning AER office or go to www.aerhq.org/Donate to make a donation. For more info, call 706-626-0290 or 706-545-3530.



SCHOOL AGE CENTER

CAMP COURAGE

**REGISTER
TODAY**

Parent Central,
Building 104,
Marchant Ave

CAMP

May 28 - August 2
5:30am-6:30pm

*Fee is based off
total family income*

**CAMP COURAGE IS 10
WEEKS OF SUMMER FUN!**

themed based weeks

field trips

camp shows

art & crafts

pool trips

and much more!

**For more information,
call 706-545-2079.**





REGISTER TODAY!

Parent Central, Building 104, Marchant Avenue

Fees are based on total family income

CAMP DATES

May 28 - August 2 • 5:30am-6:30pm

Camp Courage 10 weeks of summer fun will have theme based weeks. The themes generally applies to special guest speakers, field trips, weekly camp shows or other special events, arts & crafts and other activity projects. Weekly pool trips will be offered to campers on various days. (For Kindergartners we will offer a SAC splash pad). *Field Trips are included in weekly attendance fee which is determined by family's income, more information on fees will be provided by the Parent Central team.*

Once you registered your child for Camp Courage, an orientation at SAC is mandatory for your child to be able to attend the summer camp. Call 706-545-3605 for more information and to find out which day orientations are scheduled.

Meet & Greet will be held on May 28.



SCHOOL AGE CENTER



CAMP COURAGE

10 WEEKS of SUMMER FUN!



For more information and to register,
call 706-545-2079.

CAMP WEEKLY THEMES

WEEK #1: FORT BENNING'S HIDDEN TREASURES!

MAYBE OR MAYBE NOT? – But that doesn't mean you can't start one. Excite your campers' inner Indiana Jones and spend a treasure-themed day in search of The Holy Grail.

SCAVENGER HUNTS GALORE – We are sending our campers on a scavenger hunt around the camp in search of treasures of nature.

GEOCACHING FOR TREASURES – We are setting up a geocaching course and let our campers put those GPS units to work.

WEEK #2: ADVENTURE LAND

Get ready to blast off! Got a desire for lunar learning? Blast off into this fun and activity-filled week of learning about the solar system. Campers will let their imaginations soar while learning about the planets, stars, and the moon. They will also build and name their very own spaceship to carry them to the moon and beyond! *Grades 3rd – 5th will visit the Tellus Science Museum-Cartersville, Grades 1st and 2nd will visit Macon Arts & Science Museum-Macon, Grade: Kindergarten will visit the Coca-Cola Space museum.*

WEEK #3: ONLY IN YOUR STATE DAY

This camp week will provide young people with a chance to explore new places away from home. But sometimes, that adventure doesn't get much further than the welcome gate. Why not bring your state to them? Take campers on a tour of the sights, sounds and oddities of the state you call home. *Kindergartners will visit The Little White House/Birds of Prey Exhibit. Grades 1st – 5th will visit DeSoto Caverns.*

WEEK #4: ANIMAL PLANET WEEK

Get WILD this summer! Learn about different animals, play animal themed games, create animal art, and explore cool colorful critters from around the world. *Grades Kindergarten – 2nd will visit Chehaw Park, Grades 3rd – 5th will visit the Atlanta Zoo.*

WEEK #5: ROCK STAR EXTRAVAGANZA

Campers will shine during this week of creativity! Come join us for a camp full of karaoke, dance, theater, drama, and talent! Friday activities will be a concert with skits, music, talent shows and performances by the campers.

WEEK #6: PARTY IN THE USA

This land is your land, this land is our land...during Star Spangled Banner week we will participate in activities that celebrate our country. Take pride in our land and cultures, from everything red, white and blue, hometown heroes to celebrating national monuments and landmarks across the nation – we have so much to celebrate including the youngest heroes – YOU! *Campers: Grade Kindergarten will enjoy a field trip to the Family Entertainment Center, Grades 1st and 2nd will go to Hollywood Connection, & Grades 3rd – 5th will visit Stars & Stripes.*



WEEK #7: BEAT THE HEAT

Enjoy the summer heat with wacky water fun! Come ready to get wet and enjoy swimming, water games, relays, water balloons and team competitions. *This week Kindergarten campers will travel to Flint River Aquarium and Grades 1st – 5th will visit Rigby's Water World.*

WEEK #8: FULL STEM AHEAD

Come explore your inner scientist! This week will be full of ooey gooey fun, interactive science experiments, and hands-on activities. *This week all campers (Kindergarten till 5th Grade) will go on a Field Trip to Math Mind at Newnan.*

WEEK #9: BACK 2 SCHOOL BASH

Variety of missions, activities and games happen throughout the week. This week will include "Minute to Win It" challenges, soccer games, water balloon toss, and tug-a-war! Campers and staff will face off in the most exciting challenges ever! *Field Trip for all Grades to the Rock Ranch on July 24, and all campers will attend the annual MWR CYS Back to School Bash, Friday, 26 July at the CYS Youth Sports Campus.*

WEEK #10: FINAL FLING LUAU

The last week will be filled with end of summer celebrations at the School Age Center. There will be parties, games, fun and more fun! All week long. Get ready for the first day of school with celebrating the last week of summer!

****FIELD TRIPS ARE SUBJECT TO CHANGE****





Celebrate

JOIN US FOR A CEL-ebration!

Friday, May 10th, 2019
at Indianhead Village
4-6:00 PM

Bring YOUR Survey Confirmation,
from completing YOUR Survey, for
YOUR Chance to WIN additional
Prizes!!

- Food
- Refreshments
- Games
- Pool Party
- Bounce House
- Fort Benning Organizations
- Prizes & More!!



The Villages
OF BENNING

Exceptional Family Member Program

May 2019

SUN MON TUE WED THU FRI SAT



1

Newcomer's Orientation
9:00-11:00
ACS Aud.
Preschool Story Hour
10:30AM
Long Library

2

VIP Time Launch
Trampoline
6:00-8:00PM
706-221-8680

3



4

Bowlero Columbus Kids Fest
10:00-2:00
Bowlero



5

Sensory Sensitive Sundays
Chuck E. Cheese
9:00-11:00AM
706-568-1813

6

EFMP Resource Sharing Support Group
11:00-12:00
706-545-6545

7

C.A.R.E Meeting
ACS Aud.
0930AM

8

Newcomer's Orientation
9:00-11:00
ACS Aud.
Preschool Story Hour
10:30AM
Long Library

9



11

12



13

14

Baby Storytime at North Columbus Library
10:00-10:45AM

15

Newcomer's Orientation
9:00-11:00
ACS Aud.
Preschool Story Hour
10:30AM
Long Library

16

EFMP Workshop Supporting Sibling
10:00-11:00
ACS Training Room

17



18

Little Seedling Saturdays
8:00-5:00
Callaway Gardens

Tickets & Travel
1st Annual Customer Appreciation Day
May 22, 2019
Bldg 9230
11:00-1:00PM
More Information:
706-626-7644

21

EFMP Resource Table
@MACH
11:00-1:00

22

Newcomer's Orientation
9:00-11:00
ACS Aud.
Preschool Story Hour
10:30AM
Long Library

23

EFMP System Navigation Brief
9:00-10:00
Aleida Brown
706-545-6545

24

Daddy Daughter Sock-Hop
6:30-9:30PM
More Info:
706-545-3605

25



26



27



28

EFMP Respite Care Brief
9:00-10:00
706-545-1695

29

Newcomer's Orientation
9:00-11:00
ACS Aud.
Preschool Story Hour
10:30AM
Long Library

30



31

Exceptional Family Member Program

ACS Bldg.7
7117 Baltzell Ave.
706-545-1695/2679/6545

MEDDAC EFMP:
762-408-2423

The Exceptional Family Member Program (EFMP) is a mandatory enrollment program that works with other military and civilian agencies to provide comprehensive and coordinated medical, educational, community support and personnel services to Families with special needs.





FATHER DAUGHTER SOCK HOP



IT'S A SOCK HOP!

Join us for the annual Father and Daughter Ball

MAY 24, 6:30pm at the Benning Club

\$40 PER COUPLE AND \$15 FOR EACH ADDITIONAL CHILD

Purchase your tickets starting April 22 at Tickets & Travel in the Commissary Mall.

Price includes dinner, dancing, entertainment and photographs.

For more information, go to benning.armymwr.com.



5TH ANNUAL

JOIN US! SUPPORT OUR YOUTH!

FORT BENNING FIELD DAY

for Tri-Community Exceptional Children

NEW DATE: MAY 10
VOLUNTEERS STILL NEEDED!

9:15AM

FORT BENNING

STEWART-WATSON FIELD, YORK FIELD & SMITH GYM

For easy access on post, please arrive before 9am.

To be a volunteer or for more information, email dorrie.c.wagner.naf@mail.mil



SPONSORED BY:



sponsorship does not imply endorsement

FORT BENNING GOLF COURSE

MOTHER'S DAY SPECIAL

MAY 12

MOM'S PLAY
FREE ALL DAY

includes cart and green fees

For more info, call 706-545-0397



SMITH FITNESS MAY SCHEDULE



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>0930 Bodypump (1) Marta</p> <p>**0930 Yoga (DS) Samira</p> <p>1045 Barre (1) Lauren 1120 Deep Stretch (1) Lauren</p> <p>1130 RPM (2) Cynthia 1130 Yoga (DS) Catherine 1200 Zumba (1) Grace</p> <p>1700 Barre (1) Antonea</p> <p>1715 RPM (2) Cynthia</p> <p>1745 Les Mills GRIT (1)Ant **1800 Yoga(DS)April 1845 STRONG (1)Sue</p>	<p>0630 Bodypump (1) Marta</p> <p>0930 PIYO (1)Antonea 0930 mixxedfit (2) Dee</p> <p>09030 BODY 180 Lauren **@ DOUGHBOY/KID FRIENDLY***</p> <p>1045 Zumba (1) Sue 1045 Spin (2) Dee 1130 Yoga (DS) April 1200 Les Mills GRIT (1) Antonea</p> <p>1700 BodyPump (1) Meghan</p> <p>1730 Spin (2)Dee 1730 Yoga(DS) April 1845 Zumba Toning (1) Shavonne</p>	<p>0630 Les Mills GRIT (1) Antonea</p> <p>0930 Bodypump (1)Meghan</p> <p>1045 Butts N Guts + Deep stretch (1) Lauren 1130 Yoga (DS) April 1130 RPM (2) Cynthia 1200 Zumba (1) Grace</p> <p>1700 Zumba (1)Grace 1715 RPM (2) Cynthia 1800 Yoga(DS)April 1815 TRX (2)Ant 1845 STRONG (1)Sue</p>	<p>0630 Bodypump (1) Marta Antonea</p> <p>0930 PiYo /Barre (1) Antonea</p> <p>09030 BODY 180 Lauren **@ DOUGHBOY/KID FRIENDLY***</p> <p>1045 Zumba (1) Sue 1045 Spin (2) Dee 1130 Yoga (DS) Catherine 1200 Les Mills GRIT (1) Antonea</p> <p>1700 Body Pump (1) Rotation</p> <p>1730 Yoga(DS)April 1845 Sentao (1) Shavonne</p>	<p>0930 Bodypump (1) Candace</p> <p>**0930 Yoga (DS) Samira</p> <p>1045 Barre (1) Lauren 1120 Deep Stretch (1) Lauren</p> <p>1130 RPM (2)Cynthia 1130 Yoga (DS) Catherine</p> <p>** 1700 Intro to Kettlebell (1) Garry **1800 Strength & Conditioning Kettlebell (1) Garry</p>	<p>0915 Bodypump (1) Rotation</p> <p>0930 Spin (2) Jennifer</p> <p>1000 Yoga (DS) Rotation</p> <p>1045 Kettlebell (2) Jennifer 1045 Zumba toning (1) Sue</p> <p>*** Signifies NEW CLASSES</p>

Classes in **RED** = Strength and Power **BLUE** = Cardio **PURPLE** = Flexibility/Toning **ORANGE** = HIIT
 ** (1)= Studio 1, (2)= Studio 2, (DS)= Down stairs studio, (Audie)=@ Audie Murphy***

Class descriptions on back!

Active duty get FREE 0630 classes!

All classes are \$3.00 per class or \$25 for monthly unlimited

LES MILLS
FOR A FITTER PLANET

Keep up to date of changes to the schedule by liking our “Ft Benning fitness classes” Facebook page

CLASS DESCRIPTIONS

Body Pump: This 60 minute workout challenges all of your major muscle groups by using the best weight-room exercises such as squats, presses, lifts and curls. The key to Bodypump is the “**REP EFFECT**”, a breakthrough in fitness training focusing on high repetition with low weight loads. **Express is our 45 minute version.**

Kettlebell: This class will give fast results for strength, endurance and muscle toning by challenging both the muscular and cardiovascular systems with dynamic, total body movements

TRX® is Total-body Resistance Exercise and is an anchored, two-strap suspension training system that leverages your body weight against gravity to provide workouts that simultaneously target and challenge muscular stability, strength, and muscular endurance while improving flexibility, balance, coordination, and total power.

GRIT: These HIIT workouts build cardiovascular fitness while improving strength, building lean muscle and maximizing calorie burn. The **30 MINUTE** cycle workout that uses high-intensity interval training to help you smash goals faster! 3 different series: Cardio, Strength, and Plyo

STRONG by Zumba: Combines bodyweight, muscle conditioning, cardio and plyometric training moves synced to original music that has been specifically designed to match every single move. Strong by Zumba was crafted to drive the intensity in a challenging progression that provides total body workout.

Body Blast Blast your cardio fitness to the next level! This class provides the variety your body needs to see results by combining fun cardio routines with specific muscle conditioning that will be tailored to the class's needs from week to week. This is a great time to enjoy the music and feeling the burn! **(45 min.)**

Butts N Guts Want to firm it up? Get in here! Exercises for abs and gluteus are the primary goal plus additional work for muscle groups connected to these areas. No warm-up included so be ready to work! **(30 minutes)**

Step +butts/guts: This class will utilize the step with simple routines mixed with higher intensity cardio intervals and strength training to give you a whole body workout! Then we add on a little more burn by giving you more butts/guts workout

Zumba: A fusion of Latin and International music/dance themes that create dynamic, exciting, and based on the principle that a workout should be “FUN AND EASY TO DO”.

MixedFit® is a people-inspired dance fitness program that is a perfect blend of explosive dancing and bootcamp inspired toning.

RPM/Spin: The Indoor cycling workout where you ride to the rhythm of powerful music. Take on the terrain with your inspiring team coach who leads the pack through hills, flats, mountain peaks, time trials, and interval training. Discover the athlete within- sweat and burn to reach your endorphin high. **Express is our 30 minute version.**

Zumba® Toning This class is designed for those who want to party, but put extra emphasis on toning and sculpting to define those muscles! The challenge of adding resistance by using Zumba® Toning Sticks (or light weights), helps you focus on specific muscle groups, so you (and your muscles) stay engaged!

LES MILLS BARRE® is a modern version of classic balletic training; a 30-minute workout designed to shape and tone postural muscles, build core strength, and allow you to escape the everyday.

Zumba Sentao® combines strength and resistance training with innovative dance moves, using a chair as your dance partner.

Yoga: Beginner, intermediate, and advanced Yoga moves designed to work on strength, flexibility, and breathing. Improve performance, reduce injury, and provide faster recovery for athletes of all levels.

FEE: \$25.00/Month for unlimited classes or \$3.00 per class (Available at Front Desk). Please present Pass to Instructor prior to class. For Information on PERSONAL TRAINING or arranging UNIT PT SESSIONS, please contact us at Michelle.l.giles2.naf@mail.mil

Mother's Day BRUNCH

MAY 12
BENNING CLUB

4 SEATING TIMES
10am, 11am
12pm & 12:30pm

Adults 13+ \$22.95
Seniors 65 and older \$20.95

Kids 9-12 \$14.95

Children 5-8 \$9.95

Kids 4 and younger eat free

**Reservations are required, call
706-545-0935/706-687-1861 or reserve
online at benning.armymwr.com by May 8.**

\$2.00 extra at the door per person.
Limited seating with no guarantee on times.

Online reservation link will only work with desktop computers not mobile devices

For more information, benning.armymwr.com.



MILITARY SPOUSE APPRECIATION DAY

FREE

FREE

GAME NIGHT

THURSDAY | 5-9PM
MAY 9 | BENNING CLUB,
SUPPER CLUB

Enjoy a night of fun and games! Appetizers, soft drinks and water will be provided, along with cash bars. Door prizes will be given away throughout the evening.

Open to military dependent ID holders
(no children please)

For more information, visit benning.armymwr.com



SMART CAR Buying

SEMINAR



ARMY COMMUNITY SERVICE
ACS
Realistic Solutions for Separated Army Living



FEBRUARY 7
AUGUST 22
ACS, BUILDING 7
1-2:30PM

Learn everything you need to know about buying a car, including 3 steps to smart car buying, new versus used, financing, gap insurance and more.

Contact 706-545-7517 to register and for more info. Space is limited.

FOLLOW ME TO



NIM **KIDS** SUMMER CAMP

An Adventure Through Time

starting

JUNE 2019

AGES 6 - 14

NIM KIDS Summer Camp at the National Infantry Museum and Soldier Center is a day camp filled with great activities for ages 6-14. Our camp is designed to promote teamwork, Army values, and leadership while learning about military history.

LUNCH IS PROVIDED FOR ALL CAMPERS
LIMITED NUMBER OF SCHOLARSHIPS AVAILABLE

JUNE 3-7: CIT: Counselor-In-Training

8th and 9th graders only. Must have been a previous camper

JUNE 10-14: Objective: The Last 100 Yards (ages 9-14)

JUNE 17-21: Leadership II (ages 11-14)

JUNE 24-28: Boots on the Ground (ages 6-8)

JULY 7-12: Leadership I (ages 9-11)

JULY 15-19: Boots on the Ground (ages 6-8)

COST: - - - - -	\$200
EARLY REGISTRATION BEFORE MAY 1st: - - - - -	\$175
MILITARY DISCOUNT: - - - - -	\$175
COUNSELORS IN TRAINING(CIT) - - - - -	\$130



To register or for more detailed information about each session contact
706.685.2614 or CampDirector@nationalinfantryfoundation.org

MILTON E. LONG LIBRARY

SUMMER READING



It's Showtime at Your Library

REGISTRATION:

May 20 - July 9 at
fortbenning.beanstack.org/users/sign_in

EVENTS:

June 4, 11, 18, 25 and July 9 and 16
Family Entertainment Center,
10:30am-3pm

Prizes awarded to the top readers

For more info, visit benning.armymwr.com



THRIFT SAVINGS PLAN

for Civilians

January 10 & July 11
12:30-2pm • ACS, Building 7

A discussion about the various investment funds available,
difference between Roth and Traditional accounts, and
retirement withdrawals

To register and for more info, call 706-545-4043/7517.



Martin Army Community Hospital

Training/Holiday Closures

24th and 27th of May 2019

4th and 5th of July 2019

30th of August and 2nd of September 2019

Greetings from your Health Care Team at Martin Army Community Hospital!

The Martin Army Community Hospital Outpatient Services will be closed on all Federal Holidays, the 27th of May, the 4th of July and the 2nd of September 2019.

Martin Army Community Hospital will remain open until noon on all Training Holidays, the 24th of May; the 5th Of July and the 30th of August.

The After Hours Clinic at Martin Army Community Hospital will be closed on the Federal Holidays of the 27th of May, the 4th of July and the 2nd of September 2019.

The Emergency Room will be available 24 hours for Emergencies Only.

In addition, please remember you can always use Tricare Online to schedule or cancel an appointment at www.tricareonline.com.



NOTE – Appointments for June will open on 10 May via TOL and the CARE Line.

SCHOOL AND SPORT PHYSICALS

JUNE 15th, JULY 20th, AUG 3rd & AUG 17th

**FOR BENEFICIARIES ENROLLED IN PEDIATRIC MEDICAL HOME
FAMILY MEDICAL HOME AND NORTH COLUMBUS MEDICAL
HOME**

When: 0800-1200

**Where: Martin Army Community Hospital
by appointment, 762-408-2273**

****If your child has a chronic condition, i.e. asthma, heart issues, ADHD, ADD, depression or is seen by a specialist, please schedule a school and sports physical appointment with your PCM to allow the necessary time needed to address these important issues.**

*****Please have a copy of your child's immunization records and any required forms from the school/sports programs they will be attending.**



**American
Red Cross**

2018 Red Cross Summer Youth Program Application

Please carefully read through all instructions to ensure you submit a complete application for the Fort Benning Red Cross Summer Youth Program.

Key Dates

Parent Meetings: 16 May 2019 @ 5:30 pm &
23 May 2019 @ 5:30 pm (Make-up day for parents)
Martin Army Community Hospital Atrium (Ground Floor)
6600 Van Aalst Blvd, Ft Benning, GA 31905

Program Dates: 3 June – 12 July 2019

Program Times: 8:00 am – 4:00 pm (Hospital Volunteers: 8:00 am – 12:00pm)

Orientation: **3 June 2019 in the Martin Army Community Hospital Chapel (2nd floor).**
Dress code is business casual.

Complete the Following

Every youth must have an active Volunteer Connection account and be between the ages of 13 and 17 to participate. Please complete the following items in order to participate in the Fort Benning Summer Youth Program:

1. Complete an online Youth Volunteer Application:
 - Go to www.redcross.org/ga/westcentral.
 - On the main page scroll down the page and click on **Youth Volunteer Application**
 - Please complete **ALL** steps in the application process. **Parental consents must be signed as of this year.**
 - Contact Alicia Studds at (706) 323-5614 to activate your account.
2. Choose a location. Available locations for this program are:
 - **Sayers Memorial Library** – Available times from 8:00 am – 4:00 pm
 - **Fort Benning Veterinary Clinic*** – Available times from 8:00 am – 4:00 pm
 - **Fort Benning Red Cross Office** – Available times from 8:00 am – 4:00 pm
 - **Martin Army Community Hospital**** – Available times from 8:00 am – 12:00 pm.

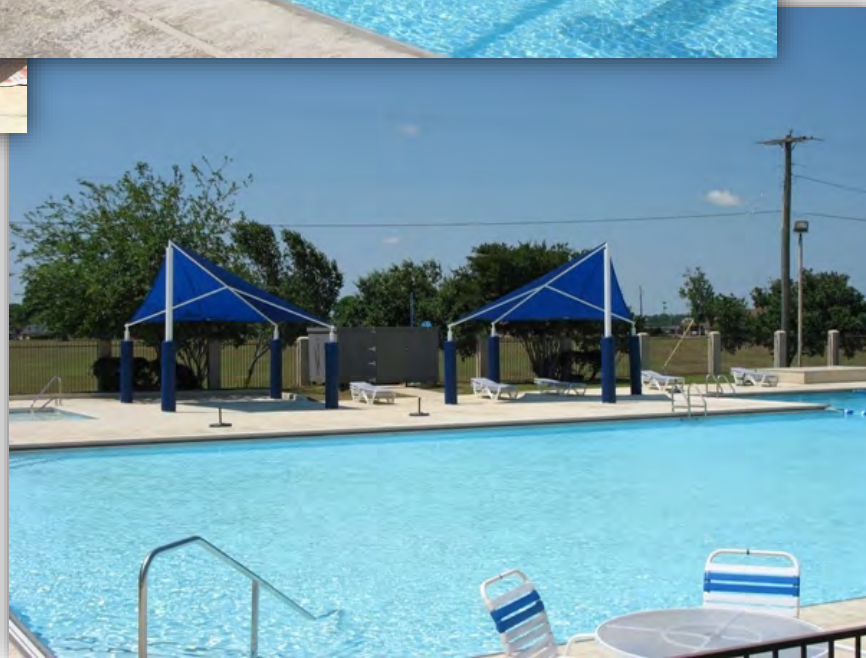
Notes: * Veterinary Clinic volunteers must be at least 16 years old.

**All hospital based volunteers must be at least 14, provide copies of military ID card and current immunization record, and complete HIPAA and Customer Service training.

If you have questions about the online application, please contact Alicia Studds, Volunteer Specialist, at (706)-323-5614 or alicia.studds@redcross.org. Any questions in regards to the 2018 Red Cross Summer Youth Program, please contact Teresa Bishop (email: teresa.a.bishop7.civ@mail.mil), at the Red Cross Desk at (762) 408-0484.



Opens
Memorial Day
weekend!



- **Location:**

Building 117 Muir St (Beside the Benning Club)

- **Hours:**

Wed-Sun: 1300-2000

Closed Mondays and Tuesday.

- **Swim Lessons**

Mon-Fri 0800-1200 (register through CYS for lessons)

- **Cost:**

\$3.00/Military ID Card holders or

\$5.00 Non-Military ID card holder & guest.

Cabana rentals: \$10/hour

- **Pool Parties:**

Up to 25 people for 2 hours: \$50

Additional 25 people, \$15

Additional hour, \$15

Carey Pool

Opens
Memorial Day
Weekend!



- **Location:**

Building 2770 Lavoie Ave, Just behind the library

- **Hours:**

Mon-Fri (Lap Swim): 0630-0900, 1100-1250

Mon/Tues/Fri (Rec Swim): 1300-2000

Sat/Sun/Holidays: 0900-1800

Closed Wed/Thur.

- **Cost:**

*\$3.00/Military ID Card holders or
\$5.00 Non-Military ID card holder & guest.*





PHONE Numbers	Store Director		Dept.	Ext.	Dept.	Ext.
	terry.ford@deca.mil		Customer Service	3325	Produce	3338
	706-544-3965 x3351		Asst. Store Dir.	3307	Meat	3341
			Grocery	3320	Secretary	3305

STORE Hours	Sun: 1000-1900	Wed: 1000-2100
	Mon: 1000-2100	Thu: 0900-2100
	Tue: 1000-2100	Fri: 0900-2100
	Sat: 0900-1900	
	Early Bird Shopping:	Mon-Wed 0700-1000
		Thu-Sat 0700-0900



Store Director's Scoop

YOUR COMMISSARY ...
It's Worth the Trip!



UPCOMING HOLIDAY HOURS

MEMORIAL DAY
MONDAY, MAY 27th
HOURS OF OPERATION
0900-1700

Commissary "Store Reset"

The Fort Benning Commissary will be closed July 10th, July 11th, and July 12th for a Store Reset to improve our customers shopping experience. Our floor plan of the new layout will soon be available to view on our website at www.commissaries.com.

Staying informed about food-safety-related recalls is a full-time job. Thanks to Commissaries.com, it's just a couple of clicks away. Click [Stay Informed](#) for alerts on products sold in commissaries or on [All Recalls](#) from the FDA.

YES! Your Everyday Savings

Enjoy consistently lower prices on the items you love!

Year-round savings, trusted brands and great prices daily.



Commissary Brands

Discover trusted, Commissary-branded products in our featured Sales Flyer.

The *Produce Department* has all the goodness of fresh fruits and vegetable platters. A 48-hour notice is greatly appreciated.

Contact the *Meat Department* to place your order for special cuts, and special orders. A 24-hour notice is greatly appreciated.

Our *Deli Bakery Department* is here to help you with your party trays such as chicken tenders, wings, mini subs, meat and cheese, and cubed cheese. Decorated Party Cakes can be ordered with a 24- hour notice.

FOLLOW US



8150 Marne Road, Bldg 9230
Fort Benning, GA 31905

Commissaries highlight patrons' service with extra savings

The month of May is the commissary's time to recognize the strength, courage and sacrifices of military family members, especially mothers. "It's Military Appreciation Month for commissaries, and we're saying 'thank you' to our servicemen and women, retirees, and their family members through events and sales that reflect how much we appreciate their service and their patronage," said Army Command Sgt. Maj. Tomeka N. O'Neal, the Defense Commissary Agency's senior enlisted advisor to the DeCA director. "Our commissaries would not exist if it were not for the men and women who have served before and set a high standard for those who follow them in service to our country," she added. Aside from Military Spouse Day, Mother's Day and Armed Forces Day, a big highlight of the month, Memorial Day, is the unofficial start of summer and signals the official start of the Healthy Lifestyle Festivals at commissaries. Overseas stores may have substitute events for certain promotional programs. Customers should check with their store manager or visit their [store page](#) to verify what's available at their store. To read the complete story, go to commissaries.com.

YES! gives stateside commissary patrons more options for savings

Through its Your Everyday Savings! (YES!) program, the Defense Commissary Agency is ensuring its patrons have even more options to save, said Army Command Sgt. Maj. Tomeka N. O'Neal, DeCA's senior enlisted advisor to the agency director. "With YES! we're providing low prices year-round to help defeat any notion that the commissary benefit isn't the best value for our patrons." Bright orange shelf labels and signs highlight these products on store shelves. These items include popular brands of flavored iced teas, pasta, macaroni and cheese, Spam, yogurt, cereal, oatmeal, baby food, nutritional shakes, potato chips and other selected snack foods, apple juice, vegetable juice, coffee creamer, coffee, energy drinks, soup, bananas, oranges, tomatoes, avocados, paper towels, toilet tissue, bottled water, dish soap, fabric softener and pet food. To read the complete story, go to commissaries.com.

Survey lists commissaries among best grocery stores

Commissary patrons know the value of their benefit so much so that those who participated in a recent magazine survey rated commissaries among the best grocery stores in the U.S. In the April 16 edition of [Consumer Reports](#), the Defense Commissary Agency's stores were ranked 12th out of 96 grocery chains rated in a readership survey, a result that confirms the value of the benefit, said retired Rear Adm. Robert J. Bianchi, DOD special assistant for commissary operations. "It's no secret among our patrons that their commissaries deliver a valuable benefit, especially when it comes to product pricing," Bianchi said. To read the complete story, go to commissaries.com.

DEFENSE COMMISSARY AGENCY – PUBLIC AFFAIRS

Visit DeCA on the Web at: www.commissaries.com; [www.twitter.com/YourCommissary](https://twitter.com/YourCommissary);
www.youtube.com/user/DefenseCommissary; www.facebook.com/YourCommissary;
www.flickr.com/photos/commissary/; www.pinterest.com/YourCommissary;
www.instagram.com/YourCommissary/; <http://commissaryconnection.dodlive.mil/>
and for the latest news and links to more savings, subscribe to *Commissary Connection* at
www.commissaries.com/subscribe.cfm.



NEWS RELEASE
Defense Commissary Agency
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FAX: (804) 734-8248 DSN: 687-8248
www.commissaries.com

Release Number: Reset release
Date: April 23, 2019
Contact: Mr. Terry W. Ford, Store Director
E-mail: terry.ford@deca.mil
Tel: 706-544-3965 x3351

Commissary “reset” improves shopping experience

FORT LEE, Va. – The Fort Benning Commissary will be closed July 10th, July 11th, and July 12th, while it undergoes a “reset” as part of the Defense Commissary Agency’s ongoing effort to improve the customer shopping experience.

“We don’t like to inconvenience our shoppers, but this is a change everyone will appreciate when it’s done,” said Mr. Terry W. Ford, Fort Benning Commissary Store Director.

The reset is part of an agency-wide program that systematically changes where products are displayed in a commissary to better serve customer shopping patterns. The goal is to give commissaries worldwide a more customer-friendly product flow and a layout that is as consistent as possible from commissary to commissary, according to Tracie Russ, DeCA’s director of sales.

“New products are added to stores all the time while others are eliminated to keep up with consumer demand. Every few years a commissary simply needs to be reorganized,” said Ms. Russ. “A customer-friendly product flow means dog food will be next to pet supplies, peanut butter next to the jam and you shouldn’t have to cruise three different aisles to find all your cleaning products. It’s a simple matter of making the commissary layout more sensible by periodically ‘resetting’ the store.”

“Customers should be able to come to the Fort Benning Commissary and find a similar layout as in other commissaries,” said Mr. Ford.

To make the first trip through the commissary after the reset easier, the commissary will have an aisle directory at the store entrance for customers to pick up. Customers who like to see before they shop can view a floor plan of the new layout on the commissary website, www.commissaries.com, by selecting “Locations,” “Fort Benning” then “Floor Plan.” Store hours, contact information, news and customer service features can also be found on the commissary website.

-DeCA-

About DeCA: *The Defense Commissary Agency operates a worldwide chain of commissaries providing groceries to military personnel, retirees and their families in a safe and secure shopping environment. Commissaries provide a military benefit, saving authorized patrons thousands of dollars annually on their purchases compared to commercial prices when shopping regularly at a commissary. The discounted prices include a 5-percent surcharge, which covers the costs of building new commissaries and modernizing existing ones. A core military family support element, and a valued part of military pay and benefits, commissaries contribute to family readiness, enhance the quality of life for America’s military and their families, and help recruit and retain the best and brightest men and women to serve their country.*



SECRETARY OF THE ARMY
WASHINGTON

01 MAY 2019

MEMORANDUM FOR SEE DISTRIBUTION

SUBJECT: Army Directive 2019-18 (Reimbursement for State Licensure and Certification Costs for the Spouse of a Soldier Arising From a Permanent Change of Station)

1. Reference National Defense Authorization Act for Fiscal Year 2018, Public Law No. 115-91, section 556, 131 Stat. 1403–1405.
2. This directive establishes policy for the authorized reimbursement for State licensure and certification costs for a spouse pursuant to the permanent change of station or permanent change of assignment of a Soldier sponsor to another State.
3. Supporting Army spouses in continuing their profession in a new place of residence is important. Spouses in professionally licensed fields face challenges resulting from delays and the cost of transferring licenses to a new State. By mitigating these barriers, we will improve the quality of life for our Soldiers and Families and ease the stress of transferring duty stations with consideration for long-term career implications. This policy sets forth requirements to support spouse relocation and employment.
4. This directive is effective retroactively to the date of the National Defense Authorization Act for Fiscal Year 2018 (12 December 2017) and applies to the Regular Army, Army National Guard/Army National Guard of the United States, and U.S. Army Reserve.
5. The Army will reimburse a Soldier for qualified relicensing costs of the spouse when:
 - the Soldier is reassigned, either as a permanent change of station or permanent change of assignment, from a duty station in one State to a duty station in another State; and
 - the movement of the Soldier's dependents is authorized at the expense of the United States under this section as part of the reassignment.
 - a. Reimbursement provided to a Soldier may not exceed \$500 in connection with each reassignment.
 - b. The term "qualified relicensing costs" means costs, including examination and registration fees, that are imposed by the State of the new duty station to secure a license or certification to engage in the same profession the Soldier's spouse engaged

SUBJECT: Army Directive 2019-18 (Reimbursement for State Licensure and Certification Costs of a Spouse of a Soldier Arising From a Permanent Change of Station)

in while in the State of the original duty station. These qualified relicensing costs are paid or incurred by the Soldier or spouse to secure the license or certification from the State of the new duty station after the date on which the orders directing the reassignment are issued.

6. Responsibilities for implementation of this policy follow.

a. The Army Deputy Chief of Staff, G-1 will:

(1) publish an all Army activities message providing instructions for filing reimbursement through the permanent change of station process;

(2) ensure funding is available through the military pay and allowances account; and

(3) coordinate with the Office of the Chief of Public Affairs to develop strategic communications and top-line messaging for Families and key stakeholders.

b. The Deputy Assistant Secretary of the Army (Military Personnel/Quality of Life) will prepare a report to Congress on utilization rates no later than 31 October 2019.

7. The Assistant Secretary of the Army (Manpower and Reserve Affairs) is the proponent for this policy. In accordance with the National Defense Authorization Act for Fiscal Year 2018, no reimbursement may be provided under this policy for qualified relicensing costs paid or incurred after 31 December 2022.

8. This directive will be updated to continue the reimbursements unless Congress makes the legislation permanent.



Mark T. Esper

DISTRIBUTION:

Principal Officials of Headquarters, Department of the Army
Commander

U.S. Army Forces Command

U.S. Army Training and Doctrine Command

(CONT)

SUBJECT: Army Directive 2019-18 (Reimbursement for State Licensure and Certification Costs of a Spouse of a Soldier Arising From a Permanent Change of Station)

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