

Welcome to the October CARE Meeting

Topic: *A Better Benning Update / Domestic Violence Awareness Month*





AFAP / A Better Benning Forum

Alvin Gelineau

DFMWR Director

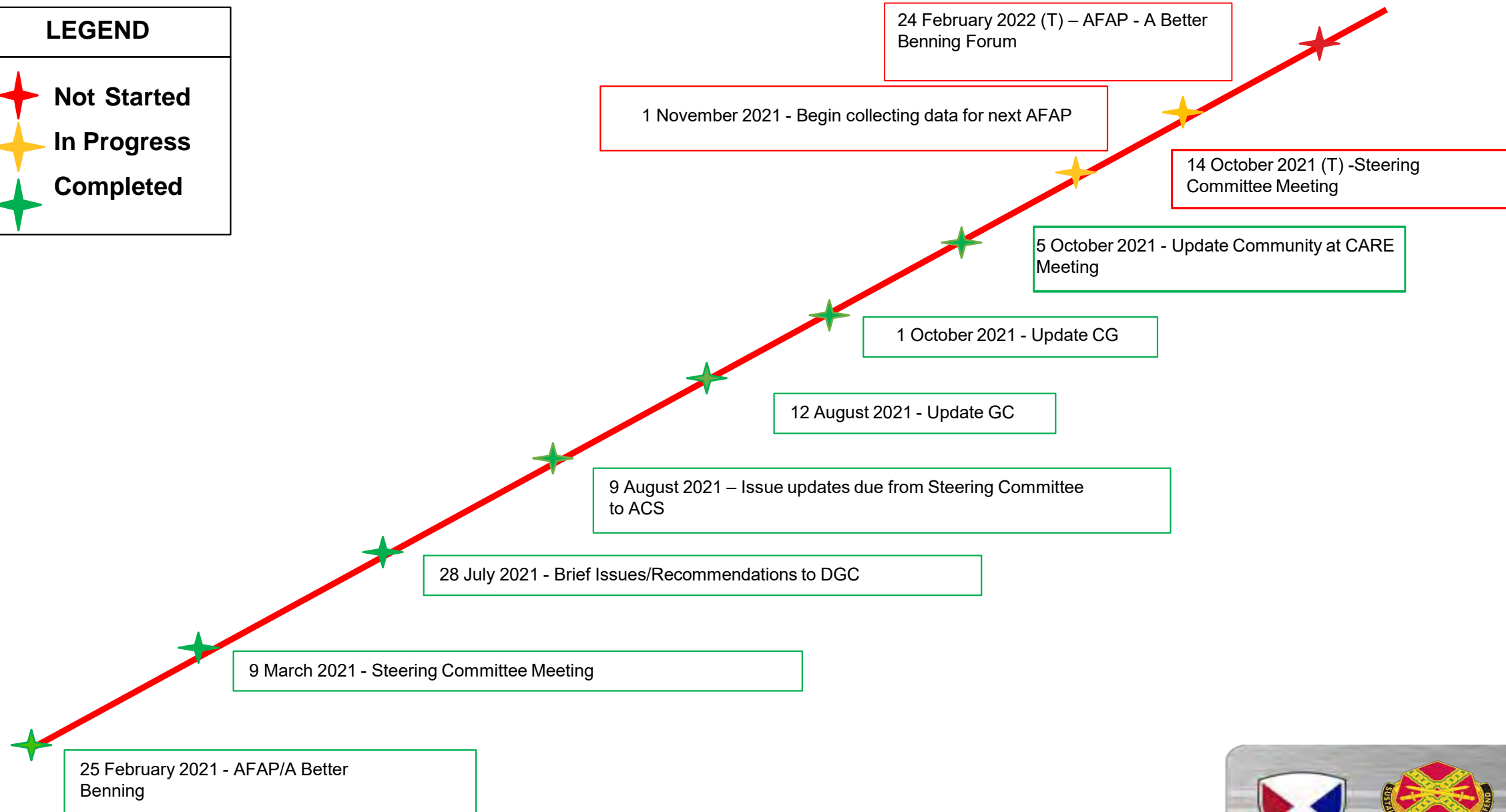
DFMWR / USAG Fort Benning



A Better Benning (AFAP) Timeline

LEGEND

-  Not Started
-  In Progress
-  Completed





A Better Benning (AFAP) Update

- A Better Benning AFAP Forum was held 25 February 2021
- 9 Work Groups discussed the issues derived during data collection
- 59 AFAP topics were condensed to 44 by combining similar issues
- 34 issues were closed as completed at the GC update on 12 August
- 10 issues remain open
- 1 issue elevated in the AFAP process

Issue Owner	Number of Issues	Number of Issues Elevated	Closed with Concurrence of GC	Issues still In-progress
Garrison	1		1	
MWR	14		12	2
MWR / LRC / AAFES	1			1
MWR / MACH	2		2	
ACS / CPAC / Spouse Employment Working Group	4		3	1
ACS	1			1
MACH	2	1		2
Housing	13		11	2
DES	2		1	1
Housing / DES	1		1	
DTPMS	1		1	
DPW	2		2	
Total Issues	Ongoing	Elevated	Closed with Concurrence of GC	
44	10	1	34	





A Better Benning (AFAP) Update Cont.

Issue #1

Issue: Privatized Housing Transparency and Accountability for On-Post Residents

Status: OPEN

Update: The Military Housing Office provides the chain of command and residents transparency and accountability for on-post residents through regular reporting and representation at CARE meetings and Mayor meetings.

Over the summer, the largest performance concern has been conduct of BOM/Turn - Maintenance and management of wait list associated with Summer Transitions. Next area of focus is Maintenance Work Order Backlog improvement. MHO has also focused for the last six months on BAH Data collection in an effort to improve BAH rates and increase spending and saving power for Villages of Benning.





A Better Benning (AFAP) Update Cont.

Issue #2

Issue: Lack of Police Presence on Fort Benning

Status: OPEN

Update: Actively recruiting 17 Police vacancies and using incentives to reach the widest group of potential candidates.





A Better Benning (AFAP) Update Cont.

Issue #3

Issue: Limited Access to Providers and Pharmacy Services

Status: OPEN

Update: There are several options for Pharmacy services

- TOL: Send Pharmacy Provider a Secure Message or select refill under Medication tab
- Call the new Pharmacy Call Center at 408-2172 or call Audio care for the PX Refill Pharmacy at 706-544-1572
- Visit in person using Rapid return to pick up the next day or use new kiosk for picking up medications after hours.

BMACH has also set up an Access to Care work group that will meet weekly in order to improve access to Providers for beneficiaries.





A Better Benning (AFAP) Update Cont.

Issue #4

Issue: Child Care and Development in a COVID-contested Environment on Fort Benning

Status: CLOSED

Discussion: Parents were provided an easy to read reference to use to determine when to keep children quarantined.





A Better Benning (AFAP) Update Cont.

Issue #5

Issue: 24/7 Soldiers Require 24/7 Support

Status: OPEN

Discussion: We are working a solution to make Smith and Whittington Gyms 24/7.
We hope to have this implemented NLT Nov 2021.





A Better Benning (AFAP) Update Cont.

Issue #6

Issue: Two Food Operations / Long Line at Drive-Thrus

Status: CLOSED

Discussion: MWR opened a new JAVA Café in July.





A Better Benning (AFAP) Update Cont.

Issue #7

Issue: Improving Snacks at the Teen Center

Status: CLOSED

Discussion: Menu has been changed and Youth input into menu selection is being solicited. There is a committee at the Teen Center which meets regularly to make suggestions.





A Better Benning (AFAP) Update Cont.

Issue #8

Issue: Improving Application and Hiring Practices for Military Spouses for Fort Benning

Status: OPEN

Update: An employment Readiness over hire (GS-11) is currently being advertised to assist with spouse employment. ACS holds quarterly Spouse hiring fairs, ACS holds resume classes for both civilian and federal resumes. USO is also in the ACS footprint to assist with spousal hiring.





A Better Benning (AFAP) Update Cont.

To review all of the AFAP issues, visit
<https://benning.armymwr.com/programs/army-community-services>



NATIONAL INFANTRY MUSEUM FOUNDATION



EDUCATION



Director of Education
Chris Lewis
706-685-5806



Asst. Director of Education
Tiffany Hoffmann
706-685-5814



Director of Youth Programs
Alexis van Brero Belman
706-685-2614

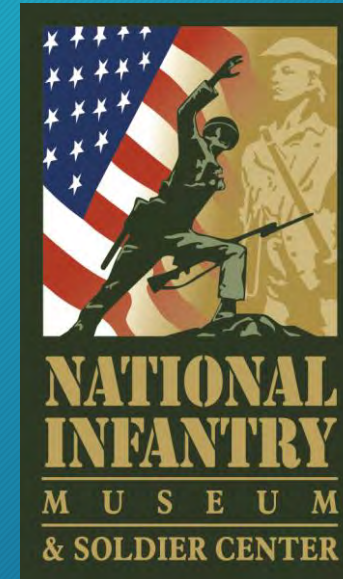


Director of Educational
Curriculum and Training
Peter Sauer

VOLUNTEERS



Volunteer Coordinator
Richarda Logacz
706-653-9234 ext. 5839



Volunteer Services Assistant
Weekends Only
Karen Hoffmann
706-653-9234 ext. 5839

DEDICATIONS



Director of Dedications
Ilene Kent
706-685-5813



EVENTS



Director of Events
Keisha Wilson
706-653-9234 ext. 5852



Events Coordinator
Jessica Kennedy
706-685-5809



Family Advocacy Program

7131 Richardson Circle
Building 36, Lewis Hall
Fort Benning Georgia

Ms. Beatriz Seales-Tealdi
Family Advocacy Program Manager
beatriz.e.seales-tealdi.civ@mail.mil

706-545-7594

New Parent Support Program
706-545-6316/545-9358/626-2599

Victim Advocacy
706-545-0892/545-3202/626-2614



**TAKE A
STAND**
AGAINST
DOMESTIC
VIOLENCE



To report domestic violence or child abuse call: 762-408-4076

**FORT BENNING
ARMY COMMUNITY SERVICE
FAMILY ADVOCACY PROGRAM presents**

DOMESTIC VIOLENCE AWARENESS MONTH OCTOBER 2021

**"A Minute
with FAP"
videos on
MWR social
media**

**Purple Ribbon
Campaign at
Building 36**

**"My Military
Family" child art
display at BMACH
atrium**

**Stay tuned for more information on the
MWR webpage and social media
benning.armymwr.com**

For registration or more information please contact the

FORT BENNING FAMILY ADVOCACY PROGRAM

7131 Richardson Circle, Building 36

Fort Benning, GA 31905

706-545-0892 / 545-3202 / 626-2614



FAP Display Table

**October 4 from 11:30 a.m. to 1:30 p.m. at
McGinnis Wickam Hall**

Signs of Domestic Violence

Virtual training

**October 14 from 11:30 a.m. to 1 p.m.
Register for link to virtual training. CEUs
offered.**

Register at:

https://us02web.zoom.us/webinar/register/WN_IBx0nB9STHaYYc6zw3_EcQ

Purple Thursday

**October 21. Wear purple, be a voice, and
start a conversation about domestic
violence.**

Be Road Ready

**October 23 from 9 a.m. to noon. Car
maintenance class at Auto Skills Center.
Advance registration required.**

DV Bystander Intervention Training

Virtual training

**October 26 from 11:30 a.m. to 1 p.m.
Register for link to virtual training. CEUs
offered.**

Register at:


https://us02web.zoom.us/webinar/register/WN_qXgJnw5RREyINw21t1VNcQ

New Parent Support Program

6980 Dixie Road
Fort Benning, GA
706-545-6316

- October is the Army FAP Safe Sleep Campaign:
 - To raise awareness of safe sleep environments and American Academy of Pediatrics Safe Sleep guidelines.
 - Each year in the U.S. approximately 3,500 infants/babies die each year during sleep because of unsafe sleep environments.
- Videos and content on MWR social media to promote safe sleep environments
- Play & Learn Playgroup on Thursday, October 21 from 9:30 to 11 a.m. at Blue Field pavilion on Zuckerman Ave.
- Follow us on MWR Facebook page for more information.

ARMY FAP SAFE SLEEP CAMPAIGN



The ABC's of Safe Sleep



A **Alone** in Their Sleeping Space

Alone means removing all items from baby's crib:

- ❌ Stuffed animals
- ❌ Loose blankets (swaddling is ok until your baby can roll over)
- ❌ Crib bumpers
- ❌ Anything that could increase risk of strangulation

Alone doesn't mean away. The risk of SIDS reduces by 50% for babies who sleep in the same room as their parent. Share your room with baby for at least their first six months.

B **Placed on Back**

Always place baby on their back on a firm surface to sleep.

C **Asleep in Crib**

Use a crib, bassinet, or portable crib that meets safety standards (See <https://www.cpsc.gov/SafeSleep>).

Never let baby sleep on a couch or sofa.

If baby falls asleep in their car seat, move them to their safe sleep spot at your destination.

CARE Panel Members

Directorate of Emergency Services

Phone: (706) 545 - 5222 / 5223



Martin Army Community Hospital





Benning-Martin ACH Columbus Day 2021 Holiday Hours

Clinic/Department	Friday, 8 October (Training Day/ Closed)	Saturday, 9 October (Weekend Hours)	Sunday, 10 October (Weekend Hours)	Monday, 11 October (Columbus Day)
Appointment Line 762-408-CARE (2273)	CLOSED	CLOSED	CLOSED	CLOSED
Main Hospital				
Allergy	CLOSED	CLOSED	CLOSED	CLOSED
Audiology	CLOSED	CLOSED	CLOSED	CLOSED
Behavioral Health	CLOSED Urgent/Acute through ER	CLOSED Urgent/Acute through ER	CLOSED Urgent/Acute through ER	CLOSED Urgent/Acute through ER
Beneficiary Services	CLOSED	CLOSED	CLOSED	CLOSED
Cardiology	CLOSED	CLOSED	CLOSED	CLOSED
Dermatology	CLOSED	CLOSED	CLOSED	CLOSED
EFMP	CLOSED	CLOSED	CLOSED	CLOSED
Emergency Room	24/7	24/7	24/7	24/7
ENT	CLOSED	CLOSED	CLOSED	CLOSED
Gastroenterology	CLOSED	CLOSED	CLOSED	CLOSED
General Surgery	CLOSED	CLOSED	CLOSED	CLOSED
Main Pharmacy	CLOSED	CLOSED	CLOSED	CLOSED
Nutrition	CLOSED	CLOSED	CLOSED	CLOSED
Optometry/ Ophthalmology	CLOSED	CLOSED	CLOSED	CLOSED
Orthopedics	CLOSED	CLOSED	CLOSED	CLOSED
Outpatient Laboratory	CLOSED	CLOSED	CLOSED	CLOSED
Patient Admin	CLOSED	CLOSED	CLOSED	CLOSED
Physical Therapy	CLOSED	CLOSED	CLOSED	CLOSED
Primary Care	Acute Appointments from 0900-1200 Only	CLOSED	CLOSED	CLOSED
Radiology	CLOSED	CLOSED	CLOSED	CLOSED
Referral Office	CLOSED	CLOSED	CLOSED	CLOSED
Respiratory	CLOSED	CLOSED	CLOSED	CLOSED
TBI	CLOSED	CLOSED	CLOSED	CLOSED
Urology	CLOSED	CLOSED	CLOSED	CLOSED
Women's Health	CLOSED Urgent/Acute through L&D or ER	CLOSED Urgent/Acute through L&D or ER	CLOSED Urgent/Acute through L&D or ER	CLOSED Urgent/Acute through L&D or ER
Off-Campus Clinics / Services				
CTMC	AM Sick Call Only	CLOSED	CLOSED	CLOSED
HCTMC	AM Sick Call Only	CLOSED	CLOSED	CLOSED
Primary Cough & COVID Clinic	CLOSED	CLOSED	CLOSED	CLOSED
Refill Pharmacy	CLOSED	CLOSED	CLOSED	CLOSED
STMC	AM Sick Call Only	CLOSED	CLOSED	CLOSED
Winder TMC	AM Sick Call Only	CLOSED	CLOSED	CLOSED

Welcome to Fort Benning

Important Instructions for Updating your Primary Care Manager (PCM)

As an Active Duty Service Member (ADSM), you are covered by TRICARE Prime. ADSM's PCM assignment is updated by completing an enrollment sheet at the In Processing briefing, located in bldg. 35.

ADSMs and Active Duty Family Members (ADFM) enrolled in TRICARE Prime are required to change their PCM each time they PCS.

Steps for ADFMs to change their PCM:

1. Update DEERS upon arrival (Address).
2. Contact TRICARE East Region at 800.444.5445, OPT 1
3. The representative will ask for your ID number (SSN) or benefits number, which is your TRICARE insurance account number located on the back of your Military ID card.
4. **TRICARE Prime:** Change the PCM for each Family Member that has physically relocated to Fort Benning. You will need the zip code of your local address.
5. **TRICARE Select:** Update the address for each Family Member that has physically relocated to Fort Benning with you. You will need the zip code of your local address

Please Note: If this action is not completed it may affect access to care and could lead to you receiving bills if care is received from the civilian network.

Military Treatment Facility

Martin Army Community Hospital (MACH)
Bldg. 9250
6600 Van Aalst Blvd
Fort Benning, GA 31905

MACH ER is open 24 hours a day

MACH Clinics: Pediatric Medical Home: Ages 0-17
Family Medical Home: No age restrictions
Adult Primary Care Clinic (APCC Medical Home): Ages 18 & older
North Columbus Medical Home: No age restrictions

Martin Army Community Hospital Appointment Line: 762.408.2273

Beneficiary Services (located inside of MACH, next to Starbucks)

Call or Visit **Beneficiary Services** for inquiries regarding health benefits, medical claims and billing.

Front Desk: 762.408.2598 / 2599

Patient Representatives/Advocates: 762.408.2420 / 2600 / 2603

Referral Management: 762.408.2589 / 2529 / 2544

Hours of Operation: 0800 - 1800 M-F (Closed for lunch: 1200 - 1300)

TRICARE East (Humana Military) 1.800.444.5445 www.humanamilitary.com

Register for a Beneficiary Self-Service Account to:

- Verify Eligibility
- View medical claims

ADDITIONAL RESOURCES

Federal Employee Dental and Vision Insurance Program (FEDVIP): www.benefeds.com 1.877.888.3337 (Vision Plans for ADFMs/Retirees and Dental Plans for Retirees) FEDVIP is a voluntary program that offers eligible TRICARE beneficiaries a choice among a number of vision and dental carriers. It is administered by the U.S. Office of Personnel Management. The FEDVIP vision plans provide comprehensive vision coverage. Most include routine eye exams, vision correction, glasses, and more.

TRICARE Dental: www.uccitdp.com 1.844.653.4061

Active Duty Family Members (ADFM) Dental plan

TRICARE.mil: www.tricare.mil

Use the resources available on this site to manage your TRICARE benefits.

	Claims Instructions, tips, and claims addresses for medical, pharmacy, and dental claims.
	Disaster Resources Health alerts and steps to prepare before, during, and after a disaster.
	Forms Forms and instructions; includes links to region-specific forms.
	Go Paperless Manage your benefit online or on the phone
	Military Health Records Learn how to view your records online or request copies.
	Multimedia Center Links to social media, TRICARE TV, and Podcasts.
	Recoupment of Overpayments Learn why we may recoup money from you or your provider.
	Rights and Responsibilities Learn about your patient rights and responsibilities.

TRICARE OPEN SEASON

TRICARE Open Season begins November 8 and ends December 13, 2021.

You can enroll in or make changes to your health care coverage for 2022 during Open Season.

Any changes made will go into effect on January 1, 2022.

Open season applies to anyone enrolled in or eligible for a TRICARE Prime option or TRICARE Select.

If you're eligible to participate in TRICARE Open Season, you have three options:

1. **Stay in your plan.** If you want to stay in your current TRICARE health plan, you don't have to re-enroll. You'll continue in your current health plan through 2022 or as long as you're eligible.
2. **Enroll in a plan.** If you're eligible for a TRICARE Prime option or TRICARE Select but not enrolled, you can enroll in a plan now.
3. **Change plans.** If you're already enrolled in a TRICARE Prime option or TRICARE Select, you can switch plans and switch between individual and family enrollment.

What Happens if I Don't Take Any Action?

If you aren't already in a plan and don't enroll in a plan during open season, you'll only be eligible for care at a military hospital or clinic if space is available.

Making Enrollment Changes Outside of Open Season

Outside of TRICARE Open Season, you can enroll in or change enrollment to TRICARE Prime or TRICARE Select following a Qualifying Life Event (QLE). A QLE is a certain change in your life, such as marriage, birth of a child, or retirement from active duty, which may mean different TRICARE health plans are available to you and your family members.

A TRICARE QLE opens a 90-day period for you to make eligible enrollment changes. A QLE for one family member creates a chance for all eligible family members to make enrollment changes. To learn more, visit www.tricare.mil/lifeevents.

Outside of the Federal Benefits Open Season, you can only enroll in the Federal Employees Dental and Vision Insurance Program (FEDVIP) or make changes to your existing FEDVIP plan if you experience a FEDVIP QLE. Remember, FEDVIP QLEs may be different from the TRICARE QLEs. To learn more, visit www.BENEFEDS.com.

The Villages of Benning





FALL FESTIVE FRIDAYS

Get creative and join us for a contest every Friday of

October

Friday, Oct. 1st: Chalk contest!

Friday, Oct. 8th: Send a picture of your Fall/Halloween decor!

Friday, Oct. 15th: Guess how many candies are in the jar!

Friday, Oct. 22nd: Send in your favorite fall recipes!

Friday, Oct. 29th: Costume contest!



Best Halloween Decor

Thank you for keeping your
yard **SPOOKY** this season!





ALL HANDS IN!
IT'S TIME FOR A
COMMUNITY
CLEANUP

DONUTS SCAVENGER HUNT PRIZES

LEND A HELPING HAND
PERKINS & WHITE ELEPHANTS OF
EAST MAIN POST VILLAGE
9AM-11AM
SATURDAY, OCT. 16TH



The Villages
OF BENNING



 Villages
FALL FESTIVAL

	FRIDAY October 22nd 4 PM - 6 PM		EMP 601 Lumpkin St., BLDG 121	
--	--	---	--	---

FOOD • GAMES • BOUNCE HOUSE •
MUSIC • AND SO MUCH MORE



The Villages
OF BENNING

Walking Town Hall Perkins & White Elephant

Thursday, Oct. 20th @ 4:00 PM



THE TRENDSETTER AWARD

RESIDENTS WHO SET THE BAR HIGH IN CURB APPEAL!

TRENDS WE'LL BE ON THE LOOKOUT FOR:

- GENERAL NEATNESS OF YOUR YARD
- GENERAL APPEARANCE OF YOUR HOME
- WELL KEPT MULCH AND FLOWER BED
- MEET RRG REQUIREMENTS: HOME EXTERIOR



Commissary





NO SERVICE FEE ON ALL COMMISSARY CLICK2GO ORDERS

\$4.95 service fee **WAIVED!**

Say hello to Commissary CLICK2GO, your online shopping and curbside pickup service you can access from your mobile devices.

CLICK HERE TO START SHOPPING

Visit the [How CLICK2GO Works](#) page for additional information such as payment details, accepted coupons, etc.

New locations are coming soon! [Click Here](#) to view the schedule.



Major Updates to CLICK2GO E-Commerce

- » Improved navigation and search functions
- » Better product details
- » Robust recipe features
- » Featured sales & promotions
- » Upgraded mobile-friendly experience

Look out
for more big
changes!

shop.commissaries.com

DESKTOP • TABLET • MOBILE

Hours of Operation*:

Monday – Friday 11:00 a.m. – 6:00 p.m.



Commissary Main Phone

706-544-3966

Customer Service

x 3325

Produce Department

x 3338

Meat Department

x 3341

Deli/Bakery

x 3347

www.commissaries.com

Army & Air Force Exchange Service



Public Affairs Office



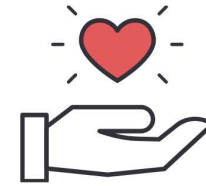
On behalf of the Congressional Military Family Caucus, we are honored to extend an invitation for you to virtually attend this year's Congressional Military Family Caucus Summit.

Co-Chairs Congressman Sanford D. Bishop, Jr. and Congresswoman Cathy McMorris Rodgers have announced this year's theme, "Taking the Pulse of Military Families during COVID-19".

In addition, participants will be able to ask important questions to Members of Congress, military leaders, veteran organization leaders, and military support organizations.

Sharing the belief that taking care of the full spectrum of our military families is vital to maintaining the strength of our all-volunteer force, the Caucus would like to invite you, your staff, and interested constituents in your districts to participate in this year's virtual event.

If you have any questions, please contact Paul Jenkins paul.jenkins@mail.house.gov, or Matthew Cardenas matthew.cardenas@mail.house.gov.



CONGRESSIONAL MILITARY
FAMILY CAUCUS

TAKING THE PULSE OF MILITARY FAMILIES DURING COVID-19

The Summit will feature speakers and panels focused on the vital issues currently confronting our nation's military families -
Modern Military Communities, Education, Child Care, Spouse Employment, Healthcare/EFMP, Mental Health, Financial Readiness, Food Insecurity, and Housing.

THURSDAY, OCTOBER 14, 2021,
9:00 A.M. TO 5:00 P.M. EDT
VIA ZOOM

Register at
<https://bishop.house.gov/CMFC-Summit-2021>

Garrison Chaplain



Fort Benning Religious Support Family Night



Wednesday Nights 5:00 – 8:00 p.m.

Main Post Chapel

Everyone Welcome!!!

Events each week

5:15-5:45

Family Dinner - Donation \$2/person or max \$10/Family

5:50-6:05

Family Worship

6:10-7:30

Children – AWANA

6:15-7:20

Youth (6-12 grade) – Games & Bible study @ Bldg 16

6:10-6:55

Adults – Parenting study

Ft. Benning Religious Support Family Night's purpose is to grow in the love and knowledge of God as we meet the needs of discipleship and fellowship for the whole Family

Directorate of Family and Morale, Welfare and Recreation



<https://benning.armymwr.com/>

MALL BOWLING SPECIALS



SEPTEMBER

\$12 **LABOR DAY WEEKEND:**
unlimited bowling Enjoy unlimited bowling for \$12 for
2 hours, includes shoe rental

OCTOBER

WEEKDAYS: \$2 games, \$1 shoe rental

\$5 **OCTOBER 31:** Kids bowl 2 free
games and parents bowl 2 games for
only \$5! Shoe rental not included

NOVEMBER

WEEKDAYS: \$2 games, \$1 shoe rental

Free **THANKSGIVING BREAK:** weekdays
only Kids bowl 2 free games! Shoe rental not included.

For more info, visit benning.armymwr.com



BOWLING ENTERTAINMENT CENTER SPECIALS

SEPTEMBER

weekdays: \$2 games, \$1 shoe rental

BO GO Playzone: Buy one child admission and receive second child admission for free! Free admission must be redeemed on same day; no coupons.

OCTOBER

weekdays: \$2 games, \$2 shoe rental

\$3 Playzone: **OCTOBER 31:** Children who come in dressed in costume can enjoy PlayZone admission for only \$3

NOVEMBER

weekdays: Half-priced playzone for \$3

FREE **Thanksgiving Break:** Kids bowl 2 free games! Shoe rental not included. Parents that purchase bowling during Thanksgiving Break **weekdays** also receive free PlayZone access for the day! (i.e. If two adults bowl, two children receive free access.)

For more info, visit benning.armymwr.com



<https://benning.armymwr.com/>



COACHES NEEDED!

CYS Youth Sports is looking for coaches for the following sports:
Football, Flag Football, Soccer, Baseball, T-Ball, Coach pitch Baseball, Wrestling and Basketball to coach children ages 4-16.
Give back to the community and coach a new generation of athletes! (Coaches discounts offered!)

COACHING REQUIREMENTS:

- local background checks must be cleared on all coaches prior to team assignment
- Coaches must attend one of the coaches clinics to review the roles and coaching policies and become certified through the National Alliance for Youth Sports

Interested? Sign up today by calling the Youth Sports office at 706-545-0522 or Parent Central at 706-545-2079



ADVENTURE PROGRAMS



AVAILABLE PROGRAMS:



Archery Tag, Biking, Kayaking,
Paddle Boarding, Paintball or
Recreational Shooting

Enjoy a private activity for:

PT • Organizational Day • Unit Event • SFRG Event
Birthday Party • Church or Club Event

Book your next private adventure with the Fort Benning Outdoor Recreation team.

Book your next adventure, call 706-366-3338 or 706-570-5979 • benning.armymwr.com



<https://benning.armymwr.com/>

NEW PARENT SUPPORT PROGRAM

Every 3rd Thursday each month

9:30-10:30 a.m. | Bldg 2652, 6980 Dixie Road

Blue Field Pavilion, Zuckerman Avenue

Our Play and Learn Playgroup is designed to provide activities for families to play and interact with their children and explore many developmental domains including sensory experiences, motor skills, and language skills.

The New Parent Support Program (NPSP) is a program offered to Army Families to enhance parent and infant attachment, increase knowledge of child development, and provide connections to support services that allow parents to become nurturing and capable caregivers.

For more info, call 706-545-6316/9358.



Items Recycle Does NOT Take!

X MICROWAVES **X** COUCHES **X** MATTRESSES **X** BOX SPRINGS **X** COUCHES

Please be courteous of what you recycle at your recycling location! For items shown above, please use bulk pick-up provided by the Villages of Benning (contact your VOB office for more information on pick up dates), or take bulk trash to the Material Recovery Center at Building M0298 on Jamestown Road.

For an entire list of do's and don'ts, as well as recycling locations, visit benning.armymwr.com — Recycle Program.

<https://benning.armymwr.com/>



FIRST AID, CPR, AED

\$100 PER PERSON
9 A.M. – 5 P.M. | 1-DAY CLASSES

2021

October 13, November 17, December 8

2022

January 12, February 16, March 16, April 13, May 18, June 15, July 13, August 17, September 14

Participants will earn a 2-year certificate in Adult, Child, and Infant CPR/AED/ First Aid from the American Red Cross.

**TO REGISTER,
CALL 706-844-5766.**

For more info, visit benning.armymwr.com.

A collage of images showing various outdoor activities: paintball, whitewater rafting, ziplining, and archery. The background is orange with black and white geometric patterns. A QR code is in the top right corner.

WARRIOR ADVENTURE QUEST

FORT BENNING, GA

FREE TO UNITS
HIGH ADRENALINE ACTIVITIES
ARCHERY TAG, GO KARTING, PAINTBALL, TRAP SHOOTING,
WHITewater RAFTING, ZIPLINING

Available to use once every two years or Post Deployments

For more info, call 706-366-3338 or 706-570-5979, or email ODRBenning@gmail.com
benning.armymwr.com



<https://benning.armymwr.com/>



UNITED STATES ARMY
FORT BENNING, GA 31915
Sponsored by MWR

OKTOBERFEST

OCT 16

10K LEDERHOSEN LEAP

9 A.M. | Early registration \$30: free t-shirt for the first 150 participants. Day of registration increases to \$40. Not stroller friendly
(early registration runs until midnight on October 14 online and noon at Smith Fitness Center, October 15)

5K DIRNDL DASH

9:30 A.M. | Early registration \$15 for 6 and over and \$10 for 5 and under: free t-shirt for the first 150 participants. Day of registration increases to \$5 for each. Stroller friendly.
(early registration runs until midnight on October 14 online and noon at Smith Fitness Center, October 15)

REGISTER ON WEBTRAC, ACTIVE.COM OR SMITH FITNESS CENTER
Each race is limited to the first 300 registered and each runner will receive a finisher medal. We encourage runners to come dressed in their favorite German attire! More info at benning.armymwr.com.




OKTOBERFEST

FREE ADMISSION

OCTOBER 15-17 • UCHEE CREEK CAMPGROUND & MARINA

Friday: 4 - 11 p.m. • Saturday: 10 a.m. - 11 p.m. • Sunday: 10 a.m. - 6 p.m.

Put on your dancing shoes, your dirndl or lederhosen and enjoy traditional German music and food!
Enjoy Sonnenschein Express, the MCoE Band and NEW this year — the Queen of Oktoberfest, Manuela Horn in our large Bierzelt or Biergarten!

Stein Hoisting Competition (win \$500) • Kinder Wiesn (Inflatables, Quad Jump, Petting Zoo, Carnival Rides, Pumpkin Patch, Drum Circle and more!)
Pontoon Boat & Hay Rides • Adult Games (21+) • Dog Contests • Mr. & Mrs. Oktoberfest competition • Bus Shuttle Available on Saturday



Stay tuned to benning.armymwr.com for full schedule of events!



FRIDAY, OCTOBER 15

4 - 11 p.m.	Food & beverage vendors open
4 - 8 p.m.	Limited children's activities (inflatables, petting zoo, pony rides, quad jump)
4 - 10 p.m.	Adult games (21+) and contests in Biergarten and fest tent
4 - 11 p.m.	Carnival rides (merry-go-round, ferris wheel, tea cups)
4:30 - 9 p.m.	Stein Hoisting competition registration (in front of fest tent)
	FEST TENT
4 - 5 p.m.	Sonnenschein Express
5 - 6 p.m.	Queen of Oktoberfest
6 - 6:50 p.m.	Keg Tapping Ceremony, MCoE Band, playing of national anthems
6:50 - 7:50 p.m.	Queen of Oktoberfest
7:50 - 8:10 p.m.	Stein Hoisting (Prelim 1 — men and women)
8:10 - 9:10 p.m.	Sonnenschein Express
9:10 - 9:30 p.m.	Stein Hoisting (Prelim 2 — men and women)
9:30 - 10:30 p.m.	Queen of Oktoberfest

SATURDAY, OCTOBER 16

7 - 8:45 a.m.	Late registration for 5K Dirndl Dash and 10K Lederhosen Leap
9 a.m.	10K Lederhosen Leap starts
9:30 a.m.	5K Dirndl Dash starts
10 a.m. - 12 p.m.	Volksmarch (no registration required)
10 a.m. - 10:30 p.m.	Post shuttle service
10 a.m. - 11 p.m.	Food & beverage vendors open
10 a.m. - 8 p.m.	Children's activities open: quad jump, crazy hair, tattoos, airbrush hats, crafts, hay maze, pumpkin patch, pony rides, petting zoo, inflatables, library activities
10 a.m. - 12 p.m.	Dog contest registration (in front of fest tent)
11 a.m. - 11 p.m.	Carnival rides (merry-go-round, ferris wheel, tea cups)
11 a.m. - 12 p.m.	Queen of Oktoberfest — KID SHOW (adult game area)
12 p.m.	Dog Contests: Best Dog Costume
12 - 4 p.m.	Drum Circles
12 - 5 p.m.	Pontoon boat and hay rides (last pontoon boat ride at 4:30pm)
1 p.m.	Dachshund Derby
2 - 10 p.m.	Adult games (21+) and contests in Biergarten and fest tent
3 - 5:30 p.m.	Stein hoisting competition and Mr. and Mrs. Oktoberfest (best Dirndl and best Lederhosen) registration in front of fest tent
	FEST TENT
11 a.m. - 12 p.m.	MCoE Band
12 - 1 p.m.	Sonnenschein Express
1 - 2 p.m.	Queen of Oktoberfest
2 - 3 p.m.	Sonnenschein Express
3 - 4 p.m.	Queen of Oktoberfest
4 - 4:20 p.m.	Stein Hoisting (Prelim 3 — men and women)
4:20 - 5:20 p.m.	MCoE Band
5:20 - 5:40 p.m.	Stein Hoisting (Prelim 4 — men and women)
5:40 - 6:40 p.m.	Sonnenschein Express
6:40 - 7:10 p.m.	Mr. & Mrs. Oktoberfest (best Dirndl and best Lederhosen) competition
7:10 - 8:10 p.m.	Queen of Oktoberfest
8:10 - 8:30 p.m.	Stein Hoisting Finals (men and women)
8:30 - 9:30 p.m.	Sonnenschein Express
9:30 - 10:30 p.m.	Queen of Oktoberfest

SUNDAY, OCTOBER 17

10 a.m. - 6 p.m.	Children's activities open: quad jump, crazy hair, tattoos, airbrush hats, crafts, hay maze, pumpkin patch, pony rides, petting zoo, inflatables, library activities
10 a.m. - 6 p.m.	Food & beverage vendors open
11 a.m. - 5 p.m.	Carnival rides (merry-go-round, ferris wheel, tea cups)
12 - 1 p.m.	Queen of Oktoberfest — KID SHOW (adult game area)
12 - 5 p.m.	Pontoon boat and hay rides (last pontoon boat ride at 4:30pm)
12 - 5 p.m.	Drum Circles
	FEST TENT
11 a.m. - 12 p.m.	Non-denominational Crossroads Church Service
12:30 - 1:30 p.m.	Sonnenschein Express
1:30 - 2:30 p.m.	Queen of Oktoberfest
2:30 - 3:30 p.m.	Sonnenschein Express
3:30 - 4:30 p.m.	Queen of Oktoberfest
4:30 - 5:30 p.m.	Sonnenschein Express



COMMANDING GENERAL GOLF SCRAMBLES


FORT BENNING GOLF COURSE

sponsored by **Flint** Energies
sponsorship does not imply endorsement

AUGUST 27
SEPTEMBER 24
OCTOBER 29
NOVEMBER 19
DECEMBER 10

\$40 per person

4 person format | Includes greens and
cart fees, range balls, lunch and prizes.

lunch
provided by 

FOR MORE INFO, CALL 706-545-0397.



FORT BENNING CLUB CHAMPIONSHIP

2-DAY EVENT

OCTOBER 23 & 24 • TEE TIME 8AM

FOUR DIVISIONS Open • Senior (Ages 50-65) • Super Senior (Age 66+) • Ladies
Advanced registration is required, call 706-545-0397 | Registration closes October 21
benning.armymwr.com

\$75
NON MEMBERS
\$60
MEMBERS

includes: cart fees, greens fees,
lunch & drinks (both days) and
prizes

<https://benning.armymwr.com/>

2 Mile HALLOWEEN KIDS FUN RUN

\$15
per child



REGISTER SEPTEMBER 1 – OCTOBER 22
BENNING.ARMYMWR.COM

10.30.21
8:30 A.M. | YOUTH SPORTS COMPLEX

Open to ages 5+
Parents are allowed to run with kids
Wear your best costume



ZOMBIE SHOOT

RECREATIONAL SHOOTING COMPLEX

\$15

per person
includes gun rental & ammunition

OCTOBER 30, 12 - 4 P.M.

10 rounds at 5 yards with a pistol, 10 rounds at 10 yards with a pistol and 10 rounds at 25 yards with a rifle. Targets are scored by number of hits, and prizes will be awarded to those with the highest number.

Open to ID cardholders ages 6 and older; youth 17 and under must be accompanied by an adult.

For more information or to register, call Recreational Shooting Complex at 706-545-6158.

★ FORT BENNING, GA ★

JON PARDI

live in concert

— Special Guest Kylie Morgan —

5th

NOVEMBER

6:30 P.M.

WETHERBY FIELD

GATES OPEN 5 P.M.



OPEN TO DOD ID CARDHOLDERS
FREE ADMISSION



BENNING.ARMYMWR.COM





SPOUSE LEADERSHIP Seminar

Oct 19-21 • 8:45 a.m. - 3 p.m.

McGinnis-Wickam Hall, Bldg. 4 | Room W 139

Oct 22 - Optional 4th Day with Bus Tour

Learn the foundations of military life and how to develop personal leadership skills. Hear tips on working with Soldier and Family Readiness Groups (SFRG). Gain practical knowledge and tips from current senior spouses and senior leaders. Access a wealth of resource information to help you be successful!

Register Sep 27 - Oct 11 by emailing Leslie Peters at leslie.s.peters.civ@mail.mil or call at 706-545-8463.

Complete details at benning.armymwr.com.

Garrison Commander



COL Alexis Rivera Espada

The next CARE Meeting is
Tuesday, 2 November 2021!

