

Looking for Housing in Your New Military Community?



Find Trusted Military Homes at AHRN.com

All of your housing options and moving resources in one place:

TYPES OF HOUSING

- Off-Base Rentals & For Sale
- On-Base Privatized Housing
- Temporary Lodging
- List Your Home for Free!

EASY SEARCHING

- Saved Personalized Profiles
- BAH Rates Specific to You
- Community Details
- Rent Smart Tool & More

PCS RESOURCES

- PCS Toolkit
- Military Spouse Blogs & Tips
- VA Loan Resource Center
- Installation Info & More







LET US KNOW HOW WE ARE DOING!

Good or bad, let us know how your experience was at our facilities. Your feedback is greatly appreciated and taken serious.

Visit benning.armymwr.com and look for the ICE logo at the bottom.



FORT BENNING FIELD DAY

for Tri-Community Exceptional Children

APRIL 5 • MAIN POST

We need you!

To volunteer for this great event, call 706-545-1853.

sponsored by:







FORT BENNING

will host the sixth annual Fort Benning Field Day for Tri-Community Exceptional Children April 5 on Main Post. This is an opportunity for the community's exceptional children to experience a day of fun, food and interactive sporting events and activities celebrating each child's unique abilities.

The event is held on York and Stewart-Watson fields and at Smith Fitness Center. Participants include students from Fort Benning Schools, Lee County, Fort Benning Homeschoolers, Chattahoochee County, Phenix City, Russell County, Muscogee County and Harris County.

Approximately 1,200 student athletes and 1,200 volunteers will attend this event, which starts at 9am with a opening ceremony, which includes the flame lighting and ends at around 1pm. Each athlete will receive a medal and will go home with a happy and smiling face.



Activities include (subject to change):

ATHLETES 7 AND YOUNGER

25 Meter Dash, Tennis Ball Throw, Basketball Shoot, Lawn Bowling, Home Run Derby, Football Field Goals, Inflatable Obstacle Course

ATHLETES 8 AND OLDER

100 Meter Race, 50 Yard Race, Standing Long Jump, Tennis Ball Throw, Soccer Shoot, Lawn Bowling, Bocce Ball, Home Run Derby, Football Field Goals, Football Quarterbacking

WHEELCHAIR EVENTS

(Smith Fitness Center)
25 Meter Dash, 25 Meter Kickball
Carry, Bowling, Bean Bag Target Toss

LETTER FROM DIRECTOR



AL GELINEAU

Director of Family and Morale Welfare and Recreation

Fort Benning MWR division chiefs, program managers and senior leaders met recently for a planning session in which the main topic of discussion was the challenges we face as an organization dedicated to exceptional service and programming in light of ongoing budget cuts.

These are challenging times, this new fiscal reality, and though we saw it coming, talked about it and prepared for it for the past few years, it's still a very bitter pill to swallow. At Fort Benning MWR, we will see a reduction in force and a loss of various programs and resources.

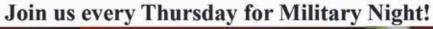
I am encouraged by the commitment of the MWR team. Together, we have made it our goal – our vision – to be your first choice in respect to recreation, business and service opportunities on Fort Benning. Our mission is to provide exceptional and diverse Family and MWR programs and services that enrich your quality of life. It is our policy to relook this vision and mission every year, to evaluate our priorities and revise them accordingly to reflect any changes we might deem appropriate.

Without exception, our team members expressed an unwillingness to revise our vision. They remain focused on exceptional customer service and world-class programs and services. They believe, as I believe, that we will continue to offer the very best in the way of events and activities for the very best Army community in the world.

Oxford Dictionary defines vision as "the ability to plan the future with imagination or wisdom." Imagination or wisdom. For nearly two decades we've been limited only by our imagination here at MWR when it came to the planning of incredibly exciting events and new programs. Today, we are limited by our budget.

That means we will plan for the future wisely. We will use every dollar wisely. We will make wise decisions about which event and activities best benefit the Fort Benning community. We will not give up ground when it comes to the quality of service we offer. You will not see a degradation in the MWR standard. We will remain committed to providing exceptional, diverse programs and services. Fewer perhaps, but exceptional nonetheless.

Bear with us in the coming months as we look for ways to communicate changes to you. Please stay tuned to our website, benning.armymwr. com, and our social media platforms. We're on Facebook, Twitter and Instagram. And feel free to email me at benningmwr@gmail.com with any questions or concerns you may have about the future of MWR at Fort Benning.





Texas Roadhouse is famous for our Hand-Cut Steaks, Fall-Off-The-Bone Ribs, Made-From-Scratch Sides and Dressings, Fresh Baked Bread, Ice Cold Beer, and Legendary Margaritas!

With your military ID and with the purchase of an entrée, you get a free Cactus Blossom appetizer! The Texas Roadhouse in Columbus, GA truly appreciates ALL you do!



Sunday Family Night! Join us every Sunday for Family Night! Kids can enjoy JR Kid's Meal all day on Sundays for only \$2.99 with the purchase of one adult entree. Children must be 12 years or younger.

*May exclude Holidays

Call Ahead Seating & Online ToGo Ordering Available!

2970 North Lake Parkway | Columbus, GA 31909

706-323-6616

We are proud to serve those who have served our country!







ON THE GO MAGAZINE MARCH/APRIL 2019

Printed by Marcoa Media, LLC. Published 6 times a year with combined issues in January/February, March/April, May/June, July/August, September/October, November/December by the Directorate of Family and Morale, Welfare and Recreation. On the Go magazine provides information about DFMWR programs, activities and services. Per issue circulation: 10,000. To advertise in publication, call 706-325-0758.

10 COMMUNITY SERVICES

Army Community Service | BOSS CARE | Library

16 DINING

Benning Club | Breezeway Bar & Lounge Destiny Dogs | El Zapata Jack's 19th Hole | Java Cafes Little Caesars | Smoothie King SUBWAY | Zaxby's | Fiddler's Green

19 ENTERTAINMENT

Bowling | Family Entertainment Center | Drop Zone Infantry Bar

21 KIDS ZONE (CYS)

Child Development Centers | Family Childcare Homeschoolers | Middle School & Teen School Age Care | Youth Sports Youth Sports Instructional Programs Parent Central | School Liaison Officer

23 STAY AND PLAY

Destin Army Recreation Area | McIver Suites Uchee Creek

29 RECREATION

Golf | MWR Bingo Center Outdoor Recreation & Equipment Checkout Recreation Centers | Recreational Shooting Complex

36 SERVICES

Auto Skills | Car Wash Laundromat | Tickets & Travel Recon Sportswear | American Airborne | Soldier Photos

40 SPORTS & FITNESS

Commander's Cup | Fitness Centers Intramural Sports | Post Level Sports | Aquatics/Pools

42 DIRECTORY

BENNING.ARMYMWR.COM



MADELENE CELESTINE Exceptional Family Member Program Specialist

As an Exceptional Family Member Program Specialist at Army Community Service, Madelene Celestine plans and coordinates a great variety of activities for active duty Soldiers who have family members with exceptional needs, whether physical, developmental, emotional or intellectual. The EFMP on Fort Benning offers a vast array of support services for families enrolled in the program. It's Celestine's mission to ensure Soldiers have the medical and educational services they need at Fort Benning to foster growth and development at home and at work.

After a career in the Navy and the Army National Guard, Celestine began her career with MWR seven years ago, when she first went to work with EFMP in Germany. Her assignment at Fort Benning brings her home, the Fort Valley native said. Being a part of the

Fort Benning community "is like taking care of family."

Celestine has enjoyed the travel opportunities her career and her husband's career has afforded her family, but she looks forward to life at Fort Benning, where she and her husband, Command Sgt. Maj. Martin Celestine, and their daughter enjoy their new residence in one of the charming historic homes on Main Post.

Her time at Fort Benning will be one of growth and development and service, said Celestine. "My goal is to continue to serve and support the Fort Benning community at Army Community Service and also as senior spouse in every way I can," she said. "I desire to learn from yesterday and be better today!!"



L-R: Nancy Hadley, Jean Leaks, Anna Vilcone, Tony Bunyea, Thomasina Smith and Emily Spears

ON THE GO

FAMILY AND MWR

Al Gelineau **Director**

Patricia Lamson **Deputy Director**

Connie Andrews **Chief, NAF Support Management**

James Shoemaker

Chief, Business Recreation

Amorio Parish

Chief, Child & Youth Services

Patricia Lamson

Chief, Army Community Service

MARKETING

Shannon Beck **Marketing Director**

Chris Wojciechowski **Graphic Designer**

Jamie White Videographer

Bridgett Siter Publicity Specialist

Martina Pressley Olivia Robinette **Marketing Associates**

Terrill Alexander Sponsorship & Advertising

PUBLISHING & ADVERTISING

Marcoa Media, LLC 9955 Black Mountain Rd. San Diego, CA 92126 706-325-0758

Publisher

For Advertising Opportunities Contact:

Heather Marshall Project Manager 706.325.0758 Heather.Marshall@marcoa.com

You serve your country.



As a servicemember, your life of service is just beginning.

Help your community, your country and veterans.

And have a good time making differences with people who get you.

Be part of the legacy. Share the vision.



THE AMERICAN LEGION www.legion.org

MILTON E. LONG LIBRARY



Long Library is a clearinghouse of libraries! With an account at MWR's Long Library, you can access all kinds of information in a variety of formats. Want to fix your car? We can help you access the Chilton Library for all your auto care questions. Preparing for the ASVAB or another college level test? Learning Express has your test prep tools. Have a child that needs help in school? Tutor.com is available 24/7. Stingray Quello Concerts features more than 1700 concerts and music documentaries, and Weiss Ratings & Grey House Publishing can help you with financial planning. At Long Library, your personal library account gives you access to 39 databases and online tools for your recreational and educational needs. You will be amazed!

MARK YOUR CALENDAR FOR THE FOLLOWING ACTIVITIES.

- Enjoy Movies and Munchies every Saturday at 1pm.
- All ages are invited to create **Crafts Galore** at 10:30am March 2 and April 6.
- Drop in between 3 or 4:30pm March 5 and April 2 for **Teen Tuesdays**, and enjoy door prizes, refreshments and a variety of activities.
- Girls between 7 and 13 years old will enjoy the **American Girl Book Club** at 6:30pm March 6 and April 3.
- Read a book and watch the movie at the **Book to Movie Club** March 19 (Twilight: New Moon) and April 16 (A Wrinkle in Time.) The fun starts at 5:30pm.
- Board Game Night for all ages is scheduled for March 13, March 27, April 10 and April 24 at 6pm.
- Family Movie Night starts at 5:30pm March 14 and April 11.
- The **Fire and Ice Book Club**, based on Game of Thrones, starts at 11:30am March 14 and April 11. Lunch is provided, but you must register! Call 706-545-4911.
- We provide the coffee and coloring sheets for our **Coffee and Coloring** adult meet-up at 10am March 18 and April 15.
- Elementary age readers will enjoy the **Superhero Book Club** at 6:30pm March 20 and April 17.
- The new Move and Groove Club for all ages meets at 10:30am March 23 and April 27.



WHAT IS BOSS?

Better Opportunities for Single Soldiers (BOSS) was initiated in 1989 for the more than half of all US Soldiers who are single. The program welcomes all Soldiers, all ranks and ages, as well as authorized MWR patrons, including civilians.

COMPONENTS OF BOSS:

Quality of Life/Well Being: This includes issues that influence the morale, living environment or growth and development of Soldiers. Examples include problems in living quarters, parking, PX/commissary issues and concerns about utilities, such as telephone or cable service.

Community Service: Activities are planned with on- and off-post agencies. Many programs ask us to provide volunteer support for their projects, which have proven to be worthwhile for everyone involved. Soldiers acknowledge that volunteering makes a noticeable difference in their lives and the lives of others. All community service projects provide the opportunity to increase awareness about the BOSS program while demonstrating the outstanding character of BOSS Soldiers.

Recreation and Leisure: Ideas for trips and events are planned and supported by BOSS Soldiers and coordinated through the BOSS advisor and president. They must receive military and civilian chain of command approval. Money raised through BOSS fundraisers often pays for a portion of expenses associated with activities.

COMMUNITY SERVICES



April is Child Abuse Prevention Month. The future of our community and our culture depends on the prosperity of our children. When we invest in the health and well-being of our families, we reap dividends through generations of productive and responsible citizenship. Our children are our future.

Together, we can work to strengthen families and prevent the abuse and neglect of children. Here are some of the programs and services the **Family Advocacy Program (FAP)** offers at Fort Benning to foster healthy relationships.

FAP is dedicated to the prevention, education and intervention of child abuse and neglect and partner/spouse abuse. **FAP Training Specialists** train Soldiers and their families, military leaders, civilian professionals and the community on a variety of prevention services. For information on training, call 706-545-4013/8740.

FAP Victim Advocates provide crisis intervention, information, and referral for families facing stressful situations. To speak to an advocate, call 706-545-3202 or 706-626-2614.

The **New Parent Support Program (NPSP)** offers home visits, professional advice, training and education to new parents and expectant parents. The NPSP provides weekly infant and toddler playgroups. To schedule a visit or speak to a child care expert, call 706-545-6316/9857.

FAP provides respite child care to relieve parental stress. Families may receive respite care during emergencies, when enrolled in treatment programs, or while attending classes that strengthen and develop family relationships. For information, call 706-626-2614.

The **First Steps Program** provides emotional support, education and community resources to parents of newborns. The First Steps coordinator visits with families of newborns at Martin Army Community Hospital and provides a gift bag filled with resource information and a DVD on the Period of Purple Crying that educates new parents on the crying patterns of infants. For more information, call 762-408-5108.

For a list of Child Abuse Prevention Month events, go to benning.armymwr.com. The FAP office is located on the first floor of Lewis Hall, 7131 Richardson Circle, Building 36.





ARMY VOLUNTEER CORPS

Each year, community members put in countless hours volunteering to make life Better at Benning for our Soldiers and their Families. During the month of April, Fort Benning highlights Soldiers, Family Members, Youth, Retirees and Families that take time to invest back into our community and recognizes the hard work that goes into being a volunteer. From fostering animals in pet shelters to leading Family Readiness Groups to assisting children with special needs at the annual EFMP Field Day, our volunteers make so many things happen on and off our installation that have a tremendous impact in our community. The ceremony distinguishes outstanding support to the unit and/or Fort Benning community. Volunteer efforts must be significant in nature and produce tangible results. Each individual or organization must be nominated by a community member, with a written explanation of how their efforts have improved or assisted with our Soldiers and Families.

On April 11, Fort Benning leaders will have an opportunity to show gratitude to those who have gone above and beyond in those efforts. We join them in saying "Thank You" for giving of your time and talents to our community.

COMMUNITY SERVICES



ACS RELOCATION PROGRAM

The Relocation Readiness office is open from 8am-4:30pm Monday through Thursday and 10am-4:30pm Fridays at Building 7, ACS headquarters, 7117 Baltzell Avenue. For information, call us at 706-545-0403/4485. Stop by our office and pick up a Welcome Packet. Relocation Readiness offers the following services:

NEWCOMERS ORIENTATION

Welcome to Fort Benning! If you are new to the installation, join us for the weekly Newcomers Orientation from 9-11am Wednesdays at Army Community Service Auditorium in Building 7. Military personnel, family members and civilians are invited. Here you will learn about resources, programs, activities and organizations on post and all across the Chattahoochee Valley. Spouses are encouraged to attend, and children are welcome. Breakfast is provided. For more information, call 706-545-0403/4485.

LENDING CLOSET

Still waiting for your household goods to arrive? Our Lending Closet has basic household items available for Soldiers and families while their household goods are in transit, whether they're coming to Fort Benning or leaving. We offer basic kitchen equipment, folding table and chairs, sleeping mats, microwaves, ironing boards, irons, high chairs, car seats, packn-plays and alarm clocks. You may borrow for up to 30 days when you present your orders, an ID card and a unit POC. The Lending Closet hours is open 8am-4pm Monday through Thursday and 10am-4pm Friday.

SPONSORSHIP TRAINING

The Total Army Sponsorship Program helps Soldiers, civilian employees and family members during the relocation process. Attendees learn the various elements of the sponsorship program, including how to be an effective sponsor and where to find information for incoming personnel. To schedule training for your unit, call 706-545-0403.

PCS BRIEF

PCSing? How exciting! We host a monthly PCS briefing to help make this transition smooth and enjoyable. Join us the fourth Thursday of each month (March 28 and April 25) from 8:30-11am at the ACS auditorium in Building 7. To reserve your spot. Call 706-545-4485/0403.

RELOCATION COUNSELING

If you cannot attend a PCS brief, make an appointment to meet with a Relocation Readiness counselor at 706-545-4485.

MULTI-CULTURAL

Interested in Citizenship Study Group or English as a Second Language Classes? Contact ACS Relocation office for more information. 706-545-4485/0403.

HEARTS APART

The Hearts Apart program is designed for military families whose deployed Soldier is not attached to a Fort Benning unit and those on an unaccompanied tour overseas. Without a local family readiness group, it's easy to feel isolated and lonely. Hearts Apart will help you survive and thrive during this difficult separation. Join us from 11:30am-1pm May 9 at ACS in Building 7 on Baltzell Avenue. For more information, call 706-545-4485/0403.



EXCEPTIONAL FAMILY MEMBER **PROGRAM**

Join the Exceptional Family Member Program from 5:30 to 7:30pm March 21 at Exodus Escape Games in Columbus. This is a free event for the parents of exceptional family members. You must be registered with EFMP to participate. To register by March 8, email Aleida.l.brown. ctr@mail.mil.

The Exceptional Family Member Program will host the free Military Parent to Parent, Supporting Parent Program workshop from 8am to 1pm April 11 at ACS in Building 7 on Baltzell Avenue. This program includes parents of children with disabilities who volunteer their time to talk to other parents of children with disabilities. To register by April 9, call 706-545-2679/6545.



SURVIVOR OUTREACH SERVICE

Gold Star Spouses Day will be recognized on April 5. This recognition of the sacrifices made by military spouses is all at once a memorial for the fallen, a remembrance day for the survivors, and an appreciation for those who are sometimes in danger of being overlooked for their support and service to the country.

HOW TO ORGANIZE A COLLECTION DRIVE

Operation Gratitude sends 100,000+ Care Packages each year to deployed Troops and Wounded Warriors. We rely on donations to help us show our Soldiers, Sailors, Airmen, and Marines that they are not alone!

Holding a Collection Drive for Operation Gratitude is an active and fun way for your friends, neighbors, or organization to show support for our troops!

To begin your Collection Drive:

- Notify your constituency of the dates, times, and location of collection.
- Specify what items you will accept. (Some suggestions can be found in the Wish List to the right.)
- Encourage donors to include personal letters to the Troops. These are
 often the most cherished items in our care packages.
- Keep in mind that we only accept delivery of items during the following times:
 - PATRIOTIC DRIVE: March 15th thru May 5th
 - HOLIDAY DRIVE: September 15th thru December 5th



Ship all donations to:

OPERATION GRATITUDE

17330 Victory Boulevard Van Nuys, CA 91406

Attn: Rich Hernandez: 262-674-7281

For more information visit us on the web at www.OperationGratitude.com
on Facebook at www.facebook.com/OperationGratitude
or send an email to OpGrat@gmail.com



WISH LIST

- Knit Hats & Scarves
- · Cool Ties or Neck Gators
- Yarr
- Beanie Babies, Webkinz, Trolls, or other small plush toys
- · Halloween or Easter Candy
- Socks (preferably black, brown, green, or tan – not white)
- Mini battery-powered fans
- Personal Electronics
 - o iPods.
 - o DVDs,
 - o CDs,
 - o Video Games,
 - o Flash Drives
 - Headsets (Headphones & Microphones)
 - o WebCams
 - o Used cell phones/PDAs
- Gift Cards to chain stores, such as
 - o Walmart.
 - o Walgreens,
 - o Target,
 - o etc.
- Snacks, such as
 - o Energy Bars
 - o Beef Jerky
 - o Trail Mix
 - NutsSunflower Seeds
 - o Candy
 - Ready-to-eat Tuna or Chicken Salad kits
 - o Girl Scout Cookies
 - Single serving Powdered Beverage Mixes
 - Single serving boxes of cold cereal
 - Single serving packets of hot cereal
- Personal Care Products
 - o Lip Balm
 - o Toothpaste
 - o Toothbrushes
 - o Roll-on Deodorant
 - o Razors
 - Individual packets of moist towlettes
 - Hand/Foot Warmers
 - o Foot powder (travel size)
- Blank greeting cards or stationery

COMMUNITY SERVICES



ARMY EMERGENCY RELIEF

Each year the Army conducts its annual fund raising Campaign for AER during the period March 1 through May **15**. Fort Benning will start its annual fund raising campaign with a Kick-off Rally at the Benning Club on March 8 at 10am, open to the community. With an increase in support from commanders/1SG(s) and the community, we can easily exceed 2018 contributions. For over 77 years, AER has faithfully "Helped the Army Take Care of its Own" by providing \$1.9 billion in interest-free loans, grants and scholarships to Soldiers and Families around the globe during peace and war. AER at Fort Benning has provided an average of \$2.5 million per year for the past five years in emergency financial assistance.

The Legacy - Did You Know?

Since incorporation in 1942, AER has faithfully helped the Army "take care of its Own" by providing emergency financial assistance to Soldiers, retired Soldiers and their Families.

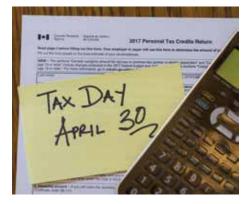
Financial assistance is provided through interest-free loans or grants, or a combination of both to assist in areas such as:

Emergency Travel • Rent/Utilities • Essential POV Repair • Non-Receipt of Pay Advance Travel Funds for PCS • Dependent Dental Care • Rental Vehicles Minor Home Repair • Initial Purchase of Furniture • Replacement Vehicle

AER's Scholarship Program is a secondary mission to help Army Families with education costs at the undergraduate level. AER offers two scholarship:

Spouse Scholarships • MG James Urano Children's Scholarship

AER is located at 7117 Baltzell Avenue, Building 7. Call 706-626-0290 or 706-545-4043.



FINANCIAL READINESS PROGRAM

TAX SEASON IS HERE!

So, we are nearing the close of the 2018 tax season. Hopefully, most of our readers have filed their 2018 taxes already. Those of you who have may have discovered the impact of the new federal income tax brackets. The standard deduction has nearly doubled to \$12,000, up from \$6,350 for single filers and to \$24,000, up from \$12,700 for married filers. Great news, right?

Well, for low-income filers with taxable income

of \$38,700 or less, you will pay a lower percentage in taxes than you did for 2017. Make more than \$38,700 and it gets a bit murky. Those with taxable income between \$82,500 and \$195,450 will pay a higher percentage in taxes than in 2017.

If you are married filing joint, the pinch of additional taxes hits from \$167,500 to \$195,450 and from \$200,000 to \$424,950. Those with over \$426,700 in taxable income enjoy a consistent drop in the percentages paid.

So, it is recommended that you visit a tax professional, use the Benning Tax Center and come to ACS Financial Readiness to develop a plan for your tax payment or refund, 706-545-4043.



SHAPING A CULTURE OF TRUST. PROTECTING OUR PEOPLE PROTECTS **OUR MISSION**

Know your role! During the month of April, Sexual Assault Awareness and Prevention Month, the Department of Defense focuses on eliminating sexual assault by encouraging all service members to make a personal commitment to the safety and well-being of the entire force. You have a part in combating sexual assault!

Since 2012, studies show a steady decline in the number of reports of sexual assault in the military. That's good news! Recognizing that one assault is one assault too many, we can work together to continue this trend until we eliminate the problem of sexual assault altogether in the Army, the most trusted institution in America. Speak to your SHARP representative today to learn more about your role in the fight against sexual assault.

APRIL 24 IS DENIM DAY

The non-profit organization Peace Over Violence launched the annual Denim Day campaign nearly two decades ago in an effort to increase awareness about the problem of sexual assault. Since the year 2000, the last Wednesday in April, which is Sexual Assault Awareness Prevention Month, is designated Denim Day. Participants wear denim to show solidarity, to spur conversation, and to increase awareness about a problem that plagues the international community.

The campaign was inspired by a ruling of the Italian Supreme Court whereby a rape conviction was overturned because, according to the justices, the victim's blue jeans were so tight she would have had to help her rapist remove them, thereby implying consent. The following day, the women in the Italian Parliament wore blue jeans to work to show their support for the victim and their outrage over the ruling. Since then, Denim Day has become a peaceful protest against destructive attitudes about sexual assault. We encourage you to join us. Wear denim April 24!

COMMUNITY SERVICES



EMPLOYMENT READINESS PROGRAM

You want your children to prosper, and that means you want to guide them toward a career that brings fulfillment and financial security. Don't wait!

The **Employment Readiness Program (ERP)** can help lay the groundwork now for a prosperous future. We will partner with Child & Youth Service to host the second annual **Youth and Teen Employment Development Summit**, which includes a variety of workshops designed to help them get off to a good – and early - start.

The **Teen Workshop** is scheduled for 9am-1pm **March 16**. Middle schoolers and high-school aged students will take an assessment to gauge their interests and reveal to them potential career fields that meet their interests. Matching interests to potential careers will put them on the path to happiness, success and motivation. Participants will learn how to research various career fields and positions; determine the level of education they'll need to succeed in their area of interest; and discover the potential income and growth within the industry or field they choose to pursue. They will develop a resume that reflects their goals, academics, extra-curricular activities, volunteer positions and employment history. They will also learn to interview skillfully, communicating their interests and goals with confidence and enthusiasm. The ERP team will also introduce stable career opportunities for those who do not choose to attend college, so that they may begin securing a position before graduating high school.

The **Youth Workshop** is scheduled for 2:30-4:30pm **March 12**. Younger students will enjoy fun activities and interactive games to help them develop professional, social and communication skills. They will learn about the Career Clusters that will foster their imagination with realistic career goals.

The Employment Readiness Program and the Villages of Benning host free classes each month at neighborhood event rooms to help spouses in the areas of professional development and employment. You may attend any and all of these classes in any village. These classes include information on the job search, resume development, scholarships and education goals. Classes are 6-8pm March 27 at the Custer Village Event Room and April 24 at the Indianhead Village Event Room. To register, call 706-545-4043.

Mark your calendar for these classes!

Enhancing Employment with Social Media, 9am-noon, March 7 and April 4 Job Strategy Workshop, 9am-noon, March 12, April 9 Civilian Resume Class, 9am-noon, March 19 and April 19 10 Steps to a Federal Job, 9am-noon, March 26 and April 23 Interviewing Skills, 9am-noon, March 28 and April 25

To register for ERP classes or the Youth/Teen Summit, call 706-545-4043.



COMMUNITY ACTIVITY RESOURCE EXCHANGE (CARE)

CARE meetings are open to the general Fort Benning community, specifically targeting spouses and family members of all ranks. CARE is a forum where shared concerns are voiced and responses are heard from subject matter experts and shared with the group. Panel Members from the following agencies/directorates:

Garrison • DFMWR • DES MACH • Villages of Benning Commissary • AAFES • Chaplaincy DoDEA Schools

The Garrison Commander will select the topics to be discussed.

CARE minutes and SIGNACTS calendar are posted to https://benning.armymwr.com/

March 5 - Transitioning Services

Talking points from SFL , VA, DOL, Retirement Services, Transportation Red Cross Awareness Month – (Michele Walton) and Kids Camp Fair Event at the NIM – Charlotte Bowman (Spring Break for Fort Benning Schools is 25-29 March)

April 2 - Awareness Months

Talking points on Autism Awareness Month – (EFMP Program), Month of the Military Child (CYS – Amorio Parish), Child Abuse Prevention Month (FAP - Theresa Sanchez) and Pastoral Institute (Thomas Waynick).

BENNING CLUB



Join us for a delicious Easter Brunch at the Benning Club April 21. For more information, go to benning.armymwr.com.

JAVA CAFÉ



Our March special is a yogurt and mixed fruit parfait for only \$2.50!



ENGLISH MUFFI



Introducing the newest menu item at Java Café, our new bacon or ham English muffin, with egg and cheese, for only \$3, available from 7 to 10:30am weekdays in April.



Building 128, 7010 Morrison Avenue 706-545-0935

Weekdays: 11am-1:30pm Weekends/Training/Federal Holidays: Closed



Building 2785, 6530 Eckel Avenue (inside the Family Entertainment Center) 706-685-4466 Sunday: Closed Monday - Tuesday: 11am-2pm Wednesday - Thursday: 11am-6pm Friday - Saturday: 11am-8pm



Building 2784, 7611 Sightseeing Road 706-689-9009 • Catering available Weekdays: 11am-2:30pm & 5-9:30pm Saturday: noon-9:30pm Sundays: Closed



Building 390, 390 Baltzell Avenue located at Fort Benning Golf Course 706-545-0397 Thursday - Sunday: 11am-3pm



Main Post

Building 1685, 1685 Gaudette Street 706-626-0232 Weekdays: 7am-3pm

Weekdays: 7am-3pm Saturday: 9am-2pm Sunday: Closed Federal Holidays: Closed

Harmony Church

Building 4102, Jamestown Road 706-626-2971 Weekdays: 6am-2nm

Weekdays: 6am-2pm Weekends: Closed Federal & Training Holidays: Closed

Inside Building 35

Ridgeway Hall, Building 35, 35 Ridgway Loop Weekdays: 7:30am-2pm Weekends/Training/Federal Holidays: Closed



Building 129, 9058 E Ballard Street Located on the back side of the Benning Club 706-682-2799

Sunday - Thursday: 11am-10pm Friday & Saturday: 11am-11pm Buffet hours are 11am-2pm and 5pm-8pm



Building 9232, 8140 Marne Road. 706-682-7781 Monday -Thursday: 10am-0pm Friday: 10am-11pm Saturday: 11am-10pm Sunday: 1pm-7pm Federal Holidays: 1pm-9pm



Building 2874, 6835 Dixie Road Located inside Smith Fitness Center 706-685-8200 Weekdays: 7am-8nm

Weekdays: 7am-8pm Saturday: 10am-4pm Sunday: 11am-3pm



Building 2502, 7308 Anderson Street next to Drop Zone 706-687-8274 Weekdays: 7am-10pm Saturday: 8am-10pm Sunday: 9am-10pm

Located inside Sand Hill Rec Center Building 3308, 41st Infantry Regiment Street 706-687-4919 Weekdays: 8am-8pm Saturday: 8am-8pm Sunday: 9am-8pm



Building 1692, 7290 Ingersol Street Next to Wynnsong Theater 706-683-0066 Open 7 days a week Lobby, 10:30am-9pm Drive-thru, 10:30am-10pm





BUILDING 1692, 7290 INGERSOL STREET NEXT TO WYNNSONG THEATER 706-683-0066 OPEN 7 DAYS A WEEK LOBBY, 10:30AM-9PM DRIVE-THRU, 10:30AM-10PM





ENTERTAINMENT

FAMILY ENTERTAINMENT CENTER



They need to burn energy, and you need a break. Head over to MWR's Family Entertainment Center on the corner of Sightseeing Road and Eckel Avenue, just down the street from Smith Fitness Center. The FEC is an indoor playground and bowling center, with a play area reserved just for toddlers and a comfortable sitting area for parents who just want to relax, visit with friends, watch TV or read a good book.

And there's no need to rush home for dinner! Destiny Dogs serves up a delicious variety of meals and snacks — perfect for feeding the family or feeding guests at your party. All throughout the month of March, you get a free plain hotdog when you order a chili dog.

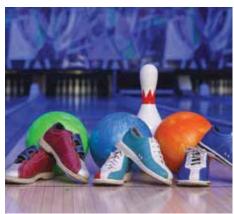
You see, the FEC offers various event packages to suit your needs, whether you're hosting a birthday party for a child or a family day event for the whole unit.

To schedule an event at the FEC, call 706-545-4272. For information on Destiny Dogs, call 706-685-4466.

We think you'll enjoy the FEC so much, you'll be back very soon. Be sure to pick up a punch card during your next visit, so you can earn free playtime for the kids.

Check out the latest specials at the Family Entertainment Center's bowling lanes.

- In March and April, bowl every Thursday from 6 to 10pm for \$1 per game and \$1 for shoe rental.
- No fooling! Bowl from 1 to 10pm April 1 \$2 per game and \$2 shoe rental.
- Sundays are Fundays! Bowl as long as you like for only \$12 per person from 1 to $$\,{\rm 8pm}.$



MALL BOWLING CENTER

Welcome to the MWR Mall Bowling Center, Fort Benning's largest bowling center, with 24 lanes, a full-service pro shop, a lounge, snack bar, and electronic bingo seven days a week. We host a number of discounts and specials throughout the year, including the following:

- Every Thursday in March and April, bowl for \$1 per game (and \$1 for those awesome shoes!) from 6 to 10pm.
- No fooling! Bowl from 1 to 10pm April 1
 \$2 per game and \$2 shoe rental.

The bowling center is located in Building 9232 on Marne Road, on the south side of the Commissary Mall. Here you will enjoy \$2 games weekdays from 11am to 2pm and a Sunday Funday special of \$12 per person for unlimited bowling from 1 to 8pm.

The bowling center is available for birthday parties (we have lane bumpers!), family day activities and team building events. Host a Family Readiness Group event and use unit funds to cover the cost. For more information, call 706-682-7781.

INFANTRY BAR



7611 Sightseeing Road,
Bldg 2784
Monday, 5 - 11pm
Tuesday & Wednesday, Closed
Thursday, 5 - 11pm
Friday & Saturday, 5pm - Closing
Sunday, 1 - 11pm



54 GAMING TERMINALS
WITH THE NEWEST TECH

Weekdays: 7am-10pm Saturday: 8am-10pm | Sunday: 9am-10pm



The Easter Bunny returns to Riverside **APRIL 13** for the annual Spring Eggstravaganza! This free event, which is held on the lawn of the commanding general's home, includes egg hunts for ages 18 months to 10 years, a meet-and-greet with the Easter Bunny, games, prizes, crafts and more. The fun starts at 10am, and egg hunts are scheduled until noon. The event ends at 1pm. If the weather forces us to cancel, we'll try it again at 2-5pm April 14. Riverside is located at the intersection of Vibbert Avenue and Lumpkin Road.

EGG HUNT SCHEDULE:

10:05am • 18 months - 2 years old Egg Hunt (1 Parent allowed in the hunt area)
10:30am • 3-4 year olds Egg Hunt
10:45am • EFMP Pre-School and under Egg Hunt
11:00am • 5-6 year olds Egg Hunt
11:15am • EFMP Elementary and up Egg Hunt
11:30am • 7-8 year olds Egg Hunt
12:00pm • 9-10 year olds Egg Hunt



Before the Eggstravaganza, join us at 8am at Doughboy Stadium for the 5K Bunny Run, the third race in our annual 5K Fun Run Series. Participants earn one part of a five-medal set. The cost is \$15 for adults and \$10 for kids 5 and younger. (Mom and Dad can run with kids for free, or kids can run with parents free, no medal will be issued for participants who do not register. Courses are stroller friendly.) Register for one race at a time at Smith Fitness Center or Active.com. For more information, call 706-527-2393.

KIDS ZONE (CYS)



MIDDLE SCHOOL AND TEEN

Middle School and teens offers **Spring Break Paintball!** Sing up today for March 25, from 7am – 12pm. Paintball is a competitive team shooting sport in which players eliminate opponents from play by hitting them with spherical dye-filled gelatin capsules ("paintballs") that break upon impact. A game field is scattered with natural terrain, which players use for tactical cover. Ages 11-18 are welcome, call Parent Central at 706-545-2079 to register.

CYS Middle School & Teens will host a **teen lock-in** in celebration for the Month of the Military Child. Participants 11 to 18 years old are invited to join us from 7pm April 20 to 7am April 21 at the MS&T Center in Building 1055 for a variety of great activities. For more information, stay tuned to facebook.com/BenningFMWRfans/ or benning.armymwr.com.

Summer break is right around the corner! Sign up starting April 15 for **Middle School & Teens Summer Camp**. MST offers a wide variety of summer camps for children in grades 6th-12th (ages11-18). Whether you're looking for active play, outdoor adventure, strategic games or cultural activities, Middle School and Teen summer camps have something for everyone. Call Parent Central at 706-545-2079 to register to reserve your spot for the summer.

Attending Children must be registered with Parent Central and signed up to the Middle School and Teen Program.



IT'S GEORGIA PRE-K TIME!

Child & Youth Services will host the free Georgia Pre-K Program for the 2019-20 school year. Because space is limited, we use a lottery to select participants. To participate in the lottery for a chance to have your child attend, complete an entry form at Parent Central, Building 104, April 1–30. The drawing will be held May 2, 5pm at the School Age Center, participating parents in the lottery do not have to be present for the drawing, if your child has been selected, you will receive an email. We also offer care for those who require additional care before and after preschool for a nominal fee. The Georgia Pre-K is a lottery funded educational program designed to prepare 4-year-olds for kindergarten. Participants must be 4 on or before September 1 and a resident of the state of Georgia. For more information, call 706-545-2079.



YOUTH SPORTS

Spring Break Sports Camps coming up! Save the date – March 25-29!

Stay tuned on benning.armymwr.com for updates and more information.

CYS Sports & Fitness offers a number of healthy activities and classes for your children. Register at Parent Central for the following classes:

- Parents & Tots, 45 minutes once a week for \$40 per month for 11 months -3 years
- All levels of Tumbling, beginner to advanced, one hour a week, \$45 per month
- Cheerleading, 45 minutes a week, \$45 per month, ages 3 and older
- Tae Kwon Do for ages 6-18, 45 minutes twice a week, \$45 per month
- · Functional Fitness, free for ages 3 and 4
- Dance, for ages 3-18, 50 minutes on Wednesdays for \$50/per month



MWR IS HIRING!

Child and Youth Services will hire 15-20 summer staff! These jobs are listed at USAjobs.gov, where you'll find them listed under Army Installation Management Command, Department of the Army. Set up your profile and apply today!



MONTH OF THE MILITARY

Every year during April, the Month of the Military Child (MOMC), we acknowledge the sacrifices of the youngest members of the Army Family who are impacted by the unique challenges of the military life, challenges like frequent moves and lengthy deployments. We celebrate their resilience and honor their service.

Child Development Centers and CYS activities all across Fort Benning will celebrate the Month of the Military Child all throughout the month of April in a variety of ways.

Sante Fe Child Development Center will host a Military Ball on April 27 from 2-4pm for all children and parents assigned to Sante Fe. Attire will be formal, children and parents are encouraged to dress up. The ball is free and snacks will be provided. Don't miss this great event!

Middle School and Teen will host a Lock-in for the Month of the Military Child April 20 -21, starting at 7pm until 7am for ages 11 to 18. MS&T lock-in will provide a safe way for kids to have a good time throughout the night and into the wee hours of the morning. An array of activities to keep youth engaged and entertained in ways that are constructive yet fun. Sign up today!

Main Post Child Development Center will celebrate MOMC with a weeklong of activities, April 15-19. Monday we will have a Bubble Party, on Tuesday we will Rainbow the world with painting pictures, Game Day on Wednesday, Thursday will be an ice cream social which includes an egg hunt and Friday will end the week with the "Military Kids Can" celebration. Parents are invited to attend these events and celebrate their children.

All CYS facilities and patrons celebrate the Month of the Military Child together on April 19 with an all day long "Military Kids Can" celebration, starting at 11:30am until 6pm. This is a great way to celebrate! It is a time when students can let loose and have fun with all their friends. This day will consists of a variety of events, games, and competitions that everyone can enjoy. Parents are encouraged to join their children for this fun day. Stay tuned on benning.armymwr.com for more information! Also, be sure to ask your child care provider for details.



Child & Youth Services invites you to champion the cause of the military child during the annual "Purple Up! For Military Kids" celebration April 17. Wear the color purple to show your appreciation to the children of our Fort Benning Soldiers.

Why purple? The color is a combination of green that represents the Army green, the red that represents the Marines, and the blue that represents the Coast Guard, Navy and Air Force.

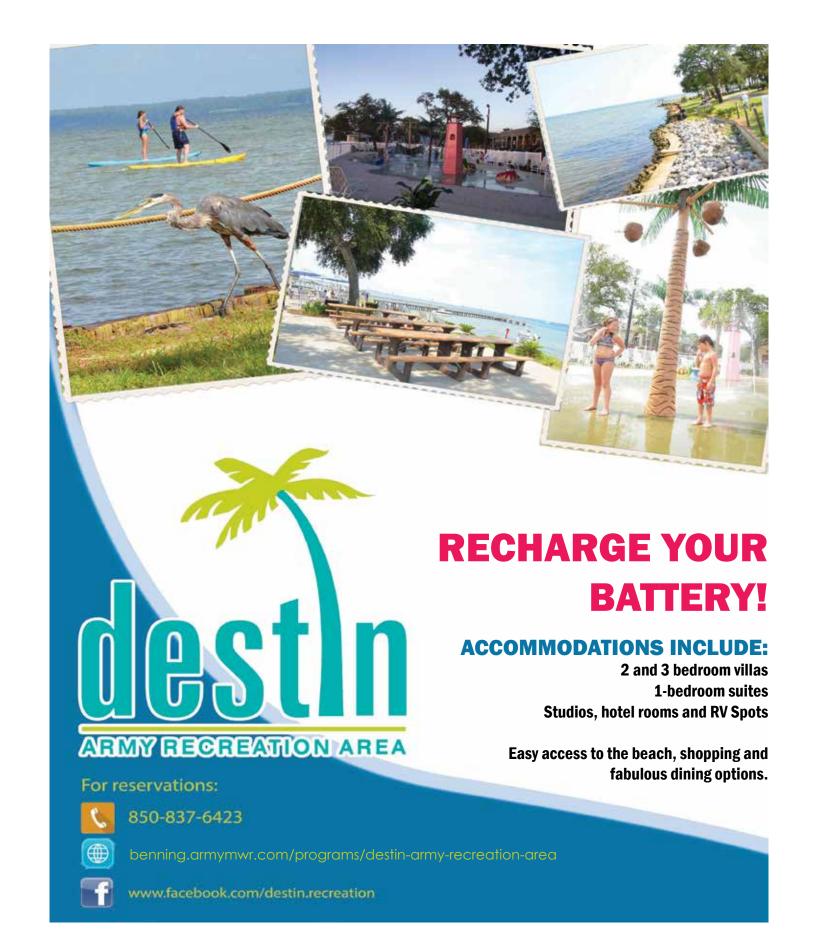
Here are a number of ways you can participate in the Purple Up! Campaign:

- · Ask your coworkers, family members and public officials to wear purple April 17.
- Share your appreciation for military kids on Facebook and Instagram with the hashtag #PurpleUp.
- Invite newspaper and media outlets to feature a story about military kids.
- · Get your school, team, church, office or civic organization involved.
- · Ask local businesses to post a Purple Up message on their social media and encourage their employees to wear purple.
- If you're a business owner, offer a discount or special to those who wear purple April 17.



CHARACTER BREAKFAST

CYS will host the annual Character Breakfast April 27, 7:30-11:30am at the Benning Club. This fun event features princesses, superheroes and favorite children's characters. This family-friendly event is open to the entire Fort Benning community. Tickets are \$25 per couple/\$15 per additional child and can be purchased beginning March, for details, stay tuned to facebook.com/BenningFMWRfans/ and benning.armymwr.com.



calendar

March 1

AER Campaign begins

March 2

Super Bingo MWR Bingo, pg 30



March 2

Lifeguard Training pg 40

March 3

Lifeguard Training pg 40

March 5

CARE ACS, Building 7, pg 15

March 7

Enhancing Employment with Social Media ACS, Building 7, pg 15

March 7

Turkey Hunting Seminar Recreational Shooting Complex pg 32



March 8

AER Campagin Kick-Off Benning Club, pg 14

March 9

Lifeguard Training pg 40



March 10

Lifeguard Training pg 40

March 12

Youth Workshop Middle School & Teen Center pg 15

March 12

Job Strategy Workshop ACS, Building 7, pg 15

March 12

CC Soccer Coaches Meeting Doughboy Stadium, pg 40

March 16

Teen Workshop Middle School & Teen Center pg 15

March 16

Chesty Puller Half Marathon Trail Run Kelley Hill, pg 40



March 19

Civilian Resume Class ACS, Building 7, pg 15

March 21

EFMP Exodus Escape Game Columbus, GA, pg 12

March 21

ASA Shoot Uchee Creek, pg 26

March 23

Family Fun Night at Twilight Pond Twilight Pond, pg 32

March 25

Lifeguard Training pg 40

March 26

10 Steps to Federal Job ACS, Building 7, pg 15

March 28

PCS Brief ACS, Building 7, pg 12

March 28

Interviewing Skills ACS, Building 7, pg 15

March 29

CG's Monthly Golf Scramble Fort Benning Golf Course, pg 29

March 30

Flea Market Stillwell Field, pg 32

ONGOING ACTIVITIES

Sunday

\$12 All-You-Can-Bowl Family Entertainment Center pg 19

3rd Monday

Coffee & Coloring Milton E. Long Library, pg 10

Mondays/Wednesdays

Tae Kwon Do Parent Central, pg 21

Mondays/Wednesdays

Functional Fitness Parent Central, pg 21

Tuesdays

Bingo Special MWR Bingo, pg 30

1st Tuesday

Teen Tuesdays Milton E. Long Library, pg 10

Tuesdays/Thursdays

Cheer

Parent Central, pg 21

Tuesdays/Thursdays

Tumbling Parent Central, pg 21

Wednesdays

Story Time Milton E. Long Library, pg 10 **Wednesdays**

Newcomer's Orientation benning.armymwr.com

W Т S 1 2 RCH 9 3 6 7 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31

Wednesdays

Dance Parent Central, pg 21

Wednesdays

1/2 Price Playzone Family Entertainment Center pg 19

1st Wednesday

American Girls Book Club Milton E. Long Library, pg 10

2nd Wednesday

Lunch and Learn Milton E. Long Library, pg 10

3rd Wednesdays

Superheroes Book Club Milton E. Long Library, pg 10

2nd and 4th Wednesdays

Board Game Night Milton E. Long Library, pg 10

Wednesdays/Thursdays

Zumba Parent Central, pg 21

Thursdays

Drama Kids Parent Central, pg 21

Thursdays

\$1 Bowling and \$1 Shoes Family Entertainment Center pg 19

Thursdays

\$1 Bowling and \$1 Shoes Mall Bowling Center, pg 19

3rd Thursday

Benning Bus Tour benning.armymwr.com

2nd Thursdays

Family Movie Milton E. Long Library, pg 10

Every Saturday

Movies & Munchies Milton E. Long Library, pg 10

3rd Saturday

Book to Movie Club Milton E. Long Library, pg 10

calendar

April 1

Family Entertainment Center Special Family Entertainment Center pg 19

April 1

Bowling Special Mall Bowling Center, pg 19

April 2

CARE

ACS, Building 7, pg 15

April 4

Enhancing Employment with Social Media

ACS, Building 7, pg 15

April 5

Fort Benning Field Day Stewart-Watson Field, pg 4

April 5

Gold Star Spouses Day Benning Club, pg 12

April 6

Super Bingo MWR Bingo, pg 30

April 8

Travel Eggstravaganza Tickets and Travel, pg 37

April 9

Job Strategy Workshop ACS, Building 7, pg 15

April 11

Army Volunteer Ceremony Benning Club, pg 11

April 13

Easter Eggstravaganza Lawn of Riverside, pg 20

April 13

5K Fun Bunny Run Doughboy Stadium, pg 40

April 13

Lifeguard Training pg 40

April 14

Lifeguard Training pg 40

April 15

Month of Military Child Main Post CDC, pg 22

April 17

Purple Up! Fort Benning, pg 22

April 19

TRAINING HOLIDAY

April 19

Civilian Resume Class ACS, Building 7, pg 15

April 19

Field Day for Month of Military Child pg 22

April 19

Lock-In Middle School & Teen, pg 21

April 20

Lifeguard Training pg 40

April 21

Lifeguard Training pg 40

April 23

10 Steps to Federal Job ACS, Building 7, pg 15

April 24

Denim Day Fort Benning, pg 14

April 25

PCS Brief ACS, Building 7, pg 12

April 25

Interviewing Skills ACS, Building 7, pg 15

April 26

CG's Monthly Golf Scramble Fort Benning Golf Course, pg 29

April 27

Military Ball Santa Fe CDC, pg 22

April 27

Character Breakfast Benning Club, pg 22

ONGOING ACTIVITIES

Sundays

\$12 All-You-Can-Bowl Family Entertainment Center pg 19

3rd Monday

Coffee & Coloring Milton E. Long Library, pg 10

Mondays/Wednesdays

Tae Kwon Do Parent Central, pg 21

Mondays/Wednesdays

Functional Fitness Parent Central, pg 21

Tuesdays

Bingo Special MWR Bingo, pg 30

1st Tuesday

Teen Tuesdays Milton E. Long Library, pg 10

Tuesdays/Thursdays

Cheer Parent Central, pg 21

Tuesdays/Thursdays

Tumbling Parent Central, pg 21

Wednesdays

Story Time Milton E. Long Library, pg 10

Wednesdays

Newcomer's Orientation benning.armymwr.com

Wednesdays

Dance Parent Central, pg 21

1st Wednesday

American Girls Book Club Milton E. Long Library, pg 10

2nd Wednesday

Lunch and Learn Milton E. Long Library, pg 10

S M Т W Т F S 5 1 2 3 4 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 Δ. 28 29 30

3rd Wednesdays

Superheroes Book Club Milton E. Long Library, pg 10

2nd and 4th Wednesdays

Board Game Night Milton E. Long Library, pg 10

Wednesdays/Thursdays

Zumba Parent Central, pg 21

Thursdays

Drama Kids Parent Central, pg 21

Thursdays

\$5 Game Mall Bowling Center, pg 19

1st, 3rd & 5th Thursdays

New Parent Support Group Dixie Road, Building 2652, pg 10

3rd Thursday

Benning Bus Tour benning.armymwr.com

2nd Thursdays

Family Movie Milton E. Long Library, pg 10

Every Saturday

Movies & Munchies Milton E. Long Library, pg 10

2nd and 4th Saturdays

Pool Tournament Harmony Church Rec Center pg 29

3rd Saturday

Book to Movie Club Milton E. Long Library, pg 10

STAY AND PLAY

UCHEE CREEK CAMPGROUND & MARINA



The annual ASA Archery Competition returns to Uchee Creek March 21-24. This event is spectator friendly! You will find details at benning.armymwr.com.

MCIVER SUITES



McIver Suites offer accommodations perfect for your short or long term visit and great extended stay value for leisure travel, with the comforts of home and the convenience of the office. We offer 1-bedroom suites for \$90 and 2-bedroom suites for \$110, with kitchens, screened porches and sunrooms. The historic McIvers Suites are a golfer's delight, located minutes from the Fort Benning Golf Course and Jack's 19th Hole.

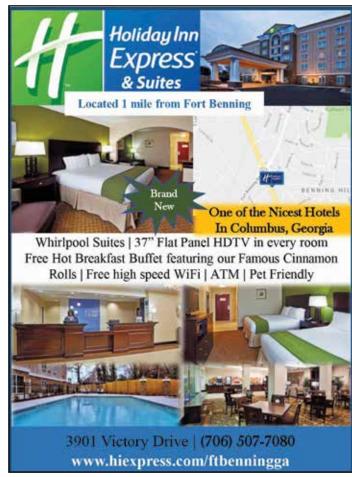
Your stay includes free unlimited golf at the Fort Benning Golf Course and discounts at the following locations:

- · Buy one lunch buffet at the Benning Club and get one free (Mondays)
- 10% off drinks at Java Cafés
- 10% off boat rental at Uchee Creek
- · One free game of bowling at Mall Bowling Center or Family Entertainment Center

To reserve your suite, call 706-545-4053.













Course has two nine-hole courses:

The Bradley and The Marshall. Each offers a chance to use every club in your bag. Our large Tif Eagle greens, the 419 Bermuda fairways, strategically placed bunkers and four sets of tees make these courses challenging. Enjoy our signature hole, a par 3 with a 7,700-square-foot green surrounded by water.

The course, one mile from Interstate 185, is nestled among Georgia pines, green year-round and particularly pretty in the spring when the dogwoods bloom.

Purchase an annual pass, a green fee card, or a daily fee plan with a popular twilight reduced-fee plan. The course is a full-service facility open to the public and tax-free. Ask about our corporate membership and guest specials. Tee times are recommended, especially on weekends.

Amenities include a pro shop stocked with the latest equipment and in-house special ordering; handicap services from the Georgia State Golf Association; private golf lessons and clinics from a Class A PGA Professional; tournament packages; the Golfers' Lounge; lighted

For the first time in 20 years the CG's Golf Scramble is changing days! Join us on the **last Friday of every month** for the Fort Benning CG's Golf Scramble. That's **March 29** and **April 26**! For more information, call 706-545-0397.



A great place to have a get-together after work. The 19th Hole can easily handle 60-80 people and there is no charge until our regular closing time. After that, the charge is \$50 per hour as long as the 19th Hole is patronized. We also have the clubhouse and pavilion that can be rented for larger and more private functions. Call Lenard Patrick at 706-545-0397 for more information.

RECREATION

MWR BINGO



Someone will win \$5,000 - guaranteed! - in Super Bingo March 2 and April 6 at the MWR Bingo Center on Main Post in Building 93 on Wold Avenue. Guests will enjoy free food, door prizes and a great variety of grand prizes, including that single-pot cash payout. The minimum buy-in for the program is \$18 per person, which includes the initial game pack with eight games. Or purchase a jackpot pack for \$30 with an entry

pack and four jackpot games. (Additional games are sold on the floor.) Doors open at 11am. You must be 18 to play. For more information, call 706-544-1964.

Every Tuesday we have buy 1 get 1 free game packs with 8 games per pack! Every Friday we have half off Bingo Tablets which is a great way for new bingo players to learn the game because the tablet will do most of the work! Additional games are sold on the floor. You must be 18 to play. For more information, visit benning. armymwr. com or call 706-544-1964.

RECREATIONAL SHOOTING COMPLEX

The RSC includes two trap and skeet ranges, five stand ranges, a 50-yard handgun range, a 300-yard rifle range and a store that sells ammunition and supplies. Annual memberships and daily user passes are available. Members are permitted to store firearms at the facility because MCoE 190-11 does not allow for temporary storage of weapons in vehicles.

Rent shotguns, spotting scopes, pistols, gun vests and vices on site! Military ID cardholders may transfer firearms through the RSC's Federal Firearms License for \$25.

Registration of firearms is required before a weapon is brought onto post. Submit an FB Form 190-11-R to the Military Police Station in Building 215 on Wold Avenue. This document must be kept with the firearm at all times.

To save time, take a minute to review range rules and print this waiver before your visit. We look forward to seeing you!

Soldiers at Fort Benning without a vehicle, those here for training or school, can call 706-545-6158 to schedule a free ride to the Recreational Shooting Complex.

RECREATION CENTER

Sand Hill Recreation Center



With a great variety of free games and movies, the Sandhill Recreation Center is a great place to while away an hour or two with friends and family. MWR patrons enjoy free Wi-Fi, three movie rooms and more than 400 movies from which to choose, eight billiard tables, foosball, air hockey, table tennis, board games and video games, and a computer lab with nearly 30 desktop computers you can use for free! Bring a crowd and catch a movie on the big screen in our auditorium, a great place to host meetings, family day activities, parties and concerts.

The Sandhill Recreation Center will introduce two new classes, Beginner Sewing and Paint & Sip, in the spring. Look for information at benning.armymwr.com. If you would like to teach a craft class, call 706-544-9161.

Rec center patrons enjoy an on-site Recon Sportswear and Subway Restaurant for a great variety of healthy subs and wraps.

The Sandhill Recreation Center is located in Building 3308 on 41st Infantry Regiment Street.

Harmony Church Recreation Center

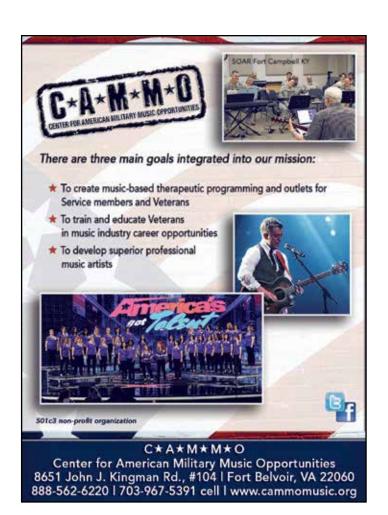
The Harmony Church Recreation Center has TV viewing areas, computers, books and magazines, pool tables, video games, a snack bar and a movie room, where we host Theater Night 6pm every Friday evening.

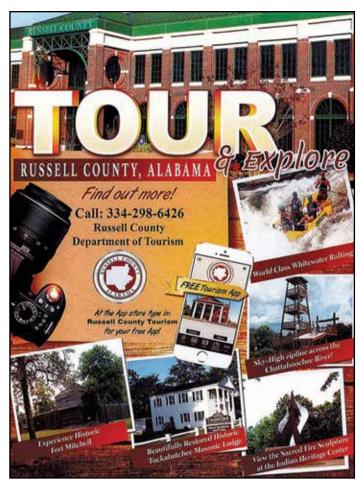
We also host a free pool tournaments at 2pm the second and fourth Saturday of each month. These are open to all MWR patrons, but participants must register by 12:30pm. For more information, call 706-626-1316.

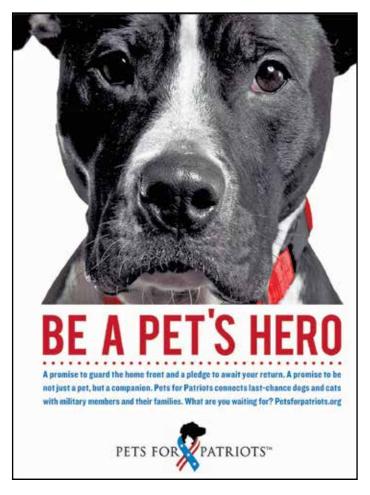
The Harmony Church Rec Center is located in Building 4203 on the Old Cusseta Highway (turn into the Troop Medical Center parking lot, the recreation center is on the left.) The center is open to all MWR patrons, and there is no charge for admission.

Main Post Recreation Center

Monday-Thursday, 11am-10pm Friday-Saturday, Noon-11pm Sunday, Noon-9pm









RECREATION

OUTDOOR RECREATION (ODR)



TURKEY HUNTING SEMINAR

The Recreational Shooting Complex will host a free Turkey Hunting Seminar for new hunters from 5 to 6pm March 7 at the RSC on Dixie Road. Participants will learn about behavior, scouting and tactics, habitat, safety, equipment, and more. To register, call 706-545-7978.



FAMILY FUN AT TWILIGHT POND

Join Outdoor Recreation at 1pm March 23 for an afternoon of family fun! Outdoor Rec will provide free canoes, kayaks, games and activities. To register, call 706-545-7978.



YOUTH SPORTSMAN DAY

Join us for one of our most popular spring events, the annual Youth Sportsmen's Day, from 10am to 2pm May 4 at the Recreation Shooting Complex on Dixie Road. This free event is open to all military family members of all skill levels. Activities, designed for ages 5 to 17, include archery, shooting (bb guns, 22 rifles and shotguns,) hunting, fishing, trapping and more. Military ID is required. To register, call 706-545-7978.

EQUIPMENT RENTAL

Outdoor Recreation has everything you need to enjoy a day on the lake or a weekend in the woods. The ODR Equipment Rental Resource Center rents boats, campers, moving trucks, generators, mowers, inflatable bounce houses and slides, super cookers, catering supplies, camping equipment, sound systems, tables and chairs, fans, games and so much more.

A Boater Safety Card is required to rent a boat. Watch a video in our facility or take an online boater safety course and present your certificate at time of rental.



COOSA FD KAYAKS \$25 a day



RETRO 26 FOOT CAMPER WITH SLIDE \$80 a day



TRAIL RUNNER 18SLE \$100 a day

RECREATION



FLEA MARKET

Buy, sell, trade! The Fort Benning Flea Market and Post Wide Yard Sale returns **March 30**, from 8am to 2pm on Stillwell Field across from the Post Office on Main Post. Vendors may reserve a 10'x10' space for \$15 or a 10'x20' for \$25. Tables are available for \$8 and chairs for \$1. Register online at benning.armymwr.com.



FAMILY FISHING NIGHT

Russ Park is the only fishing spot on Fort Benning off limits to those 16 and older, but we make an exception during our popular Family Fishing Night, when we encourage parents to help the younger anglers reel 'em in. Bring your own pole or reserve one through Outdoor Recreation when you reserve your spot at Family Fishing Night. Call 706-545-7978.

POV RESALE LOT

The Fort Benning POV Resale Lot, commonly called the Lemon Lot, is located behind the Auto Skills Center on Gaudette Street. Here you can sell your vehicles, boats, trailers, recreational vehicles, and motorcycles. You must have a government ID, proof of registration and insurance to park on the POV Resale Lot. The cost is \$11 per vehicle for 30 days. Shoppers interested in purchasing a vehicle from the lot will find prices and contact information on the vehicle, usually posted near the windshield. For more information, call 706-545-7978.

DOG PARKS

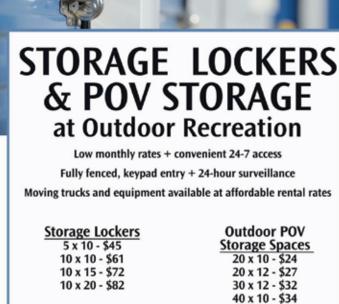


MWR has two dog parks on Fort Benning, one on the corner of Edwards and Carpenter streets on Main Post, and another at the Youth Sports Complex across from Blue and French Fields on 1st Division Road. These parks are managed by Outdoor Recreation and include agility playground equipment. Spaces are divided into two areas, one for dogs up to 25 pounds and one for large dogs. Guests are legally responsible for their dog's behavior, and rules are posted on site. All dogs must be registered at the Vet Clinic of post.

FITNESS TRAIL

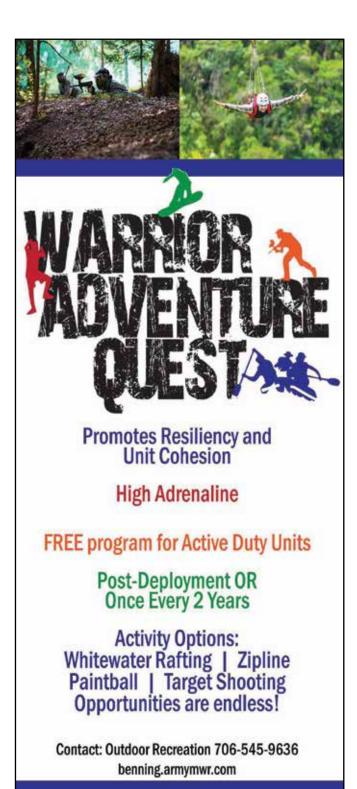
MWR's Follow Me Fitness Trail on Main Post is nearly four miles long and located in a wooded grove across from the Golf Course at the intersection of Dixie and First Division roads. This trail is hilly and shaded, with exercise stations posted throughout. It's perfect for hiking, biking and running. Dogs are permitted if they are on a leash at all times.





For more information, call 706-545-7978.

40 x 12 - \$37



RENTAL VENUES on Fort Benning



MWR's goal is to offer Soldiers and their Families desirable social and recreational opportunities. Our facilities are available to support mission-related functions when their use does not preclude authorized MWR patronage.

We offer many locations for you to host your next Family Readiness Group meeting, unit function, hail and farewell and more! Our event planner will make all your special events memorable and affordable. Whether you are planning for 10 guests or 1,000, our planner will find a suitable location, formal or informal, indoors or out, and arrange for entertainment, food and lodging. Call our Catering Office for availability and pricing at 706-545-0935 or 706-325-9490.

No rental fees required for the following facilities:

Patch Hall • MWR Library
Twilight Pavilion
Harmony Church Recreation Center
Russ Pond Pavilion
Kings Pond Pavilion
Bouton Heights/Davis Hill Outreach Center
Survivor Outreach Services Building
Please Note: For non-military events, please call our
catering office at 706-687-1861.

Rental fees required for the following facilities:

Family Entertainment Center • Benning Club
Mall Bowling Center • Benning Brew Pub
Golf Course (Ballroom, Club House or Pavilion)
Sand Hill Recreation Center
Sand Hill Club House
Uchee Creek Campground & Marina
Destin Army Recreation Area
Breezeway Complex (Bar & Lounge, Patio or Pool)
Wetherby Field
Supper Club

Guidelines for Venue Rental

- 1. Contact the DFMWR facility you want to use in order to verify cost and availability of service/ space and rental fees, if applicable.
- 2. Deposit required for room and equipment fees at time of booking.
- 3. Payment required for food/beverage (meals) due at least 7 days prior to function.
- 4. Units needing assistance with Unit Funds may contact our Financial Management Branch at 706-545-2448.

SERVICES

AUTO SKILLS CENTER





Nitrogen prohibits moisture from collecting inside your tires, providing a safer, more stable drive, extends the life of your tires and increases fuel efficiency. Replace the air in all four tires for less than \$28 - without an appointment. For more information, call 706-545-2337.

One of the Army's largest auto repair centers, with 42 bays, the Fort Benning Auto Skills Center employs certified mechanics and training instructors who stand ready to help you repair or customize your car. You-do-it customers have on-site access to a free computer program that provides easy-to-read step-by-step instructions on every kind of repair imaginable. It will also tell you what parts you may need to purchase and what you should expect to pay for them. You'll likely find them in stock at the Auto Skills Center, priced less than you'll find off post, and tax free!

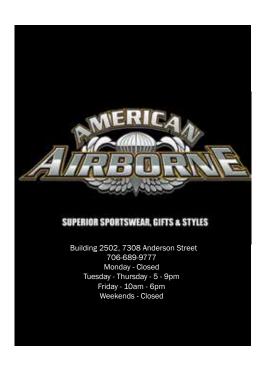
For those without the time or inclination to make repairs themselves, the center offers the same mechanical services one might find off post, such as tune-ups, round-the-clock towing, brake inspections and repairs, tire services, air conditioning checks and charges and so much more, at prices less than you pay elsewhere.

The staff at the center makes themselves available by appointment for classes and demonstrations for Scout groups, FRGs and more. To schedule a class, a free vehicle safety inspection or a pre-purchase inspection, call at 706-545-2337.



Take 10 years off your vehicle. Fort Benning's Auto Skills Center offers a new service to remove the 'cataracts' from your headlights and restore their luster for only \$40. Replacing your headlights costs more than \$300 why spend that much money if they work perfectly fine? Unlike those spray applications folks offer at your local

shoppette or gas station, restoration removes the damage, it doesn't cover it up. Your like-new headlights will last for years. Call 706-545-2337 for more information.



SERVICES

TICKETS & TRAVEL



Whether you're coming or going, MWR's Tickets & Travel will help you feel confident in your choice of travel and lodging. If you are visiting Fort Benning, it is our mission to make your stay comfortable, convenient and enjoyable. We're here to help you book a flight, a hotel room or a rental car. We also offer discounts on entertainment and leisure activities. Call us at 706-626-7644 weekdays between 10am and 6pm. We look forward to serving you.

Tickets & Travel will host the annual **Travel Extravaganza** from 10am to 1pm **April 8** at Soldier for Life Center inside the Commissary mall. Meet with representatives of entertainment venues and popular attractions from all around the world! Enjoy refreshments, great prizes, and lots of giveaways. This event is free and open to the public. Vendors will include Medieval Times, Universal Studios and many more!

MWR Tickets & Travel is located at 9230 Marne Road inside the Commissary Mall. We offer travel, vacation and cruise packages for all budgets and adventure needs. For more information, call 706-626-7644.



LAUNDROMAT



You can clean just about anything, including your TA-50, at the Main Post Laundromat, with 29 heavy duty washers, up to 80 pounds capacity, 51 single load machines and 44 commercial dryers.

You won't ever have to carry a pocketful of quarters with our debit card system. Simply purchase a laundry card at the facility with cash or credit card. The more you use the post Laundromat, the more free credit you earn on your card! While you are waiting for your gear, have a snack from our vending machine, or walk next door to the Java Café.

Unit laundry parties can be facilitated between 10pm and 8am by appointment. More more information, call 706-545-3398.

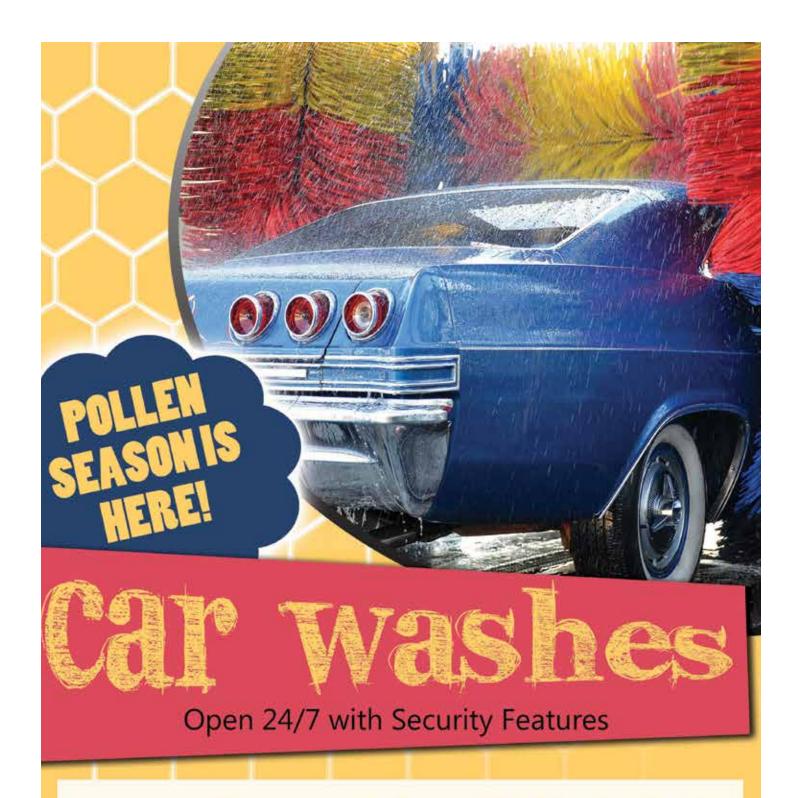
CAR WASHES

Plagued by pollen? The \$8 option at the MWR car washes on Fort Benning includes treatments for the undercarriage, windshield and side walls and a hot wax. MWR car washes are located on Main Post beside the Auto Skills Center on Marchant, "under" the water tower in Harmony Church and next to the Commissary Mall on Marne Road.

DOG WASH



Attached to the Main Post car wash, our doit-yourself, climate controlled dog wash is the first of its kind on a U.S. military installation. You may use your credit card or the reloadable MWR Car Wash Card for washing, drying, flea and tick bathing options. Open 24/7.



For more info, call 706-545-7298

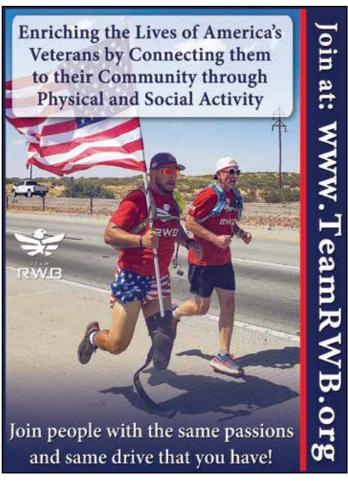


MALL CAR WASH: located next to the Commissary in Building 9231 on Marne Road

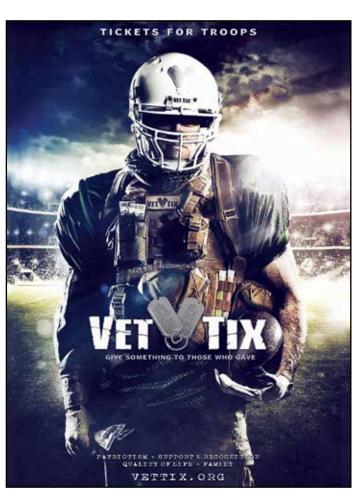
MAIN POST CAR WASH:

located next to Auto Skills on Marchant Avenue on Main Post (Building 105)











SPORTS & FITNESS



LIFEGUARD TRAINING

We employ lifeguards all summer long at our outdoor pools. MWR offers Lifeguard Training to our patrons 15 and older. The four-day classes are 9am-5pm and cost \$175. Students must pass a swimming assessment prior to training. To register, call 706-545-1400. Dates are:

March 2, 3, 9 and 10 • March 25-28 April 13, 14, 20 and 21

We also offer monthly CPR/First Aid/AED training for for \$90. Upon successfully completion, participants receive an American Red Cross Certification valid for two years. Classes are 9am-5pm at Doughboy Stadium Door #10. We require at least six participants to conduct a class. To register, email annerose.whitehead.naf@mail.mil. Classes are scheduled for March 13, April 17 and May 15.



FOUR WEEKS TO FITNESS! Kefurt Fitness Center will host an intensive fourweek fitness boot camp starting **March 4**. Participants will meet at 5:30pm Mondays, Wednesdays and Fridays. This High Intensity Interval Training (HIIT) will include functional fitness tools to make workouts fun, challenging and educational. This camp is ideal for those looking to lose weight, tone, sculpt, develop muscle and increase cardiovascular endurance. The cost is \$90. Register at Smith Fitness Center. For more information, call 706-527-2275.



MWR Sports will host a **Commanders Cup coaches meeting** for the following sports at 1pm at Doughboy Stadium Tower 2. Bring your AAA-162. For more information, call 706-984-1994.

Soccer: Mar 12Softball: May 14

• Golf: May 7

Flag Football: Aug 20



RACES

Train now for the annual **Chesty Puller Half Marathon Trail Run March 16** on Fort Benning. This challenging dirt and clay route winds deeply through the hilly woods around Kelley Hill. Watch your step and watch for wildlife! Register by March 14 at Smith Fitness Center or Active.com. The cost is \$50 for those who register by March 14, and \$70 the day of the race. Teams of three and four runners pay only \$125. The first 100 to register will get a free tshirt. The race starts at 8am on Dickman Field. (This event includes a one-mile run and younger and a two-mile run for only \$10.) For more information, call 706-844-5257.

Our **5K Fun Run Series** continues with the **Bunny Run April 13**, **the Run to Remember May 18**, and the final Back to School Run August 3. These races start at 8am at Doughboy Stadium.

Each race earns participants one part of a five-medal set. (If you've missed one of the previous races, we offer you a chance to earn that missing medal. Call 706-527-2393.) The cost is \$15 per race for adults and \$10 for kids 5 and younger. (Mom and Dad can run with kids for free, or kids can run with parents free, no medal will be issued for participants who do not register. Courses are stroller friendly.) Register for one race at a time at Smith Fitness Center or Active. com. For more information, call 706-527-2393.



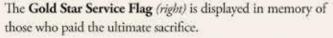
Remembering the Fallen Honoring their Survivors

GOLD STAR PINS SIGNIFY THE ULTIMATE SACRIFICE MADE BY OUR SOLDIERS AND THEIR FAMILIES.



The Gold Star Lapel Pin (above left) a gold star on a purple circular background is presented to widows, widowers, parents and next of kin of United States Armed Forces members killed in combat operations.

The **Next of Kin Lapel Pin** (above right) a gold star on a gold background is presented to the immediate Family of United States Armed Forces members who die in service outside of a combat theater of operations.









www.sos.army.mil | 1.855.707.2769

facebook.com/pages/Survivor-Outreach-Services/158209674207883 twitter.com/ArmySOS

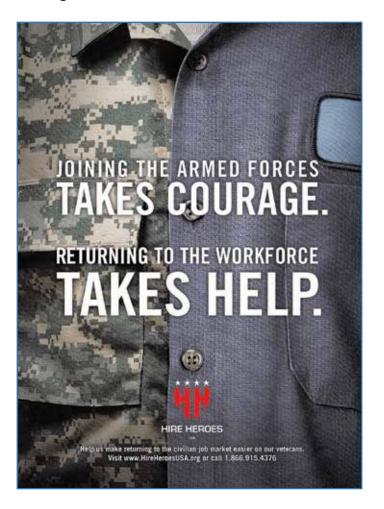
2013.09

ARMY COMMUNITY SERVICE	Ridgway Hall706-545-3938 Ridgway Hall, Building 35, 35 Ridgway Loop
Army Community Service706-54 Patch Hall, Building 7, 7117 Baltzell Avenue Army Volunteer Corps, Employment Readiness, Exceptional Family N	45-4043 Little Caesars706-682-2799
Financial Readiness, Information and Referral, Relocation, Army Em Relief	Dulluling 123, 3030 L Dallard 3t
Army Community Service Building 359, 7021 Ingersoll Avenue	Building 9232, 8140 Marne Road Smoothie King706-685-8200
AFTB/AFAP	45-2794 Building 2874, 6835 Dixie Road
Mobilization & Deployment706-5- Family Advocacy Program706-5-	45-2449 SUBWAY
Lewis Hall, Building 36, 7131 Richardson Circle Military Family Life Consultants706-5	Building 2502, 7308 Anderson Street
Building 359, 7021 Ingersoll Avenue	Building 3308, 5300 41st Infantry Regiment Street
CHILD & YOUTH SERVICES	Zaxby's 706-683-0066 Building 1692,7290 Ingersoll Street
CHILD DEVELOPMENT CENTERS (CDC)	DFMWR ADMINISTRATION
1st Division CDC 706-5-8 Building 1051, 7191 1st Division Road	Business and Recreation Division706-545-7357
Indianhead CDC706-62 Building 2389, 6351 Indianhead Road	26-0673 Building 228, 7370 Kilgore Street BOSS706-604-7675
Main Post CDC706-5- Building 1366, 7000 Yeager Avenue	45-3732 Child & Youth Services 706-545-6811 Building 228, 7370 Kilgore Street
McGraw CDC	14-1758 Director 706-545-1511 Building 228, 7370 Kilgore Street
Sante Fe CDC706-5-	
Building 9242, 7151 Hoff Street	Marketing & Sponsorship
Family Child Care706-54 Building 1051, 7191 1st Division Road	
Middle School & Teen706-5 Building 1055, 7110 McIver Street	45-3070
Parent Central Services706-5-	45-2079 FITNESS CENTERS & AQUATICS Aquatics
Building 104, 6880 Marchant Avenue School Age Care706-5-	Building 394, Lauber Street
Building 2653, 7502 Ingersoll Street	Building 2818, 6561 Way Street
School Liaison Officer706-6 Building 228, 7370 Kilgore Street	26-8625 Breezeway
Youth Sports706-5- Building 1056, 7110 McIver Street	45-3582 Kefurt
	Santiago
DINING & PUBS	Smith
Benning Club7065- Building 128, 7010 Morrison Avenue	Whittington High Performance Center 706-544-7528
Destiny Dogs706-68 Building 2785, 6530 Eckel Avenue	
El Zapata706-68 Building 2784, 7611 Sightseeing Road	RECREATION Destin Army Recreation Area850-837-6423
Jack's 19th Hole706-5	45-0397 557 Calhoun Avenue, Destin, Florida
Building 390, 390 Baltzell Avenue	Family Entertainment Center
JAVA CAFÉS Main Post706-6:	Fort Benning Golf Course
Building 1685, 1685 Gaudette Street Harmony Church706-6	Drop Zone
Building 4102, Jamestown Road	Building 2002, 1000 Anderson offeet

Harmony Church Recreation Center	.265
Mall Bowling 706-682-7	781
Building 9232, 8140 Marne Road	
McIver Suites 706-545-4	053
McIver Street	
MWR Bingo706-544-1	964
Building 93, 6870 Wold Avenue	
Outdoor Recreation706-545-7	'978
and Equipment Resource Center	
Building 1707, 7310 Gillespie Street	
Recreational Shooting Complex706-545-6	158
Building 2975, 7839 1st Division Road, Coursen Range	
Sand Hill Recreation Center706-544-9	161
Building 3308, 5300 41st Infantry Regiment Street	
Uchee Creek Campground & Marina706-545-4	053
Building 405, 7 Uchee Creek Road	

SERVICES

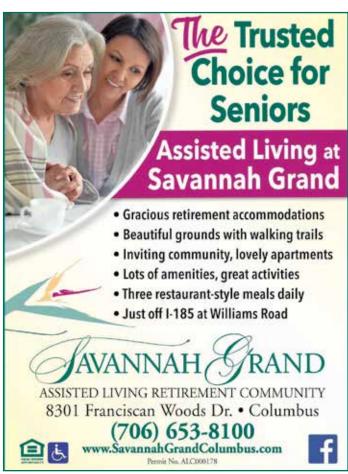
Auto Skills Center	706-545-2337
Building 111, Marchant Avenue	
Car & Dog Wash Facilities	706-545-7298
Dog Wash, Building 105, Marchant Avenue	
Harmony Church Car Wash, Building 4101,	Jamestown Road
Mall Car Wash, Building 9231, Marne Road	
Main Post Car Wash, Building 105, Marchar	nt Avenue
Laundromat	706-545-3398
Building 1683, 6900 Gaudette Avenue	
Milton E. Long Library	706-545-4911
Building 2783, 6529 Eckel Avenue	



NAF Property	06-545-3751
Building 2384, 7701 Prussman Street	
Soldier Photos70	06-685-2222
Building 3308, 5300 41st Infantry Regiment Street	
Tickets and Travel70	06-626-7644
Building 9230, 9230 Marne Road	

OTHER AGENCIES

Lodging, Abrams Hall	877-711-8326
Military Police	706-545-5222
Post Operator	706-545-2011
Recon Sportswear	706-682-0730
Veterinary Services	706-545-1127









Ft Benning's Premier Atlanta Airport Shuttle Service



Call or go online to schedule Pick-ups on Ft Benning. Departing Columbus approximately every 30 minutes.

Offering the most frequent, economical, daily connections between Ft Benning GA and the Atlanta Hartsfield/Jackson International Airport.

One-way Fare \$41.00, Round Trip \$82.00

Pick-up locations on Ft Benning

Sand Hill Rec. Bldg. 3308, 30th AG Sand Hill Bldg. 3010, WTC Harmony Church Bldg. 4159, AAFES PX Harmony Church Bldg. 4308, CRC Harmony Church Bldg. 4747, Kelly Hill Shopette Bldg. 9177, Dixie Rd. Shopette Bldg. 2650, WTB Bldg. 2644, Subway – Airborne School Bldg. 2502, Olsen Hall, Gillespie St. Bldg. 399, RASP Parking Lot Sightseeing Rd. Bldg. 2821, Ranger HQ (inside Brown Fence), Custer Rd. Shopette Bldg. 10598, Main PX, Refill Pharmacy Entrance Bldg. 9220, Old MACH, Clinics Entrance Bldg. 9200, New MACH, Main Hospital Entrance, National Infantry Museum (NIM) Main Entrance, Hampton Inn @ National Infantry Museum

706-324-3939 or 800-584-6732

For Details, Call or Visit our website at

www.groometransportation.com

2800 Harley Court, Columbus GA 31909

A portion of All Ft Benning Sales are donated to Ft Benning's Department of Moral, Welfare and Recreation.

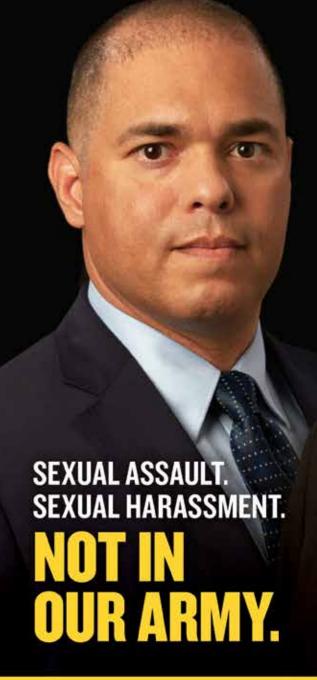
All schedules subject to change without notice, Limited Services on Christmas Day, contact local agent for details.











As Army Civilians, we play a vital role in our Nation's defense and to the readiness of our Army. We are committed to upholding the Army Standards of Conduct* and supporting a positive work climate, free from sexual assault, sexual harassment and retaliation.

TOGETHER, THIS WE'LL DEFEND.

"Joint Ethics Regulation, DODD 5500.7-B. Chapter 12. Sections 3.4.5.

Join Us: USArmySHARP F > 0
WWW.PREVENTSEXUALASSAULT.ARMY.MIL
DOD SAFE HELPLINE: 1-877-995-5247
WWW.SAFEHELPLINE.ORG





More than 150 military installations at your fingertips

Get up-to-date information on housing, schools and employment, plus access to military discounts at local businesses.

Download the free MyBaseGuide mobile app









SCAN TO DOWNLOAD www.MBGAPP.com

grilled chicken caesar salad . kale salad with feta and shrimp . season salad . black bean burger . buffalo chicken flat bread pizza · malibu chicken flat bread pizza · spinach feta and tomato pizza · chicken gyro pita · light turkey green chili sandwich · tomato-cucumber turkey salad . fort benning golf course . follow me fitness trail . carey pool . briant wells pool . smith pool . audie murphy athletic performance center + whittington high performance fitness center + kefurt fitness center + smith fitness center + benning club . Java breezeway complex ack bean burger . ro pita + light turkey - briant wells pool tness center + smith p - extreme cycle oktoberfest 10k cross country run . ad with feta and shrimp . season salad . black pinach feta and tomato pizza · chicken gyro pita · ng golf course . follow me fitness trail . carey pool . ton high performance fitness center - kefurt fitness. ge + les mills grit + les mills body pump + extreme orts · chesty puller · oktoberfest 10k cross country run salad with feta and shrimp . season salad . · kefurt fitness center » les mills body pump + extreme cycle Coct 10k cross country run . breez season salad . black bean burger . buffalo chicken flat bread pizza . malibu chicken flat bread pizeta and pizza + chicken gyro pita + light turkey green chili sandwich + tomato-cucumber turkey salad + for ourse . follow · whittin fitness trail - carey pool - briant wells pool - smith pool - audie murphy athletic performance or high perform fitness center - kefurt fitness center - smith fitness center - santiago fitness center - zumba muscle challenge . les mills les mills body pump + extreme cycle + benning club + java cafe + smoothie king + the lab + c anders cup sports - chesty i oktoberfest 10k cross country run · breezeway complex 24-hour fitness center · grilled chicke esar salad · kale salad and shrimp · season salad · black bean burger · buffalo chicken flat bread pizza · malib ken flat bread pizza + s and tomato pizza - chicken gyro pita - light turkey green chili sandwich - tomato-cucumber turk d - fort benning course . follow me fitness trail . carey pool . briant wells pool . smith pool . audie murphy athletic perio center - whi igton high performance fitness center - kefurt fitness center - smith fitness center - santiago fitness center - zumba enge - les mills grit + les mills body pump + extreme cycle + benning club + java cafe + smoothie king + the lab + commander up sports -