

# OTG

ON THE GO | Fort Benning

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90 Day Challenge



January | February  
2019





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- ★ To train and educate Veterans in music industry career opportunities
- ★ To develop superior professional music artists



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# a HEALTHY BENNING

A new year means new opportunities to focus on fitness for the whole family. More and more, forward thinking parents are adopting a holistic approach to family health care by employing smart dietary practices and sustainable fitness goals. Fun fitness is sustainable fitness, and choosing activities that are fun and healthy leads to life-long healthy habits. They say an ounce of prevention beats a pound of cure, and we think a trip to the gym beats a trip to the doctor any day.

At MWR, it is our mission to offer you a wide range of options for the health and welfare of your family. Spend a few minutes on our website at [benning.armymwr.com](http://benning.armymwr.com), and you'll find a great variety of healthy food options, activities of all ages and educational opportunities for the whole family. Here are a few things we'd like you to know.



Child and Youth Services offers classes, individual and team sports, camps and child care options that give them the chance to make memories – and friends! – that will last a lifetime. CYS Sports is registering now for Spring Sports, including baseball and soccer. Instructional Programs offers functional fitness classes, various kinds of dance and more. For information about any and all of these opportunities, call 706-545-2079.

For adults, we have a number of fitness centers to help you keep your New Year's resolutions. At [benning.armymwr.com](http://benning.armymwr.com), you'll find information on our five free fitness centers, including Smith, Audie Murphy, Whittington, Santiago and Kefurt. The Breezeway Fitness Center on Main Post is our only fitness center open 24 hours a day, 7 days a week. It's also our only fitness facility that requires membership, which starts at \$18 per month for an individual with unlimited access.

To help in your efforts to develop a healthy, active lifestyle for the whole family, we have a number of parks, trails and tracks all across post. Make this the year you teach the kids to enjoy the great outdoors. At Russ Park on Main Post, they'll run and climb and swing and fish. You might try your hand at disc golf. Russ Park is the location of the free Family Fishing Night, held in the spring and fall when the weather cooperates. We partner with the conservation branch to foster a healthy harvest of fish at Russ Pond. One good catch, and the kids will be hooked! You'll find a list of parks, ponds, picnic areas, campsites and trails at [benning.armymwr.com](http://benning.armymwr.com).

**Smith Fitness Center  
offers a variety of fitness  
classes, including the  
latest craze, Les Mills.**

**The cost is \$3  
per class or \$25  
per month for  
unlimited classes.**

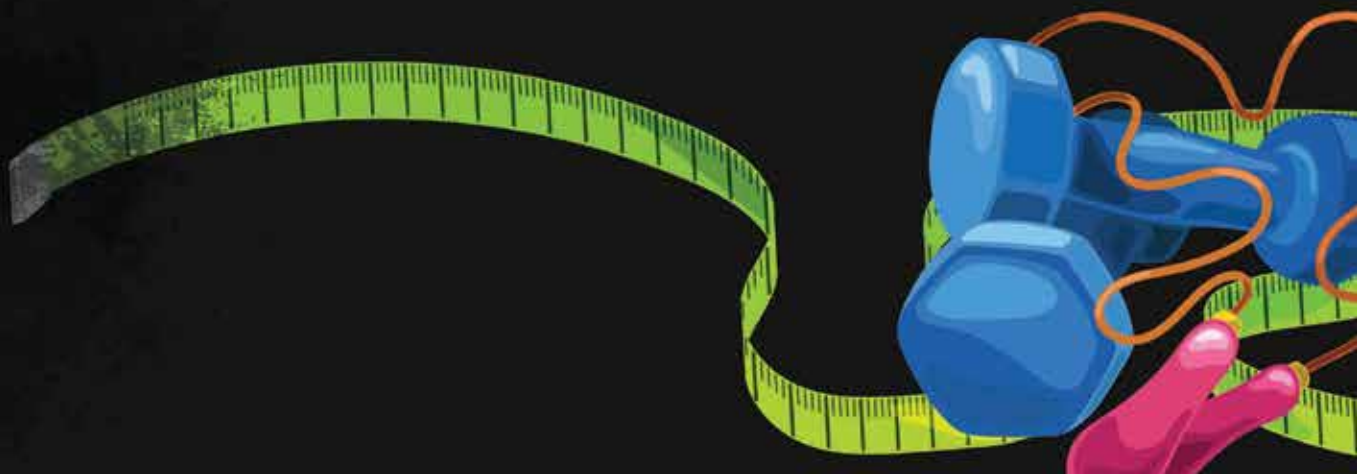
**A schedule of  
classes is posted at  
[benning.armymwr.com](http://benning.armymwr.com).**

We also host a number of great races throughout the year. Though most of the events in our race series are quite challenging, we've introduced a fun, new 5K Race Series that gives runners of all abilities the opportunity to earn a medal. You'll find these races listed on our website at [benning.armymwr.com](http://benning.armymwr.com).

Like hiking, swimming, cycling and fishing, bowling is the sport of a lifetime. Teach your little ones to bowl, and you'll keep them off the couch as they age. And unlike those that naturally cause wear and tear on the body over prolonged periods of time - sports like football and basketball - bowling is a low-impact, low-stress activity that is ideal for all ages. The Mall Bowling Center offers regular specials and discounts for the family, league play for all ages, and lessons for all levels of experience.

As you teach them to stay active, you'll want to teach them to eat healthy, and we're here to help. All our dining facilities offer healthy options, including a healthier selection of those famous Java Café flatbread pizzas! The Java also serves incredible fresh wraps and salads, and the Benning Club's Lexington Room menu includes a delicious seared salmon salad, grilled chicken, smoked turkey and more. You'll find information about our restaurants and dining facilities on our website.

There you have it, an abbreviated list of ways we can help you start your new year on a healthy note. You'll find much more information on our website, where you'll find a helpful events calendar, and on our Facebook page at [BenningFMWRfans](https://www.facebook.com/BenningFMWRfans). Join us there, and let's explore new opportunities together!



## LETTER FROM DIRECTOR



### AL GELINEAU

Director of Family and Morale, Welfare and Recreation

Spoiler alert! 2019 is going to be a great year, mark my words.

I know what you're thinking; 2018 was a time of celebration as we looked back on 100 years of growth and prosperity and marked the occasion with one great event after another. It was a banner year, indeed. But I'm here to tell you the New Year will be better than the last.

You see, I count myself fortunate to lead a dynamic and creative team of hard-working individuals committed to excellence. Our definition of excellence is "to exceed expectations - to excel" and we do it every time. We set the standard. We rise above it.

Forgive me, I'm bragging here, but not without reason. I simply want to convey to you the excitement I feel as I look forward to a year filled with greater opportunities for our Soldiers and their families. I'm particularly excited about our commitment to the Healthy Army Communities Initiative, an Army-wide effort to encourage healthy lifestyles, to make Fort Benning a healthier place to live, learn, eat, work, play, shop and sleep.

Given that the New Year is traditionally a time of renewing one's resolve to eat healthier and get more exercise, you're probably thinking my enthusiasm is misplaced. What's another push for public health compared to the fun we had last year, with parties and festivals and great celebrations?

Well, we are the Directorate of Family and Morale, Welfare and Recreation, and by design, we foster a holistic approach to the wellbeing of the Fort Benning community by offering programs and services to enhance your family's experience here, to sustain a high level of morale, and to support the whole force – those who fight and those who serve those who fight.

Because recreation is an important component of the holistic healthy lifestyle, we'll continue to look for new and better ways to keep you entertained and engaged. Because fitness is vital to your emotional and physical wellbeing, we'll offer new and exciting (and fun!) ways to motivate the whole family. With equal part passion and vanity, we'll strive to maintain our reputation as the best MWR in the Army, because our success means your happiness and wellbeing.

It's all for naught if you do not know about the programs, events and services we offer. Please stay tuned to our Facebook page (Twitter or Instagram, if you prefer) and our website, [benning.armymwr.com](http://benning.armymwr.com), where you can register to receive our weekly email updates. As always, I welcome your opinions and suggestions. Feel free to email me at [benningmwr@gmail.com](mailto:benningmwr@gmail.com).

On behalf of the whole team here at MWR, I wish you a very happy and healthy New Year. I practically guarantee it!

**Tourist Attractions in Russell County, AL**

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#### ON THE GO MAGAZINE JANUARY/FEBRUARY 2019

Printed by Marcoa Media, LLC. Published 6 times a year with combined issues in January/February, March/April, May/June, July/August, September/October, November/December by the Directorate of Family and Morale, Welfare and Recreation. On the Go magazine provides information about DFMWR programs, activities and services. Per issue circulation: 10,000. To advertise in publication, call 706-325-0758.

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**BENNING.ARMYMWR.COM**





**TERRELL ALDRIDGE**  
CYS Sports & fitness Assistant

Terrell Aldridge is a Sports and Fitness Assistant with MWR's Child & Youth Services Division. He helps plan and manage a great variety of individual and team sports for Fort Benning family members from 3-17.

The Columbus native enjoys working with children, and he finds it satisfying to see them set goals that stretch their physical abilities and achieve them through perseverance and hard work.

Aldridge said his greatest challenge is finding ways to offer young athletes on post all the same options they might find in a civilian community. He worked tirelessly – and succeeded – to bring the Little League Baseball to Fort Benning. It's his goal to take the Fort Benning team to the state finals.

Aldridge finds inspiration from his athletic family, including his sister, who serves as a pitching coach for the Central High Red Devils softball team. Outside of work, he enjoys, sports, riding a dirt bike and cooking.



## SAVE THE DATE!

Fort Benning MWR is proud to announce that 7 time Grammy Award Winner Lady Antebellum will headline our Independence Celebration June 29, 2019.

The show will be free and open to the public. Stay tuned for details!



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# ON THE GO

## FAMILY AND MWR

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*Many are unaware that our government only provides three flights when service members are wounded. Recovery from injuries can last several years.*

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## Transportation Assistance Programs

### Wounded Warriors

Visits with loved ones as service members celebrate milestones in their recovery not only bring comfort, but also play a crucial role in healing both physically and emotionally.



### Special Operations Command

Luke's Wings is the "go-to" for providing flights for the loved ones of special operators, who are injured on special missions, under the Special Operations Command Care Coalition.

### Veterans in Hospice Care

Luke's Wings provides flights for family members of Veterans in hospice care in an effort to ensure that no Veteran is ever alone during their final days.



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## COMMUNITY SERVICES

### MILTON E. LONG LIBRARY



Long Library will establish a Makerspace in 2019 using a grant from the Army General Libraries. A library Makerspace gives library patrons the opportunity to create intellectual and physical materials using our resources, such as computers, 3-D printers, audio and video capture and editing tools, and traditional arts and crafts supplies. Long Library resources will include STEM supplies and much more. Programs related to the Makerspace will be scheduled once it is operational. Stay tuned for more information!



**AMERICAN GIRLS BOOK CLUB:** The American Girls Book Club meets the first Wednesday of each month at 6:30pm. This free activity is perfect for readers between the ages of 7 and 13.

**Join us as we celebrate reading in the New Year and fostering friendships through the American Girls collection. Each month, we discuss a chapter from the award winning series based on pre-teen characters that originally focused on various periods of American history from the girls view point. Books are provided. For more information, call 706-626-2550.**



Long Library is planning new activities for the New Year. Enjoy your favorite program or try something new. We will offer these new programs:

- **TEEN TUESDAY** 2-5:30pm the first Tuesday of the month. Hang out with your friends, enjoy refreshments and choose your activities.
- **COFFEE AND COLORING** starts at 10am the third Monday of each month. Adult coloring! Enjoy your favorite cup of joe and channel your creativity.
- **MOVIES AND MUNCHIES** at 1pm every Saturday, and we provide light refreshments.
- **BOOKS AND BAGELS** will meet once a month to share a book and refreshments. Stop in for more information.
- **MOVE AND GROOVE** meets once a month to enjoy dance and "movement activities." Open to all ages. Check the library for dates and times.
- **CRAFTS GALORE** meets once a month to create fun crafts. Stay tuned for details!

### ...CONTINUING PROGRAMS

- **STORY TIME** starts at 10:30am every Wednesday. This free activity is geared toward babies and children up to age of 5.
- **THE SUPERHEROES BOOK CLUB** meets the third Wednesday of each month at 6:30pm. This club is geared toward elementary age readers.
- **FAMILY MOVIE NIGHT** starts at 5:30pm the second Thursday of the month. Movie titles are available at the library.
- **BOARD GAME NIGHT**, the second and fourth Wednesday of each month at 6pm. Bring your friends and enjoy playing games.
- The **BOOK TO MOVIE CLUB** meets at 5:30pm the third Tuesday of each month. Read a book, watch the movie and compare.



### WHAT IS BOSS?

Better Opportunities for Single Soldiers (BOSS) was initiated in 1989 for the more than half of all US Soldiers who are single. The program welcomes all Soldiers, all ranks and ages, as well as authorized MWR patrons, including civilians.

Members participate in a number of exciting activities. They also enjoy various discounts and free passes to shows and sporting events. BOSS members are well-respected in the community – on post and off – for the many hours they devote to volunteering.





**MILITARY SAVES WEEK 2019** is fast approaching! Every year, military installations and organizations around the world join forces to motivate and support service members and military families to save money, reduce debt and build wealth through a week of financial education. Since 2007, more than 200,000 savers have accepted the challenge of Military Saves Week. When they sign the Military Saves Pledge, they commit to exercise good financial habits, improve financial readiness, and encourage other Americans to do the same.

*"I will help myself by saving money, reducing debt, and building wealth over time. I will help my family and my country by encouraging other Americans to build wealth, not debt."*

Military Saves encourages all service members, their families, and civilian employees to "Set a Goal. Make a Plan. Save Automatically."

### STEP 1: SET A GOAL

Goals are important. When you decide what you're saving for, you set limits on your spending, you decide where you will spend money and where you won't spend money. When you save for a down payment on a car, you establish that you won't spend your savings on a new TV. When you take the Military Saves Pledge, you identify a savings goal. The most common goals are saving for a rainy day with an emergency fund and saving for retirement. If you have another goal, that's great. Commit to it! Decide what is important to you and take action.

### STEP 2: MAKE A PLAN

To take action, you must save money, and this may be the most difficult part of the challenge, because finding money to save can seem daunting. It's there in your paycheck, but it competes with other priorities, including the essentials, like housing, transportation and food. You must add savings to your short list of essential expenditures. Create a budget, or a spending plan, for your

monthly expenses and assign every dollar of your paycheck to a category. By including savings in your monthly budget, you commit to paying one very important bill to yourself!

### STEP 3: SAVE AUTOMATICALLY

The Military Saves Week 2019 campaign encourages savers to "Make Savings Automatic." Here are four ways you can set it and forget it:

- Contribute to the Thrift Savings Plan, and have a portion of your paycheck automatically transferred to your retirement account. Other employer retirement plans offer a similar option. Simply decide how much you want to contribute each month to meet your savings goal.
- Set up allotments via myPay. Designate an amount to go to an account that is separate from your regular checking account, preferably a savings account.
- Set up regular transfers using your financial institution's bill pay system. Automatically transfer money from a checking account to a separate savings account each payday.
- A tax refund is a great way to save. Use Form 8888, Allocation of Refund, to deposit your refund automatically in as many as three different accounts. Make sure one is a savings account. Visit [SaveYourRefund.com](http://SaveYourRefund.com) to learn how saving at least \$50 of your tax refund could win you \$30,000 in prizes this year!

**Military Saves Week is just one week out of the year to focus on the art of saving. Visit the Financial Readiness page at [benning.armymwr.com](http://benning.armymwr.com) and stay tuned for information on Military Saves Week activities, including workshops and resources to help you meet the challenge. Take the Military Saves Pledge and commit to saving!**

## COMMUNITY SERVICES



### ACS RELOCATION PROGRAM

The Relocation Readiness office is open from 8am-4:30pm Monday through Thursday and 10am-4:30pm Fridays at Building 7, ACS headquarters, 7117 Baltzell Avenue. For information, call us at 706-545-0403/4485. Stop by our office and pick up a Welcome Packet. Relocation Readiness offers the following services:

### NEWCOMERS ORIENTATION

Welcome to Fort Benning! If you are new to the installation, join us for the weekly Newcomers Orientation from **9-11am Wednesdays at Army Community Service Auditorium in Building 7**. Military personnel, family members and civilians are invited. Here you will learn about resources, programs, activities and organizations on post and all across the Chattahoochee Valley. Spouses are encouraged to attend, and children are welcome. Breakfast is provided. For more information, call 706-545-0403/4485.

### LENDING CLOSET

Still waiting for your household goods to arrive? Our Lending Closet has basic household items available for Soldiers and families while their household goods are in transit, whether they're coming to Fort Benning or leaving. We offer basic kitchen equipment, folding table and chairs, sleeping mats, microwaves, ironing boards, irons, high chairs, car seats, pack-n-plays and alarm clocks. You may borrow for up to 30 days when you present your orders, an ID card and a unit POC. The Lending Closet hours is **open 8am-4:30pm Monday through Thursday and 10am-4pm Friday**.

### SPONSORSHIP TRAINING

The Total Army Sponsorship Program helps Soldiers, civilian employees and family members during the relocation process. Attendees learn the various elements of the sponsorship program, including how to be an effective sponsor and where to find information for incoming personnel. To schedule training for your unit, call 706-545-0403.

### PCS BRIEF

PCSing? How exciting! We host a monthly PCS briefing to help make this transition smooth and enjoyable. Join us the fourth Thursday of each month (**January 24 and February 28**) from 8:30-11am at the ACS auditorium in Building 7. To reserve your spot. Call 706-545-4485/0403.

### RELOCATION COUNSELING

If you cannot attend a PCS brief, make an appointment to meet with a Relocation Readiness counselor at 706-545-4485.

### MULTI-CULTURAL

Interested in Citizenship Study Group or English as a Second Language Classes? Contact ACS Relocation office for more information. 706-545-4485/0403.

### HEARTS APART

The Hearts Apart program is designed for military families whose deployed Soldier is not attached to a Fort Benning unit and those on an unaccompanied tour overseas. Without a local family readiness group, it's easy to feel isolated and lonely. Hearts Apart will help you survive and thrive during this difficult separation. Join us from **11:30am-1pm February 14 at ACS in Building 7 on Baltzell Avenue**. For more information, call 706-545-4485/0403.



### EXCEPTIONAL FAMILY MEMBER PROGRAM

The Exceptional Family Member Program will host the **Military Parent to Parent, Supporting Parent Program** workshop from **8:30am-1pm January 17 at ACS in Building 7** on Baltzell Avenue. This program provides an opportunity for parents of special needs children to meet and share with others facing similar challenges. To register, call 706-545-2679/6545.

Join us for the **Autism Speaks Resource Tool Kit Training workshop**, hosted by EFMP, from **10-11am January 21 at ACS in Building 7** on Baltzell Avenue. This workshop provides EFMP families information and resources for those with family members diagnosed with an Autism Spectrum Disorder.

Wear your Sunday best and join us for the



**Sweetheart Dance** with EFMP from **3-5pm February 9 at ACS in Building 7** on Baltzell Avenue. The whole family will enjoy this free event, with great dance music and refreshments.





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## NEW PARENT SUPPORT GROUP

The Family Advocacy Program - New Parent Support Program (FAP NPSP) Play and Learn Playgroup provides structured activities during play to allow parents the opportunity to work with their children and encourage the use of their imagination, develop social and motor skills, and enhance parental bonding. Playgroup provides an avenue for parents to communicate with FAP NPSP staff about concerns regarding their child's growth and development or parenting practices. It also helps families develop support systems within the military community.

The FAP NPSP Play and Learn Playgroup is open to parents and children from birth to 3 years old. We meet 9:30-11am the first, third and fifth Thursday of the month, excluding holidays, at Building 2652 on Dixie Road. Each playgroup has a different theme, with story time and crafts. Participants receive a free book to encourage early literacy. Parents must remain with their children throughout playgroup. For more information, call 706-545-6316/9358.



February is Teen Dating Violence (DV) Awareness Month! Teen DV Awareness Month is a national effort to raise awareness about abuse in teen and 20-something relationships and promote programs that prevent it.

One in three teens in the U.S will experience physical, sexual or emotional abuse by someone they are in a relationship with before they become adults. Violent behavior often begins between 6th and 12th grade, 50 percent of young people who experience rape, physical or sexual abuse attempt suicide. Teens who suffer dating abuse are subject to long-term consequences, such as alcoholism, eating disorders, promiscuity, suicide thoughts, and violent behavior. Help us spread awareness and stop dating abuse before it starts!

For more information, call FAP at 706-545-3202 or visit the office at 7131 Richardson Circle, Building 36, Lewis Hall.



## FINANCIAL READINESS PROGRAM

Now that the holiday season has passed, are you ready to open your credit card statements? Are you dreaming about how you will spend your tax return? The Financial Readiness Program encourages planning and saving to reduce the financial stress associated with the holidays. If you had a solid plan and didn't use credit to fund your holiday, we applaud you. If you find yourself over extended, we're here to help you develop a success plan. We can even help you plan the best way to spend your tax return. We look forward to serving you! For more information, call 706-545-4043.

Learn the basics of the **Thrift Savings Plan (TSP)**. The Financial Readiness Program offers a TSP basics for Civilians from **12:30-2pm January 10 and July 11 at the ACS Auditorium in Building 7** on Baltzell Avenue. Participants will learn about bonds and mutual funds and choices at retirement in relation to TSP withdrawals. This free class is open to all MWR patrons. To register, call 706-545-7517.

## Are you ready for a new car?

Take the mystery out of the process of purchasing a vehicle and arm yourself with the information that can lead to a pleasant and smart car-buying experience. Our Smart Car Buying Class will ensure you won't be taken for a ride by the salesman. This class helps you determine what you can afford to spend, learn the true cost of ownership, the fair price of a vehicle, how to pre-finance, tips on trade-ins, and so much more. The Financial Readiness program offers the free **Smart Car Buying Class 1-2:30pm February 7 and August 22 at the ACS Auditorium in Building 7** on Baltzell Avenue. This class is open to Soldiers, family members, DoD civilian employees and military retirees. To register, call 706-545-7517.





## EMPLOYMENT READINESS PROGRAM

The Employment Readiness Program and the Villages of Benning host free classes each month at neighborhood event rooms to help spouses in areas of professional development and employment. You may attend any and all of these classes in any village. These classes include information on the job search, resume development, scholarships and educational goals. Classes are 6-8pm. To register, call 706-545-4043. The schedule follows:

January 23, McGraw Village Event Room | February 27, Patton Village Event Room  
March 27, Custer Village Event Room | April 24, Indianhead Village Event Room  
May 29, McGraw Village Event Room

Join the ERP Facebook Group for latest news.  
Go [www.facebook.com/groups/242845286290392/](https://www.facebook.com/groups/242845286290392/)



## THE AER LEGACY

Since 1942, Army Emergency Relief (AER) has consistently helped the Army “take care of its own” by providing emergency financial assistance to Soldiers, retired Soldiers and their families. Assistance is provided through interest-free loans or grants, or a combination of both to help with emergency travel, rent and utilities, essential auto repairs, pay problems, advance travel funds for PCS, dependent dental care, rental vehicles, home repair, and so much more.

AER’s Scholarship Program helps Army families with undergraduate education costs. AER offers the Spouse Scholarship and the MG James Urano Children’s Scholarship. AER is located in Building 7 on Baltzell Avenue. For more information, call 706-626-0290/4043.



## CARE

The Community Activities Resource Exchange (CARE) provides information on events and subjects of interest within the surrounding communities to the Fort Benning community, specifically spouses and those who disseminate information throughout the community. Everyone is invited. Representatives from various post agencies address current events, and guest speakers brief and entertain questions on various topics.

CARE meetings are held **9:30-10:30am at Army Community Service headquarters in Building 7** on Baltzell Avenue. The Garrison Commander will select discussion topics. The CARE minutes and calendar are posted to [benning.armymwr.com](http://benning.armymwr.com).

The **January 8** agenda includes speakers from Martin Army Community Hospital (with information on Relay Health, Pharmacy, VA Clinic, Tricare, Bariatrics, and Healthcare Data Information,) the Army Wellness Center and Army Continuing Education System (with information on school and tuition assistance.)

The **February 5** agenda includes great information on Spring Break, including School Age Services, Instructional Programs, Tickets & Travel, Youth Sports, Springer Opera House, RiverCenter and the Columbus Museum.

## BENNING CLUB



If you're a member of the Fort Benning community, you're a member of the Benning Club! We host many events every year, including holiday brunches, mother-and-son and father-and-daughter formal balls, concerts and comedy nights, receptions and so much more. We have meeting space suitable for groups of six to 600. Rent a room or rent the whole club! Let our Catering and Event Planning staff help you design a great event. You'll find more photos of the Benning Club here.

The Lexington Room serves lunch weekdays between 11 a.m. to 1:30 p.m. You can order from the menu or enjoy our extensive buffet. Choices include a variety of entrees and side dishes, soup and salad bars, plus an array of delicious desserts for less than \$10. Be sure to ask for a Lunch Punch card!

The Benning Club's gallery — the Regimental Room — is a popular venue for wedding receptions, military ceremonies such as promotions and retirements, dances, meetings and more.

The Supper Club is perfect for large events (without the military décor) making it ideal for receptions, balls and formal dinners.

The club also has smaller meeting spaces, including the Corregidor, Benning and Normandy rooms, with accommodations for an office luncheon, an FRG meeting or drinks with your friends.



February is the month of love. Our chef is whipping up special treats for Valentine's Day! Make a lunch date with your sweetheart.

## JAVA CAFÉ

# NEW SANDWICH



Introducing the newest menu item at Java Café, the Pepper Jack Red Chicken sandwich, the latest addition to the healthy menu. Look for it in January.



Join us for Java's Week of Love, February 11-15, and enjoy a venti Chocolate latte or Chocolate Frappuccino for the price of a grande.



## DINING



Building 128, 7010 Morrison Avenue  
706-687-1861  
Weekdays: 11am-1:30pm  
Weekends/Training/Federal Holidays: Closed



Building 2785, 6530 Eckel Avenue  
(inside the Family Entertainment Center)  
706-685-4466  
Sunday: Closed  
Monday - Tuesday: 11am-2pm  
Wednesday - Thursday: 11am-6pm  
Friday - Saturday: 11am-8pm



Building 2784, 7611 Sightseeing Road  
706-689-9009 • Catering available  
Weekdays: 11am-2:30pm & 5-9:30pm  
Saturday: noon-9:30pm  
Sundays: Closed



Building 390, 390 Baltzell Avenue  
located at Fort Benning Golf Course  
706-545-0397  
Weekdays: 8am-5pm  
Weekends & Holidays: 8am-5pm



**Main Post**  
Building 1685, 1685 Gaudette Street  
706-626-0232  
Weekdays: 7am-3pm  
Saturday: 9am-2pm  
Sunday: Closed  
Federal Holidays: Closed

**Harmony Church**  
Building 4102, Jamestown Road  
706-626-2971  
Weekdays: 6am-2pm  
Weekends: Closed  
Federal & Training Holidays: Closed

**Inside Building 35**  
Ridgeway Hall, Building 35, 35 Ridgeway Loop  
Weekdays: 7:30am-2pm  
Weekends/Training/Federal Holidays: Closed



Building 129, 9058 E Ballard Street  
Located on the back side of the Benning Club  
706-682-2799  
Sunday - Thursday: 11am-10pm  
Friday & Saturday: 11am-11pm  
Buffet hours are 11am-2pm and 5pm-8pm



**Mall Bowling  
Snack Bar**

Building 9232, 8140 Marne Road.  
706-682-7781  
Monday - Thursday: 10am-9pm  
Friday: 10am-10pm  
Saturday: 11am-10pm  
Sunday: 1pm-7pm  
Federal Holidays: 1pm-8pm



Building 2874, 6835 Dixie Road  
Located inside Smith Fitness Center  
706-685-8200  
Weekdays: 7am-8pm  
Saturday: 10am-4pm  
Sunday: 11am-3pm



Building 2502, 7308 Anderson Street  
next to Drop Zone  
706-687-8274  
Weekdays: 7am-10pm  
Saturday: 8am-10pm  
Sunday: 9am-10pm

Located inside Sand Hill Rec Center  
Building 3308, 41st Infantry Regiment Street  
706-687-4919  
Weekdays: 8am-8pm  
Saturday: 8am-8pm  
Sunday: 9am-8pm



Building 1692, 7290 Ingersol Street  
Next to Wynnson Theater  
706-683-0066  
Open 7 days a week  
Lobby: 10:30am-9pm  
Drive-thru: 10:30am-10pm



# ZAXBY'S®

## *catering*

Building 1692, 7290 Ingersol Street

Next to Wynnsong Theater

706-683-0066

Open 7 days a week

Lobby, 10:30am-9pm

Drive-thru, 10:30am-10pm



Little Caesars®



**\$9** *Hot-N-Ready 4-8PM*  
**5 MEAT FEAST**

PEPPERONI • BACON • BEEF • SAUSAGE • HAM

Canadian Roman may be substituted for Ham or Sausage.

Prices & items applicable. Available at participating locations. ©2013 LCC, Inc. 1825002



## MALL BOWLING CENTER



### BOWLING HEALTHY?

Bowling can provide many benefits to help foster health and wellness. Check out some of the ways bowling helps with your physical, social and emotional wellness, according to Bowl.com

#### PHYSICAL HEALTH

- **Calorie Burning** - A level of endurance is necessary for you to reduce fatigue during games and maintain form.
- **Muscle Building** - Body strength is required for carrying the ball and hold body positions to correctly execute the skill.
- **Strong Bones** - The bowling ball creates a weight bearing sport as upper body power is important in the 4-step approach and bowling delivery.
- **Hand and Eye Coordination** - The dimensions of a bowling lane make it important to see the pins 60' away and be able to properly release the ball at a point to successfully knock down pins without going in the gutter.
- **Balance and Coordination** - Flexibility & balance are associated with a much lower risk of muscle strains, sprains and pulls.

#### SOCIAL HEALTH

- **New Friends** - Bowling can help you make new friends. Approximately 2 million bowlers socialize and bowl together each week in leagues throughout America.
- **Family Bonding** - Bowling is an inclusive lifetime sport bringing the family together in a fun and rewarding environment.
- **Lifetime Sport** - Enjoyed by everyone from preschoolers to senior citizens and currently one of the fastest growing high school varsity sports.

#### EMOTIONAL HEALTH

- **Stress Reliever** - Social relationships around shared interests such as bowling can strengthen the heart muscles and increase longevity.
- **Performance Booster** - As bowling becomes an important part of their life consequent benefits are recognized as self-renewal, greater productivity, more energy and reduction in health care costs.

### MONTHLY SPECIALS

#### JANUARY

- Enjoy Dollar Night every Thursday in January and bowl for \$1 per game and \$1 shoe rental.
- January 18 is the Martin Luther King Day training holiday on Fort Benning. We offer unlimited bowling for \$12 per person 1-5pm.
- Again! Enjoy unlimited bowling for \$12 per person (including those awesome shoes) January 21.
- No shoe rental fee every Monday in January from 5-10pm when you pay to bowl.

#### FEBRUARY

- Watch the Super Bowl while you bowl February 3, and enjoy unlimited bowling for \$12 per person (including shoes)
- We offer na sweet special on Valentine's Day, February 14. When the head pin is red, bowl a strike and you'll earn an opportunity to win a bowling ball. We'll drill it for free!
- Every Thursday in February, bowlers pay \$5 for their first game and shoe rental, each additional game, thereafter is \$1 from 1pm-10pm.
- Unlimited bowling for \$12 per person on February 18 until 5pm!

## INFANTRY BAR



Join us at the Infantry Bar for the Super Bowl Party at 5pm February 3. Enjoy door prizes, food, drink specials and commercial bingo.

## FAMILY ENTERTAINMENT CENTER



The FEC has 12 bowling lanes, an indoor playground with a rock climbing wall, an interactive game floor, toddler area, party rooms and much more! The playground is reserved for guests 10 and younger. (Socks are required; we sell them on site.) Ask about parties, group discounts, annual passes and the FEC punch card. The more you play, the less you pay!

January

\$2 off per child for birthday party packages

February

1/2 price play zone every Friday in February

With a Play Zone punch card, you buy six play zone visits at the regular price and get one free.



**54 GAMING TERMINALS  
WITH THE NEWEST TECH**

Weekdays: 7am-10pm  
Saturday: 8am-10pm | Sunday: 9am-10pm

# School Support Services

*A Driving Force for Student Success*



**Army-Wide School Support Initiatives** provide direction for educational support, assistance, and transitions

**School Liaison Officers (SLOs)** assist with transitions associated with military life and facilitate communication among schools, parents and installation leaders

Facilitates understanding of the **Interstate Compact on Education Opportunity for Military Children** and liaisons between the parent and the school as needed to ensure compliance and develop solutions

Provides information about **post-secondary opportunities** from college and vocation school applications to scholarships and career choice

Provides **parent and educator workshops** on a variety of transition issues

**Youth Sponsorship** facilitates transition from installation to installation and school to school by providing

information, a sense of belonging and the opportunity to make friends in both youth centers and schools

Delivers the **Army Ready and Resilient** program for teens is aligned, through experiential and outreach activities, with the training Soldiers and Army Spouses receive creating a common language around resilience between parents, youth and educators



Facilitates the **Adopt-A-School** program fostering relationships between units and local schools and encouraging parent involvement

**In/Out Processing Protocol** provides Soldiers with children an overview of available CYS options and educational support

**Army High School Senior Stabilization** supports college and career readiness by allowing Soldiers to delay PCS so students can complete their senior year of high school

Tutor.com, through the military, provides **no cost online 24/7 tutoring**

Contact your Local School Liaison Officer at:

**ETHAN BRANCH, 706-626-8625**





## KIDS ZONE (CYS)



### INSTRUCTIONAL PROGRAMS

Child & Youth Services (CYS) Sports & Fitness Instructional Programs offer a variety of fun classes for all ages. Participants must be registered at Parent Central and have a current sports physical.

- Parents & Tots, 45 minutes once a week for \$40 per month for 11 months-3 years
- All levels of Tumbling, beginner to advanced, one hour a week, \$45 per month
- Cheerleading, 45 minutes a week, \$45 per month, ages 3 and older
- Tae Kwon Do for ages 6-18, 45 minutes twice a week, \$45 per month
- Functional Fitness is free for ages 3 and 4
- Dance, for ages 3-18, 50 minutes on Wednesdays, \$50/per month
- Hip-Hop and Break Dance for boys ages 6-9, 50 minutes on Wednesdays, \$50/per month
- Co-ed Hip-Hop for ages 6-9, 50 minutes on Wednesdays, \$50/per month



### CYS YOUTH SPORTS

Spring Baseball  
Register: January 21- February 25  
Season: March 11- May 18  
Ages 4-11 | Cost \$45

Spring Soccer  
Register: January 21- February 25  
Season: March 11 - May 18  
Ages 4-13 | Cost \$45

### MAIN POST CDC

Parents are invited to join us for:

- A Day of Remembrance: At 3:30pm January 18, we celebrate Dr. Martin Luther King's birthday with great activities for the children.
- Children will dress their best for the Valentine's Ball at 4pm February 14. They will enjoy music and surprises.

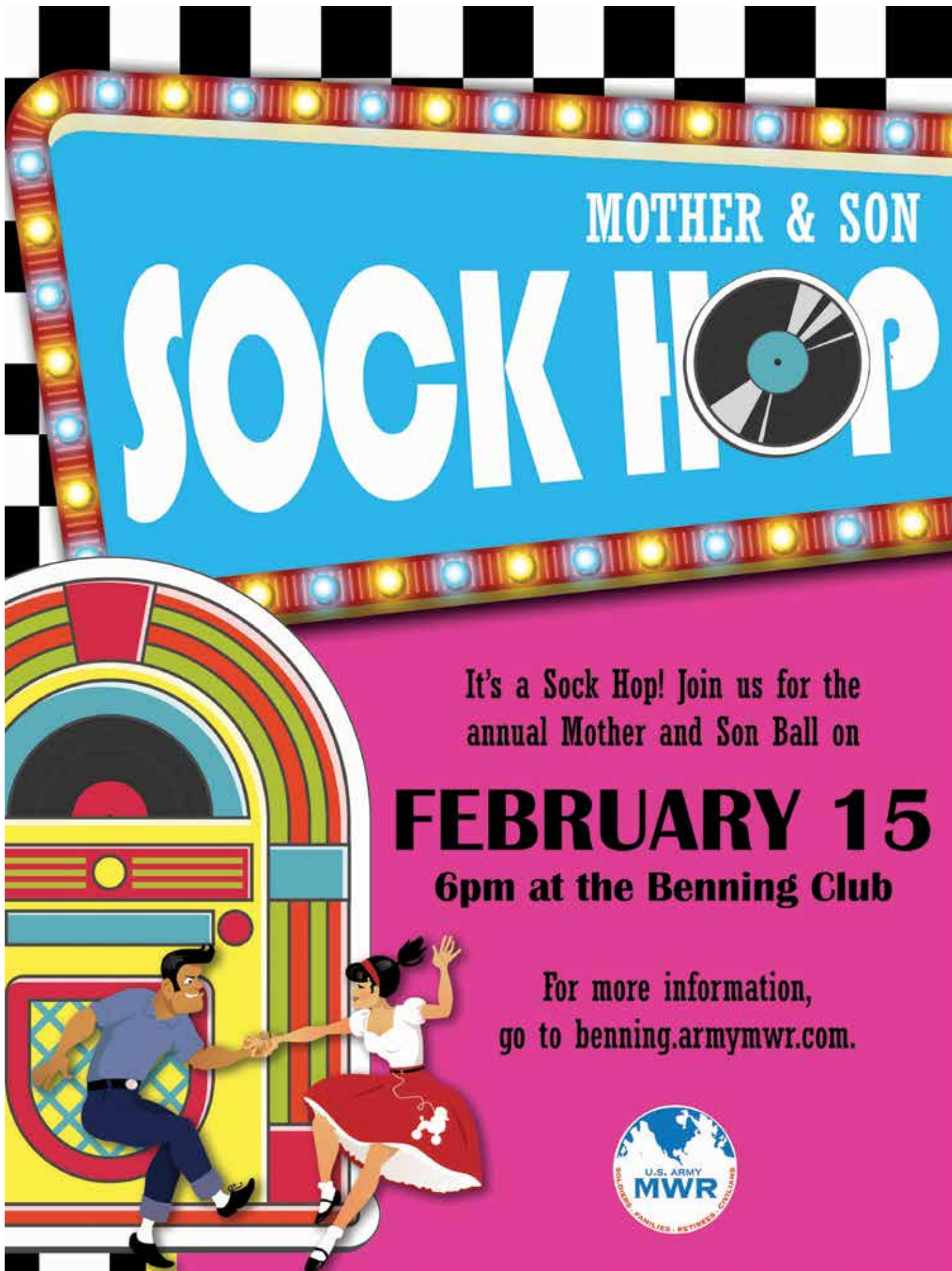
**MILITARY**  
**CHILDCARE** dot com

MilitaryChildCare.com (MCC) provides a single online gateway for families to access military-operated or military-subsidized child care options worldwide across all services. The site enables families to create a household profile, conduct child care searches, submit requests for care, and manage their requests at any time and from any location.

This website offers a more streamlined approach to finding and requesting care, expedites placement through a standardized request process and waitlist management tools, and provides reports that help programs better plan for future placement needs.

Through MilitaryChildCare.com, eligible families can search and request care for full-day and part-day options in facility-based and home-based programs for children from birth through age 12. Families may remain on a preferred program's waitlist even after being offered care or enrolling in another program.

For additional information, go to MilitaryChildCare.com or contact the Help Desk by calling the toll free number, +1(855) 696.2934 or at FamilySupport@MilitaryChildCare.com.





# STAY AND PLAY

## DESTIN ARMY RECREATION AREA



The Destin Marina is closed in January. In February, pontoon, jet ski and kayak rentals are available by reservation. Call 850-837-6423. We sell fuel every day 8am-4:30pm. When the weather cooperates, we offer chartered fishing trips.

Here are some Destin Army Recreation Area's other spectacular amenities:

**FISHING PIER** – A Florida fishing license is required to use our 300' fishing pier. Crabbing off the pier is popular, although seasonal restrictions apply. Crabbing and fishing are prohibited in the marina basin.

**SWIMMING POOL AND SPLASH PARK** – 2,500 square feet of fun, with playgrounds and picnic areas along the waterfront.

**FITNESS FACILITIES AND RECREATION EQUIPMENT** – includes treadmills, TVs, kayaks and paddle boards. The roads surrounding the recreation area are safe for running and limited mostly to local residents.

**INTERNET SERVICES** – a free internet hotspot is located at the Conference Center.

**BEACH PARK ACCESS** - Our resort is located near the Eglin Air Force Base Beach Park on Highway 98. This park is reserved for military ID cardholders. Hours vary by season. For information, call 850-882-5058.



Spring Break is right around the corner. Holidays and weekends book up quickly. Call today to reserve your spot!



## MARINA TOYS

### Waverunner:

\$60, 1 hour | \$205, 4 hours

### Kayak:

\$15, 1 hour | \$40, 4 hours  
\$60, 8 hours

### Paddle Board:

\$15, 1 hour | \$40, 4 hours  
\$60, 8 hours

### Pontoon Boat:

\$90, 2 hours | \$165, 4 hours  
\$235, 6 hours | \$45 each additional hour



### Our newly renovated RV Park is up and running. Below are the winter prices:

RV, up to 32 Foot, \$21 • \$20 (Active Duty E5 and below)  
RV, up to 38 Foot, \$22 • \$21 (Active Duty E5 and below)  
RV, up to 40 Foot, \$23 • \$22 (Active Duty E5 and below)  
Trailer Parking, \$4 • \$4 (Active Duty E5 and below)

# calendar

**January 1**  
FEDERAL HOLIDAY  
NEW YEAR'S DAY

**January 5**  
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MWR Bingo, pg 30



**January 8**  
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ACS, Building 7, pg 15

**January 10**  
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ACS, Building 7, pg 14

**January 11**  
Ski/Snowboarding Trip  
Outdoor Recreation, pg 32



**January 14**  
Smoothie Tasting  
The Lab, pg 40

**January 17**  
EFMP Parent to Parent  
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**January 18**  
TRAINING HOLIDAY

**January 18**  
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**January 19**  
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Coaches Meeting  
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**January 19**  
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**January 21**  
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**January 21**  
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**January 21**  
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Registration  
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**January 21**  
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**January 24**  
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**January 24**  
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Fort Benning Golf Course, pg 29

**January 26**  
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## ONGOING ACTIVITIES

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**3rd Monday**  
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Milton E. Long Library, pg 10

**Mondays/Wednesdays**  
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**Mondays/Wednesdays**  
Functional Fitness  
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**Tuesdays**  
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**1st Tuesday**  
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**Tuesdays/Thursdays**  
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**Tuesdays/Thursdays**  
Tumbling  
Parent Central, pg 21

**Wednesdays**  
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Milton E. Long Library, pg 10

**Wednesdays**  
Newcomer's Orientation  
benning.armymwr.com

**Wednesdays**  
Dance  
Parent Central, pg 21

**Wednesdays**  
1/2 Playzone  
Family Entertainment Center  
pg 19

**1st Wednesday**  
American Girls Book Club  
Milton E. Long Library, pg 10

**2nd Wednesday**  
Lunch and Learn  
Milton E. Long Library, pg 10

JANUARY	S	M	T	W	T	F	S
			1	2	3	4	5
	6	7	8	9	10	11	12
	13	14	15	16	17	18	19
	20	21	22	23	24	25	26
	27	28	29	30	31		

**3rd Wednesdays**  
Superheros Book Club  
Milton E. Long Library, pg 10

**2nd and 4th Wednesdays**  
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**Wednesdays/Thursdays**  
Zumba  
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**Thursdays**  
Drama Kids  
Parent Central, pg 21

**Thursdays**  
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Mall Bowling Center, pg 19

**3rd Thursday**  
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benning.armymwr.com

**2nd Thursdays**  
Family Movie  
Milton E. Long Library, pg 10

**Every Saturday**  
Movies & Munchies  
Milton E. Long Library, pg 10

**3rd Saturday**  
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# calendar

## February 2

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## February 5

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## February 5

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## February 9

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## February 9

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## February 11

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Java Cafe, pg 16

## February 14

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## February 14

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## February 15

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## February 18

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## February 18

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## February 23

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## February 23

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## February 28

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## February 28

CG's Monthly  
Golf Scramble  
Fort Benning Golf Course, pg 29



## ONGOING ACTIVITIES

### Mondays

No Shoe Fee  
Mall Bowling Center, pg 19

### 3rd Monday

Coffee & Coloring  
Milton E. Long Library, pg 10

### Mondays/Wednesdays

Tae Kwon Do  
Parent Central, pg 21

### Mondays/Wednesdays

Functional Fitness  
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### Tuesdays

Bingo Special  
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### 1st Tuesday

Teen Tuesdays  
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## Tuesdays/Thursdays

Cheer  
Parent Central, pg 21

## Tuesdays/Thursdays

Tumbling  
Parent Central, pg 21

## Wednesdays

Story Time  
Milton E. Long Library, pg 10

## Wednesdays

Newcomer's Orientation  
benning.armymwr.com

## Wednesdays

Dance  
Parent Central, pg 21

## 1st Wednesday

American Girls Book Club  
Milton E. Long Library, pg 10

## 2nd Wednesday

Lunch and Learn  
Milton E. Long Library, pg 10

## 3rd Wednesdays

Superheros Book Club  
Milton E. Long Library, pg 10

## 2nd and 4th Wednesdays

Board Game Night  
Milton E. Long Library, pg 10

## Wednesdays/Thursdays

Zumba  
Parent Central, pg 21

## Thursdays

Free Pool  
Benning Brew Pub, pg 18

## Thursdays

Drama Kids  
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## Thursdays

\$5 Game  
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## 1st, 3rd & 5th Thursdays

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## FEBRUARY

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28		

## 3rd Thursday

Benning Bus Tour  
benning.armymwr.com

## 2nd Thursdays

Family Movie  
Milton E. Long Library, pg 10

## Fridays

1/2 Playzone  
Family Entertainment Center  
pg 19

## Every Saturday

Movies & Munchies  
Milton E. Long Library, pg 10

## 2nd and 4th Saturdays

Pool Tournament  
Harmony Church Rec Center  
pg 29

## 2nd and 4th Saturdays

Open Recreation  
School Age Care, pg 22

## 3rd Saturday

Book to Movie Club  
Milton E. Long Library, pg 10



## STAY AND PLAY

### UCHEE CREEK



## MINUTES FROM MAIN POST... BUT WORLDS AWAY

Nestled along the banks of the Chattahoochee River is Fort Benning's best unkept secret: Uchee Creek Campground and Marina. At Uchee Creek, you will discover a 385-acre park equipped with both RV and tent sites, cabins and chalets, recreation areas, rental facilities, a fishing and boating marina, trails, and more. The newest addition to the park is a nature playground. The playground blends in with the surrounding trees which also provide shade from the blistering hot summer sun, and is located right across from the Uchee Creek pool. Guests will enjoy a new tree trunk slide, ladder rope climb, mushroom steps, chipmunk climb, and tree burrow. The most exciting feature is the scavenger hunt the playground holds. Hidden on each playground piece is a cute creature, such as a ladybug, blue jay, butterfly, and more! Make a game out of who can identify the most creatures for great outdoor fun.

Uchee Creek is open to military ID cardholders and families visiting Fort Benning for a military graduation or family day. The park offers full hook-up RV sites, tent camping and a variety of cabins/chalets. Inside the campground are four comfort stations, three laundry facilities and a full-service marina for eligible patrons.



### MCIVER SUITES



McIver Suites offer accommodations perfect for your short or long term visit and great extended stay value for leisure travel, with the comforts of home and the convenience of the office. We offer 1-bedroom suites for \$90 and 2-bedroom suites for \$110, with kitchens, screened porches and sunrooms. The historic McIvers Suites are a golfer's delight, located minutes from the Fort Benning Golf Course and Jack's 19th Hole.

Your stay includes free unlimited golf at the Fort Benning Golf Course and discounts at the following locations:

- Buy one lunch buffet at the Benning Club and get one free (Mondays)
- 10% off drinks at Java Cafés
- 10% off boat rental at Uchee Creek
- One free game of bowling at Mall Bowling Center or Family Entertainment Center

To reserve your suite, call 706-545-4053.





## Join us every Thursday for Military Night!



Texas Roadhouse is famous for our Hand-Cut Steaks, Fall-Off-The-Bone Ribs, Made-From-Scratch Sides and Dressings, Fresh Baked Bread, Ice Cold Beer, and Legendary Margaritas!

With your military ID and with the purchase of an entrée,  
you get a free Cactus Blossom appetizer!  
The Texas Roadhouse in Columbus, GA truly appreciates ALL you do!

Sunday Family Night! Join us every Sunday for Family Night! Kids can enjoy JR Kid's Meal all day on Sundays for only \$2.99 with the purchase of one adult entree. Children must be 12 years or younger.

\*May exclude Holidays

**Call Ahead Seating & Online ToGo Ordering Available!**

2970 North Lake Parkway | Columbus, GA 31909

**706-323-6616**

We are proud to serve those who have served our country!

The uniform may change,  
but the warrior remains!



[www.SuitingWarriors.org](http://www.SuitingWarriors.org)

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St. Elmo Plaza @ Lakebottom



1817 Garrard Street | Columbus, GA 31901





# 2018

UNITED STATES ARMY

# DIGITAL PHOTOGRAPHY CONTEST

**SUBMIT**  
12 NOV 2018 - 20 JAN 2019  
[ARMYMWR.COM/PHOTOCONTEST](http://ARMYMWR.COM/PHOTOCONTEST)



**DIVISIONS**

ACTIVE DUTY AND OTHER ELIGIBLE PATRONS

**CATEGORIES**

ANIMALS, DESIGN ELEMENTS, DIGITAL DARKROOM, MILITARY LIFE,  
NATURE & LANDSCAPES, PEOPLE AND STILL LIFE

\*Above photo: 1st place 2017 Nature & Landscape winner | LCDR James Lish | Title: Okinawa Park Waterfall at Sunrise



UNITED STATES ARMY INSTALLATION MANAGEMENT COMMAND  
[ArmyMWR.com](http://ArmyMWR.com)





# RECREATION

## FORT BENNING GOLF COURSE



Calling all ladies to the golf course! At **11am January 10 and February 7**, the Fort Benning Golf Course will host a **beginners golf clinic for women**. This one-hour class will cover proper grip, stance and posture. The cost is \$20 per person, and clubs and range balls will be provided if needed.

### CG'S GOLF SCRAMBLES

Form your best team and test your golf game in the monthly CG's Golf Scramble, **January 24 and February 28**. Register your team of four by calling 706-545-0397. Entry fee is \$30 in advance or \$35 the day of the event. KIA Autosport of Columbus sponsors the scrambles.

### GOLF COURSE AMENITIES:

- A pro shop stocked with the latest equipment and in-house special ordering
- Handicap services from the Georgia State Golf Association
- Private golf lessons and clinics from a Class A PGA Professional
- Tournament packages
- Jack's 19th Hole
- Lighted driving range and putting area
- Practice green with bunkers
- Rental party rooms and pavilion
- Catering services

### MEMBERSHIP SPECIALS

#### Corporate:

Corporate membership includes brand recognition in our Pro Shop. A corporate membership offers employees, spouses and children younger than 18 a full year of unlimited golf for \$18 for 18 holes, including a cart.



### ABOUT THE GOLF COURSE

The Fort Benning Golf Course, first established in 1923, is rich in military history. In the fall of 2018, the course underwent a project to improve the playing conditions of the courses. Significant changes occurred which included the closing of the Patton 9 hole course. This spring, you should start to see new growth on the course as well as better maintained greens. Our focus on the Bradley and Marshall courses allows us to provide a more challenging and pleasant golfing experience and continue to offer golfers a chance to use every club in the bag!

The course is located on Main Post, about one mile from I-185, and is a full-service facility open to the public



A great place to have a get-together after work. The 19th Hole can easily handle 60-80 people and there is no charge until our regular closing time. After that, the charge is \$50 per hour as long as the 19th Hole is patronized. We also have the clubhouse and pavilion that can be rented for larger and more private functions. Call Lenard Patrick at 706-545-0397 for more information.

# RECREATION

## MWR BINGO



Join us on **January 5 and February 2** for Super Bingo and take a shot at a guaranteed payout of \$5,000 (and two additional \$1,000 prizes). Doors open at noon and bingo starts at 1:30pm. Guests will enjoy free food and great door prizes. The minimum buy-in is \$18 per person, which includes the initial game pack with eight games. Additional games are sold on the floor. You must be 18 to play. For more information, call 706-544-1964.

**Every Tuesday** we have **buy 1 get 1 free game packs** with 8 games per pack! Every Friday we have half off Bingo Tablets which is a great way for new bingo players to learn the game because the tablet will do most of the work! Additional games are sold on the floor. You must be 18 to play. For more information, visit [benning.armymwr.com](http://benning.armymwr.com) or call 706-544-1964.

## RECREATIONAL SHOOTING COMPLEX



Join us for the annual **Sweetheart Trap Shoot 5-7 pm Feb 8** at the Recreational Shooting Complex. Each round is \$25/couple, and winners will go home with great prizes. All skill levels are welcome. For more information or to register, call 706-545-7978.

To save time, take a minute to review range rules and print this waiver before your visit, [benning.armymwr.com](http://benning.armymwr.com). We look forward to seeing you!

Soldiers at Fort Benning without a vehicle, those here for training or school, can call 706-545-6158 to schedule a free ride to the Recreational Shooting Complex.

## RECREATION CENTER

### Main Post Recreation Center

Look out for the opening of the new Main Post Recreation Center, Building 2784, opening mid-January. This center will feature a movie room, computer access, free Wi-Fi and much more.

### Sand Hill Recreation Center



We invite you to visit the Sand Hill Recreation Center, where we offer free Wi-Fi, three movie rooms, eight billiard tables, foosball, air hockey, table tennis, board and PS-3 and PS-4 games. Need a computer? We have 29 computers in our computer lab! We also have more than 400 movies available in our three movie rooms or on the big screen in our auditorium. Got a craft you would like to volunteer to teach? Give us a call. Look for us on MWR Facebook for upcoming craft classes. Use our large screen and projector for family day activities, classes, briefings or parties. Eat here or take out at SUBWAY for healthier food selections for you and your family! Soldier Photos LLC is also located here. They would love to do a family photo for you. Recon Sportswear sportswear is here from 11am to 2pm Wednesdays and Thursdays. We look forward to seeing you in the new year!

### Harmony Church Recreation Center

Pool tournaments are held **2nd and 4th Saturday at 2pm**. Registration for tournaments is required no later than 12:30pm. Open to all ID cardholders and MWR patrons. For more information, call 706-626-1316.

The Harmony Church Recreation Center has a movie room and TV viewing areas, computers, books and magazines, pool tables, video games, and a snack bar. We are located off Old Cusseta Highway. From the Harmony Church gate, go straight through the traffic light and turn right into the Troop Medical Clinic parking lot. You will see the Recreation Center on the left.

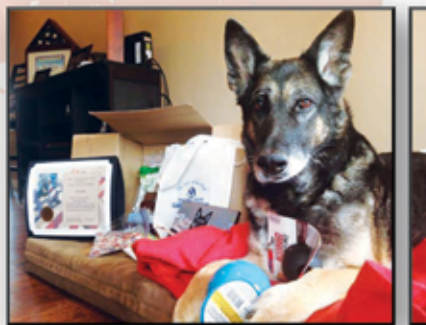




# MILITARY WORKING DOG TEAM SUPPORT ASSOCIATION, INC.

*Our organization's unofficial motto is "To support both ends of the leash."*

Each year, we successfully ship care packages, complete base visits and recognition events, educate the general public and advocate on behalf of retired dogs. The MWD TSA has sent "care packages" to approximately 150-200 deployed teams each quarter — over 3,500 packages since 2006. Each box contains treats, toys, brushes, "doggies" and boots for the dogs as well as books, DVDs, snacks and goodies for the dog handlers.



*The MWD TSA  
publishes KennelTalk  
Go to [www.mwdtsa.org](http://www.mwdtsa.org)  
to subscribe*

## *Our mission includes, but is not limited to:*

- Supporting Current Dog Handler Teams
- Supporting Veteran Dog Handler events/causes
- Supporting retired Military Working Dogs
- Supporting War Dog/Dog Team Memorials



As an all volunteer organization, volunteers are the lifeblood of everything we do. That means that each individual who volunteers with MWD TSA contributes to the support we provide to our military working dog teams. Become part of our MWD TSA Team.

*MWD TSA is a 501(c)(3) nonprofit (TIN# 13-4346918).*

*We are dedicated to supporting Military Working Dog teams within all of the U.S. military services.*



P.O. Box 5864  
Canton, GA 30114  
[www.mwdtsa.org](http://www.mwdtsa.org) or  
Facebook at [www.facebook.com/mwdtsa](https://www.facebook.com/mwdtsa)





# RECREATION

## OUTDOOR RECREATION (ODR)



### SKI/SNOWBOARD TRIP

Join us for a fun-filled trip to Gatlinburg, Tennessee, **January 11-13**, and enjoy skiing, shopping and snowboarding at steeply discounted prices. The cost includes transportation, two nights double occupancy, and the activity of your choice, with the following options:

Snowboarding for \$242 • Skiing for \$220 • Shopping for \$85.

The cost listed covers travel, lodging and the activity (equipment, lift ticket, beginner's lesson, tram ride, etc.) That's a savings of about \$155 per person (single Soldiers can take an extra \$50 off of that!). To register, call 706-545-7978.



### DAY HIKE

We're going for a walk in the woods! Join Outdoor Recreation **8am to 2pm at F.D. Roosevelt State Park January 26 and February 9** for a leisurely day hike. The \$12 fee includes park fees, a snack, guide, and transportation there and back. Open to military ID cardholders only. To register, call 706-545-7978.

### PAINTBALL AT THE WOODLANDS

Join Outdoor Recreation for paintball at the Woodlands paintball course **noon to 4pm February 23**. The Woodlands is located on Dublinsky Street. Units form a team and challenge another unit or group! Bring your own equipment or rent on site at discounted prices, cash only. (A deluxe paintball package rents for \$15 and includes a gun, mask, hopper, 500 paintballs, and an air tank. Refills are also available.) Participants must be at least 5 years old. Those younger than 18 must be accompanied by a parent or guardian. To register, call 706-545-7978.

## EQUIPMENT RENTAL

To rent a boat from ODR, you must have a boater safety card. Watch a video in our facility or take an online boater safety course. Be sure to bring the certificate with you at the time of rental.



### COOSA FD KAYAKS

\$25 a day



### RETRO 26 FOOT CAMPER WITH SLIDE

\$80 a day



### TRAIL RUNNER 18SLE

\$100 a day



Check out the great variety of inflatable bounce houses.





# FORT BENNING TELEVISION

Fort Benning's News and Information Station

Available on:

**You Tube**  
[YouTube.com/benningTV](http://YouTube.com/benningTV)


**f**  
[Facebook.com/ftbenningtv](http://Facebook.com/ftbenningtv)

## STORAGE LOCKERS & POV STORAGE at Outdoor Recreation

Low monthly rates + convenient 24-7 access  
 Fully fenced, keypad entry + 24-hour surveillance  
 Moving trucks and equipment available at affordable rental rates

<b><u>Storage Lockers</u></b>	<b><u>Outdoor POV Storage Spaces</u></b>
5 x 10 - \$45	20 x 10 - \$24
10 x 10 - \$61	20 x 12 - \$27
10 x 15 - \$72	30 x 12 - \$32
10 x 20 - \$82	40 x 10 - \$34
	40 x 12 - \$37

For more information, call 706-545-7978.



# WARRIOR ADVENTURE QUEST

Promotes Resiliency and Unit Cohesion

High Adrenaline

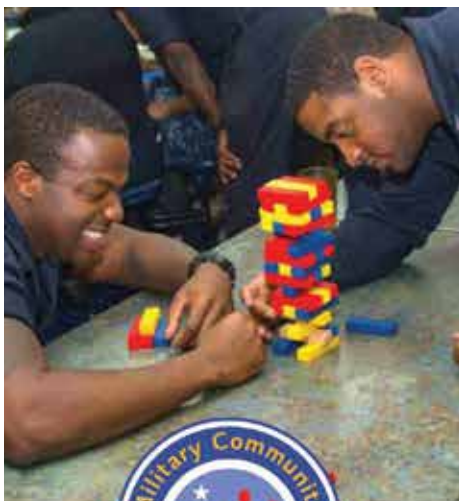
FREE program for Active Duty Units

Post-Deployment OR  
 Once Every 2 Years

Activity Options:  
 Whitewater Rafting | Zipline  
 Paintball | Target Shooting  
 Opportunities are endless!

Contact: Outdoor Recreation 706-545-9636  
[benning.armymwr.com](http://benning.armymwr.com)





## Military Community and Family Policy Fact Sheet

### Data

- ✓ *The 2016 survey was sent electronically to randomly selected service members. More than 6,000 members responded to the survey invitation.*
- ✓ *The 2016 survey showed that the top areas for improvement were fitness centers, outdoor recreation, single service member programs, and sports and athletics.*

### Additional information

#### Morale, Welfare and Recreation

<https://www.militaryonesource.mil/recreation-travel-shopping>

#### Family Readiness System

<https://www.militaryonesource.mil/-/family-readiness-system>

*The 2018 Morale, Welfare and Recreation Customer Satisfaction Survey has been approved via Report Control Symbol DD-P&R-2626.*

## Morale, Welfare and Recreation Customer Satisfaction Survey

### Background

As part of the Family Readiness System, Morale, Welfare and Recreation provides service members and families with a large number of leisure activities that enhance the readiness and quality of life of the military community. The Department of Defense has conducted four military-wide surveys, in 2009, 2011, 2014, and again in 2016, to assess customer satisfaction with Morale, Welfare and Recreation services, activities and facilities. Feedback from active duty, National Guard and Reserve Component members helps to determine satisfaction with programs, areas in need of improvement and how and where to allocate funding.

### Highlights

Past survey results indicated that Morale, Welfare and Recreation participation builds resilience and impacts service member mission readiness. This year's results will help determine whether programs are continuing to meet the needs of service members and families and where improvements can be made to better serve the military community. The 2018 survey:

- Is voluntary, anonymous and confidential
- Will rate the following Morale, Welfare and Recreation programs: fitness, libraries, outdoor recreation, recreation centers, auto skills centers, single service member programs, leisure travel, swimming pools, sports and athletics
- Will measure changes in customer satisfaction over time and evaluate the effectiveness of strategic program improvements





# RENTAL VENUES

## on Fort Benning



MWR's goal is to offer Soldiers and their Families desirable social and recreational opportunities. Our facilities are available to support mission-related functions when their use does not preclude authorized MWR patronage.

We offer many locations for you to host your next Family Readiness Group meeting, unit function, hail and farewell and more! Our event planner will make all your special events memorable and affordable. Whether you are planning for 10 guests or 1,000, our planner will find a suitable location, formal or informal, indoors or out, and arrange for entertainment, food and lodging. Call our Catering Office for availability and pricing at 706-687-1861 or 706-325-9490.

#### No rental fees required for the following facilities:

Patch Hall • MWR Library  
Twilight Pavilion  
Harmony Church Recreation Center  
Russ Pond Pavilion  
Kings Pond Pavilion  
Bouton Heights/Davis Hill Outreach Center  
Sand Hill Recreation Center  
Survivor Outreach Services Building

*Please Note: For non-military events, please call our catering office at 706-687-1861.*

#### Rental fees required for the following facilities:

Family Entertainment Center • Benning Club  
Mall Bowling Center  
Benning Brew Pub  
Golf Course (Ballroom, Club House or Pavilion)  
Sand Hill Club House  
Uchee Creek Campground & Marina  
Destin Army Recreation Area  
Breezeway Complex (Bar & Lounge, Patio or Pool)  
Wetherby Field  
Supper Club

#### Guidelines for Venue Rental

1. Contact the DFMWR facility you want to use in order to verify cost and availability of service/space and rental fees, if applicable.
2. Deposit required for room and equipment fees at time of booking.
3. Payment required for food/beverage (meals) due at least 7 days prior to function.
4. Units needing assistance with Unit Funds may contact our Financial Management Branch at 706-545-2448.

# SERVICES

## AUTO SKILLS CENTER



Repair or rebuild your own vehicle, or let us do it for you! One of the Army's largest auto repair centers, with 42 bays, the Fort Benning Auto Skills Center employs certified mechanics and training instructors who stand ready to help you repair or customize your car.

You-do-it customers have on-site access to a free computer program that provides easy-to-read step-by-step instructions on every kind of repair imaginable. It also tells you what parts you may need to purchase and what you should expect to pay for them. You'll likely find them in stock at the Auto Skills Center, priced less than you'll find off post, and tax free!

We do it: Let our certified professionals handle your car care or do it yourself!

- We provide quality, affordable programs and first-class service to all MWR patrons.
- We have 42 bays for auto repair and do-it-yourself services.
- Staff members are available to guide you through your self-service project.
- We do brake inspections and repairs, tire services, air conditioning checks and charges and more.
- Supplies and parts are sold at the service center.
- Vehicle storage is available for lengthy auto repairs or rebuilds.
- We have the Nitrogen Tire Inflation System. Replace the air in all four tires for less than \$28. "Top offs" are free for the life of your tire!

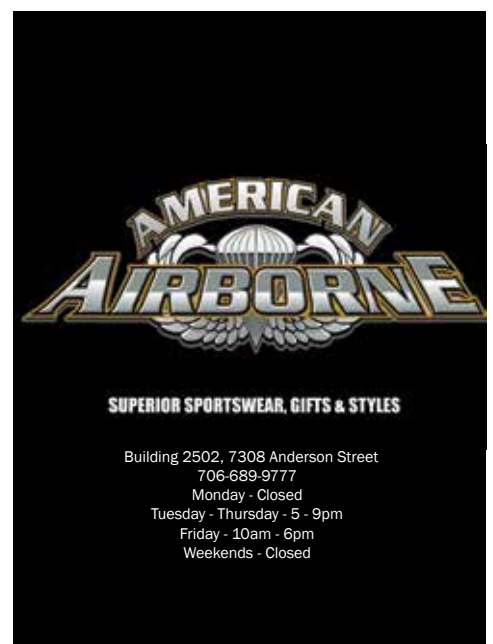
Take 10 years off your vehicle. Fort Benning's Auto Skills Center offers a new service to remove the 'cataracts' from your headlights and restore their luster for only \$40. Replacing your headlights costs more than \$300 - why spend that much money if they work perfectly fine? Unlike those spray applications folks offer at your local shoppette or gas station, restoration removes the damage, it doesn't cover it up. Your like-new headlights will last for years. Call 706-545-2337 for more information.



The Fort Benning Auto Skills Center wrecker service will tow your vehicle on or off post, 24/7. For more information, call 706-527-0971



Nitrogen prohibits moisture from collecting inside your tires, providing a safer, more stable drive, extends the life of your tires and increases fuel efficiency. Replace the air in all four tires for less than \$28 - without an appointment. For more information, call 706-545-2337.





# SERVICES

## TICKETS & TRAVEL



Plan now for a memorable Spring Break vacation with Tickets and Travel! For less than \$1,200, Tickets and Travel recently booked a four-night Bahama cruise for two in February aboard the Enchantment of the Seas. This cruise is packed full of activities on and off the ship.

### **DAY 1-** Departure Day Orlando, Port Canaveral, Florida

With so many amusement parks to choose from in Orlando, you will forget that you are planning to board a cruise ship! Orlando is home to Disney World, Universal Studios, Island of Adventure, and more. Get a head start on your vacation before you set sail.

### **DAY 2-** Tendered, CocoCay, Bahamas

Whether you're looking for relaxation or adventure, you'll find it all at CocoCay. Caylana's is the largest aqua park in the Bahamas, featuring slides, water trampolines and other water inflatables. This park is a floating playground for all ages!

Those wanting to relax can rent a beach bungalow or cabana and listen to the waves and soak up the sun. Be sure to try a Coco Loco, a tropical frozen drink spiked with coconut rum.

### **DAY 3-** Docked Nassau, Bahamas

Make the most out of your day in Nassau and experience everything the Bohemian life has to offer. Visit the Atlantis Resort and take in the impressive open-air marine environment, a spacious casino and the iconic Mayan Temple Waterslide.

Break for lunch and dine like a local. Bahamian cuisine has influences from Britain, West Africa and Spain. The fresh seafood is served in a variety of ways that will certainly please even the pickiest eater. Wash it all down with a tasty Bahama Mama.

### **DAY 4-** At Sea

Take full advantage of everything the ship offers. From a rock wall to arcade games and live shows, the Enchantment of the Seas has an impressive menu of recreational and entertainment options.

### **DAY 5-** Arrival Day Orlando, Port Canaveral, Florida

See everything you missed out on before you sailed. Orlando is home to the Kennedy Space Center. Visit this historic launch site and working spaceflight facilities, plus marvel at the U.S. Astronaut Hall of Fame.



WE ARE A FULL SERVICE PHOTOGRAPHY BUSINESS, PROUDLY DOCUMENTING THE ACHIEVEMENTS OF FORT BENNING'S SOLDIERS AND THEIR FAMILIES.



Located in the Sand Hill Recreation Center  
41st Infantry Regiment St. Building 3306, Ft. Benning, GA 31905  
Weekdays, 9am - 2pm

**OUR APPROACH**  
FIRST AND FOREMOST, IT IS IMPORTANT TO US THAT WE CONVEY PROFESSIONALISM IN ALL ASPECTS OF OUR BUSINESS, OPERATING IN A HIGHLY EFFICIENT AND EFFECTIVE MANNER AT ALL TIMES.

**WHAT TO EXPECT**  
YOU WILL BE MET WITH A QUALIFIED, TRAINED AND KNOWLEDGEABLE PROFESSIONAL PHOTOGRAPHER. OUR RATE WILL ALWAYS BE COURTEOUS AND HONEST.

**WHAT WE DO:**  
MILITARY GRADUATION PORTRAITS  
MILITARY BIRTH  
CAREER PORTRAIT  
BATTALION PORTRAIT  
RANGER PORTRAIT  
YOUTH DANCE AND SPORTS  
SCHOOL PORTRAIT  
FAMILY PORTRAIT STUDIO AND ON-LOCATION  
WEDDINGS AND MORE!

**Call for an appointment**  
**706-685-2222**  
[www.soldier-photos.com](http://www.soldier-photos.com)

## LAUNDROMAT



You can clean just about anything, including your TA-50, at the Main Post Laundromat, with 29 heavy duty washers, up to 80 pounds capacity, 51 single load machines and 44 commercial dryers.

You won't ever have to carry a pocketful of quarters with our debit card system. Simply purchase a laundry card at the facility with cash or credit card. The more you use the post Laundromat, the more free credit you earn on your card! While you are waiting for your gear, have a snack from our vending machine, or walk next door to the Java Café .

Unit laundry parties can be facilitated between 10pm and 8am by appointment. More more information, call 706-545-3398.

## CAR WASHES

MWR car washes are located on Marchant Avenue on Main Post, next to the Auto Skills Center "under" the water tower on Harmony Church and next to the Commissary Mall on Marne Road.

## DOG WASH



Attached to the Main Post car wash, our do-it-yourself, climate controlled dog wash is the first of its kind on a U.S. military installation. You may use your credit card or the reloadable MWR Car Wash Card for washing, drying, flea and tick bathing options. Open 24/7.



SEXUAL ASSAULT.  
SEXUAL HARASSMENT.  
**NOT IN  
OUR ARMY.**

As Army Civilians, we play a vital role in our Nation's defense and to the readiness of our Army. We are committed to upholding the Army Standards of Conduct\* and supporting a positive work climate, free from sexual assault, sexual harassment and retaliation.

**TOGETHER, THIS WE'LL DEFEND.**

\*Joint Ethics Regulation, DODD 5500.7-R, Chapter 12, Sections 3.4.5.

Join Us: USArmySHARP     
[WWW.PREVENTSEXUALASSAULT.ARMY.MIL](http://WWW.PREVENTSEXUALASSAULT.ARMY.MIL)  
DOD SAFE HELPLINE: 1-877-995-5247  
[WWW.SAFEHELPLINE.ORG](http://WWW.SAFEHELPLINE.ORG)





## OUR MISSION

Operation Homefront provides emergency financial and other assistance to the families of our service members and wounded warriors.

- ★ Operation Homefront leads more than 2,500 volunteers with nationwide presence who provide emergency and other financial assistance to the families of service members and wounded warriors.
- ★ The financial assistance we provide to military families is in the form of grants, not loans, paid directly to service providers for needs like car and home repairs, utilities, and rent or mortgage payments.
- ★ Our morale programs are based on making life easier for military families with tangible support that demonstrates that the American people care about their struggles.

### ★ EMERGENCY ASSISTANCE:

Grants to address unforeseen budget shortfalls for basic needs like rent, utilities, and food.

### ★ TRANSITIONAL HOUSING:

Rent-free apartment communities for wounded warriors and their families transitioning from the military.

### ★ PERMANENT HOUSING:

Mortgage-free homes for military families with a wide spectrum of services and support.

### ★ MORALE PROGRAMS:

Programs designed to strengthen and uplift military families.

**OperationHomefront.net**

Call toll free 1.800.722.6098

A NONPROFIT 501(c)(3) ORGANIZATION



Let the challenge begin! Join us on our 90 day challenge beginning January 21. For 3 months, you are given fitness and meal plans to help you achieve success. Workouts can be done anywhere with no need for a gym. Sign up and pay at Smith Fitness Center.



**Commander's Cup Sports** promote friendly competition while promoting troop morale and physical fitness. Designed to develop team cooperation and effectiveness through athletic competition, self-confidence and leadership qualities via a competitive recreation channel.

**Volleyball** | February 19 | Coaches meeting held at Doughboy Stadium at 1pm

**Soccer** | March 12 | Coaches meeting held at Doughboy Stadium at 1pm

For more information, contact Willie Spann at [willie.j.spann6.naf@mail.mil](mailto:willie.j.spann6.naf@mail.mil) or call 706-984-1994.



## LIFEGUARD TRAINING

Going to be looking for a summer job? Become a lifeguard! MWR offers a 2 year lifeguard certification which includes the American Red Cross certification, lifeguarding, first aid, CPR and AED, for MWR patrons 15 and older. The cost is \$175. To register, email [Annerose.whitehead.naf@mail.mil](mailto:Annerose.whitehead.naf@mail.mil). Check out [benning.armymwr.com](http://benning.armymwr.com) to see all the upcoming dates.



## FITNESS MARATHON

This free event at 10am January 19, allows patrons to try out all our fitness classes. Each class will be 30 minute demos. This allows enough time to try out any and all classes. We will also have a couple of personal trainers on standby to offer free of charge assessments.

## the lab

[ eat to (l)ive + m(a)ximize + re(b)uild ]



The Lab is located inside the Whittington High Performance Center (Building 4303). They sell workout gear, Vital Proteins, BPN and UCAN products along with healthy snacks and beverages.

Join us for free smoothie tastings and giveaways on **January 14**. Here are some of our favorites:

**Original Messy** | peanut butter, chocolate and banana

**The Sidekick** | banana, strawberries, pineapples and coconut water

**Cougar Bait** | dark chocolate blended with mixed berries to create a chocolate covered strawberry smoothie





At 2100,

Selena and the kids celebrated Father's Day  
with a video call to her husband  
deployed in Afghanistan.

At 2130,

she explained to her youngest that  
daddy has a job to do.

At 2200,

she locked herself in the bathroom and wept.



Healing is an unalienable right. We provide free and confidential mental health services for military personnel, veterans and their loved ones, for as long as needed. So if you think it's time to take action, contact us.

[www.giveanhour.org](http://www.giveanhour.org)

[facebook.com/giveanhour](https://facebook.com/giveanhour)



## ARMY COMMUNITY SERVICE

<b>Army Community Service</b> .....	706-545-4043
Patch Hall, Building 7, 7117 Baltzell Avenue Army Volunteer Corps, Employment Readiness, Exceptional Family Member, Financial Readiness, Information and Referral, Relocation, Army Emergency Relief	
<b>Army Community Service</b>	
Building 359, 7021 Ingersoll Avenue	
AFTB/AFAP .....	706-545-2794
Survivor Outreach Services .....	706-545-2989
Mobilization & Deployment .....	706-545-2449
<b>Family Advocacy Program</b> .....	706-545-3202
Lewis Hall, Building 36, 7131 Richardson Circle	
<b>Military Family Life Consultants</b> .....	706-566-1033
Building 359, 7021 Ingersoll Avenue	

## CHILD & YOUTH SERVICES

### CHILD DEVELOPMENT CENTERS (CDC)

<b>1st Division CDC</b> .....	706-545-6656
Building 1051, 7191 1st Division Road	
<b>Indianhead CDC</b> .....	706-626-0673
Building 2389, 6351 Indianhead Road	
<b>Main Post CDC</b> .....	706-545-3732
Building 1366, 7000 Yeager Avenue	
<b>McGraw CDC</b> .....	706-544-1758
Building 11306, 8220 Custer Road	
<b>Sante Fe CDC</b> .....	706-544-2339
Building 9242, 7151 Hoff Street	
<b>Family Child Care</b> .....	706-545-7945
Building 1051, 7191 1st Division Road	
<b>Middle School &amp; Teen</b> .....	706-545-3070
Building 1055, 7110 McIver Street	
<b>Parent Central Services</b> .....	706-545-2079
Building 104, 6880 Marchant Avenue	
<b>School Age Care</b> .....	706-545-3605
Building 2653, 7502 Ingersoll Street	
<b>School Liaison Officer</b> .....	706-626-8625
Building 228, 7370 Kilgore Street	
<b>Youth Sports</b> .....	706-545-3582
Building 1056, 7110 McIver Street	

## DINING & PUBS

<b>Benning Club</b> .....	706-545-1588
Building 128, 7010 Morrison Avenue	
<b>Destiny Dogs</b> .....	706-685-4466
Building 2785, 6530 Eckel Avenue	
<b>El Zapata</b> .....	706-689-9009
Building 2784, 7611 Sightseeing Road	
<b>Jack's 19th Hole</b> .....	706-545-0397
Building 390, 390 Baltzell Avenue	

### JAVA CAFÉS

<b>Main Post</b> .....	706-626-0232
Building 1685, 1685 Gaudette Street	
<b>Harmony Church</b> .....	706-626-2971
Building 4102, Jamestown Road	

<b>Ridgway Hall</b> .....	706-545-3938
Ridgway Hall, Building 35, 35 Ridgway Loop	

<b>Little Caesars</b> .....	706-682-2799
Building 129, 9058 E Ballard St	
<b>Mall Bowling Center Snack Bar</b> .....	706-682-7781
Building 9232, 8140 Marne Road	
<b>Smoothie King</b> .....	706-685-8200
Building 2874, 6835 Dixie Road	

### SUBWAY

<b>Main Post</b> .....	706-687-8274
Building 2502, 7308 Anderson Street	
<b>Sand Hill</b> .....	706-687-4919
Building 3308, 5300 41st Infantry Regiment Street	
<b>Zaxby's</b> .....	706-683-0066
Building 1692, 7290 Ingersoll Street	

## DFMWR ADMINISTRATION

<b>Business and Recreation Operations Division</b> .....	706-545-7357
Building 228, 7370 Kilgore Street	
<b>BOSS</b> .....	706-604-7675
<b>Child &amp; Youth Services</b> .....	706-545-6811
Building 228, 7370 Kilgore Street	
<b>Director</b> .....	706-545-1511
Building 228, 7370 Kilgore Street	
<b>Deputy Director</b> .....	706-545-6701
Building 228, 7370 Kilgore Street	
<b>Marketing &amp; Sponsorship</b> .....	706-545-3328
Building 228, 7370 Kilgore Street	
<b>Support Management Division</b> .....	706-545-4937
Building 228, 7370 Kilgore Street	

## FITNESS CENTERS & AQUATICS

<b>Aquatics</b> .....	706-545-1400
Building 394, Lauber Street	
<b>Audie Murphy</b> .....	706-545-1940
Building 2818, 6561 Way Street	
<b>Breezeway</b> .....	706-545-1687
Building 117, 7190 Muir Street	
<b>Kefurt</b> .....	706-544-4511
Building 9001, 8710 Watkins Street	
<b>Santiago</b> .....	706-544-9486
Building 3350, 5310 23rd Infantry Regiment Street	
<b>Smith</b> .....	706-545-4388
Building 2874, 6835 Dixie Road	
<b>Whittington High Performance Center</b> .....	706-544-7528
Building 4303, 7098 Old Cusseta Highway	

## RECREATION

<b>Destin Army Recreation Area</b> .....	850-837-6423
557 Calhoun Avenue, Destin, Florida	
<b>Family Entertainment Center</b> .....	706-545-4272
Building 2785, 6530 Eckel Avenue	
<b>Fort Benning Golf Course</b> .....	706-545-0397
Building 390, 390 Baltzell Avenue	
<b>Drop Zone</b> .....	706-587-4040
Building 2502, 7308 Anderson Street	



**Harmony Church Recreation Center**..... 706-626-1265  
Building 4203, 6986 Old Cusseta Highway

**Mall Bowling**..... 706-682-7781  
Building 9232, 8140 Marne Road

**McIver Suites**..... 706-545-4053  
McIver Street

**MWR Bingo**..... 706-544-1964  
Building 93, 6870 Wold Avenue

**Outdoor Recreation**..... 706-545-7978

**and Equipment Resource Center**  
Building 1707, 7310 Gillespie Street

**Recreational Shooting Complex**..... 706-545-6158  
Building 2975, 7839 1st Division Road, Coursen Range

**Sand Hill Recreation Center**..... 706-544-9161  
Building 3308, 5300 41st Infantry Regiment Street

**Uchee Creek Campground & Marina**..... 706-545-4053  
Building 405, 7 Uchee Creek Road

## SERVICES

**Auto Skills Center** ..... 706-545-2337  
Building 111, Marchant Avenue

**Car & Dog Wash Facilities**..... 706-545-7298  
Dog Wash, Building 105, Marchant Avenue  
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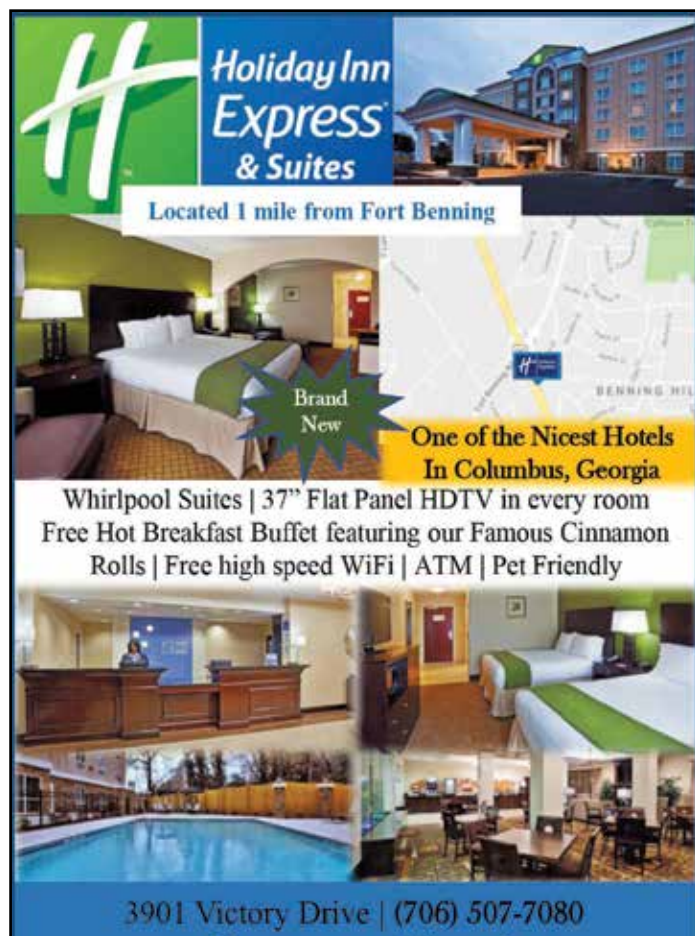
  
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