Fort Benning Family & MWR



ON THE RADAR!



Trees for Troops returns to Fort Benning on December 5! Active Duty Soldiers or their spouses will receive one free, live Christmas tree while supplies last, starting at 9 a.m. Pick up your tree on the field across from Outdoor Recreation, Building 1707. One tree will be given to each eligible household, and you must show your military ID. There are no rank restrictions!



Join us on Saturday, December 6 at 9 a.m. for this year's **Elf on the Run 5K** at Doughboy Stadium! Fuel up on the four main food groups (candy, candy canes, candy corn, and syrup) and be the Elf on the Run! Dress as your favorite elf and bring your crew to our dog- and stroller-friendly 5K fun run! Register in person at Smith Fitness Center or the morning of the race. Late registration fees will be waived for this race.









FIRST AID CPR/AED COURSE

American

2025 CLASSES

October 21 & 23 November 18 & 20 December 9, 11 & 1

2026 CLASSES

January 13, 15 & 17 February 17, 19 & 21 March 10, 12 & 14 April 14, 16 & 18 May - July - No Classes August 18 & 20

REEZEWAY COMPLEX A.M. - 3 P.M.

\$100 per person

After completion you will earn a 2 year certificate in Adult, Child, Infant CPR/AED/ First Aid from the American Red Cross.

To register, email at annerose.whitehead.naf@army.mil.

Looking to become certified in CPR,
AED and First Aid? Sign up for one of
the next one-day courses on December
9, 11, or 13! Upon successfully
completing all course activities and
passing the assessments, participants
will receive an American Red Cross
Certification valid for two years from date
of course completion.





Active-Duty Soldiers! The Commander's Cup 2026 Season is here and starts with basketball! Get your Unit Team together and start earning points to earn the Commander's Cup Award! The Coaches Meeting will be held on Tuesday, December 9 at 1 p.m. at Smith Fitness Center, pre-season tournament is scheduled in January, and the league runs from January through March 2026.









Join us for a **used firearms sale** featuring used handguns and rifles on December 10 from 10 a.m. – 3 p.m. at the Recreational Shooting Complex, Building 2975, while supplies last. Don't miss out on this rare opportunity! Find rules and weapon descriptions in the link below.

LEARN MORE



Go Army? Go Navy? The most important college football game of the year is on! Join us at the Infantry Bar on December 13 for America's Football Game: Navy Midshipmen vs Army West Point Black Knights who will play against each other at M&T Bank Stadium in Baltimore. Doors open at 2 p.m., kickoff is at 3 p.m.

We'll also have tons of giveaways and door prizes for spectators!

LEARN MORE









MWR Outdoor Recreation's popular Kings Pond Campout is back! The theme is "Winter Wilderness" and is coming up December 13-14. Enjoy a day of kayaking, games, bonfires, overnight camping and fun activities! Free to attend.

LEARN MORE

The MWR Auto Skills Center offers a FREE Basic Car Care and Maintenance Class on December 18! Our friendly and certified mechanics will provide instructions on vehicle maintenance. how to check vehicle fluids, how to change a flat tire, and how to monitor your car's maintenance schedule. This class is free of charge and open to ID cardholders.





ARMY COMMUNITY SERVICE

Family Advocacy Program Presents

Stop by on the first Friday of each month (March - December) or watch live on Fort Moore ACS Facebook page and learn about each topic. You will receive FAP materials and get the chance to ask questions in a private setting.

March 7: Victim Advocacy Program: Reporting Options

April 4: New Parent Support Program: First Steps - Purple Crying

May 2: Problematic Sexual Behavior in Children and Youth Program

June 6: Child Supervision Guidelines

August 1: Community Resources

September 5: Money & Relationships: How to Make It Work

October 3: New Parent Support Program: Safe Sleep

November 7: Celebrate Military Family Appreciation December 5: Holiday Stress Management









Friday, December 5, the Family Advocacy Program (FAP) team is hosting an informal information session for FAP Fact Friday! Stop by the FAP Office or ACS Facebook page from 11-11:30 a.m. to learn about the topic of the month, receive FAP materials and ask questions in a private setting. December's topic is Holiday Stress Management.





Through December 19, Soldiers and family members can stop by the Family Advocacy Program (FAP) Building 36, Monday - Friday from 11 a.m. - 2 p.m. to pick up **FREE board games** and holiday ornaments for the whole family! This seasonal offering supports FAP's mission to promote strong, healthy relationships by encouraging families to spend quality time together.



LEARN MORE



The Family Advocacy Program has rescheduled their Painting with a Twist dates that they had to postpone during the government shutdown - and now they're offering a parent & child night!

These events are free to attend, but space is limited to the first 25 pairs.



FOR THE KIDDOS

We're hosting **Brunch with Santa** on December 13 at the 1918 Club! This oneof-a-kind event provides families the opportunity to enjoy delicious food, festive activities and visit with Santa! The holiday experience includes two seating options: 9 a.m. and 11 a.m. Each seating features a brunch buffet and holiday crafts!

Call to register.
Thank you to the Gary Sinise Foundation who will pay for the first 100 active-duty servicemembers' brunch!* Sponsorship does not imply federal endorsement.









Tummy Time is a program designed for new parents or caregivers and pre-walking babies from 10 - 11 a.m. at the Milton E. Long Library! Tummy Time will give babies time and space to develop their muscle strength and coordination, as well as increased socialization. Babies and parents will be led in fun, interactive songs that will incorporate bouncing, dancing, and movement. All toys, mats, and materials will be provided, but parents are welcome to bring blankets or toys from home if desired. No registration required, free to attend.

LEARN MORE



Join us for **Book Buddies** - a book club for our youngest readers ages 6-12! Meet us monthly on the third Tuesday of the month from 4 - 6 p.m. at the Milton E. Long Library!

Stop by the library today to pick up the book at the circulation desk. We will discuss the book and work on a correlating craft / activity that relates to the book.

LEARN MORE



CYS YOUTH SPORTS REGISTRATION DATES: AT SMITH FITNESS CENTER INDOOR POOL January Lessons: November 3 - December 19 February Lessons Pre-K Learn to Swim Level 1,2,3 Learn to Swim Level 1, 2 & 3 Parent & Child January 5 - January 23 March Lessons: February 2 - February 20 **②** 7110 MCIVER STREET, BLDG. 1056 **③** 706-545-0522 **○** CALL TO REGISTER! March 2 - March 20

Start early and teach your child to swim with our **private swim lessons** this January-April at Smith Fitness Center! CYS offers Parent & Child swim lessons for ages 6 months - 3, Pre-K levels 1-3 for 4-5 year olds, and levels 1-3 for children agés 6 and up! Each lesson includes 4 sessions per month and the registration period for each session varies. Once registered, our Aquatics team will reach out to schedule the perfect times and days for your lessons.

Registration ends December 19 for lessons beginning in January!

LEARN MORE



The Milton E. Long Library teamed up with the North Pole this year to deliver letters to Santa! Through December 22, stop by the library and write Santa a letter OR write your letter at home and drop it off! Santa's mailbox is located in the lobby. We welcome all ages to write to write your wish list to Mr. Claus and drop it off. Responses from Santa will also be delivered to the library or delivered to children's homes if a home address is provided!





...every letter will receive a response from Santa!









Super Bingo Bash

Earn some holiday cash back at this month's Super Bingo Bash on December 27!

A guaranteed \$50,000 in total session prize payouts will be handed out, making it the largest Bingo session of the year. Plus, and extra \$25,000 guaranteed in the Super Jackpot!

The Super Bingo game will award the first three players to bingo. Doors open at 8 a.m., lightning session begins at 10 a.m. and the Super Bingo program begins at 1 p.m. Lunch is served at noon.



SEE YOU NEXT TIME!

Visit us online for the latest benning.armymwr.com

#BENNINGMWR #EXPLOREFORTBENNING #ADVENTURESATBENNING

EXPLORE MORE DEALS









OUTDOOR RECREATION







Forward the fun to your friends! <u>Sign up for email_updates from Fort Benning MWR!</u> We hate to see you go, but we know the drill. <u>Click here to unsubscribe.</u>