DEPARTMENT OF THE ARMY
US ARMY INSTALLATION MANAGEMENT COMMAND
IMCOM DIRECTORATE - TRAINING
1 KARKER STREET, MCGINNIS-WICKAM HALL
FORT BENNING, GEORGIA 31905-5000

REPLY TO
ATTENTION OF

17 APR 2018

IMBE-MWA (608)

MEMORANDUM FOR Directorate of Family and Morale, Welfare and Recreation, ATTN: IMBE-MWA, Fort Benning, Georgia 31905

SUBJECT: Minutes of the Community Activities Resource Exchange Meeting

1. Reference enclosed memorandum, IMBE-MWA, 3 April 2018, subject: Minutes of the Community Activities Resource Exchange Meeting.

2. Subject minutes are approved/~~disapproved~~.

COX.CLINTON.WINN.1102748626 Digitally signed by COX.CLINTON.WINN.1102748626 Date: 2018.04.17 16:31:07 -04'00'

CLINTON W. COX
COL, IN
Garrison Commander

CF:
Each Member

DEPARTMENT OF THE ARMY
US ARMY INSTALLATION MANAGEMENT COMMAND
IMCOM DIRECTORATE - TRAINING
1 KARKER STREET, MCGINNIS-WICKAM HALL
FORT BENNING, GEORGIA 31905-5000

REPLY TO
ATTENTION OF
IMBE-MWA (608)

3 April 2018

MEMORANDUM FOR Garrison Commander

SUBJECT: Community Activities Resource Exchange Meeting Minutes

1. The Community Activities Resource Exchange (CARE) meeting convened at 1034 on 3 April, Building 7.

2. Attendees:

COL Clinton Cox	Garrison Commander
Alvin Gelineau	Director, Family and MWR
COL Larry McCord	MACH
LTC Daron Settles	DES
Joe Gandara	The Villages of Benning
Terry Ford	Defense Commissary Agency
Don Sydlik	General Manager, AAFES

Senior spouses and various unit/agency representatives

3. The purpose of the CARE meetings is to inform spouses, Family Readiness Support Assistants (FRSAs), Family Readiness Group (FRG) leaders, volunteers, and Civilians of Fort Benning and surrounding community of events and items of interest. This month's meeting theme is "Awareness Month."

4. Community Forum: COL Cox welcomed everyone.

a. Diane Hope, President, Autism Hope Center: Established in 2005, the Autism Hope Center is a non-profit organization assisting Families with an autistic member. Services offered include training for parents, teachers, and first responders, as well as support groups. Retired Soldiers receive assistance with Medicaid waivers and care giving for autistic children. All services are free. The annual Autism Awareness and Resource Fair is 21 April, 1000-1300, at 1331 Alexander Street, Columbus. The 5K Run & Family Fun Walk is 28 April, 0830-1200, at 1775 Legacy Way, Columbus. For information about the Hope Autism Center and events call 706-604-6333 or email diane@autismhopecenter.com.

b. Tawanna Brown, Director, School Support Services: April is Month of the Military Child. As of 2015, there were approximately 2M military children. Child and Youth Services (CYS) offers several special events throughout the month. Events include The Super Fun Show, National Purple Up Day, Tour De Benning/CYS Field Day, Middle School and Teen Lock-in at the Teen Center, Mr. Nigel and Friends at the School Age Center, and the

Centennial Character Breakfast. Registration required for some events. For information call 706-545-3062 or email tawanna.t.brown.naf@mail.mil.

c. Karoushia Jordan, Family Advocacy Program (FAP) Specialist: April is Child Abuse Prevention Month. The FAP partnered with CYS and the schools for special events in April. Events include an Awareness Display at the MACH atrium, Exceptional Family Member Program and FAP Field Day, Bright Star Theatre Empowerment Shows, Field Day at Blue Field for all Child Development Center children, Philip & Henry Magical Self-Esteem Shows, Pet Abuse Awareness Walk and K9 demonstration, child identification and finger printing, Stroller Strong Walk, and Go Blue. Events are for children and adults. Adult events target parenting practices. Ms. Jordan read Bonnie Finney's letter, explaining association with blue ribbon and child abuse prevention. For information call 706-545-8740 or email Karoushia.t.jordan.civ@mail.mil.

d. Marta Wiecha-Swiercek, Garrison Sexual Assault Coordinator: April is Sexual Assault Awareness Month. A few of the events include Lunch & Learn, Spin the Wheel, BMACH Karaoke, Color Run/Walk, USAG Elevator Quiz, USAG Denim Day Challenge, Malvesti Obstacle/Self-Defense Class, Take Back the Night, and USGA 2nd Annual Teal Wheels. Brigades on Fort Benning sponsor some events. For information call 706-545-6649 or email marta.l.wierczek.civ@mail.mil.

e. CH (COL, Retired Army) Thomas Waynick, CEO/Executive Director, Pastoral Institute: The Pastoral Institute opened 43 years ago and is the largest counseling center in Columbus. It employs 24 counselors, 3 psychologists, contracts with approximately 150 businesses, and has a children's center. Testing for autism is available. TRICARE insurance is accepted. For more information, call 706-649-6500 or log on to www.pastoralinstitute.org/.

5. Panel Report:

a. LTC Daron Settles, DES: An attempted abduction of a nine-year-old girl occurred in McGraw Village 31 March. The victim escaped. Police pursue the alleged offender. Recommend parents discuss safety with children. Children eight years old and younger require parental supervision. Report suspicious people to the police. Larceny increases during the warmer months. Be sure you secure homes, garages, and cars. Fort Benning's Child Supervision Policy is on the Garrison's webpage.

b. COL McCord, MACH: Art displayed at MACH marks Sexual Assault Prevention Month. The American Red Cross (ARC) Summer Youth Program at MACH starts 11 June. Parental orientation required. For additional information call 706-545-5194/762-408-0484.

c. Joe Gandara, The Villages of Benning: The annual housing survey identifies areas for improvements. The survey opens 19 April for 30 days. An annual scholarship is available for residents. Scholarship information is available at www.tmo.com. Spring Spruce Up is

27 April, 1100-1400, at The Villages main office. Self-help opens Saturdays on a trial basis, 0800-1300. Information about herbicides used in housing areas is 13 April, 1200-1400, at McGraw and 27 April, 1200-1400, at East Main Post. For information call 706-685-3939.

d. Terry Ford, DeCA: Spotlights the Month of the Military Child with a coloring contest, 3-30 April. Details at www.commisaries.com\color. DeCA promotes healthy eating via healthy menus and eating plans, and taking children on store tours. Commissary renovations progress.

e. Don Sydlik, AAFES: Renovation begins in 30-45 days on the Dixie Road shoppette. Renovation requires closing the shoppette for approximately 6 weeks. Another shoppette, to be determined, provides 24-hour gas during closure. A flower vendor opens between Burger King and Dunkin Donuts at the Mini Mall. Claire's store closed.

f. Alvin Gelineau, DFMWR: On The Go now delivered to residences. Check the Family and MWR webpage, CARE minutes, and What's Up Next for April events. People sign up for What's Up Next emails. The new library opens within 30-45 days. Watch social media for the opening. Family and MWR offers a Summer Reading Program. For information call 706-545-3328 or log on to https://benning.armymwr.com/.

g. COL Cox, Garrison Commander: COL Cox welcomed Ms. Michelle Brito. Reminded Families to check expiration dates on their ID cards. Efforts are underway to remedy software problems causing delays in making ID cards. Confirm appointments for new ID cards before reporting. Call 706-545-4068 to confirm appointments and for information. ID Card office accepts walk-in clients until software problems are resolved. All ID services consolidated next to the Commissary. The ID Card office opens at 0700 and starts taking customers at 0800. Fort Benning accepts expired ID cards for 60 days after expiration date. COL Hart noted National Prayer Breakfast is 9 May, 0730, at the Benning Club. Tickets are required to attend. Unit chaplains have tickets and they are free. The Centennial Infantry Week is 13-16 April and includes Best Ranger and Best Mortar competitions.

6. COL Cox thanked everyone for attending.

7. The meeting adjourned at 1138. The next meeting is 1 May 2018.

//original signed//

PERRY R. TRIPP
Supervisor, Mobilization and Deployment

COMMUNITY ACTIVITIES & RESOURCE EXCHANGE

Tuesday, 3 April 2018, 1030-1145
Army Community Service Auditorium

Agenda

1030 -1035 Welcome - COL Cox

1035-1110 Awareness Months

- Autism Awareness Month – Ms. Diane Pope
- Month of the Military Child – Ms. Tawanna Brown
- Child Abuse Prevention Month – Ms. Karoushia Jordan
- Sexual Assault Prevention – Ms. Marta Wiecha-Swierczek
- Pastoral Institute – Mr. Tom Waynick

1110-1115 Community Forum - COL Cox

1115-1130 Panel Reports

- Garrison Commander – COL Clinton Cox
  clinton.w.cox2.mil@mail.mil
- Directorate of Emergency Services - LTC Daron Settles
  daron.l.settles.mil@mail.mil
- Martin Army Community Hospital - COL Larry McCord
  larry.j.mccord.mil@mail.mil
- The Villages of Benning – Joe Gandara
  jgandara@tmo.com
- Commissary – Terry Ford
  terry.ford@deca.mil
- Army Air Force Exchange Service – Don Sydlik
  sydlikd@aafes.com
- Directorate of Family and Morale, Welfare and Recreation – Al Gelineau
  alvin.d.gelineau.naf@mail.mil

1130-1135 Closing Remarks

The CARE Minutes & Significant Activities (SIGACTS) Calendar are at https://benning.armymwr.com/application/files/8015/2053/7887/CARE_Minutes.pdf.

The next CARE will be on Tuesday, 1 May 2018.

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April / May SIGACTS

Fort Benning, Home of the MCoE

1 Apr	Easter Brunch, BC, 1000
5 Apr	Mrs. Brito Welcome, NIMSC, 1800
6 Apr	Tri-Community Field Day, SWF
6 Apr	Rangers In Action Demonstration, VP, 1000
6 Apr	3-16 CAV CSM COR, PH, 1330
7-8 Apr	Thunder in the Valley, CMAP
7 Apr	Flea Market
13-16 Apr	Best Ranger Competition
13-17 Apr	Best Mortar Competition
14 Apr	Spartan Race
19 Apr	Bark the Park
20 Apr	Volunteer Reception, BC
21 Apr	Pistol Shoot, RSC
25 Apr	USAARMS St George Lunch
26 Apr	MCoE Volunteer Reception, BC, 1800
28 Apr	Teal Wheels Car Show, Exchange, 0900
28 Apr	Youth Sportsmens Day, 1000
30 Apr-4 May	Sullivan Cup
1 May	2-15 CAV Activation Ceremony, BRF/PH, 0900
5 May	Ziplining Trip
8 May	1-19 IN COC & COR, KF/SG, 0800
9 May	MCoE National Day of Prayer Observance, BC, 0730
9 May	3-18 AR COC & COR, YF/DA, 0930
11 May	Military Spouse Appreciation Day, 1000
12 May	Paintball in the Woodlands, Woodlands Park, 1200
15 May	2-54 IN COC, KF/SG, 0800
15 May	Monthly Retirement Ceremony, MA, 1000
15 May	Family Fishing, Outdoor Rec, 1800
18 May	1-507 PIR COC, EF/DA, 1000
18 May	Father Daughter Ball, BC, 1830
19 May	Family Fun at King's Pond, 1200
23 May	WHINSEC CGSOC Graduation, MA, 1300
25-28 May	Memorial Day TNG/FED Holiday
28 May	Paver Ceremony, NIM, 0900
29 May	1-81 AR COC, BRF/LH, 0800

Ms. Diane Hope
President, Autism Hope Center

3 Bradley Park Drive
Columbus, GA 31904
706-604-6333 diane@autismhopecenter.com

Autism Hope Center

The Autism Hope Center was formed in 2005, as a 501 (c) (3) non-profit organization and has been instrumental in bringing services and support to families in the entire Chattahoochee Valley. We are a free resource for families and professionals in our area, check out our Face Book page and website for upcoming events.

We provide the following programs:

Game Night: An awesome social event for teens and young adults on the Autism Spectrum held on the second Thursday of the month from 6:30 - 8:00 pm, at Columbus Tech, 928 Manchester Expressway, Columbus 31904.

Tween Social: A social event for ages 8 -12 years old, on the third Tuesday of the month from 6:30 – 8:00 pm. Held at Evangel Temple Student Center, 5350 Veterans Pkwy, Columbus, GA 31904.

Support Group: Held on the fourth Tuesday of every month from 6:30 – 8:00 pm at the Columbus Regional Conference Center, 710 Center Street, Columbus. GA 31901. Serves to unite and inform parents on Autism issues in the Chattahoochee Valley. Childcare is available with reservation.

The Annual Autism Resource Fair and Fun Day: This free event is held in partnership with the Columbus Parks and Recreation Therapeutic Recreation Program to celebrate Autism Awareness Month. A variety of resources include: Home and Community Services, Early Intervention Resources, Therapy Centers, Assistive Technology, Transition and Adult Services, ABA, Educational Services and more. Family fun activities and food provided.

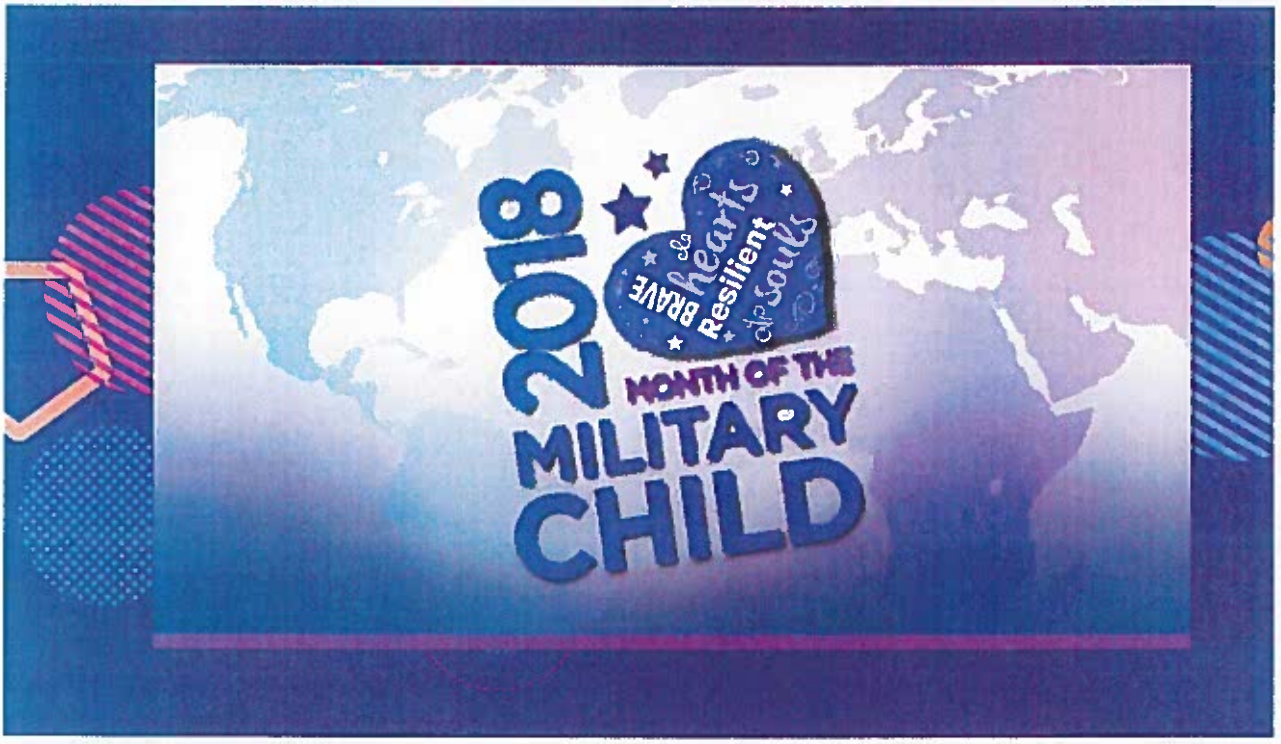
Light It Up Blue Columbus 5K and Fun Walk: This fun community event offers participants an opportunity to support local families affected by autism and provides individuals on the autism spectrum a day to remember! The Autism Hope Center uses proceeds to provide Family Support Grants so local families can receive consultations, specializing training, and community seminars on critical topics such as in-home respite care, life stage transitions, coordinating service agencies, and effective parenting of children with special needs.

Phone: 706 604 6333. Facebook: https://www.facebook.com/AutismHopeCenter
Email: autismhopecenterllp@gmail.com Website: www.autismhopecenter.com

Ms. Tawanna Brown

Director, Youth Education Support Services

7370 Kilgore Street (bldg. 228)
Fort Benning, GA 31905
706-545-3062 Tawanna.t.brown.naf@mail.mil



Month of the Military Child 2018

April is designated as the Month of the Military Child; a time to honor the sacrifices made by military families worldwide, with an emphasis on the experience of the dependent children of military members serving at home and overseas.

Month of the Military Child 2018

A 2015 military demographics report listed on Defense.gov counted nearly two million "total-force dependent children" including more than 900 thousand Army dependents, 400 thousand Air Force dependents, nearly 300 thousand Navy and approximately 118 thousand Marine dependents.

Month of the Military Child 2018

The month of April is an important one for children who have one or both parents serving in uniform; since 1986 there have been an increasing number of awareness campaigns aimed at recognizing the needs of military children in all areas from coping with the deployment of parents to war zones to education of military dependents at on-base Department of Defense Dependent School System (DoDDS) campuses around the globe.

Fort Benning CYS Celebrates the Month of the Military Child

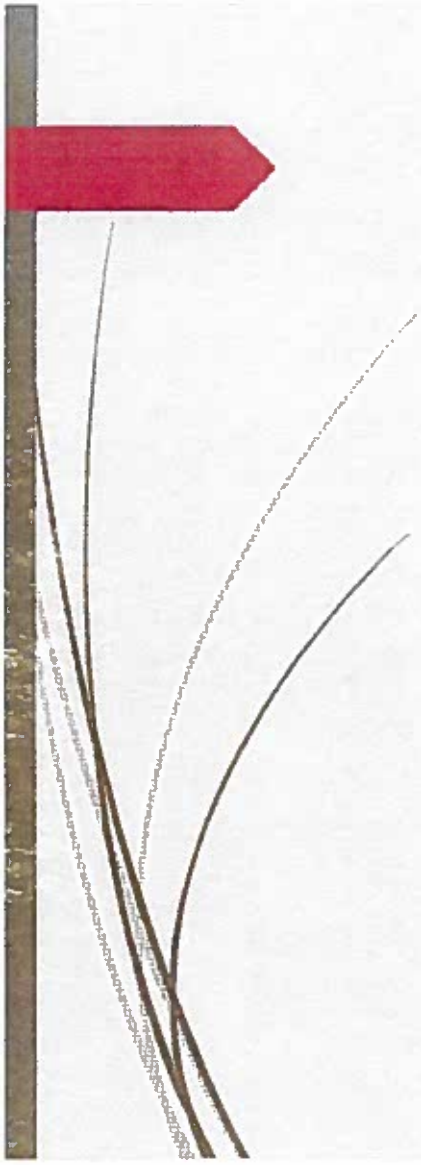
April 10 – 11, 2018,	The Super Fun Show, featuring Shawn Brown at School Age Center, 0915 - 1100
April 15, 2018,	National Purple Up Day
April 21, 2018,	Tour De Benning / CYS Field Day, Blue & French Fields, 0900 -1200
April 21 – 22, 2018,	MS & T Lock In at Teen Center, 0700 - 700
April 23 – 24, 2018,	Mr. Nigel and Friends at School Age Center, 0900 – 1100
April 28, 2018,	Centennial Character Breakfast at the Benning Club, Regimental Room, 0700 - 1130

Any questions?

Thanks!

Ms. Karuoushia Jordan
Family Advocacy Specialist

7131 Richarson Circle (bldg. 36)
Fort Benning, GA 31905
706-545-8740 Karoushia.t.Jordan.civ@mail.mil



Ms. Marta Wiecha-Swierczek
Garrison Sexual Response Coordinator

Richarson Circle (bldg. 38)
Fort Benning, GA 31905
706-545-6649 marta.l.wiecha-swierczek.civ@mail.mil

CH (COL) Thomas Waynick (Ret.)

CEO/Executive Director, Pastoral Institute

2022 Fifteenth Street
Columbus, GA 31901
706-649-6500

PASTORAL INSTITUTE
WE LISTEN.
2022 15th Avenue, Columbus, GA 31901
www.pastoralinstitute.org

Top 5 Reasons for Seeking Counseling
Depression
Anxiety
Stress
Grief & Loss
Trauma
Every day, we listen to stories from people that need to talk about:
Addressing Substance Abuse
Altering Negative Behavior
Creating a Fulfilling Life
Reducing & Managing Stress
Overcoming Anxiety
Alleviating Depression
Improving Intimacy in Relationships
Coping With a Loss
PASTORAL INSTITUTE

EMPLOYEE ASSISTANCE PROGRAM

Over 150 companies in the Columbus, GA area offer up to SIX FREE COUNSELING SESSIONS for employees and their family members through our Employee Assistance Program.

COUNSELING SERVICES

Provides counseling to individuals, families and children

Affiliated with The Samaritan Institute
Certified by the Southeast Region American Association of Pastoral Counselors

PASTORAL INSTITUTE

"Being heard is so close to being loved that for the average person, they are almost indistinguishable."
- David Augsburger

SARAH T. BUTLER CHILDREN'S CENTER

COUNSELING CENTER

D.A. & ELIZABETH TURNER MINISTRY RESOURCE CENTER

WE LISTEN.

2022 15th Avenue, Columbus, GA 31901 | www.pastoralinstitute.org

AUTISMTEENSOCIAL

CTCGC

Autism Hope Center

Meeting Every 2nd Thursday of the Month from 7pm—830pm.

Now meeting at Columbus Technical College in Library Room "L714".

Looking forward to seeing everyone there!

COLUMBUS TECHNICAL COLLEGE

Autism Support Group Meeting

Columbus Regional Conference Center

710 Center Street, Columbus 31901

Located between the main entrance and the Professional Tower

4th Tuesday of every month
From 6:30 until 8:00 pm

Topic to be announced

Check us out on Facebook:
https://www.facebook.com/AutismHopeCenter

****

Childcare will be provided, call 706 604 6333 if you wish to reserve a slot for your child

Website: www.autismhopecenter.com

You're invited to another great event in your community

Amerigroup, Autism Hope Center and Support Group, Muscogee County Sheriff Department & Ride on Bikes Presents:

Health Awareness Event:
Autism Family Night

Tuesday, April 3, 2018

April is Autism Awareness Month

Ride on Bikes
1036 Broadway
Columbus, Georgia 31901
5:30pm - 7:30pm

The 1st 20 people will get a free bike ride! Bring the whole family out to get resources and information.

ride on bikes

MC SO

Autism Hope Center

Amerigroup RealSolutions in healthcare

www.myamerigroup.com/GA

Amerigroup is a culturally diverse company. We welcome all eligible individuals into our health care programs, regardless of health status. If you have questions or concerns, please call 1-800-600-4441 (TTY 1-800-855-2880) and ask for extension 34925. Or visit www.myamerigroup.com.

GAMKT 0720-14 06 14

5th Annual Autism Awareness Resource Fair and Fun Day

Saturday, April 21st

10am-1pm

Pop Austin Recreation Center

1331 Alexander St
Columbus GA 31904

A variety of resources will include:

- Home and Community Services
- Early Intervention Resources
- Therapy Centers
- Assistive Technology
- Transition and Adult Services
- Educational Services
- ABA
- And many more!!!

Shajra Thrasher 706-323-8707 & Diane Pope 706-604-6333

Columbus Parks and Recreation Department

Connecting the pieces as a community

Autism Hope Center

LIGHT IT UP BLUE COLUMBUS!
5K Run & Family Fun Walk

Join Us For This Community Event To Celebrate

AUTISM AWARENESS MONTH

All proceeds will benefit local families in the Chattahoochee Valley

Please Contact Event Coordinator With Questions

706-604-6333

Autism Hope Center

Autism Society of Alabama • Autism Society of Alabama • Autism Society of Alabama •

National Infantry Museum
1775 Legacy Way, Columbus, GA 31903
Saturday April 28th, 2018
8:30AM - 12:00PM

Event details and registration:
https://runsignup.com/Race/GA/Columbus/lightitupbluecolumbus

5K Race registration includes a dry fit shirt. Race time and scoring services with bib TAB and disposable chip.

Autism Tween Social

* **Every <u>3rd Tuesday of every month</u>**
* **at Evangel Temple!**
* **From 6:30 until 8:00 pm!**
* **Come and join us for some fun!**

Wii

Autism Hope Center

FORT BENNING FIELD DAY

5TH ANNUAL

JOIN US! SUPPORT OUR YOUTH!

FORT BENNING FIELD DAY

for Tri-Community Exceptional Children

APRIL 6 | 9:15AM

FORT BENNING

STEWART-WATSON FIELD, YORK FIELD & SMITH GYM

For easy access on post, please arrive before 9am.

To be a volunteer or for more information, email dorrie.c.wagner.naf@mail.mil

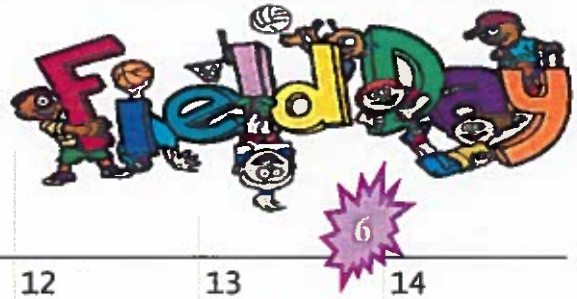
SPONSORED BY: Soldier Show · Columbus Kia Autosport · Liberty Utilities · Wells Fargo

sponsorship does not imply endorsement

MWR · AER · 3rd MP · United States Army Fort Benning GA · 19th Ordnance

Exceptional Family Member Program

April 2018

SUN	MON	TUE	WED	THU	FRI	SAT
1	2 EFMP Resource Sharing Support Group "Autism Awareness" Diane Pope 11:00-12:00	3 Autism Family Night: Ride on Bikes 5:30-7:30PM 1036 Broadway Columbus,GA	4 8:30 Breakfast Newcomer's Orientation 9:00-11:00 ACS Aud. Spouses Welcome	5 	6	
	10 Coffee & Coloring Club 4:00-5:30PM Cols Library 706-748-2855	11 8:30 Breakfast Newcomer's Orientation 9:00-11:00 ACS Aud. Spouses Welcome	12 MP2P Workshop 8:30-1:00 ACS AUD 706-545-2679	13 EFMP System Navigation Brief 9:00-10:00 Aleida Brown 706-545-6545	14	
Need Summer Camp Information Contact Aleida Brown System Navigator 706-545-6545	16 ICC Meeting 10:00-11:00 Baugh Conf. Room Parents Welcome	17 Autism Tween Social 6:30-8:00PM Evangel Temple 706-604-6333	18 8:30 Breakfast Newcomer's Orientation 9:00-11:00 ACS Aud. Spouses Welcome	19 EFMP Information Table @MACH 12:30-3:00 706-545-6545	20	21 Autism Hope Center Resource Fair 10:00-1:00 Pop Austin Rec Center
22	23	24 EFMP Respite Care Brief 9:00-10:00 Renee Richardson 706-545-2679	25	26 PCS Brief 8:00-11:00 ACS Aud. Spouses Welcome	27 Friday Night Dance 7:00-9:00PM Pop Austin Rec Center 706-323-8707	28 Autism Hope Center Light It Up Blue 8:00-12:00 @NIM

Stop By ACS/EFMPand Pick Up FEC Bowling/Play Center Passes Bldg. 7

Exceptional Families Exceptional Service
SUPPORTING MILITARY FAMILIES WITH SPECIAL NEEDS

Exceptional Family Member Program

ACS Bldg.7
7117 Baltzell Ave

706-545-5521/2679/6545

MEDDAC EFMP:
762-408-2423

The Exceptional Family Member Program (EFMP) is a mandatory enrollment program that works with other military and civilian agencies to provide comprehensive and coordinated medical, educational, community support and personnel services to Families with special needs.

ARMY COMMUNITY SERVICE
ACS
Real Life Solutions for Successful Army Living

Tell Me a Story®

MAKING CONNECTIONS AND FINDING SUPPORT THROUGH LITERATURE

Save the Date!!
April 28th, 2018

Courage comes in all shapes and sizes, in big actions and small. This book shows how you can find opportunities every day to be courageous!

The Military Child Education Coalition's *Tell Me A Story: Making Connections and Finding Support through Literature (TMAS)* is an initiative created to empower our military children by using literature and their own stories. *Tell Me A Story* is geared toward children ages 4-12. Each family will receive a copy of the featured book. Hands-on activities, snacks, and a fun learning experience will be provided!

Questions about the MCEC Tell Me A Story Program? Contact Judy Glennon at 254.953.1923 or Judy.Glennon@MilitaryChild.org. To learn more about other MCEC programs and initiatives, visit

www.MilitaryChild.org

TMAS Event Book:

Courage

By Bernard Waber

Saturday

April 28th, 2018

10:00 AM

Faith Middle School

1375 Ingersoll Street

Fort Benning, GA 30905

•

ADMISSION IS FREE

but space is limited!

Reserve your space today at:

http://tmassignin.questionpro.com/

Location Code: PNC

Questions? Contact:

PtoP.PhenixCity@MilitaryChild.org

Or call Leslie Cook at 254-290-2615

909 Mountain Lion Circle • Harker Heights, Texas 76548 • tel 254.953.1923 • CFC #10261

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Prevention is every1's responsibility

APRIL IS NATIONAL CHILD ABUSE PREVENTION MONTH

April 1—30

Blue Ribbon Campaign

Visit the FAP office at:

7131 Richardson Circle, Bldg 36, Lewis Hall, 1st floor, to pick up a blue ribbon and blue pinwheel to help bring awareness to child abuse and neglect.

For additional information and a full list of events, visit www.benning.mwr.com or contact Family Advocacy at 706-545-7594, 706-545-3202 or 706-626-2614.

Events and Activities

April 2-Pinwheel parades at all CDC's @ 1000

April 4-Awareness Display at MACH Atrium 1030 to 1300

April 6-Exceptional Family Member Program and FAP Field Day

April 11, 12 and 13-Bright Star Theatre Empowerment Shows for Benning Elementary students: Dexter, 11 April @ 0930; Stowers @ 1400; Wilson, **12 April** @ 0930 and White @ 1400; McBride **13 April** @ 0930

April 13-Field day at the Blue Field for all CDC children with games activities and inflatables 1500—1700

April 17-Philip & Henry Magical Self Esteem Shows @ School Age Services for CDC and SAS attendees 0930 ; 1015; 1530 and 1615

April 18-Pet Abuse Awareness Walk and K9 demonstration at the on post Dog Park off Zuckerman Ave from 1600-1830

April 19th-Child identification and fingerprinting at the Pediatric Clinic from 1300 to 1500

April 23 & 24-Shows with Mr. Nigel and Friends, School Age Services. Team building event with puppeteers for CDC preschoolers at 0900 and music for SAS kids at 1530

April 26-"Stroller Strong Walk" after NPSP Playgroup

April 27-"***Go Blue***" Denim and Selfie Day - A day dedicated to raising awareness about child abuse. Wear jeans, take a selfie and post on social media to help bring awareness on preventing child abuse. Stop by Family Advocacy and receive your Child Abuse Awareness tote bag of materials.

ARMY COMMUNITY SERVICE ACS Real-Life Solutions for Successful Army Living

U.S. ARMY MWR

Soldier for Life - Transition Assistance Program (SFL-TAP)

Fort Benning

Start SFL-TAP 18 months prior to transition or 24 months prior for retirees

Phone: 706-545-2308
Email: usarmy.benning.imcom.mbx.g1hrd-sfl@mail.mil

2018 Spring Hiring Event
April 26, 2018

Hiring event will be at the Soldier for Life Center, 8150 Marne Road, Bldg 9230, Fort Benning, GA 31905

Doors open to at 10:00am and event doors close at 1:00pm

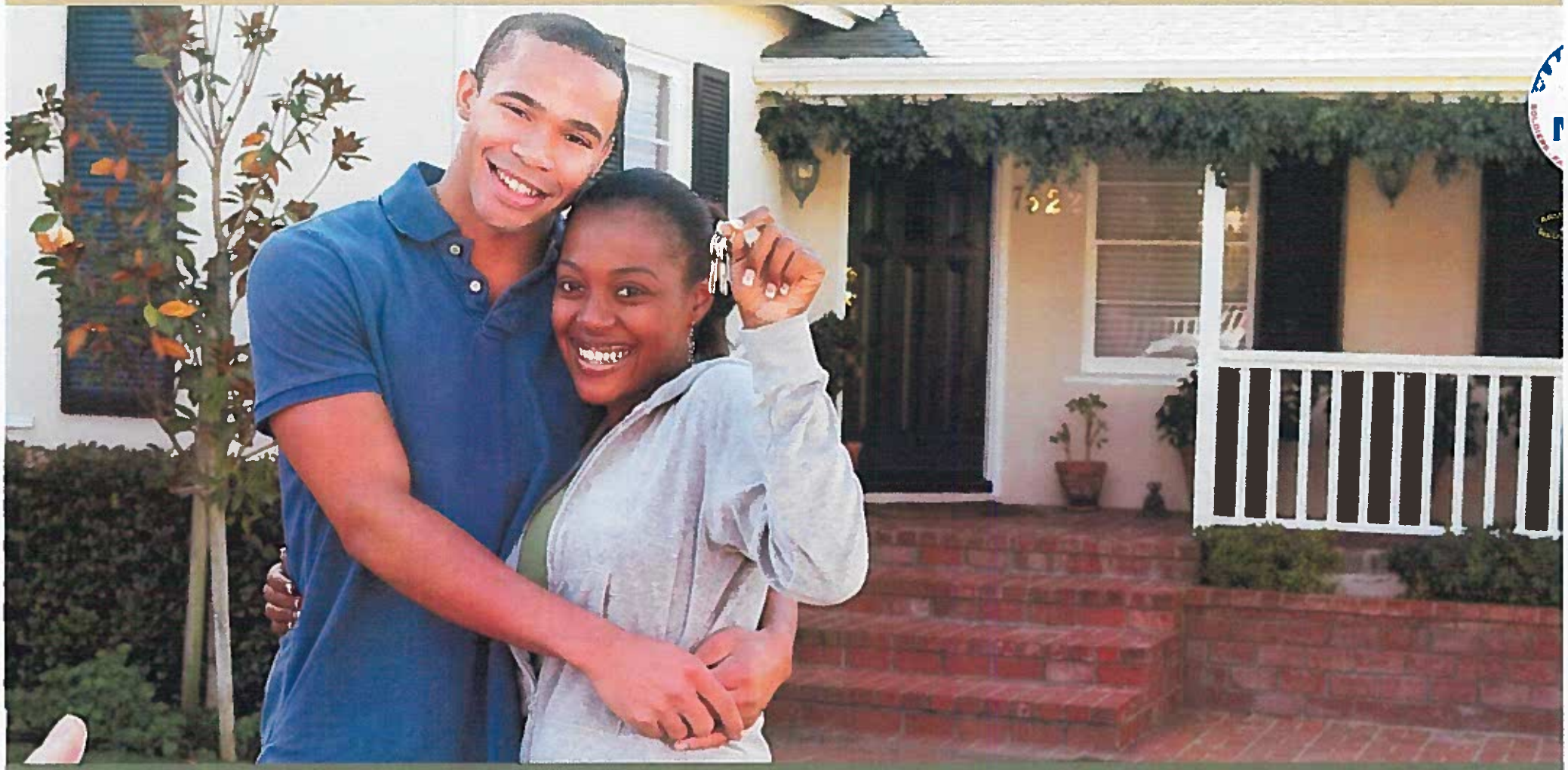
No Registration required for career seekers
***Employers MUST register**

A list of attending employers and their employment opportunities will be posted to our website Friday March 30, 2018

http://www.benning.army.mil/Garrison/DHR/SFL-TAP/index.html

This hiring event is open to all transitioning Soldiers, Spouses, and Veterans

OME BUYING SEMINA



PRIL 19 & AUGUST 2

m | ACS Bldg 7 Training Room

This workshop will cover the home buying process inclu
information on when it is the right time to buy, qualifyin
mortgage, and the importance of home inspections and
A speaker from the VA will cover VA loan basics.

ARE YOU READY TO GRADUATE?
COME WALK WITH US!

FORT BENNING GRADUATION CELEBRATION CEREMONY

★ ★ ★ ★ ★

FRIDAY 22 JUNE

TIME
1330

LOCATION
MCGINNIS-WICKAM HALL
MARSHALL AUDITORIUM
FORT BENNING, GA

★ ★ ★ ★ ★

This ceremony is for students who have graduated or will graduate during the 2017/2018 year. This opportunity is open to all Service members, Veterans, Family Members, and Civilians with ties to the Fort Benning community.

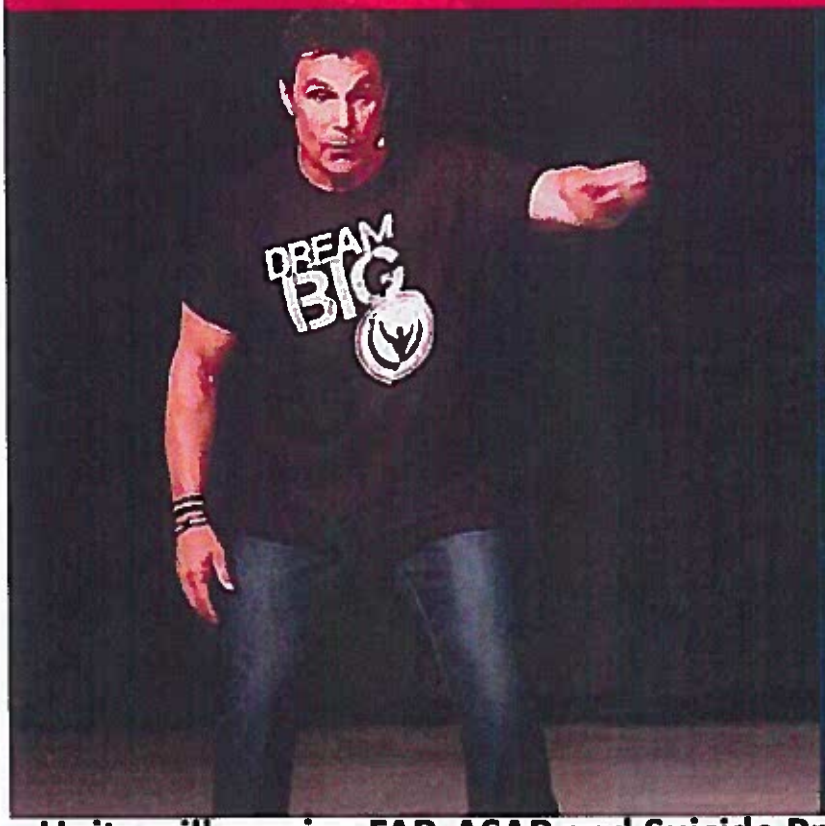
To get an application, or ask questions, send an email to:
benninggrads@gmail.com
Or you can call 706-545-7397 or stop by the Fort Benning

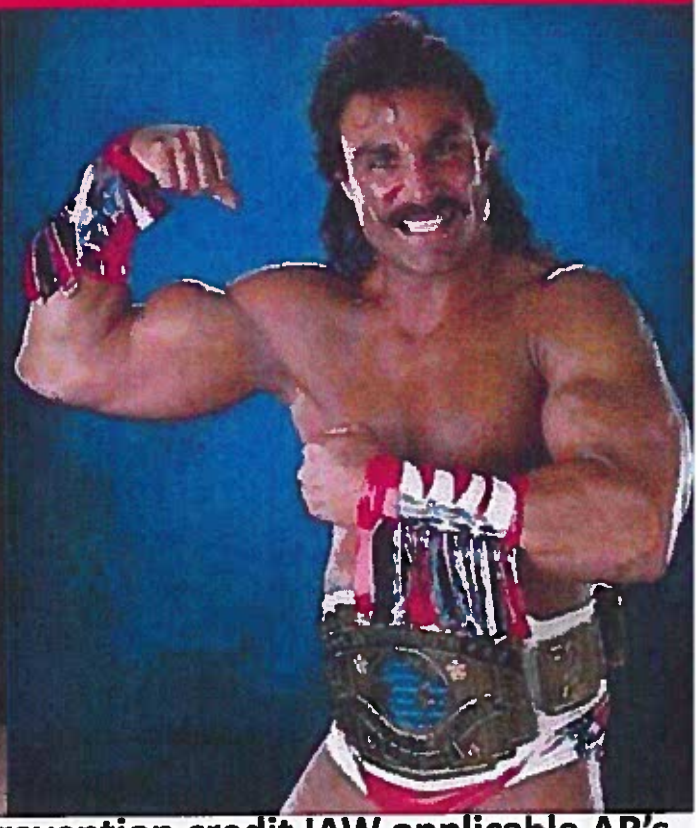
The Family Advocacy Program Presents:

When – June 11th, 2018
Time - 0930 – 1030 hours
1330 – 1430 hours
Location – Patton Hall, Bldg 5145

Marc Mero

A must see testimony - you will never look at life the same way again.



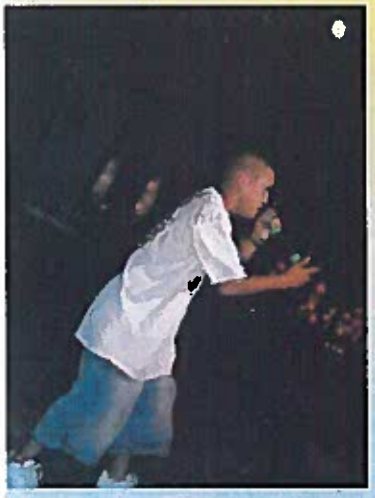


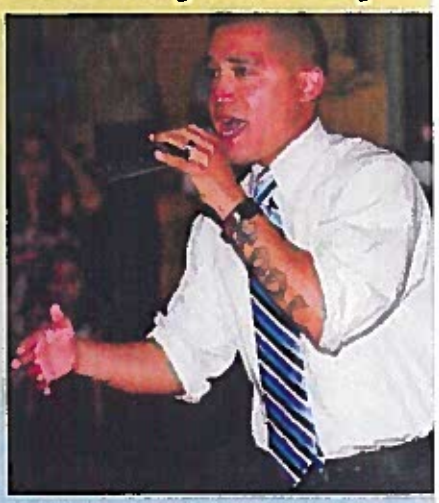
Units will receive FAP, ASAP and Suicide Prevention credit IAW applicable AR's

THE FAMILY ADVOCACY PROGRAM
Celebrates Month of the Military Child and Child Abuse Prevention Month
April 2018

LitaRodi

Hear this Motivational Speaker, Award Winning Hip Hop Artist and song writer tell his life journey through Music





When – April 20th, 2018
Time - 1300 – 1350 hours
1400 – 1450 hours
Location – Faith Middle School

MWR

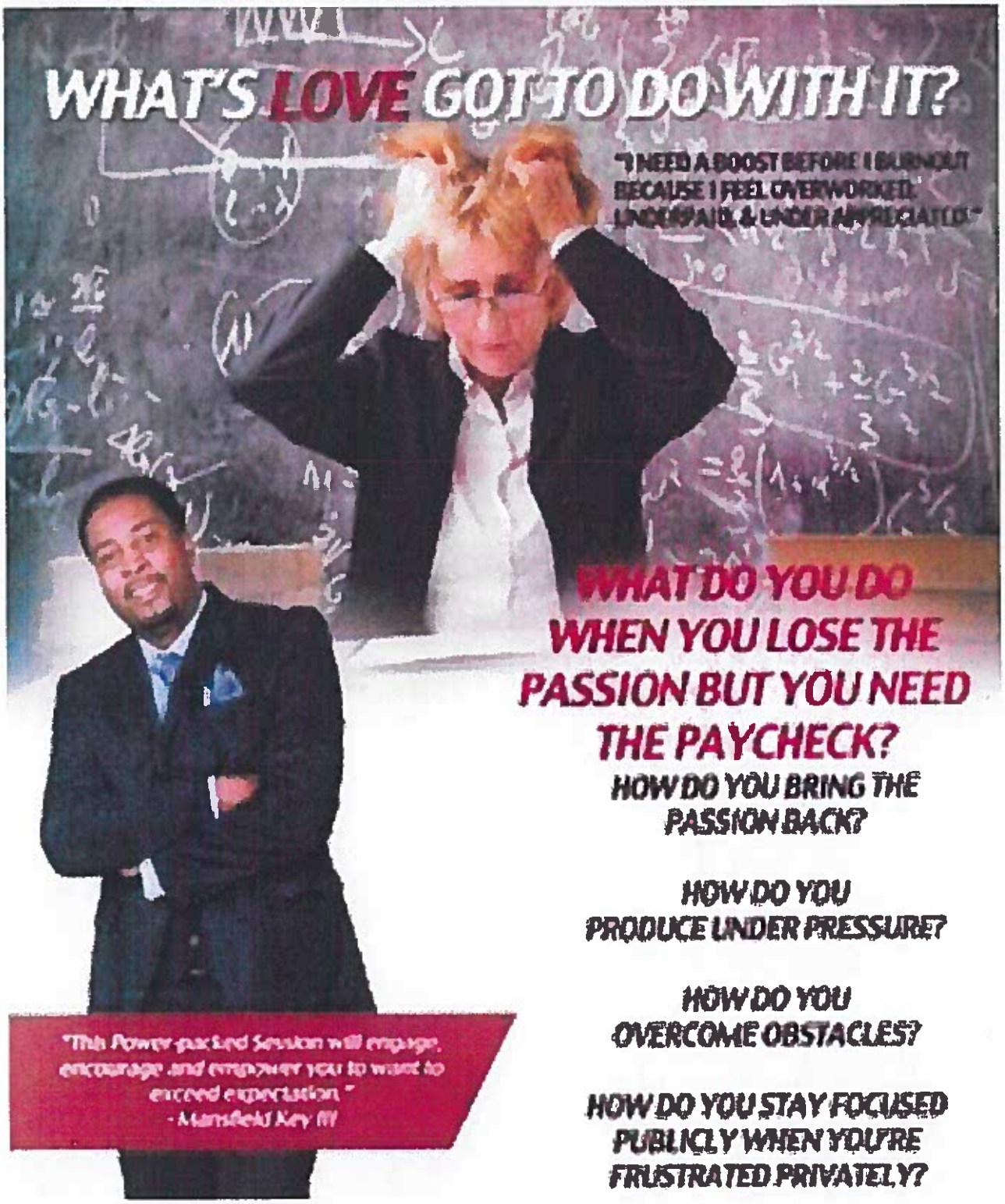
ACS

The Family Advocacy Program Presents:

Pete Key

8 May 2018
1430 - 1545 hours

Faith Middle School Auditorium



Family Advocacy Program

presents

Early Childhood Institute

Literacy in Early Childhood Education

Oral Literature in Early Childhood Education, Phonological Awareness and the Five Senses

Saturday May 19, 2018

8:00AM-4:00PM

The Benning Club
Bldg 128, 7010 Morrison Ave
Fort Benning, GA 31905

UNIVERSITY OF GEORGIA EXTENSION

Mail registration to 420 Tenth Street, Columbus, GA 31901

For additional questions please contact Rhea Bentley at 706-653-4200

Guest speakers

CLINT & JOANIE MALARCHUK

Family Advocacy Program
presents

THE CRAZY GAME:

A MATTER OF INCHES

MAY 1, 9AM AND 1PM

MCGINNIS WICKAM HALL, MARSHALL AUDITORIUM

Join us, as a former NHL Professional Hockey Goalie Clint Malarchuk and his wife Joanie tell their story of pain and survival.

Units will receive FAP, ASAP and Suicide Prevention credit IAW applicable AR's

For more information, call FAP at 706-545-4013.

GO ORANGE

K9 DEMO AND DOG WALK

HOSTED BY FAMILY ADVOCACY PROGRAM

APRIL 18, 4:30-6:30PM

DOG PARK #2, ZUCKERMAN AVENUE

THE COLUMBUS AND FORT BENNING POLICE DEPARTMENT WILL BRING THEIR K9 UNIT OUT FOR DEMONSTRATIONS FOLLOWED BY A WALK WITH YOUR DOG!

(DOGS MUST BE REGISTERED ON FORT BENNING AND UP TO DATE ON SHOTS)

FOR MORE INFO, CALL 706-626-2614

The Maneuver Center of Excellence, Fort Benning, GA
2018 Observance of the

NATIONAL DAY of PRAYER

PRAY WITH AMERICA

Tuesday, 8 May 2018
0730 – 0830, Benning Club

TICKETS REQUIRED for DINING

For Tickets and for more information
contact your Unit Ministry Team or call: (706) 545-2289

HEARTS APART_DEPARTMENT OF THE ARMY_SUPPORT FOR FAMILIES

HEARTS APART

Department of the Army
Support for Families

IMCOM MWR ACS

Hearts Apart is designed to assist Family Members to make separations more bearable during prolonged separations whenever a Soldier is leaving on a deployment or an unaccompanied tour of duty as an Individual Augmentee (IA).

How Does Hearts Apart Work? How is it Structured?

- For local Hearts Apart Spouses, they are invited to attend meetings and events. Hearts Apart is a fun-filled, relaxing and informative forum where spouses and families with similar life situations could meet and offer support!

- For those spouses that have elected to depart the installation while the soldier is away, ACS does reach out to those spouses to ensure spouses are aware of the nearest Army Community Service and other resources in their area.

Is Hearts Apart the Family Readiness Group (FRG)?

- No, Hearts Apart is a supportive ACS outreach service that assist FRGs in their goal of maintaining military connectivity for identified families .

Upcoming Hearts Apart Events:

11:30am-1pm, ACS Auditorium
May 10th
August 9th
November 8th

Hearts Apart will work with you to assess any needs
You may have and provide answers to questions with ongoing information updates and act as liaison with military and civilian organizations.

HEARTS APART

"Where Spouses of Individual Separate Deployments or Unaccompanied Separations Come Together"

You are cordially invited to our Hearts Apart Meeting!

Thursday, May 10, 2018

11:30am- 1:00 PM

Bldg. 7 - 7117 Baltzell Avenue

ACS Auditorium

Topic: **Care Package**

Not Crafty?
Don't let that stop you!

Choose one of the following designs, all supplies will be provided!

RSVP by Fri. May 4th by calling ACS, 706-545-4485.

(Limited space available)

This is a Hearts Apart event, families who are living separately from their sponsor due to mission requirements are eligible to participate.

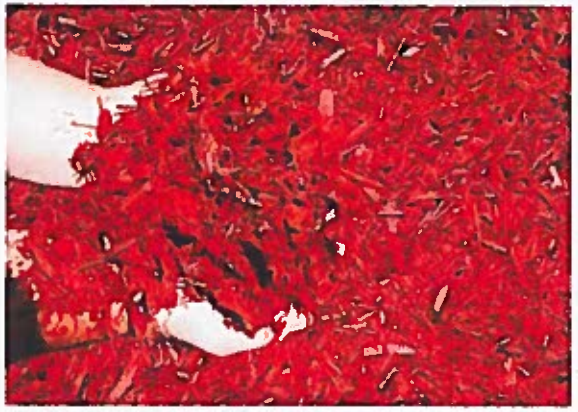
Hope to see you there!

For more information contact Connie Medrano @ 706-545-4485

Goodbyes and separations from your loved one can be challenging... Let Hearts Apart provide you with supportive fellowship and fun!

THE VILLAGES OF BENNING

Spring SPRUCE UP



April 27TH

11AM- 2 PM

The Villages OF BENNING

PLEASE JOIN IN ON SPRUCING UP YOUR YARD DURING OUR SPRING SPRUCE UP!

FLOWERS AND GRASS SEED WILL BE AVAILABLE AT THE WELCOME CENTER, LOCATED AT 601 LUMPKIN STREET. *RED MULCH WILL ALSO BE AVAILABLE FOR PURCHASE FOR $2.75/BAG.

IN ORDER TO PLAN ACCORDINGLY FOR THIS EVENT, PLEASE RSVP TO HEATHER BEARDEN AT HBEARDEN@THEMICHAELSORG.COM NO LATER THAN FRIDAY, APRIL 20TH.

Self Help Cost Sheet

60W Value Light A19 130V Frost (308249/SS3942)	$0.87			
40W G25 130V Med Base Clear Vanity (306526 / SS3448)	$1.88			
40W A15 130V Appliance Clear (307691 / SS3811)	$1.10			
40W A15 130V Appliance Frost (307692 / S3811)	$1.10			
40W 130V Flame Bulb Candelabra Base (306940 / SS3275	$0.83			
40W 130V Flame Bulb Medium Base (307080)	$0.83			
40W A15 130V Ceiling Fan Candelabra Base (327820 / SS416)	$1.24			
40W A15 120V Ceiling Fan Intermediate Base (327822)	$1.10			
15W Candelabra Base Clear (321880)	$1.25			
13W 2 Prong Spiral GU24 Bulb (T33113SP)	$3.00 ($10.50 dimmable)			
55W Circular Bulb	$11.45			
LED Light Frost	$2.98			
LED torpedo Bulb	$6.07			
65W Reflect or incandescent	$2.00			
GE Drip Pans 6" (229675)	$2.79		Whirlpool Drip Pans 6" (229775)	$1.91
GE Drip Pans 8" (229680 / PSDPPRG8)	$3.67		Whirlpool Drip Pans 8" (229800)	$2.26
GE Black Drip Pans 6" (230000)	$5.06		Whirlpool Black Drip Pan 6" (229810)	$5.23
GE Black Drip Pans 8" (230010)	$5.93		Whirlpool Black Drip Pans 8" (229820)	$6.21
Frigidaire 6" Drip Pan (501223)	$6.43		Frigidaire 8" Drip Pan (501222)	$3.27
Microwave Filter (RHF0608)	$7.55		Range Filter 8-3/4x10-1/2x3/8 (246977)	$7.23
Microwave Filter (Wb06X10608)	$32.40			
Whirlpool Microwave Filter (247110)	$5.38			
Towel Bar 24" (818325)	$1.84		Door Stops Flex (806051)	$0.60
Towel Bar Brackets (818375)	$4.16		Door Stops Brass (806806)	$0.47
Red Mulch	$2.75			
White Blinds			**Alabaster Blinds**	
12"x 72" (702105)	$3.25		12"x 72" (702641)	$3.25
17"x 72" (551210)	$4.74		17"x 72" (702587)	$4.74
23"x 72" (551064)	$4.38		23"x 72" (702588)	$4.93
24"x 72" (702038 / LML2472WH)	$4.58		24"x 72" (702572)	$4.83
25"x 72" (70203 / LML2572WH)	$4.74		25"x 72" (702573)	$4.74
27"x 72" (702040 / LML2772WH)	$5.09		27"x 72" (702574)	$5.09
30"x 72" (702042)	$4.99		30"x 72" (702576)	$4.99
34"x 72" (702044)	$4.35		34"x 72" (702578)	$5.00
35"x 72" (702045)	$6.44		35"x 72 (702579)	$6.37
36"x84" (Supply Works 833419)	$5.34		36"x84" (Supply Works 833443)	$5.34
39"x 72" (702047/LML3972WH)	$7.11		39"x 72" (702581)	$7.11
43"x 72" (702049 / LML4372WH)	$6.99		43" x 72" (702583)	$7.78
45"x84" (702091)	$7.85		45"x84" (702627)	$7.85
47" x 72" (702050)	$8.26		47" x 72" (702584)	$8.26
48" x 72" (702051)	$10.11		48" x 72" (702585)	$10.11
54" x 72" (702053)	$9.49		54" x 72" (702589)	$9.49
24.5" x 72" x 2" (Faux Wood / 703188)	$29.78			
35" x 72" x 2" (Faux Wood/702770)	$28.77			
39"x 72"x 2" (Faux Wood/702772)	$47.62			

Fort Benning Commissary

EXPRESSLINE

April 2018

VOLUME 9, ISSUE 8

April a month unlike any other

Commissaries, Exchanges spotlight Month of the Military Child

To help celebrate April as the Month of the Military Child, commissaries are joining exchanges and other on-post resale outlets in offering a variety of giveaways and savings for the entire family.

"Children in military households face unique challenges because of the demands of military life," said Tracie Russ, DeCA's sales director. "So we want to acknowledge them and do all we can to provide their families with great values for their commissary benefit."

For Month of the Military Child, commissaries will promote the importance of healthier lifestyles using the "5-2-1-0" message, which is: Eat five fruits and vegetables every day; limit recreational screen time to two hours or less daily; get one or more hours of physical activity every day, and avoid drinks with sugar

Commissaries worldwide are also planning "Thank You for Your Service Sidewalk Sales" during April 16 through May 31, and many will partner with their local Exchange.

Find out more about other sales and event on our website at www.commissaries.com.

See what's on sale before you shop . . . Privilege confirmation required to see sale prices.

On-post resale outlets maximizing partnership opportunities

More commissary/exchange joint sales coming

Service members and their families will see more joint sales promotions for commissaries and exchanges that highlight the savings and value of shopping on military installations.

Starting in April, with promotions linked to the Month of the Military Child, on-post resale outlets will maximize partnership opportunities outlined during a recent marketing conference hosted by the Defense Commissary Agency.

"There's a huge symbiotic relationship with the exchange and the commissary," said retired Rear Adm. Robert J. Bianchi, DeCA's interim director and CEO.

He said the goal is to let service members know the value of shopping or the installation. Visitor our website to read the story.

Staying informed about food-safety-related recalls can be a full-time job. *Thanks to Commissaries.com, it's just a couple of clicks away. Click Stay Informed for alerts on products sold in commissaries or on All Recalls from the FDA.*

PHONE Number

Store Director
Terry.ford@deca.mil
706-544-3965 x 3351

Dept.	Ext.	Dept.	Ext.
Customer Service	3325	Produce	3338
Asst. Store Dir.	3307	Meat	3341
Grocery	3320	Secretary	3305

STORE Hours

Sun: 1000-1900
Mon: 1000-2100
Tue: 1000-2100
Wed: 1000-2100
Thu: 0900-2100
Fri: 0900-2100
Sat: 0900-1900

Early Bird Shopping: *Mon-Wed 0700-1000*, *Thu-Sat 0700-0900*

It's tasty and easy to make

Honey Glazed Chicken and Mango Salad

Honey, balsamic vinegar and ketchup anchor a delicious marinade and dressing for an easy to prepare honey glazed chicken and mango salad meal. This dietitian approved recipe requires some planning ahead to allow marinade time, but it's quick and easy to cook and assemble, plus there's grilling involved!

Store Director's Scoop

Month of the Military Child 2018 Coloring Contest

- Entries must be colored by a military child 11 years of age or younger.
- The coloring template is located at www.commissaries.com/color.
- Entries will be accepted at decabrand@deca.mil or at the commissary's customer service office April 1 - 30, 2018.
- The winners' (9 total) artwork will be printed on the reusable grocery bags and displayed in the commissaries in April. The Exchange (AAFES) will be soliciting prizes for the 9 winners, such as gift cards for the family of the winners. Specific prize details TBD.

DIETICIANS RECIPES OF THE MONTH

These and other recipes can be found on commissaries.com under

HEALTHY LIVING

BE ON THE LOOK OUT FOR MORE HEALTHY FOOD RECIPES

Copies of recipes will also be available at the front entrance of the Commissary

WE NEED YOU!!

All current DeCA job openings are posted on USAJOBS. You can access them by going to the website at www.usajobs.gov

YOUR COMMISSARY ...

It's Worth the Trip!

HAVING A PARTY OR SPECIAL EVENT?

The Produce Department has all the goodness of fresh fruits and vegetable platters. A 48-hour notice is greatly appreciated.

Contact the Meat Department to place your order for special cuts, and special orders. A 24-hour notice is greatly appreciated.

Our Deli Bakery Department is here to help you with your party trays such as chicken tenders, wings mini subs, meat and cheese, and cubed cheese. They also have decorated holiday cakes.

The Fort Benning Commissary is currently undergoing some renovations. Please pardon our appearance while we make improvements to better serve you!

Sexual Assault Awareness and Prevention Month (SAAPM)

2018 Army Theme: "Shaping a Culture of Trust"

SAAPM

What is SAAPM?

Each year during the month of April is National Sexual Assault Awareness and Prevention Month (SAAPM).

During the month of April, units and organizations across the Army conduct various activities and training to promote awareness about Sexual Assault.

*The purpose of the activities/training is to strengthen the Army's commitment to preventing sexual violence. The 2018 Army theme is **"Shaping a Culture of Trust,"** which aligns with an essential characteristic of the Army Profession....**TRUST.***

Show your support by attending SAAPM events in April!

SAAPM & "The Art of Awareness" Displays

1-30 April 2017
MWH, Building 4 & BMACH
706-545-6649/762-408-1622

MCoE SAAPM Lunch & Learn

2 April 2018, 1130-1300
Benning Club, Fiddler's Green
(Full-time SARCs and SHARP VAs Only)
706-545-2305/3780

316th CAV BDE Spin the Wheel

5/19 April 2018, 1100-1300
MWH, Building 4 (Java Café) / PX Lobby
706-626-6622/6629

BMACH Karaoke

6 April 2018, 1100-1300
BMACH Atrium (Ground Floor)
762-408-1622/762-822-2245

194th AR BDE & 199th IN BDE Color Run/Walk

7 April 2018, 0800-0930 (Registration) & 1000-1200 (Color Run/Walk)
Collins Training Center, Building 5500
706-544-3754/5267 (194th)
706-545-7875 (199th)

USAG Elevator Quiz

17 April 2018, 1130-1300
Building 70
706-545-6649/6273

USAG Denim Day Challenge

25 April 2018, All Day
Throughout Garrison (DACs Only)
706-545-6649/6273

ARTB Malvesti Obstacle/ 198th IN BDE Self-Defense Class

26 April 2018, 0800-1100
Malvesti Field/Camp Rodgers
706-545-3101 (ARTB)
706-544-1970 (198th)

BMACH Take Back the Night

26 April 2018, 1800 (Show Time) & 1830 (Start Time)
Open Lot – Dixie Road
762-408-1622/762-822-2245

USAG 2d Annual Teal Wheels

28 April 2018, 1000-1300
AAFES/PX Parking Lot
706-545-6649/6273

Contact your Brigade SARC, SHARP VA, or the MCoE SHARP Program Office for additional information
706-545-2305 or 706-545-3780

I.A.M. STRONG

Art of Awareness

2-6 APRIL

Martin Army
Community Hospital

9-13 APRIL

McGinnis-Wickam Hall

Sexual Assault Awareness and Prevention Month 2018

Back by Popular Demand

"KAROAKE CAFÉ"

Come sing your favorite song or have your co-workers sing with you as a group

Talent NOT required!

April 6, 2018
1100-1300 BMACH Atrium
POC: BMACH SHARP TEAM
Dr. Prana 762-408-1622
or
SFC Sosene 762-408-1553

Patient Care is all the Time...

Self-Care is KARAOKE Time...

Sexual Assault
Awareness Month

316TH WHEEL OF SHARP

Join the 316th Cavalry Brigade for our 3rd Annual " Wheel of SHARP " in support of FY18 Sexual Assault and Awareness Prevention Month. Come test your knowledge and awareness on SHARP.

Date: 5th & 19th April 2018
Time: 1100-1300
Location: 05 April 18 Java Café, BLDG #4
19 April 18 PX Entrance Lobby

POC: 316th SHARP Office
SFC Conley (706) 626-6622
Ms. J. Thomas (706) 626-6629

Shaping a Culture of Trust!!

194TH AR BDE & 199TH IN BDE SEXUAL ASSAULT AWARENESS PREVENTION MONTH

SATURDAY 7 APRIL 2018
REGISTRATION: 8:00AM-9:30AM
RACE: 10:00 AM-12:00PM

SEARCH 3RD ANNUAL COLOR RUN/WALK ON EVENTBRITE TO RESERVE YOUR TICKET!

5th Annual
TAKE BACK THE NIGHT
SAAPM 2018

- Thursday 26 April 2018
- 1800 Show Time
- 1830 Start Time
- Start Point: Soldier's Plaza
- Route: Dixie Rd Trail
- Open to the Community
- Pets welcomed (must be on a leash)

Sponsored By:
Martin Army Community Hospital Fort Benning, GA

For more event Information contact:

Dr. Helen Prana at 762-408-1622 or helen.s.prana.civ@mail.mil
or
SFC Dorothy Sosene at 762-408-1553 or dorothy.e.sosene.mil@mail.mil

SeXual Assault Awareness Month

SELF DEFENSE
AWARENESS
CLASS

Hosted by: [illegible]
26 APRIL 2018
0800-1400

Location: Camp Rodriguez
POC: Jacqueline Pulliam
706-545-8[illegible]

Jacqueline.f.pulliam.civ@mail.mil

COME LISTEN, LEARN, AND PRACTICE SELF PROTECTION & SAFETY TIPS, AS WELL AS SELF DEFENSE TECHNIQUES

FREE Car/Motorcycle Show and Shine

April 28, 10 a.m. - 13 p.m., Main PX, FT. Benning

TEAL WHEELS

FORT BENNING

For more information and to pre-register call 706-545-6649

Registration starts at 9 a.m.

https://www.facebook.com/tealwheelsga

EXCHANGE

MWR

APRIL 25

DENIM DAY

Wear your denim April 25 to support sexual assault awareness and prevention month.

For more information, go to benning.armymwr.com or call 706 545 6649 for Garrison SHARP or 706 545-2305 for MCoE SHARP Program

MWR

SHARP