



Warrior Adventure Quest

Outdoor Recreation, Fort Benning

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Purpose:

- Helps with the deceleration process
- Mitigates common high-risk accidents and behavioral issues
- Promotes resiliency factors and unit cohesion



Description:

- FREE high-adrenaline activity
- Transportation
- Lunch
- Available to all redeploying Soldiers



Activity Options:

- Zipline
 - Spend four hours ziplining and traversing cable bridges between 60 and 300 feet from the ground. Go up to 60 mph on a half mile long zipline!
- Paintball
 - Group divided into two teams for a day of woodland paintball games.
- Whitewater Rafting
 - Participants will spend a day working together, under the guidance of trained guides rafting down part of the Chattahoochee. Participants can then try rafting in smaller funyaks down the same rapids. At the end of the day, participants can try paddleboarding and kayaking on calmer waters.
- Trap Shooting
 - Participants will shoot two rounds of trap (time dependent).

