

Fort Benning Family & MWR

BIWEEKLY INFO

We have a lot of exciting things planned for you!

Scroll and see.

ON THE RADAR!



Join us on August 12 at the first

Community Information Exchange of the school year! The Community Information Exchange is the BEST meeting on Fort Benning and provides valuable resources from agencies across the garrison. We encourage everyone in the community to attend.

Meet us at ACS, Building 7, at 10 a.m. as we hear about August's topic: **Back to School**!





Looking to become **certified in CPR**, **AED and First Aid**? Sign up for the next one-day course on August 13! Upon successfully completing all course activities and passing the assessments, participants will receive an American Red Cross Certification valid for two years from date of course completion.







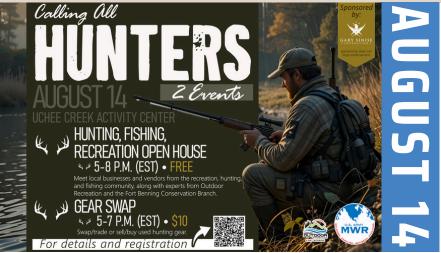


The Fort Benning Golf Course offers a women's-only golf clinic! Lady BUGS (Beginners Under Guided Supervision) is for new golfers who want to learn everything there is to know about golf and how to play. Each session is taught by a PGA professional and will focus on various golf skills. Lady BUGS is offered every 2nd and 4th Wednesday of each month from 5 - 6 p.m.

LEARN MORE (>

Do you have questions about hunting and fishing on Fort Benning? We've got answers! Join Outdoor Recreation for the annual **Hunting, Fishing & Recreation**Open House on August 14 from 5 - 7 p.m. EDT in the Activity Center at Uchee Creek Campground in Fort Mitchell, AL. Enjoy light refreshments and local recreational vendors while learning about the updated hunting and fishing regulations on the installation. The hunting season is just around the corner!





Interested in trading or swapping any hunting or fishing gear you don't use anymore? Maybe you're looking for lightly used gear? Visit the **Hunter's Gear Swap** while attending the Hunting, Fishing & Recreation Open House at Uchee Creek Campground on August 14 from 5 - 7 p.m.

Secure your spot for a \$10 fee. Sign up today!

*Firearms and ammunition not allowed.

LEARN MORE



The 41st Annual **Army Ten-Miler Race** is set to take place on October 12, 2025 in Washington, D.C., and we are looking for the best of the best to represent Fort Benning! The final qualifier to select our top runners is August 15. We're looking for men with sub-60 times and women with sub-70 times. Meet us at 6:30 a.m. at Santiago Fitness Center - no registration required.







The Mall Bowling Center presents: 40Frame *Clean* Sweeper Bowling
Tournament! Get ready for 40 frames of
excitement, surprises and prize-winning
opportunities! The tournament takes
place August 17; registration starts at 12
p.m.; the Bowling action starts at 1 p.m.!
This tournament provides traditional
bowling with a twist, and side-pot action
- turning every roll into a new challenge.
It's fast, fun and packed with a high
payout potential.

LEARN MORE



Planning a road trip this Labor Day weekend? Make sure your vehicle is ready for every challenge ahead of it! The MWR Auto Skills Center offers a FREE class on **what to look for during a pretrip inspection** on August 21 at 2 p.m.!

Our friendly and certified mechanics will provide instructions and tips on how get your car ready and take some of the travel stress off your mind.





FOR THE KIDDOS

AUGUST 13+20



Wednesday **Storytime** is back at the Milton E. Long Library beginning August 13! NEW this year, Storytime sessions will now be divided into two engaging groups on Wednesdays:

Ages Birth-5: 10:30 - 11:30 a.m. **Ages 5 & up:** 11:30 a.m. - 12:30 p.m.

Both age groups will enjoy a captivating book and participate in fun, interactive activities designed to spark imagination and foster a love for reading.



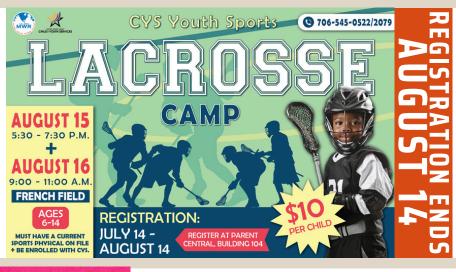




Join CYS Youth Sports for a Lacrosse Camp for youth ages 6-14 taking place on August 15 from 5:30 – 7:30 p.m. and August 16 from 9 - 11 a.m. on French Field! This is a fantastic opportunity for young athletes to dive into the exciting world of lacrosse, where they will learn essential skills and techniques while having a blast with friends. Registration ends August 14.



JGUST 19





This fall and winter, the Bowling and Entertainment Center will host Sensory-Friendly PlayZone Time on Tuesdays, from August 19 through December 16! From 11 a.m. – 2 p.m., we will turn off the music and the air guns making the PlayZone more enjoyable for children with sensory sensitivities. The entry fee is \$6.50 and will include arts and crafts. This event is for children 12 and under, accompanied by a parent or guardian. Remember to bring socks!



ARMY COMMUNITY SERVICE

ACS offers in-person **SFRG trainings**! Stop by ACS, Building 7, from 9 - 11 a.m. on the dates offered and report to Room 141.

August 14: Command Teams

August 21: Command Family Readiness Representative

(CFRR)







The Financial Readiness Program offers a free online **Credit Management** class on August 14! Learn how to build your credit, improve your credit score and effectively manage and reduce your debt. This class is designed to help you establish and maintain good credit and avoid excessive debt. Topics include qualifying for credit, establishing a credit history and wise uses of credit.

LEARN MORE



The ACS New Parent Support
Program is learning to "Take
Flight...There is Joy in the Journey"
at August's **Play & Learn Playgroup!**Join them at the Bowling &
Entertainment Center on Thursday,
August 21, from 9:30 - 11 a.m.! Play &
Learn Playgroups are the perfect
place for parents and children ages
0-3 to gather, share support, and
enjoy a fun environment together.

LEARN MORE ()

Play & Learn Playgroup

9:30 - 11:00 a.m.

July 17 – Prepping for Preschool Location TBD - Please call NPSP

August 21 - "Take Flight...There is Joy in the journey"

Location TBD - Please call NPSP

AUGUST 21

FORT BENNING
FAMILY ADVOCACY PROGRAM

GIGGS

Join the Family Advocacy Program for a Child Abuse Prevention Seminar on August 22 from 8:30 a.m. - 4:30 p.m. online or in person at the ACS Auditorium in Building 7. This seminar is a crucial opportunity to engage in discussions, acquire valuable insights, and reinforce our shared dedication to supporting and safeguarding families in our community. Participants have the opportunity to earn 6.0 CEUs by providing their professional license number when registering!

LEARN MORE



Reporting domestic violence and child abuse is not just important, it's

is not just important, it's lifesaving. It's a powerful act that protects vulnerable individuals, breaks cycles of harm, and strengthens communities.

LEARN MORE



FAMILY ADVOCACY PROGRAM



- **★ EDUCATION**
- **★ PREVENTION**
- * ADVOCACY

FAP 706-544-7233 (SAFE)

•REPORT DOMESTIC VIOLENCE AT 762-408-4076 or 911 $^{lap{N}}$

•REPORT CHILD ABUSE/NEGLECT AT 855-422-4453, 911 or 762-408-4076







Calling all first-time runners!

Does even the thought of running make you feel intimidated? Join our **Couch to 5K** running series designed specifically for first-time runners! Over the course of 8 weeks, you'll receive expert guidance from a certified running coach who will help you build your endurance and confidence as you prepare for your first 5K - the Oktoberfest Dirndl Dash 5K on October 18!



SEE YOU NEXT TIME!

Visit us online for the latest benning.armymwr.com

#BENNINGMWR #EXPLOREFORTBENNING #ADVENTURESATBENNING

EXPLORE MORE DEALS









OUTDOOR RECREATION







Forward the fun to your friends! <u>Sign up for email_updates from Fort Benning MWR!</u> We hate to see you go, but we know the drill. <u>Click here to unsubscribe.</u>