MEMORANDUM FOR Garrison Commander, Fort Benning, GA 31905

SUBJECT: Minutes of the Fort Benning Garrison Community Activities and Resources Exchange Meeting

1. The Fort Benning Garrison Community Activities and Resources Exchange (CARE) meeting convened at 0930 on 14 January 2020 at Army Community Service (ACS), Building 7.

2. Membership Present or Represented:

   COL Matthew Scalia          Garrison Commander
   Mr. Alvin D. Gelineau       Director, Family and MWR
   Mr. Kevin Clarke            Chief, DES
   COL Eliasib Lozano          Deputy Commander, MEDDAC
   Mr. Michael Synder          Facilities Director, Villages of Benning
   Ms. Yvonne Kuhfahl          Store Secretary, DeCA
   Ms. Tamala McCoy            Main Exchange Store Manager, AAFES
   CH (MAJ) Timothy Fary       MCoE and Garrison Chaplain

3. The CARE panel and briefers provide valuable information for leaders to share with their units. The panel and briefers are available after the meeting to answer questions. "Wellness" was today's topic.

4. Community Forum:

   a. Physical Therapy Services - MAJ Christina Koreerat briefed on the numerous Physical Therapy (PT) services offered at Martin Army Community Hospital (MACH). These services include out-in patient, post-operative orthopedic, primary care, outpatient Neurovestibular, pelvic health, osteopathic manipulative treatments, mechanical diagnosis and treatment, therapeutic dry needling, battlefield acupuncture and aquatics therapy. During these appointments, proper attire is required for all services. In addition, there are outlying PT clinics on the Fort Benning installation available for cadre and permanent party personnel. For more information, see CARE Flyers on the MWR Website at https://benning.armymwr.com/programs/care-community-activities-resource-exchange.
b. Women's Health Services - MAJ Danielle Buchs briefed the services offered at the Women's Health Services offered at MACH to include gynecology, obstetrics, labor/delivery, mother/baby unit and lactation services. There is an average of 60-70 deliveries a month in the 5-bed labor and delivery unit and the designated 3-room triage area. The postpartum unit features 14 private rooms, which help promote Family bonding during this time. In addition, MACH offers "Childbirth University" that provides classes to include breastfeeding, labor support, keeping baby safe, postpartum and newborn care. Women's Health Services does not have a neonatal intensive care unit on the installation. For more information, see CARE Flyers on the MWR Website.

c. Exceptional Family Member Program (EFMP) Services - CPT Jessica Aguilar that briefed EFMP has two components including clinical which is provided by MACH and nonclinical, provided by Army Community Service. The MACH EFMP handles enrollments, updates, dis-enrollments, overseas screenings and questions about the availability of services in the Fort Benning area. Enrollment updates are required every three years or if the medical or educational condition/status changes. During out-processing, service members should report to ACS EFMP to out process. For more information, see CARE Flyers on the MWR Website.

d. Pediatric Services - CPT Jessica Aguilar briefed that Pediatric Services are now fully staffed with 10 full-time providers and has increased availability of appointments. In addition, lactation services has availability of same or next day appointments. Virtual telephonic appointments are also available for referral renewal, medication renewal, schoolwork documentation and EFMP updates. Pediatric Services revamped their secure messaging and phone messaging system for better communication between patient and providers. Case management resources are available for respite care, home nursing and autism pathway. Afterhours Urgent Care service is available from 1730-2000, at the Oakridge Clinic (1st floor). For more information, see CARE Flyers on the MWR Website.

e. Nutrition Care Services - MAJ Allison Sanchez briefed Nutrition Services offered to include clinical care, installation readiness nutrition, community nutrition and food production and services. There are various appointments to include group nutrition classes, a 5-week course called "Fit for Performance" for service members and individual nutrition sessions. There are four ways to make a nutrition appointment: secure messaging, phone, PCM referral or stop by the clinic. For more information, see CARE Flyers on the MWR Website.

f. Pharmacy Services - LTC Darryl McGuire briefed on pharmacy services and the various ways to fill a prescription. There are two functional kiosks available to check-in for patients that want to wait on their prescriptions. For dependents who do not have an ID card to check in, they are now able to enter their name and date of birth into the kiosks system. Another option is the pharmacy drop-off service available at the front desk with a
pick-up after 1500 when submitted by 1200. When receiving prescriptions from off-post providers, please ensure they are prescribing a formulary drug (see CARE slides for more information). In addition, electronic submission of prescriptions is available for off-post providers. Due to staffing shortage, there is an increase in wait times. Action to hire new employees is working. For more information, see CARE Flyers on the MWR Website.

5. Panel Updates:

a. DES - Mr. Kevin Clarke went over crime statistics on Fort Benning. He discussed over the holidays law-abiding citizens received gift certificates for obeying the speed limit. For more information, please visit https://www.benning.army.mil/Garrison/DES/.

b. MACH – COL Eliasib Lozano did not brief any additional information.

c. Villages of Benning - Mr. Michael Snyder provided an update regarding work orders due to the storm. They are working to repair damages. All completed work orders should be followed-up with a phone call asking if work was completed. Within the last 12-18 months, there has been an increase of grease fires, mostly due to improper handling of self-cleaning ovens. He proposed a measure for new leases that requires renters insurance to be a part of the Housing contract for all new and renewed contracts. For more information, please contact or visit your housing office.

d. Defense Commissary Activity - Ms. Yvonne Kuhfahl stated Janice is the Acting Commissary Officer. The upcoming holiday hours for Martin Luther King's Day are Monday 20 January: 0900-1700. The scholarship for military children is open for submissions and closes 24 February. Ms. Kuhfahl introduced the new produce manager Ms. Lanita Klines. Ms. Klines will return in two months to update and answer all produce questions. For more information, see CARE flyers or visit www.commissaries.com.

e. AAFES - Ms. Tamala McCoy briefed the Fort Benning Theater is projected to be open in the next 30 days. H&R block tax services is located at the Main Exchange across the military clothing store; onsite and drop-off options are available. Pizza Hut is closing at the end of January and is offering special sales prior to their closure. Subway is replacing Pizza Hut.

f. MCoE and Garrison Chaplain - (MAJ) Timothy Fary briefed on Family Life services to include sessions for Family services, Family therapy and couples counseling. For more information, please visit www.benning.army.mil/garrison/chaplains.

g. DFMWR – Mr. Alvin Gelineau briefed Roz Café at the Golf Course is now open. They provide catering services. Java Café will have a new location in the coming months, which will include a drive-through option. Mciver Suites will close for renovations for the
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next 5 months. These renovations include new amenities, kitchen area and bathrooms. The Golf Course now offers disk golf, foot golf, and an expanded walking trail. For more information, on events please see CARE flyer or visit www.benning.armymwr.com.

h. COL Scalia informed attendees of the trends associated with hot spots in the homes due to location of the sun and harsh weather conditions, in areas such as windows, and basements. He stressed the importance of communication and reporting issues regarding housing issues and the continual effort of being proactive instead of being reactive.


8. Meeting adjourned at 1122. The next CARE meeting is Tuesday, 4 February at 0930 in ACS, Building 7.

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NAVARSHA SHUBERT
ACS Program Analyst

CF: Council members