

# OTG

ON THE GO | Fort Benning

## IN THIS ISSUE:

Oktoberfest

Fall Youth Sports

Multi-Gun Competition



September | October  
2019



# TROJAN WARRIORS **ONE&ALL**



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*Turkey Burger*

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BETTER LIFE

BETTER AT BENNING

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**army**  
COMMUNITIES

INSPIRE • IDENTIFY • INTEGRATE





# INFANTRY VS ARMOR

## 2019 GOLF TOURNAMENT

**3**  
TOURNAMENTS

Each tournament consists of 25 teams, 4 players per team  
Infantry vs Infantry and Armor vs Armor

24 teams will move on to the finals (12 Infantry and 12 Armor)

18 holes per tournament, the 3 teams (either Armor or Infantry)  
with the lowest combined score will win the Championship

**\$40**  
per player  
includes light lunch and  
complementary soft drinks

**INFANTRY TOURNAMENT** September 20, 1pm

**ARMOR TOURNAMENT** October 4, 1pm

**CHAMPIONSHIP:**  
**INFANTRY VS ARMOR**  
October 17, 1pm

Winner: take home THE trophy, free admission to Oktoberfest  
on Friday night, October 18 and bragging right for the next 12 months



FOR MORE INFO AND TO REGISTER, VISIT [BENNING.ARMYMWR.COM](http://BENNING.ARMYMWR.COM)





WILLKOMMEN ZUM

# Maifest

OCTOBER 18-20  
UCHEE CREEK







*The* Oktoberfest in Munich is the largest festival in the world, with an international flavor characteristic of the 20th century. In 2019, Munich will celebrate its 186th Oktoberfest, September 21 through October 6.

People frequently ask, why is Oktoberfest called “Oktoberfest” when it begins in September? And what is its historical background?

The first Oktoberfest was held in 1810 in honor of the Bavarian Crown Prince Ludwig’s marriage to Princess Therese von Sachsen-Hildburghausen. The festivities began on October 12, 1810 and ended on October 17 with a horse race. In the following years, the celebrations were repeated and, later, the festival was extended and moved to September.

By moving the festivities up, it allowed for better weather conditions. September nights were warmer, allowing visitors to enjoy the gardens outside the tents and stroll over “die Wiesen” or “the fields” much longer without feeling chilly. Historically, the last Oktoberfest weekend was in October and this tradition continues into present times.

At Fort Benning, we follow suit and wait for better weather conditions. In the South, it can be HOT in September, too hot to enjoy your beer (or two or three) in the Biergarten.

Even though we celebrate our Oktoberfest in October, Fort Benning’s Oktoberfest is the most authentic fest you will find in the US.

We have it all! German bands, German food and most importantly, German Beer! **THE REAL GERMAN BEER!**

---

**Fort Benning’s favorite fall tradition,  
at Uchee Creek Campground returns  
October 18 through 20.**

---

Put on your dancing shoes and enjoy traditional German music, authentic German food and brews, games for all ages, pumpkin patch, hayrides, carnival rides (Ferris wheel, tea cups, merry-go-round), a cross country run (10K), a Family Fun Run (5K) and a Volksmarch.

Admission is \$5 per person per day for guests 18 and older. Younger guests will not be charged admission but must be accompanied by an adult.

Stay tuned to [benning.armymwr.com](http://benning.armymwr.com) and Facebook for more information and a full schedule of events.

**O’ZAPFT IS!**





## LETTER FROM DIRECTOR



**AL GELINEAU**

Director of Family and Morale, Welfare and Recreation

We're just wrapping up another busy PCS season and if you are new to Fort Benning I'd like to welcome you! I believe Fort Benning is a great duty station and most folks agree with me. Whether this is your first time at Benning or second or third, I think you'll find that Fort Benning is always growing and improving. One area in which we have improved over the last few years is in recycling and becoming better stewards of our land and environment.

A few years ago, the Fort Benning Qualified Recycling Program, known as QRP, was formalized as a Garrison Program, managed by a board of directors composed of representatives from the Logistics Readiness Center, MWR, the Directorate of Public Works and the Resource Management Office. The Garrison Commander's office has overall authority; however, MWR is the lead agency in overall management of the program. Now that you know who all is involved, I'd like to explain a little about the program.

The QRP recycles paper, plastics, cardboard, aluminum cans and pallets, and various other scrap metal. It also recycles expended brass cartridges from the ranges. Income from recycling helps to support various projects on the installation that fall under pollution abatement, energy conservation and occupational health and safety. In the last seven years, the program pumped nearly 6.5 million dollars into these projects.

Additionally, recycling income helps support MWR programs, which is why we are involved.

Recycling these materials is the responsible thing to do for our environment and I'm proud Fort Benning is doing its part. By diverting thousands of tons of waste from landfills, we help to extend their useful life and save the installation millions of dollars in landfill tipping fees. The program needs your support and you can help in the following ways:

- **Place your recyclable materials in recycling containers near you.** The QRP team has strategically placed recycling containers in buildings and various other locations throughout the installation. Some containers are specified for certain type recyclable materials and some are for all types of recyclable material. The large blue 8-yard containers around the installation can accept all types of recyclable materials.

- **Do not place non-recyclable materials in or around the recycling containers.** This includes styrofoam, liquids, food and food contaminated items, plastic film (bags, tarps, and shrink wrap), tires, mattresses and furniture. Placing these materials in a container incurs the QRP a fee, causes contaminated material to be thrown away along with other recyclable material that was contaminated in the process.

The Villages of Benning offers curbside pick-up of bulk items such as mattresses and furniture. Pick-up times coincide with your scheduled trash pick-up days, with the exception of McGraw which occurs on Mondays. Bulk pick-up does not accept tires, paint, oil or gas cans.

For information on how to get involved or get answers to questions you may have, stop by the Material Recycling Facility (MRF) located at Building M0298 on Jamestown Road, or call 706-544-9870. The MRF accepts recyclable items Monday through Friday 8am - 2:30pm.

## Looking for Housing in Your New Military Community?

**AHRN**.com Can Help.

All of your housing options and moving resources together in one place:

### TYPES OF HOUSING

- Off-Base Rentals & For Sale
- On-Base Privatized Housing
- Temporary Lodging
- List Your Home for Free!

### EASY SEARCHING

- Saved Personalized Profiles
- BAH Rates Specific to You
- Community Details
- Rent Smart Tool & More

### PCS RESOURCES

- PCS Toolkit
- Military Spouse Blogs & Tips
- VA Loan Resource Center
- Installation Info & More

Find Trusted Military Homes at **AHRN.com**





#### ON THE GO MAGAZINE SEPTEMBER/OCTOBER 2019

Printed by Marcoa Media, LLC. Published 6 times a year with combined issues in January/February, March/April, May/June, July/August, September/October, November/December by the Directorate of Family and Morale, Welfare and Recreation. On the Go magazine provides information about DFMWR programs, activities and services. Per issue circulation: 10,000. To advertise in publication, call 706-325-0758.

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### DIRECTORY

**BENNING.ARMYMWR.COM**





## RICHARD ZALER

Chief, Army Community Service

Fort Benning's Army Community Service (ACS) has a new Director, Richard Zaler. Zaler comes to Fort Benning from Korea, but has served in duty stations around the world, serving as both active duty and in civil service with two branches of the military.

Born into a military family on an Air Force base in Kansas City, Missouri, Zaler claims KC as his home town although the base is closed.

Having begun his long career of serving the military in 1979 in the Navy building underwater mines, Zaler soon moved into a totally different career in mental health services by joining the Air Force in 2001. He hung up his active duty hat in 2008 switching to civil service. In 2016, he came to work for the Army and MWR in Korea. "In a short period of time I was enamored with the services we provide at ACS and made a major career change at the 22 year mark," said Zaler. "I plan to finish my time with the Army."

When asked what he likes about Fort Benning's ACS, Zaler says he absolutely loves working in an organization that helps in so many ways. "We can assist family members with special needs, can assist with emergency loans or grants, and so much more. I had a sample of ACS in Korea but at Benning there are so many more moving parts and this is just an incredible experience. In fact, 52% of the Army comes through Fort Benning. That is astounding and we have the opportunity to show all these Soldiers and Families what world class service at ACS looks like."

Outside of work, Zaler and his wife enjoy travelling and eating exotic food. They have four grown children and two dogs – a 13 year old cranky pug and a 4 year old German Shepherd who tolerates the pug. To decompress, Zaler enjoys long rides on his motorcycle – a Harley Davidson Street Glide.

# Meet the team

## FORT BENNING GOLF COURSE



Left to right: Business Manager, John Fesperman, Golf Course Superintendent, Brint Gaches, Tre Upshaw, Harry Linsenberg, Louise Williams, Ron Rumley, Miriam Soto, Loran Shaver, Tina Alexander, Rolando Love, Jeff Darrah • Not pictured Lenard "Bubba" Patrick

# ON THE GO

## FAMILY AND MWR

Al Gelineau

**Director**

Patricia Lamson

**Deputy Director**

Connie Andrews

**Chief, NAF Support Management**

James Shoemaker

**Chief, Business and Recreation Division**

Amorio Parish

**Chief, Child & Youth Services**

Richard Zaler

**Chief, Army Community Service**

## MARKETING

Shannon Beck

**Marketing Director**

Chris Wojciechowski

**Graphic Designer**

Jamie White

**Videographer**

Martina Pressley

Dori Nix

**Marketing Associates**

Terrill Alexander

**Sponsorship & Advertising**

Renee Ford

**Print Shop**

## PUBLISHING & ADVERTISING

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**Publisher**

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Robin Smith

Military Media Account Manager

478.338.1976

rsmith@marcoa.com



**You serve your country.**



**As a servicemember, your life of service is just beginning.**

Help your community, your country and veterans.

And have a good time making differences with people who get you.

***Be part of the legacy. Share the vision.***



THE AMERICAN LEGION

[www.legion.org](http://www.legion.org)



## COMMUNITY SERVICES

### MILTON E. LONG LIBRARY



**Come to the library and bring your friends for the following events:**

- American Girls Book Club - 6:30pm first Wednesday of each month
- Movies and Munchies – 1pm Saturdays
- Crafts Galore – 10:30am, first Saturday of each month
- Board Game Night – 6pm the second and fourth Wednesdays
- Fire & Ice Book Club – 11:30am second Thursday each month  
(lunch is provided, registration required)
- Family Movie Night – 5:30pm second Thursday each month
- Coffee and Coloring -10am third Monday of each month
- Book to Movie Club – 5:30pm September 17 (Boy in the Striped Pajamas, by John Boyne) and October 15 (12 Strong, by Doug Stanton)
- Move and Groove – 10:30am fourth Saturday of each month
- Teen Tuesday - 3pm & 4:30pm first Tuesday of each month
- Super Heroes Book Club - 6:30pm third Wednesday of each month



Aside from an extensive collection of printed material, our library offers a variety of equipment and services, including free wireless internet, 77 desktop computers, thousands of DVDs and CDs, digital audio books, book clubs and children's programs. Our research and reference resources are second to none, and our librarians are always happy to help. If you don't find what you need, perhaps we can borrow it from another library. Our database section includes: Do-It- Yourself, Education, E-Books and Audio Books, Genealogy, Literature, Magazines and Newspapers, History and Social Issues, Military and Government Business and General.



### WHAT IS THE SOLDIER'S ROLE IN BOSS?

Without Soldiers, there is no BOSS program. Every company, battalion, regiment and brigade will have a primary and alternate representative on orders for this additional duty. These Soldiers should be highly motivated with leadership potential and willingness to work for their fellow Soldiers. In addition, every company in each major subordinate command, will have a primary and alternate company representative. Representatives act as liaisons, passing information to the Soldier and relaying questions, comments and concerns from the Soldier to BOSS Council members and the chain of command.

### WHAT DOES BOSS DO?

Every Army installation is authorized a BOSS program, with a president, representatives from each major subordinate command, a senior military advisor (usually the post or garrison Sergeant Major) and an advisor from MWR, who assists with financial planning, marketing and guidance.

Our socials are held monthly during the last week of the month. Fort Benning's BOSS program headquarters is located in the Main Post Recreation Center. For more information, call 706-577-1054 or 706-545-1926.



fortbenningboss



/FortBenningBOSS/





## DOMESTIC VIOLENCE awareness month • october •

Did you know, in the United States, a woman is physically assaulted in her home every 15 seconds and one in four women will experience domestic violence? Did you know that children who witness violence are more likely to believe violence is an acceptable way to handle problems and 60 percent of children from violent homes become abusive adults? In fact, a great percentage of women and children living on the streets today became homeless because of domestic violence.

We've all wondered why people stay in abusive relationships, but ending abuse is often complicated by emotional attachments, financial concerns, cultural or religious mores and family ties. People who are abused by their partner often do not want the relationship to end – they just want the violence to end. They worry about finances, the impact of separation on their children, how friends and family members will react and even if their report of abuse will be taken seriously. They fear being judged as an unfit parent, or they don't want to burden their family and friends by asking for help. Under the best circumstances, it is not easy to end a relationship with an intimate partner. Love, family, shared experiences and memories form bonds that are hard to break.

And leaving does not always end the violence. Victims must be aware that threats and violence may escalate, resulting in more harm to the victim, children, friends, family members - even pets. There may be continued harassment, stalking, verbal and emotional attacks, especially if court ordered visitation is unsupervised or poorly supervised. Though "breaking up the family" is obviously the wise thing to do when staying jeopardizes physical, mental and emotional well-being, it certainly creates issues for children that may warrant counseling.

Ending a relationship is hard for everyone involved, just as domestic abuse affects everyone involved. To find out how you can make a difference and for additional information about domestic violence, call the Family Advocacy Program at 706-626-2614.



### FINANCIAL READINESS PROGRAM

**Money Management**, 8:15-11am (in the ACS Auditorium)

**Budgeting/Group Intake**, 1-3pm (in the ACS Training Room)

Do you have a financial question? E-mail us directly at: [Usarmy.benning.usamc.mbx.financial-readiness@mail.mil](mailto:Usarmy.benning.usamc.mbx.financial-readiness@mail.mil).



### EXCEPTIONAL FAMILY MEMBER PROGRAM (EFMP)

The EFMP "Trunk or Treat and FAP Safety Fair" will be held on Thursday, **October 24 at 5:30-7:30pm in the ACS parking lot**. This is a community/recreational social event for families enrolled in EFMP. Join EFMP, FAP, ACS Team and The Autism Learning Center for a safe, fun-filled evening of Trunk or Treat. Games, Bounce House, Face Painting, Food and much more! All ages are welcome.



The EFMP **Resource Support Group** will meet 11am-noon August 5, for Back-to-School Resource Sharing and Support. The EFMP hosts this free coffee from 11am-noon the **first Monday of each month**, except holidays, at ACS in Building 7 on Baltzell Avenue. This is a great opportunity to share with others, network, and receive valuable resources and information. Community agencies are also invited to share specific resources that support EFMP families. For more information, call 706-545-1695/2679/6545.





### ACS RELOCATION PROGRAM

We are located in Building 7, 7117 Baltzell Avenue. Our office hours are 8am – 4:30pm, and you can reach us at 706-545-0403/4485. Stop by our office and pick up a Welcome Packet. Our program provides the following services:

#### NEWCOMERS ORIENTATION

Welcome to Fort Benning! If you are new to the installation, join us for the weekly Newcomers Orientation **9-11am Wednesdays at ACS Auditorium in Building 7 on Baltzell Avenue**. All military personnel, family members and civilians are invited. Here you will learn about resources, programs, activities and organizations on post and all across the Chattahoochee Region. Spouses are encouraged to attend, and children are welcome. Breakfast refreshments are provided. For more information, call 706-545-0403/4485.

#### LENDING CLOSET

Are you waiting on your household goods to arrive? Have your household goods left you behind? Whether you're coming or going, we're here to help. The Lending Closet has items available for Soldiers and their families while their household goods are in transit. Items include basic kitchen equipment, tables and chairs, sleeping mats, microwaves, ironing boards, irons, high chairs, car seats, pack-n-plays and alarm clocks. You may borrow up to 30 days when you present your orders to Fort Benning, an ID card and a unit POC. The Lending Closet is **open 8am-4pm Monday – Thursday and 10am-4pm Friday**.

#### SPONSORSHIP TRAINING

The Total Army Sponsorship Program helps Soldiers, civilian employees and family members during the relocation process. Guests learn the various elements of the Sponsorship Program, including how to be an effective sponsor and where to find information for incoming personnel.

#### PCS BRIEF

PCSing? How exciting! ACS Relocation offers a monthly PCS briefing to help make your transition smooth and enjoyable. Our briefings are held the fourth Thursday of each month 8:30-11am in the ACS Auditorium in Building 7. Join us **September 26 and October 24**. To reserve your spot, call 706-545-4485/0403.

#### RELOCATION COUNSELING

If you cannot attend the monthly PCS Brief, visit Relocation Readiness in Building 7 for information on your next duty station.

#### MULTI-CULTURAL

For information about our Citizenship Study Group or English as a Second Language classes, call ACS Relocation at 706-545-4485/0403.

#### HEARTS APART

Together, we're stronger! If your Soldier is deployed or on an unaccompanied tour, the Hearts Apart program gives you a strong group of peers you can turn to for advice and support. For more information, call 706-545-4485/0403.



### COMMUNITY ACTIVITIES RESOURCE EXCHANGE

The purpose of the Community Activities Resource Exchange (CARE) is to provide information on upcoming events and items of interest within the surrounding communities to Command Spouses, FRSA's, Soldier & FRG leaders, volunteers and civilians. Guest speakers brief and entertain questions on various topics.

Check [Benning.armymwr.com](http://Benning.armymwr.com) for CARE minutes and information on each meeting's agenda.



### ARMY EMERGENCY RELIEF (AER)

Thank you to all who contributed to help Soldiers in need!

The annual AER Campaign was held March 1 to May 15, 2019. Fort Benning raised contributions in the amount of **\$195,839.05**. Soldiers, retired Soldiers and Civilians made this 2019 Campaign a huge success. Without you, AER would not be possible! It's not too late! If you would like to donate go to [www.aerhq.org](http://www.aerhq.org).



# HOW TO ORGANIZE A COLLECTION DRIVE

*Operation Gratitude sends 100,000+ Care Packages each year to deployed Troops and Wounded Warriors. We rely on donations to help us show our Soldiers, Sailors, Airmen, and Marines that they are not alone!*



Holding a Collection Drive for Operation Gratitude is an active and fun way for your friends, neighbors, or organization to show support for our troops!

## To begin your Collection Drive:

- Notify your constituency of the dates, times, and location of collection.
- Specify what items you will accept. (Some suggestions can be found in the Wish List to the right.)
- Encourage donors to include personal letters to the Troops. These are often the most cherished items in our care packages.
- Keep in mind that we only accept delivery of items during the following times:
  - **PATRIOTIC DRIVE:** March 15th thru May 5th
  - **HOLIDAY DRIVE:** September 15th thru December 5th



Ship all donations to:

**OPERATION GRATITUDE**  
**17330 Victory Boulevard**  
**Van Nuys, CA 91406**  
**Attn: Rich Hernandez: 262-674-7281**

For more information visit us on the web at [www.OperationGratitude.com](http://www.OperationGratitude.com)  
on Facebook at [www.facebook.com/OperationGratitude](http://www.facebook.com/OperationGratitude)  
or send an email to [OpGrat@gmail.com](mailto:OpGrat@gmail.com)

## WISH LIST

- Knit Hats & Scarves
- Cool Ties or Neck Gators
- Yarn
- Beanie Babies, Webkinz, Trolls, or other small plush toys
- Halloween or Easter Candy
- Socks (preferably black, brown, green, or tan – not white)
- Mini battery-powered fans
- Personal Electronics
  - iPods,
  - DVDs,
  - CDs,
  - Video Games,
  - Flash Drives
  - Headsets (Headphones & Microphones)
  - WebCams
  - Used cell phones/PDAs
- Gift Cards to chain stores, such as
  - Walmart,
  - Walgreens,
  - Target,
  - etc.
- Snacks, such as
  - Energy Bars
  - Beef Jerky
  - Trail Mix
  - Nuts
  - Sunflower Seeds
  - Candy
  - Ready-to-eat Tuna or Chicken Salad kits
  - Girl Scout Cookies
  - Single serving Powdered Beverage Mixes
  - Single serving boxes of cold cereal
  - Single serving packets of hot cereal
- Personal Care Products
  - Lip Balm
  - Toothpaste
  - Toothbrushes
  - Roll-on Deodorant
  - Razors
  - Individual packets of moist towelettes
  - Hand/Foot Warmers
  - Foot powder (travel size)
- Blank greeting cards or stationery





# Remembering the Fallen Honoring their Survivors

GOLD STAR PINS SIGNIFY THE ULTIMATE SACRIFICE  
MADE BY OUR SOLDIERS AND THEIR FAMILIES.



The **Gold Star Lapel Pin** (*above left*) a gold star on a purple circular background is presented to widows, widowers, parents and next of kin of United States Armed Forces members killed in combat operations.

The **Next of Kin Lapel Pin** (*above right*) a gold star on a gold background is presented to the immediate Family of United States Armed Forces members who die in service outside of a combat theater of operations.



The **Gold Star Service Flag** (*right*) is displayed in memory of those who paid the ultimate sacrifice.

## GOLD STAR MOTHER'S BRUNCH

*September 29 at I I am at the Benning Club.*



## DINING

### JAVA CAFÉ



## SPECIALS

### SEPTEMBER



Try our SWEET POTATO FRIES!



National Cheese Pizza day, **September 5!**  
From noon-1pm, 7" flat bread cheese pizza  
only \$3



**Every Tuesday**, buy a salad, get fountain  
drink for only \$1.

### OCTOBER




**October 7** is Frappe day. Buy a venti for the  
price of a Grande!



Try our pumpkin pie – for a limited time!

### CATERING

Let us cater your next office breakfast or  
lunch! We can arrange deliveries or pickup.  
We offer anything from fruit trays, muffins,  
fresh cinnamon rolls, bagels & cream  
cheese, breakfast burritos, to coffee &  
juices. Call us for more info at 706-626-  
2971.



**SEPTEMBER  
& OCTOBER  
Special**

**EVERY FRIDAY**

**Fish, fries  
and a large  
drink**

**\$4.63**





Building 128, 7010 Morrison Avenue  
706-545-0935  
Weekdays: 11am-1:30pm  
Weekends/Training/Federal Holidays: Closed



Building 2785, 6530 Eckel Avenue  
(inside the Bowling and Entertainment Center)  
706-685-4466  
Sunday: Closed  
Monday - Tuesday: 11am-2pm  
Wednesday - Thursday: 11am-6pm  
Friday - Saturday: 11am-8pm



Building 2784, 7611 Sightseeing Road  
706-689-9009 • Catering available  
Weekdays: 11am-2:30pm & 5-9:30pm  
Saturday: noon-9:30pm  
Sundays: Closed



Building 390, 390 Baltzell Avenue  
located at Fort Benning Golf Course  
706-545-0397  
Thursday - Sunday: 11am-3pm



**Main Post**  
Building 1685, 1685 Gaudette Street  
706-626-0232  
Weekdays: 7am-3pm  
Saturday: 9am-2pm  
Sunday: Closed  
Federal Holidays: Closed

**Harmony Church**  
Building 4102, Jamestown Road  
706-626-2971  
Weekdays: 6am-2pm  
Weekends: Closed  
Federal & Training Holidays: Closed

**Inside Building 35**  
Ridgeway Hall, Building 35, 35 Ridgeway Loop  
Weekdays: 7:30am-2pm  
Weekends/Training/Federal Holidays: Closed



**Mall Bowling  
Snack Bar**

Building 9232, 8140 Marne Road.  
706-682-7781  
Monday - Thursday: 10am-0pm  
Friday: 10am-11pm  
Saturday: 11am-10pm  
Sunday: 1pm-7pm  
Federal Holidays: 1pm-9pm



Building 2874, 6835 Dixie Road  
Located inside Smith Fitness Center  
706-685-8200  
Weekdays: 7am-8pm  
Saturday: 10am-4pm  
Sunday: 11am-3pm



Building 2502, 7308 Anderson Street  
next to Drop Zone  
706-687-8274  
Weekdays: 7am-10pm  
Saturday: 8am-10pm  
Sunday: 9am-10pm

Located inside Sand Hill Rec Center  
Building 3308, 41st Infantry Regiment Street  
706-687-4919  
Weekdays: 8am-8pm  
Saturday: 8am-8pm  
Sunday: 9am-8pm



Building 1692, 7290 Ingersol Street  
Next to Wynnson Theater  
706-683-0066  
Open 7 days a week  
Lobby, 10:30am-9pm  
Drive-thru, 10:30am-10pm



BENNING CLUB



THE BENNING

Club

CATERING

If you’re a member of the Fort Benning community, you’re a member of The Benning Club! We host many events every year, including weddings, dress rehearsals holiday brunches, mother-and-son and father-and-daughter formal balls, concerts, receptions and so much more. We have meeting space suitable for groups of 6 to 600. Rent a room or rent the whole club!

Let our Catering and Event Planning staff help you design a great event. You’ll find more photos of the Benning Club at [benningmwr.smugmug.com](http://benningmwr.smugmug.com). Below are the rooms we offer and the configuration of the table set up for each space.

ROOMS	TABLE CONFIGURATIONS			
	BANQUET	RECEPTION	THEATER	COST
SUPPER CLUB	450	400	350	\$350
BENNING ROOM	70	120	100	\$100
CORREGIDOR ROOM	60	100	80	\$75
LEXINGTON ROOM	160	N/A	N/A	\$150
NORMANDY ROOM	As-is	Conference U	25-30	No Cost
FIDLER'S GREEN PORCH	As-is	Conference Square	25-30	No Cost

Approximate room capacity size



**The Supper Club**  
is perfect for large events (without the military décor) making it ideal for receptions, balls and formal dinners.



**The Regimental Room**  
is a popular venue for wedding receptions, military ceremonies such as promotions and retirements, dances, meetings and more.



SEPTEMBER IS

NATIONAL CHICKEN MONTH

EVERY THURSDAY

Best chicken in town! Fried and baked chicken on the buffet only **\$9.95** (eat-in)

Take a bucket of chicken home with you! eight pieces for only \$12! To place advance order call 706-545-0935.  
*(1 breast, 3 wings, 2 thighs, 2 drumsticks, cannot substitute pieces • available on Thursdays only)*



## ENTERTAINMENT

### MALL BOWLING CENTER



#### LABOR DAY WEEKEND SPECIAL

August 31-September 2, enjoy all you can bowl special; \$10 per person including shoes

#### MONDAY MANIA

\$1 games all day (excluding holidays, shoes not included)

#### DAILY DEUCE SPECIAL

Tuesday through Friday \$2 games, 10am until 5pm (shoes not included)

#### WARRIOR PACKAGE

Every Wednesday, 5pm to close enjoy 2 games with shoes, one pizza, 4 fountain drinks for up to 4 people for \$40!



#### QUARTER MANIA

Every Thursday, 5pm-close, each customer pays a cover charge of \$5, which gives you a wristband to enjoy bowling, rental shoes or an order of fries for 25 cents each! Bowling is subject to availability and on a first come first serve basis with no reservations.

#### COSMIC BOWLING

Fall late night special with cosmic bowling every Friday and Saturday 8pm-1am. All you can bowl \$14 per person with shoe rental.

#### SUNDAY FUNDAY

All you can bowl special, \$12 per person including shoes.



Choose from any of your Zaxby's favorites like the Nibblerz Platter, Chiecken Fingerz™ Platter or Zalad Bar Platter. Our delicious party-sized portions will make any gathering a tateful event.



# ZAXBY'S



Building 1692, 7290 Ingersol Street  
Next to Wynnsong Theater  
706-683-0066  
Open 7 days a week  
Lobby, 10:30am-9pm  
Drive-thru, 10:30am-10pm



# ENTERTAINMENT

## BOWLING AND ENTERTAINMENT CENTER



### WEEKEND SPECIAL

Take a break from your hard working job and enjoy yourself! **August 31-September 1**, we will offer \$10 unlimited bowling and shoes as well as \$3 playzone.

## SEPTEMBER SPECIALS

### FAMILY FUN DAY

Every Sunday, unlimited bowling and shoes \$12/pp

### RED PIN WEDNESDAYS

When the red pin comes up on the screen, bowl a strike and win a free game.

### HALF PRICE PLAYZONE

Every Wednesday enjoy the playzone for just \$3 (per child)!

### CHARACTER FACTORY MAD GAMES

For the month of September, enjoy the game for \$1



**JOIN US FOR FREE POOL EVERYDAY!**

## OCTOBER SPECIALS



### WEEKEND SPECIAL

October 11-13, enjoy \$10 unlimited bowling and shoes, \$3 playzone!

**RED PIN WEDNESDAYS:** when the red pin comes up on the screen, bowl a strike and win a free game.

**HALF PRICE PLAYZONE:** Every Wednesday enjoy the playzone for just \$3 (per child)!

**MONSTER FACTORY GAMES :** For the month of October, enjoy the game for \$1

**HALLOWEEN BOWLING SPOOKTACULAR:** On October 26, you can enjoy Cosmic Bowling all day, \$12 unlimited bowling and shoes, and \$3 playzone. We will also offer Monster Factory Mad Games for buy-one-get-one free and a costume contest!



**54 GAMING TERMINALS  
WITH THE NEWEST TECH**

Play Xbox Live with self serve terminals

Weekdays: 7am-10pm  
Saturday: 8am-10pm | Sunday:  
9am-10pm

Building, 2502, 7308 Anderson Street.





# ARMY FAMILY CHILD CARE (FCC)



Own your Own Business & Make a Difference  
*by Providing Quality & Affordable Child Care*



## Benefits:

- Expedited background check clearance process
- Paid training
- Opportunities to increase your salary with training & education
- Business that moves when you move
- Stay at home with your children & earn a salary at the same time

A career in Family Child Care awaits you!



*Your Child's Home Away from Home.*



For more information, call 706-545-2079.

# KIDS ZONE (CYS)

## SCHOOL AGE CENTER



School Age Center (SAC) includes before and after school programs, hourly care, summer care, and camps during school vacations, grades K-5, through partnerships with groups such as 4-H and CHARACTER COUNTS!

The 4-H programs are grounded in the belief that kids learn best by doing. Kids complete hands-on projects in areas like science, health, agriculture and citizenship, in a positive environment where they receive guidance from adult mentors and encouraged to take on proactive leadership roles. Kids can concentrate on one focus area or they can try a variety of programs throughout their 4 H experience. Regardless of the project area, all 4- H programs include mentoring and career readiness as core elements.

The Six Pillars of Character is a framework for teaching good character and is composed of six ethical values (characteristics) everyone can agree upon: Trustworthiness; Respect; Responsibility; Fairness; Caring; and Citizenship. Each of the six character traits are used within our CHARACTER COUNTS! program to help instill a positive learning environment for students and a “culture of kindness” making schools a safe environment for students to learn. The Six Pillars of Character values are not political, religious, or culturally biased.

The SAC helps children learn to work with their strengths, interests, and helps each other to feel good about themselves, and to grow as individuals. Programs are offered in the core areas of leisure, recreation, and the arts; sport and fitness; life skills, citizenship and leadership; and mentoring and support services Transportation is provided to and from on- post elementary schools during the school year.

The SAC hours of operation are Monday - Friday, 5:30am-6:30pm. Closed on Federal Holidays.

## CHILD DEVELOPMENT CENTERS (CDC)

### MAIN POST CDC

Main Post CDC will host a back to school event for our preschoolers on September 13 at 3:30pm for all Main Post preschool patrons. Swing by for some games, food, and fun.

### MCGRAW CHILD DEVELOPMENT CENTER

McGraw CDC is happy to announce the opening of another Pre-K classroom for our Fort Benning community and to welcome Mrs. Adele Bell as a new member of the McGraw team.



## MIDDLE SCHOOL & TEEN

### NEW YOUTH SPONSORSHIP PROGRAM AT MIDDLE SCHOOL & TEEN

The focus of the Youth Sponsorship Program is to provide transitioning youth with information, a sense of belonging and an opportunity to make friends. This focus is based on research that indicates youth who are connected to their communities exhibit: increased resilience, reduced risk behavior, reduced stress in youth and parents, and increased school achievement. This program is for teens ages 11-18.

Stay tuned to [benning.armymwr.com](http://benning.armymwr.com) for an update and registration information.

### READY AND RESILIENT (R2) PROGRAM FOR TEENS

Middle School & Teen will deliver the Ready and Resilient Program for teens starting October 2019. Establishing a Ready and Resilient Program will provide teens ages 11-18 with the tools to thrive and build strong relationships with others. Stay tuned to [benning.armymwr.com](http://benning.armymwr.com) for an update and registration information since space is limited.



# KIDS ZONE (CYS)

## YOUTH SPORTS



### DODGEBALL

Registration: September 2-28  
Season: October and November 21  
Fee: \$45 | Location: CYS Gym  
Eligibility: Co-ed, open to youth 9-15 years old, must be 9 years old by first practice, and may not turn 16 years old prior to start date  
Practices: Limited to two (2) per week for one hour, Tuesday and Thursday

### VOLLEYBALL

Registration: September 2-28  
First week of Practice: October 15  
Games Start: TBA  
End of Season: December 7  
Fee: \$45 | Location: CYS Gym  
Eligibility: Open 9-15 years old, must be 9 years old by the first practice, and may not turn 16 prior to first practice.

### WRESTLING

Registration: September 2-28  
Mandatory parents meeting: October 8  
First week of practice: October 8  
End of Season: March 2020  
Fee: \$45  
Practices: Kelley Hill Combatives Center  
Eligibility: Co-ed, open to youth 8-15 years old, must be 8 years old by the first practice, and may not turn 16 prior to first practice. \*May accept some 6-7-year old's with competitive experience. Please call the Youth Sports Office to discuss. NOTE: Competitive participants expected to fund their own travel and competition expenses and competitive participants will be responsible for funding their own USA membership fee (approximately \$20).  
Practices: Limited to two per week for two hours. | Competition: TBA

**All participants in CYS sports and classes must be registered at Parent Central and have a current sports physical. We need volunteer coaches for CYS Sports – all sports, all ages. No experience needed. For information, call 706-545-1853 or 706-545-0522.**

## INSTRUCTIONAL PROGRAMS

Sign up your child for all our fantastic classes Instructional Programs offers. CYS Sports & Fitness – Instructional Programs - offers a number of healthy activities and classes

- Parents & Tots, \$45 minutes once a week for \$40 per month for 11 months-3 years
- All levels of Tumbling, beginner to advanced, one hour a week, \$45 per month
- Cheerleading, 45 minutes a week, \$45 per month, ages 3 and older
- Tae Kwon Do for ages 6-18, 45 minutes twice a week, \$45 per month
- Functional Fitness is free for ages 3 and 4, Monday/Wednesday, \$50
- Dance, for ages 3-18, 50 minutes on Wednesdays for \$50/per month

## CYS SPOTLIGHT



As second in charge of Fort Benning's Child & Youth Services, Tracy McMillan's job can be hectic and stressful, but her passion and love for children energizes her.

**"The best part of my job is knowing I have the ability to make a difference," she said.**

McMillan's responsibilities include oversight of Fort Benning's five child development centers and the School Age Center. She also oversees programs such as Middle School & Teen, Family Child Care and hourly care. With over 800 children enrolled in the centers and programs, she has plenty of opportunities to make a difference.

McMillan has been at Fort Benning since 2002, but started her career with MWR in 1999 in Germany, after spending a few years as a teacher.

Outside of work, McMillan enjoys reading, walking and spending time with her 17 year old daughter and her 20 year old son. As they graduate from college, McMillan wants to ensure they get into a profession they enjoy as much as she enjoys hers.

It truly makes a difference if you love what you do, she said. "The difference isn't so much for yourself but the people that you serve. If you find your passion, that passion overflows into changing someone else's life. That is what it should be about."

STAY AND PLAY

DESTIN ARMY RECREATION AREA



# destin

ARMY RECREATION AREA

## LOOKING FOR ADVENTURE?

WE'VE GOT EVERYTHING YOU NEED FOR YOUR WATER ACTIVITY!  
WE RENT KAYAKS, PADDLEBOARDS, WAVE RUNNERS, PONTOONS.

6-8AM

8AM-7PM

Activate your life by taking a sunrise paddle in the spectacular Choctawhatchee Bay. Kayaks and paddle boards are half price during this timeframe.

Enjoy a day at Crab Island by renting our 10 passenger pontoons or by taking our Water Taxi. We offer drop off and pick up service to nearby attractions, restaurants. Rent our wave runners to stroll along the shore of the Bay, and enjoy the ride viewing the spectacular waterfront homes and splashing some water with the friendly stingrays and dolphins along the way.

(To rent pontoons and wave runners you must have NASBLA endorsed certificate)

After a day of boating relax on our waterfront and enjoy a refreshing cold beverage while watching the sunset and the dolphins playing in the beautiful Choctawhatchee Bay.

RENTALS

Boats	2 Hours	4 Hours	6 Hours	Each Extra Hour
Pontoon	\$90	\$165	\$235	\$45
Fishing Pontoon	\$100	\$195	\$275	\$50
Bay Fishing Boat	\$70	N/A	N/A	\$35



# calendar

## September 1-2

Labor Day Weekend  
Bowling Special  
Mall Bowling, pg 18

## September 2

Federal Holiday  
Labor Day

## September 2

CYS Sports Registration  
Parent Central, pg 22

## September 5

Java Cafe Special  
Java Cafe, pg 15



## September 7

Super Bingo  
MWR Bingo, pg 30

## September 7

Fun at Twilight Pond  
Twilight Pond, pg 32

## September 7

Wetherby Field Luau  
Wetherby Field, pg 41



## September 10

Deer Hunting 101  
Recreational Shooting Complex  
pg 30



## September 17

Family Fishing Night  
Russ Pond, pg 32

## September 22

Doughboy Classic  
Doughboy Stadium, pg 32

## September 26

PCS Brief  
ACS Auditorium, pg 12

## September 28

Saturday Golf Scramble  
Fort Benning Golf Course, pg 29



## September 28

Flea Market  
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## September 29

Gold Star Mother's Brunch  
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## ONGOING ACTIVITIES

### 3rd Monday

Coffee & Coloring  
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### Mondays/Wednesdays

Tae Kwon Do  
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### Mondays/Wednesdays

Functional Fitness  
Parent Central, pg 21

### Tuesdays

Bingo Special  
MWR Bingo, pg 30

### 1st Tuesday

Teen Tuesdays  
Milton E. Long Library, pg 10

### Tuesdays/Thursdays

Cheer  
Parent Central, pg 21

### Tuesdays/Thursdays

Tumbling  
Parent Central, pg 21

## Wednesdays

Story Time  
Milton E. Long Library, pg 10

## Wednesdays

Newcomer's Orientation  
benning.armymwr.com

## Wednesdays

Dance  
Parent Central, pg 21

### 1st Wednesday

American Girls Book Club  
Milton E. Long Library, pg 10

### 2nd Wednesday

Lunch and Learn  
Milton E. Long Library, pg 10

### 3rd Wednesdays

Superheroes Book Club  
Milton E. Long Library, pg 10

### 2nd and 4th Wednesdays

Board Game Night  
Milton E. Long Library, pg 10

### Wednesdays/Thursdays

Zumba  
Parent Central, pg 21

### Thursdays

Drama Kids  
Parent Central, pg 21

### 1st, 3rd & 5th Thursdays

New Parent Support Group  
Dixie Road, Building 2652,  
pg 10

### 2nd Thursdays

Family Movie  
Milton E. Long Library, pg 10

### Every Saturday

Movies & Munchies  
Milton E. Long Library, pg 10

### 2nd and 4th Saturdays

Pool Tournament  
Harmony Church Rec Center pg 29

### 3rd Saturday

Book to Movie Club  
Milton E. Long Library, pg 10

## SEPTEMBER

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					



# calendar

## October 2

Deer Hunting 101  
Recreational Shooting Complex  
pg 30

## October 5

Fun at Twilight Pond  
Twilight Pond, pg 32



## October 7

Java Cafe Special  
Java Cafe, pg 15

## October 11

TRAINING HOLIDAY

## October 12

Saturday Golf Scramble  
Fort Benning Golf Course, pg 29

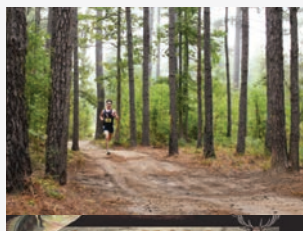
## October 14

FEDERAL HOLIDAY  
Columbus Day



## October 18-20

Oktoberfest  
Uchee Creek, pg 4



## October 19

Oktoberfest 10K and 5K  
Cross Country Challenge  
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## October 24

EFMP Trunk or Treat  
pg 11

## October 24

PCS Brief  
ACS Auditorium, pg 12

## October 25

Zombie Shoot  
Recreational Shooting Complex  
pg 30



## October 26

Club Championship  
Fort Benning Golf Course, pg 29



## ONGOING ACTIVITIES

### 3rd Monday

Coffee & Coloring  
Milton E. Long Library, pg 10

### Mondays/Wednesdays

Tae Kwon Do  
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### Mondays/Wednesdays

Functional Fitness  
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benning.armymwr.com

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Milton E. Long Library, pg 10

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Board Game Night  
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Family Movie  
Milton E. Long Library, pg 10

### Every Saturday

Movies & Munchies  
Milton E. Long Library, pg 10

### 2nd and 4th Saturdays

Pool Tournament  
Harmony Church Rec Center  
pg 29

### 3rd Saturday

Book to Movie Club  
Milton E. Long Library, pg 10

## OCTOBER

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		





# STAY AND PLAY

## UCHEE CREEK CAMPGROUND & MARINA



### UCHEE CREEK CAMPGROUND AND MARINA

Still searching for a staycation with the entire family, pets included? Look no further because we've got you covered. Nestled on the banks of the Chattahoochee on the Alabama side of Fort Benning, our 385-acre park has RV and tent sites, cabins and chalets, recreation areas, rental facilities, a fishing and boating marina, a paintball park, trails, an archery park and more. We are a pet friendly campground so you can bring the four-legged kids with you on this staycation; pets must be on a leash. What are you waiting for? Book your stay today!

The facilities are open to military ID card holders and families visiting Fort Benning for a military graduation or family day. We offer full hook-up RV sites, tent camping & a variety of cabins/chalets. Inside the campground are four comfort stations, three laundry facilities and a full service marina for eligible patrons.



### UCHEE SPECIALS:

Stay three nights in a cabin, pay for only two, when you check in Sunday and check out Wednesday.

Stay seven nights in an RV site, pay for only six nights.

For more information, call 706-545-4053.

## MCIVER SUITES



McIver Suites offer accommodations perfect for your short or long term visit and great extended stay value for leisure travel, with the comforts of home and the convenience of the office. We offer 1-bedroom suites for \$90 and 2-bedroom suites for \$110, with kitchens, screened porches and sunrooms. The historic McIvers Suites are a golfer's delight, located minutes from the Fort Benning Golf Course and Jack's 19th Hole.

Your stay includes discounts at the following locations:

- Buy one lunch buffet at the Benning Club and get one free (Mondays)
- One 18-hole round of golf for \$16 per day
- 10% off drinks at Java Cafés
- 10% off boat rental at Uchee Creek
- One free game of bowling at Mall Bowling Center or Bowling and Entertainment Center

To reserve your suite, call 706-545-4053.







# KIM'S BOOTS -n- SHOES SALES & REPAIR

Available in khaki and coyote. Available at both locations.



**GARMONT**  
expand your world



**OAKLEY**



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Mon. - Sat. 9 AM - 6 PM  
Sun. 12:30 PM - 3 PM

The Landings - Main Store  
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Columbus, GA 31904

**706.323.8070**

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FREE Tourism App

## REACHING OUT IS A SIGN OF STRENGTH

If you are coping with invisible wounds, you are not alone. There are resources and support available to you and your family. For tips and tools to help you cope with psychological health concerns and strengthen your resilience, visit [www.realwarriors.net](http://www.realwarriors.net) or call 866-966-1020.

[www.realwarriors.net](http://www.realwarriors.net)  
866-966-1020

**REAL WARRIORS ★ REAL BATTLES  
REAL STRENGTH**





**SHARP**<sup>TM</sup>  
SEXUAL HARASSMENT/ASSAULT RESPONSE & PREVENTION



**I.A.M. S'STRONG**<sup>TM</sup>  
INTERVENE • ACT • MOTIVATE

SEXUAL ASSAULT.  
SEXUAL HARASSMENT.  
**NOT IN  
OUR ARMY.**

As Army Civilians, we play a vital role in our Nation's defense and to the readiness of our Army. We are committed to upholding the Army Standards of Conduct\* and supporting a positive work climate, free from sexual assault, sexual harassment and retaliation.

**TOGETHER, THIS WE'LL DEFEND.**

\*Joint Ethics Regulation, DODD 5500.7-R, Chapter I2, Sections 3,4,5.

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DOD SAFE HELPLINE: 1-877-995-5247

[WWW.SAFEHELPLINE.ORG](http://WWW.SAFEHELPLINE.ORG)

## FORT BENNING GOLF COURSE

# SATURDAY GOLF SCRAMBLES

Come to the Fort Benning Golf Course for our Saturday Golf Scramble **September 28 and October 12**. These monthly scrambles tee-off at noon and cost \$35. Cost include cart fee, green fees, range tokens and prizes. Sign up by calling the Golf Pro Shop at 706-545-0397.



## CLUB CHAMPIONSHIP

Fort Benning Golf Course Club Championship is taking place **October 26-27** with tee-times at 8am and 1pm. The cost is \$90 per player. Cost include cart fees, greens fees, range token, lunch, drinks and prizes. The championship is open to all active duty, retirees, civilians, members and non-members over the age of 17.

**THE FORT BENNING GOLF COURSE**, first established in 1923, is rich in military history. The course is located on Main Post, about one mile from I-185, and is a full-service facility open to the public.

**Staying at McIver Suites or Uchee Creek? Ask about our guest discounts!**

We offer affordable packages, including an annual pass. Tee times are recommended. The course is open to the public and easily accessible. Gate passes are available for members who do not have traditional military access. Amenities include:

- A pro shop stocked with the latest equipment and in-house special ordering
- Handicap services from the Georgia State Golf Association
- Private golf lessons and clinics from a Class A PGA Professional
- Tournament packages
- Jack's 19th Hole
- Driving range and putting area
  - Practice green with bunkers
  - Rental party rooms and pavilion
- Catering services



A great place to have a get-together after work. The 19th Hole can easily handle 60-80 people and there is no charge until 3pm. After that, the charge is \$50 per hour as long as the 19th Hole is patronized. We also have the clubhouse and pavilion that can be rented for larger and more private functions. Call Lenard Patrick at 706-545-0397 for more information.



## MEMBERSHIPS

### CORPORATE:

Corporate membership includes brand recognition in our Pro Shop. With a corporate member, you can play 18 holes for \$18 or 9 holes for \$11. This includes a cart. You will also receive 10% off all soft goods in the Pro Shop.

### OTHER OPTIONS:

Annual memberships are also available. Other playing options available to suit everyone's needs. Call 706-545-0397 for more information.



## RECREATION

### MWR BINGO



# WIN A CRUISE!

One hundred days of summer bingo blowout has come to an end. All of the stamped books have been collected and we will draw the winner for the cruise at the **September 7 Super Bingo!** Additional prizes include a Green Egg grill and other prizes. We will also end our summer blowout with another \$7500.

**BUY-ONE-GET-ONE FREE GAME** packs with eight games per pack **every Tuesday**. Every Friday, we have half off bingo tablets. It is a great way for new players to learn the game; your tablet does all the work! You must be 18 to play. For more information, call 706-544-1964.



### SUPER BINGO

Join us for Super Bingo the first Saturday of each month for a chance to win a guaranteed pot payout of \$5000 and two \$1000 payouts. Doors open at noon and bingo starts at 1:30pm. Guests will enjoy free food, door prizes and a guaranteed cash payout. The minimum buy-in for the program is \$18 per person, which includes the initial game pack with 8 games. Additional games are sold on the floor. You must be 18 to play. For more information, call 706-544-1964.

### RECREATIONAL SHOOTING COMPLEX



#### DEER HUNTING 101

You have two chances to learn the basics of deer hunting on Fort Benning with Outdoor Recreation 6-7:30pm, **September 10 and October 2** at this free clinic. All ages are welcome; however, those under 18 years old must be accompanied by a parent or guardian. Register by calling 706-545-7978.



#### ZOMBIE FIREARM SHOOT

Participants will get 5 shots at zombies **5-6pm, October 25** from 25 meters using a pistol; 5 shots at the 100 yards with a rifle; and 5 head shots at 300 yards. Prizes will be awarded. Open to ages 6 and older (youth 17 and under must be accompanied by an adult). \$15 per person which includes in the the gun rental and ammunition. For more information or to register, call Outdoor Recreation (706-545-7978).





There are three main goals integrated into our mission:

- ★ To create music-based therapeutic programming and outlets for Service members and Veterans
- ★ To train and educate Veterans in music industry career opportunities
- ★ To develop superior professional music artists



501c3 non-profit organization



C\*A\*M\*M\*O

Center for American Military Music Opportunities  
8651 John J. Kingman Rd., #104 | Fort Belvoir, VA 22060  
888-562-6220 | 703-967-5391 cell | [www.cammomusic.org](http://www.cammomusic.org)

## Living With Heavy Menstrual Bleeding?



We are now enrolling patients in a Clinical Study for heavy periods here in Columbus.

Qualified participants will receive study-related care and study medication at no cost. There may be compensation for time and travel. Learn more at **706-320-2547**.

You may qualify to participate if you:

- Are premenopausal
- 18-51 years old
- Have heavy periods

**midtown**  
OB•GYN

1538 13th Avenue, Suite C-200 in Midtown Columbus  
3081 Williams Road, Unit A in North Columbus  
[www.midtownob.com](http://www.midtownob.com)



## BE A PET'S HERO

A promise to guard the home front and a pledge to await your return. A promise to be not just a pet, but a companion. Pets for Patriots connects last-chance dogs and cats with military members and their families. What are you waiting for?

[Petsforpatriots.org](http://Petsforpatriots.org)





# RECREATION

## OUTDOOR RECREATION (ODR)



### FAMILY FUN AT TWILIGHT POND

Join Outdoor Recreation noon - 7pm, **September 7 and October 5** for a day of family fun! Outdoor Recreation will provide canoes, kayaks, games, and activities at no cost. To register or for more information, call 706-545-7978.



### FAMILY FISHING NIGHT

Join us from 6-8pm **September 17** at Russ Pond for Family Fishing Night. Fishing in Russ Pond is reserved for those 15 and younger, but parents are encouraged to come help reel'em in! Children must be accompanied by an adult. A limited supply of fishing poles and bait will be available. To reserve a fishing pole, please call and register with MWR Outdoor Recreation at (706) 545-7978 or stop by Outdoor Recreation on Gillespie Street.



### DOUGHBOY CLASSIC

Georgia Military College will take on College of DuPage at Doughboy Stadium **September 22**. Pre-game activities will start at 12:30pm and the game will kickoff at 1pm.



## STORAGE LOCKERS & POV STORAGE at Outdoor Recreation

Low monthly rates  
Convenient 24-7 access  
Fully fenced, keypad entry  
24-hour surveillance  
Moving trucks and equipment  
available at affordable rental  
rates

### Storage Lockers

5 x 10 - \$45  
10 x 10 - \$61  
10 x 15 - \$72  
10 x 20 - \$82

### Outdoor POV Storage Spaces

20 x 10 - \$24  
20 x 12 - \$27  
30 x 12 - \$32  
40 x 10 - \$34  
40 x 12 - \$37

To rent, call 706-545-7979



### FALL FLEA MARKET

Buy, sell, trade! The Fort Benning Flea Market and Post Wide Yard Sale returns **September 28**, from 8am to 2pm on Stilwell. Field across from the Post Office on Main Post. Vendors may reserve a 10x10 space for \$15 or a 10x20 for \$25. Tables are available for rent for \$8 and chairs for \$1. Register online at [benning.armymwr.com](http://benning.armymwr.com).



# RECREATION

## RECREATION CENTER

### SAND HILL RECREATION CENTER



Join us at the Sand Hill Recreation Center. Bring the family! We have free WiFi, movie rooms, eight billiard tables, foosball, air hockey, table tennis, board and video games. We have a free computer lab with 29 computers. More than 400 movies to watch in our three movie rooms or on the big screen in our auditorium. Got a craft you would like to volunteer to teach? Give us a call and your suggestion. Look for us on MWR Facebook for upcoming craft classes. Use our large screen and projector for family day activities, classes, briefings or parties. Eat on site at SUBWAY for a healthier food selection. Soldier Photos, LLC is also located on site. RECON (sports wear) on site Wednesdays and Thursdays 11am-2pm.

### HARMONY CHURCH RECREATION CENTER

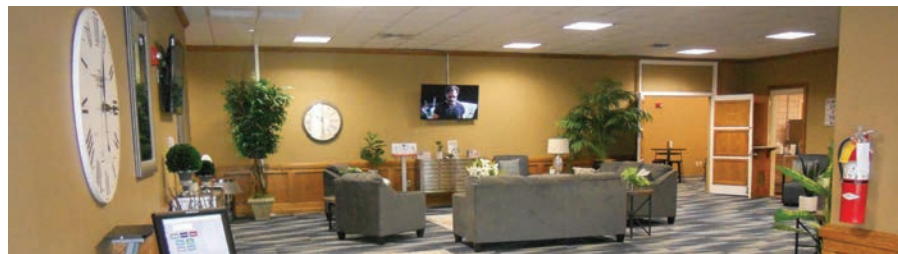
We also host a free **pool tournament** at 2pm the second and fourth Saturday of each month. These are open to all MWR patrons, but participants must register by 12:30pm. For more information, call 706-626-1265.

We offer

- Free Wi-Fi, PS3, PS4, XB1, XB360 and weekly theater night with more than 800 titles.
- Flat breads and wraps in our snack bar!
- Show new movies at 6pm Fridays.

The Harmony Church Recreation Center is located in Building 4203 on Old Cusseta Highway (turn into the Troop Medical Center parking lot, the recreation center is on the left.) The center is open to all MWR patrons, and no charge for admission.

### MAIN POST RECREATION CENTER



The Main Post Recreation Center is conveniently located on Sightseeing Road., within walking distance of Airborne School, 75th Ranger Regiment and Task Force 1-28. Our newest center offers a computer lab with 20 computers, a movie room, two game rooms, pool tables and a snack bar. Hours of operation are Monday-Thursday, 11am-10pm, Friday-Saturday, noon-11pm and Sunday, noon-9pm.

## EQUIPMENT RENTAL



Looking for a quick fall getaway? Outdoor Recreation's Equipment Rental Center has new campers available now. The 2018 Heartland Trail Runner is perfect for a trip to Pine Mountain's F.D. Roosevelt State Park.

At 9,049 acres, Georgia's largest state park is a hiker's and backpacker's haven. More than 40 miles of trails wind through hardwood and pines, over creeks and past small waterfalls. The park has several amenities such as cottages and the Liberty Bell swimming pool fed by cool springs. A wooded campground sits near the edge of a small fishing lake, and privately operated stables offer guided horseback rides.

Let Outdoor Recreation's Equipment Rental be your guide and your one-stop-shop for all your recreational needs.







**NOVEMBER 14-17**  
**Krilling Range, Shelton Range, Parks Range**  
 United States Army Marksmanship Unit ranges



Join us at Fort Benning, Georgia for a unique multi-gun shoot. Fort Benning's Directorate of Family and Morale, Welfare and Recreation (MWR) and the United States Army Marksmanship Unit (USAMU) partner up for this first class event! USAMU Soldiers from all shooting disciplines serve as our range officials. Where else can you interact with World Champions and Olympians as they oversee the competition? No where else! 100% of the proceeds from this event help to keep Fort Benning's Recreational Shooting Complex an affordable option for Soldiers, their families and veterans. Come out and watch some great marksmanship.



For more information on the event, visit [benning.armymwr.com/programs/fort-benning-multigun-challenge](http://benning.armymwr.com/programs/fort-benning-multigun-challenge).



# RENTAL VENUES on Fort Benning



MWR's goal is to offer Soldiers and their Families desirable social and recreational opportunities. Our facilities are available to support mission-related functions when their use does not preclude authorized MWR patronage.

We offer many locations to host your next Soldier and Family Readiness Group meeting, unit function, hail and farewell and more! Our event planner will make all your special events memorable and affordable. Whether you are planning for 10 guests or 1,000, our planner will find a suitable location, formal or informal, indoors or out, and arrange for entertainment, food and lodging. Call our Catering Office for availability and pricing at 706-545-0935 or 706-325-9490.

#### No rental fees required for the following facilities:

Patch Hall • Twilight Pavilion  
Milton E. Long Library  
Harmony Church Recreation Center  
Russ Pond Pavilion  
Kings Pond Pavilion  
Bouton Heights/Davis Hill Outreach Center  
Survivor Outreach Services Building  
*Please Note: For non-military events, call our  
Catering Office at 706-325-9490.*

#### Rental fees required for the following facilities:

Bowling and Entertainment Center  
Benning Club • Mall Bowling Center  
Infantry Bar • Supper Club  
Golf Course (*Ballroom, Club House or Pavilion*)  
Sand Hill Recreation Center  
Sand Hill Clubhouse  
Uchee Creek Campground & Marina  
Destin Army Recreation Area  
Breezeway Complex (*Bar & Lounge, Patio or Pool*)  
Wetherby Field

#### Guidelines for Venue Rental

1. Contact the DFMWR facility you want to use to verify cost and availability of service/space and rental fees, if applicable.
2. Deposit required for room and equipment fees at time of booking.
3. Payment required for food/beverage (meals) due at least 7 days prior to function.
4. Units needing assistance with Unit Funds may contact our Financial Management Branch at 706-545-2448.



# SERVICES

## AUTO SKILLS CENTER



One of the Army's largest auto repair centers, with 42 bays, the Fort Benning Auto Skills Center employs certified mechanics and training instructors who stand ready to help you repair or customize your car. You-do-it customers have on-site access to a free computer program that provides easy-to-read, step-by-step instructions on every kind of repair imaginable. It will also tell you what parts you may need to purchase and what you should expect to pay for them. You'll likely find them in stock at the Auto Skills Center, priced less than you'll find off post, and tax free!

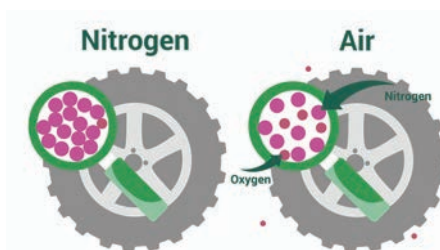
For those without the time or inclination to make repairs themselves, the Center offers the same mechanical services one might find off post, such as tune-ups, around the clock towing, brake inspections and repairs, tire services, air conditioning checks and charges and so much more, at prices less than you would pay elsewhere.

The staff at the Center makes themselves available by appointment for classes and demonstrations for Scout groups, SFRGs and more. To schedule a class, a free vehicle safety inspection or a pre-purchase inspection, call 706-545-2337.



Take 10 years off your vehicle. Fort Benning's Auto Skills Center offers a service to remove the 'cataracts' from your headlights and restore their luster for only \$40. Replacing your headlights costs more than \$300 . Why spend that much money if they work perfect fine? Unlike those spray applications folks offer at your local

shoppette or gas station, restoration removes the damage, it doesn't cover it up. Your like-new headlights will last for years. Call 706-545-2337 for more information.



Nitrogen prohibits moisture from collecting inside your tires, providing a safer, more stable drive, extends the life of your tires and increases fuel efficiency. Replace the air in all four tires for less than \$28 - without an appointment. For more information, call 706-545-2337.





**SUPERIOR SPORTSWEAR, GIFTS & STYLES**  
Building 2502, 7308 Anderson Street  
706-689-9777  
Monday - Closed • Tuesday - Thursday - 5 - 9pm  
Friday - 10am - 6pm • Weekends - Closed



We have everything you need for customized needs!

3270 2nd Infantry Division Road • 706-682-0730

# SERVICES

## TICKETS & TRAVEL



### We're saluting U.S. military personnel by offering Walt Disney World Resort promotional theme park tickets!

Choose between a Disney 4-Day Military Promotional Ticket or a 5-Day Military Promotional Ticket. The Park Hopper Option is included, so you can come and go as you please at all 4 theme parks each day of your ticket! If you're looking for a little extra magic, add the Park Hopper Plus Option for \$50 more, plus tax. The promotional tickets below are available for purchase:

- 4-Day Military Promotional Ticket with the Park Hopper Option for \$241 plus tax
- 5-Day Military Promotional Ticket with the Park Hopper Option \$257 plus tax
- 4-Day Military Promotional Ticket with the Park Hopper Plus Option \$291 plus tax
- 5-Day Military Promotional Ticket with the Park Hopper Plus Option \$307 plus tax

Purchase 5-Day Military Promotional Tickets now through December 15, 2019 and 4-Day Military Promotional Tickets now through December 16, 2019. Receive admission for 5 days or 4 days when you visit by December 19, 2019.

"Eligible Service Members" are active or retired members of the U.S. Military, including the National Guard, Reservists, the U.S. Coast Guard, the Commissioned Corps of the Public Health Service (PHS), and the Commissioned Corps of the National Oceanic and Atmospheric Administration (NOAA). Spouses of Military Service Members also qualify if they are able to present valid and active U.S. Military IDs in the absence of active or retired Military Personnel or Commissioned Corps Members.

## LAUNDROMAT



You can clean just about anything, including your TA-50, at the Main Post Laundromat, with 29 heavy duty washers, up to 80 pounds capacity, 51 single load machines and 44 commercial dryers.

Unit laundry parties can be facilitated between 10pm and 8am by appointment. More more information, call 706-545-3398.

## CAR WASHES

The \$8 option at the MWR car washes on Fort Benning includes treatments for the undercarriage, windshield and sidewalls and a hot wax. MWR car washes are located on Main Post beside the Auto Skills Center on Marchant Avenue, "under" the water tower in Harmony Church and next to the Commissary on Marne Road.

## DOG WASH

Attached to the Main Post Car Wash, our do-it-yourself, climate controlled dog wash is the first of its kind on a U.S. military installation. You may use your credit card or the reloadable MWR Car Wash Card for washing, drying and, flea and tick bathing options. Open 24/7.

**SOLDIER PHOTOS**

WE ARE A FULL SERVICE PHOTOGRAPHY BUSINESS, PROUDLY DOCUMENTING THE ACHIEVEMENTS OF FORT BENNING'S SOLDIERS AND THEIR FAMILIES.

Located in the Sand Hill Recreation Center  
41st Infantry Regiment St. Building 3308, Ft. Benning, GA 31905  
Weekdays, 9am - 2pm

**OUR APPROACH**  
FIRST AND FOREMOST, IT IS IMPORTANT TO US THAT WE CONVEY PROFESSIONALISM IN ALL ASPECTS OF OUR BUSINESS, OPERATING IN A HIGHLY-EFFECTIVE AND EFFICIENT MANNER, AT ALL TIMES.

**WHAT TO EXPECT**  
YOU WILL BE PAIRED WITH A QUALIFIED, PREPARED, AND KNOWLEDGEABLE PROFESSIONAL PHOTOGRAPHER. OUR STAFF WILL ALWAYS BE COURTEOUS AND FRIENDLY.

**WHAT WE DO**  
MILITARY GRADUATION PORTRAITS  
MILITARY BALLS  
CADRE PHOTOS  
BATTALION PHOTOS  
RANGER PHOTOS  
YOUTH DANCE AND SPORTS  
SCHOOL PORTRAITS  
FAMILY PORTRAITS, STUDIO AND ON-LOCATION  
WEDDINGS AND MORE!  
**Call for an appointment**

**706-685-2222**  
[www.soldier-photos.com](http://www.soldier-photos.com)



# MWR CARWASH



# Carwash



## HARMONY CHURCH CAR WASH

Building 4101 on Jameston Road, by the Java Cafe

## MALL CAR WASH

Building 9231 on Marne Road, next to Commissary

## MAIN POST CAR WASH

Building 105, Marchant Avenue, next to Auto Skills



Get your car wash  
card today!

For more information, call 706-545-7298



TICKETS FOR TROOPS



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# SPORTS & FITNESS

## SMITH FITNESS CENTER



Enjoy our new power lifting area and a second area with 5-50 pound dumbbells and benches. Please remember to re-rack your weights after use.

## AUDIE MURPHY PERFORMANCE CENTER



Audie Murphy's pegboard room is getting an upgrade and will now be a multi-purpose room. Now the room has two climbing ropes and a climbing net. Two new cable units for seated lat pull/low row apparatus with an unbreakable 300 pound selectorized weight stack with adjustable band attachment points that add an additional resistance option to the weight stack. Also a cable system that has a 4-way hole pulley rig system with a low profile half-rack designed with single handle functional cable columns and an indexing chin bar.



## OKTOBERFEST 10K AND 5K CROSS COUNTRY CHALLENGE

Sign up for the Oktoberfest Cross Country 10K run and the 5K family friendly fun run, October 19. Cost is \$30 for 10K and \$10 for the 5K.

# ALOHA

SEPTEMBER 7  
4:30pm - 7:00 pm  
Wetherby Field  
Free

Bring your lawn chairs and blankets and let's enjoy a LIVE Luau show with hula dancers, fire and knife dancer, Hawaiian musicians, crafts, food, drinks and more.





## ARMY COMMUNITY SERVICE

<b>Army Community Service</b> .....	706-545-4043
Patch Hall, Building 7, 7117 Baltzell Avenue Employment Readiness, Exceptional Family Member, Financial Readiness, Information and Referral, Relocation, Army Emergency Relief	
<b>Army Community Service</b>	
Building 359, 7021 Ingersoll Avenue	
Survivor Outreach Services .....	706-545-2989
<b>Family Advocacy Program</b> .....	706-545-3202
Lewis Hall, Building 36, 7131 Richardson Circle	
<b>Military Family Life Consultants</b> .....	706-566-1033
Building 359, 7021 Ingersoll Avenue	

## CHILD & YOUTH SERVICES

### CHILD DEVELOPMENT CENTERS (CDC)

<b>1st Division CDC</b> .....	706-545-6656
Building 1051, 7191 1st Division Road	
<b>Indianhead CDC</b> .....	706-626-0673
Building 2389, 6351 Indianhead Road	
<b>Main Post CDC</b> .....	706-545-3732
Building 1366, 7000 Yeager Avenue	
<b>McGraw CDC</b> .....	706-544-1758
Building 11306, 8220 Custer Road	
<b>Sante Fe CDC</b> .....	706-544-2339
Building 9242, 7151 Hoff Street	
<b>Family Child Care</b> .....	706-545-7945
Building 1051, 7191 1st Division Road	
<b>Middle School &amp; Teen</b> .....	706-545-3070
Building 1055, 7110 McIver Street	
<b>Parent Central Services</b> .....	706-545-2079
Building 104, 6880 Marchant Avenue	
<b>School Age Care</b> .....	706-545-3605
Building 2653, 7502 Ingersoll Street	
<b>School Liaison Officer</b> .....	706-626-8625
Building 85, 6850 Barron Avenue	
<b>Youth Sports</b> .....	706-545-0522
Building 1056, 7110 McIver Street	

## DINING & PUBS

<b>Benning Club Catering</b> .....	706-545-0935
Building 128, 7010 Morrison Avenue	
<b>Destiny Dogs</b> .....	706-685-4466
Building 785, 6530 Eckel Avenue	
<b>El Zapata</b> .....	706-689-9009
Building 2784, 7611 Sightseeing Road	
<b>Infantry Bar</b> .....	706-545-8426
Building 2784, 7611 Sightseeing Road,	
<b>Jack's 19th Hole</b> .....	706-545-0397
Building 390, 390 Baltzell Avenue	

### JAVA CAFÉS

<b>Main Post</b> .....	706-626-0232
Building 1685, 1685 Gaudette Street	
<b>Harmony Church</b> .....	706-626-2971
Building 4102, Jamestown Road	
<b>Ridgway Hall</b> .....	706-545-3938
Ridgway Hall, Building 35, 35 Ridgway Loop	

<b>Mall Bowling Center Snack Bar</b> .....	706-682-7781
Building 9232, 8140 Marne Road	
<b>Smoothie King</b> .....	706-685-8200
Building 2874, 6835 Dixie Road	

### SUBWAY

<b>Main Post</b> .....	706-687-8274
Building 2502, 7308 Anderson Street	
<b>Sand Hill</b> .....	706-687-4919
Building 3308, 5300 41st Infantry Regiment Street	
<b>Zaxby's</b> .....	706-683-0066
Building 1692, 7290 Ingersoll Street	

## DFMWR ADMINISTRATION

<b>Business and Recreation Division</b> .....	706-545-7357
Building 85, 6850 Barron Avenue	
<b>BOSS</b> .....	706-604-7675
<b>Child &amp; Youth Services</b> .....	706-545-6811
Building 85, 6850 Barron Avenue	
<b>Director</b> .....	706-545-1511
Building 85, 6850 Barron Avenue	
<b>Deputy Director</b> .....	706-545-6701
Building 85, 6850 Barron Avenue	
<b>Marketing &amp; Sponsorship</b> .....	706-545-3328
Building 85, 6850 Barron Avenue	
<b>Support Management Division</b> .....	706-545-4937
Building 85, 6850 Barron Avenue	

## FITNESS CENTERS & AQUATICS

<b>Aquatics</b> .....	706-545-1400
Building 394, Lauber Street	
<b>Audie Murphy</b> .....	706-545-1940
Building 2818, 6561 Way Street	
<b>Breezeway</b> .....	706-545-1687
Building 117, 7190 Muir Street	
<b>Kefurt</b> .....	706-544-4511
Building 9001, 8710 Watkins Street	
<b>Santiago</b> .....	706-544-9486
Building 3350, 5310 23rd Infantry Regiment Street	
<b>Smith</b> .....	706-545-4388
Building 2874, 6835 Dixie Road	
<b>Whittington High Performance Center</b> .....	706-544-7528
Building 4303, 7098 Old Cusseta Highway	

## RECREATION

<b>Destin Army Recreation Area</b> .....	850-837-6423
557 Calhoun Avenue, Destin, Florida	
<b>Bowling and Entertainment Center</b> .....	706-545-4272
Building 2785, 6530 Eckel Avenue	
<b>Fort Benning Golf Course</b> .....	706-545-0397
Building 390, 390 Baltzell Avenue	
<b>Drop Zone</b> .....	706-587-4040
Building 2502, 7308 Anderson Street	
<b>Harmony Church Recreation Center</b> .....	706-626-1265
Building 4203, 6986 Old Cusseta Highway	
<b>Main Post Recreation Center</b> .....	706-545-8205
Building 2784, 2784 Sightseeing Road	



**Mall Bowling**..... 706-682-7781  
Building 9232, 8140 Marne Road

**McIver Suites**..... 706-545-4053  
McIver Street

**MWR Bingo**..... 706-544-1964  
Building 93, 6870 Wold Avenue

**Outdoor Recreation**..... 706-545-7978  
**and Equipment Resource Center**  
Building 1707, 7310 Gillespie Street

**Recreational Shooting Complex**..... 706-545-6158  
Building 2975, 7839 1st Division Road, Coursen Range

**Sand Hill Recreation Center**..... 706-544-9161  
Building 3308, 5300 41st Infantry Regiment Street

**Uchee Creek Campground & Marina**..... 706-545-4053  
7 Uchee Creek Road

**Soldier Photos**..... 706-685-2222  
Building 3308, 5300 41st Infantry Regiment Street

**Tickets and Travel**..... 706-626-7644  
Building 9230, 9230 Marne Road

## OTHER AGENCIES

**Lodging, Abrams Hall**.....877-711-8326

**Military Police**.....706-545-5222

**Post Operator** ..... 706-545-2011

**Recon Sportswear** ..... 706-682-0730

**Veterinary Services** ..... 706-545-1127

## SERVICES

**Auto Skills Center** .....706-545-2337  
Building 111, Marchant Avenue

**Car & Dog Wash Facilities**.....706-545-7298  
Dog Wash, Building 105, Marchant Avenue  
Harmony Church Car Wash, Building 4101, Jamestown Road  
Mall Car Wash, Building 9231, Marne Road  
Main Post Car Wash, Building 105, Marchant Avenue

**Laundromat**..... 706-545-3398  
Building 1683, 6900 Gaudette Avenue

**Milton E. Long Library**..... 706-545-4911  
Building 2783, 6529 Eckel Avenue

**NAF Property**..... 706-545-3751  
Building 2384, 7701 Prussman Street



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Pick-up locations on Ft Benning:

Sand Hill Rec. Bldg. 3308; 30<sup>th</sup> AG Sand Hill Bldg. 3010; WTC Harmony Church Bldg. 4159;

Harmony Church PX Bldg. 4308; CRC Harmony Church Bldg. 4747;

Kelly Hill Shopette Bldg. 9177; Dixie Rd. Shopette Bldg. 2650, WTB Bldg. 2644;

Subway – Airborne School Bldg. 2502; RASP Parking Lot Sightseeing Rd. Bldg. 2821;

Ranger HQ Bldg. 2831 (inside Brown Fence); Custer Rd. Shopette Bldg. 10598;

Gavin Hall Bldg. 96; Harmony Church Rec. Bldg. 4303; WHINSEC Bldg. 396;

Main PX Refill Pharmacy Entrance Bldg. 9220; New MACH Main Hospital Entrance;

National Infantry Museum (NIM) Main Entrance; Abrams Hall Ingersoll St. Bldg. 1670

**706-324-3939**

For details, call or visit our website at

[www.groometransportation.com/ft-benning](http://www.groometransportation.com/ft-benning)

2800 Harley Court, Columbus GA 31909

A portion of all Ft Benning sales are donated to Ft Benning's Department of Morale, Welfare and Recreation.

All schedules subject to change without notice, limited services on Christmas Day, contact local agent for details.



# SOCIAL MEDIA

*Stay Connected*



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[facebook.com/BenningFMWRfans](https://facebook.com/BenningFMWRfans)



[@benningmwr](https://www.instagram.com/benningmwr)



## FEEDBACK



Interactive  
Customer  
Evaluation

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Visit [benning.armymwr.com](http://benning.armymwr.com) and look for the ICE logo at the bottom.



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# FORT BENNING RECYCLES



## Acceptable Items For Recycle

- Office Paper
- Steel Cans
- Brown Bags
- Cardboard
- Aluminium Cans
- Shredded Paper
- Magazines
- Manila Folders
- Manuals
- Plastic (1-7 Containers)
- Colored Paper
- Newspapers
- Junk Mail
- Phone books

• All of the above items can be placed in your blue 8YD recycle container that is collected on Wednesday.

• Cardboard can also be empty pizza boxes (no grease), cereal boxes, snack boxes, etc.

## Unacceptable Items For Recycle

- Styrofoam
- Glass
- Chip Bags
- Textiles
- Food Items
- Paper Towels
- Garden Hoses
- Snack Wrappers
- Hygiene Products
- Plants/Dirt
- Napkins
- Wood
- Candy Wrappers
- Diapers
- Cigarette Butts
- Used Toner Cartridges

• All of the above items are considered trash. Trash causes contamination to recycle loads.